

## **Student Exercise**

**Complete the following short-answer questions.**

1. List three purposes of ambulation.
  - a.
  - b.
  - c.
2. List three reasons a client may need assistance with ambulation.
  - a.
  - b.
  - c.
3. Name five types of equipment used to assist with ambulating a client.
  - a.
  - b.
  - c.
  - d.
  - e.

**Circle the letter that corresponds to the correct answer.**

4. The client uses a cane on \_\_\_\_\_.
  - a. either side
  - b. weaker side
  - c. both sides
  - d. stronger side
5. The In-Home Aide's responsibility in ambulating a client is to \_\_\_\_\_.
  - a. ambulate behind the client
  - b. stand on the client's stronger side
  - c. observe for signs of fatigue
  - d. guide the client toward activity area