

Student Exercise

Complete the following short answer questions.

1. List two age-related changes affecting the digestive system.
 - a.
 - b.
2. List four factors that help a client maintain normal bowel functions.
 - a.
 - b.
 - c.
 - d.
3. What are the characteristics of normal stool?
 - a. Color –
 - b. Consistency –
 - c. Frequency –
4. List four factors that could lead to constipation.
 - a.
 - b.
 - c.
 - d.
5. List three characteristics of abnormal stool.
 - a.
 - b.
 - c.

Circle the letter of the correct answer.

6. Conditions that may cause abnormal bowel functions are_____.
- a. bladder and kidney infections
 - b. enemas and laxatives
 - c. flatus and suppositories
 - d. diarrhea and constipation
7. In the aging digestive system_____.
- a. peristalsis increases
 - b. nutritional needs decrease
 - c. saliva production increases
 - d. caloric needs decrease
8. Special measures for abnormal bowel functions include_____.
- a. ambulation
 - b. bed rest
 - c. colostomy
 - d. active ADLs
9. The in-home aide is responsible for which of the following duties concerning the client's bowel function?
- a. Administering laxatives as required.
 - b. Documenting BMs per in-home provider's policy.
 - c. Giving client an enema as needed.
 - d. Caring for new colostomy appliance.