

## **Student Exercise**

**Complete the following short-answer questions.**

1. List two factors that help to maintain urine elimination.
  - a.
  - b.
2. List two age-related changes factors that affect the urinary system.
  - a.
  - b.
3. Describe three characteristics of normal urine.
  - a.
  - b.
  - c.
4. List three conditions that may result in abnormal urinary eliminations.
  - a.
  - b.
  - c.

**Circle the letter of the correct answer.**

5. Conditions that may cause abnormal urine elimination are:
  - a. bladder infection and constipation.
  - b. incontinence and kidney infection.
  - c. excessive fluids and catheters.
  - d. voiding once daily and piles.
6. Urinary incontinence may be caused by \_\_\_\_\_.
  - a. overmedication
  - b. blood in urine
  - c. burning sensation
  - d. retention

7. When caring for the client who uses a bedpan, the In-Home Aide should:
  - a. place it on the nightstand when it is not in use.
  - b. keep in on the floor in between uses.
  - c. ensure it is marked with the client's name.
  - d. empty it once per shift.