

Student Exercise

Complete the following short-answer questions.

1. List the six activities that make up personal care.
 - a.
 - b.
 - c.
 - d.
 - e.
 - f.

2. List four key points in planning personal care for the client.
 - a.
 - b.
 - c.
 - d.

3. List two reasons for general hygiene.
 - a.
 - b.

4. List three special conditions for which adaptive measures are necessary.
 - a.
 - b.
 - c.

Circle the letter that corresponds to the correct answer.

5. Key factors in choosing clothing for a client include:
 - a. the weather and client's color preference
 - b. convenience and In-Home Aide's preference
 - c. availability and colors that match
 - d. latest style and dark colors

6. Which of the following are points to remember when performing personal care?
- a. Do not allow the client to assist in the procedure
 - b. Get the equipment needed after starting the procedure
 - c. Wash your hands before and after a procedure
 - d. Personal care should only be provided by a licensed nurse
7. Shaving should be performed in the ____.
- a. kitchen
 - b. living room
 - c. client's bedroom/bathroom
 - d. dining room