Student Exercise

Complete the following short-answer questions.

1. List two factors that help to maintain urine elimination.
   a. 
   b. 

2. List two age-related changes factors that affect the urinary system.
   a. 
   b. 

3. Describe three characteristics of normal urine.
   a. 
   b. 
   c. 

4. List three conditions that may result in abnormal urinary eliminations.
   a. 
   b. 
   c. 

Circle the letter of the correct answer.

5. Conditions that may cause abnormal urine elimination are:
   a. bladder infection and constipation.
   b. incontinence and kidney infection.
   c. excessive fluids and catheters.
   d. voiding once daily and piles. 

6. Urinary incontinence may be caused by ____.
   a. overmedication
   b. blood in urine
   c. burning sensation
   d. retention
7. When caring for the client who uses a bedpan, the In-Home Aide should:

a. place it on the nightstand when it is not in use.
b. keep it on the floor in between uses.
c. ensure it is marked with the client's name.
d. empty it once per shift.