

**December 2015 Lunch Menu**  
**Provided by Columbia Public Schools**

NOV 30	<p>1</p> <p>All White Chicken Bites Dipping Sauces Mashed Potatoes Gravy Green Beans Whole Grain Granola Garden Bar Soy Nuts Fresh Fruit Low Fat Milk OR Turkey Ham Deli Sandwich Mixed Fruit/Grapes Cucumbers</p>	<p>2</p> <p style="text-align: center;"><b>NO SCHOOL</b></p> <p style="text-align: center;"><b>STAFF DEVELOPMENT DAY</b></p>	<p>3</p> <p>Cheese Lasagna Breadstick Garden Bar w/ Romaine Fresh Broccoli Fresh Fruit Low Fat Milk OR Turkey Ham Deli Sandwich</p> <p>Peaches/Oranges Cucumbers</p>	<p>4</p> <p>Pasta with Meat Balls Seasoned Carrots Garden Bar Romaine Fresh Fruit Low Fat Milk OR Yogurt Plate</p> <p>Applesauce/ Bananas; Cucumber</p>
<p>7</p> <p>Cheeseburger on WG Bun</p> <p>Garden Bar Soy Nuts Fresh Broccoli Sliced Tomatoes Fresh Fruit Low Fat Milk OR Yogurt Plate</p> <p>Pears/Oranges Red Peppers</p>	<p>8</p> <p>All White Chicken Bites Dipping Sauces Mashed Potatoes Gravy Green Beans Whole Grain Granola Garden Bar Soy Nuts Fresh Fruit Low Fat Milk OR Turkey Ham Deli Sandwich Mixed Fruit/Gold Del. Apples/R. Pepper</p>	<p>9</p> <p>Sloppy Joe on WG bun Oven Fries Garden Bar Fresh Baby Carrots Fresh Fruit Low Fat Milk</p> <p>OR</p> <p>Pizza</p> <p>Pineapple/Oranges Red Peppers</p>	<p>10</p> <p>Teriyaki Chicken Bites Brown Rice Seasoned Peas Garden Bar w/ Romaine Mandarin Oranges Low Fat Milk OR Turkey Ham Deli Sandwich</p> <p>Mandarin Oranges/Gala Apples; Red Pepper</p>	<p>11</p> <p>Sausage Patty WG Waffles Garden Bar w/ Romaine Fresh Baby Carrots Fresh Fruit Spiced Apple Sauce Fruit Crisp Low Fat Milk OR Yogurt Plate</p> <p>Applesauce/Bananas/ Red Pepper</p>
<p>14</p> <p>Chicken Patty Sandwich</p> <p>Baked Beans</p> <p>Garden Bar Fresh Broccoli Soy Nuts Fresh Fruit Low Fat Milk OR Yogurt Plate</p> <p>Pears/Fuji Apples Green Peppers</p>	<p>15</p> <p>All White Chicken Bites Dipping Sauces Mashed Potatoes Gravy Green Beans Whole Grain Granola Garden Bar Soy Nuts Fresh Fruit Low Fat Milk OR Turkey Ham Deli Sandwich Peaches/Oranges/ Gr. Pepper</p>	<p>16</p> <p>Grilled Cheese Sandwich Garden Bar w/ Romaine Beans Fresh Baby Carrots Fresh Fruit Low Fat Milk Or Pizza</p> <p>Pineapple/Granny Smith Apples/Gr. Pepper</p>	<p>17</p> <p>Macaroni &amp; Cheese Seasoned Peas Garden Bar Beans Fresh Broccoli Fresh Fruit Low Fat Milk OR Turkey Ham Deli Sandwich</p> <p>Mixed Fruit/Oranges/Gr. Pepper</p>	<p>18</p> <p>Roasted Chicken Glazed Sweet Potato Whole Grain Roll Garden Bar Romaine Fresh Fruit Low Fat Milk OR Yogurt Plate</p> <p>Applesauce/Bananas/ Gr. Pepper</p>
<p>21</p> <p><b>PLEASE BRING SACK LUNCH SINCE COLUMBIA PUBLIC SCHOOL IS CLOSED!!</b></p>	<p>22</p> <p><b>PLEASE BRING SACK LUNCH SINCE COLUMBIA PUBLIC SCHOOL IS CLOSED!!</b></p>	<p>23</p> <p><b>PLEASE BRING SACK LUNCH SINCE COLUMBIA PUBLIC SCHOOL IS CLOSED!!</b></p>	<p>24 – JAN 1</p> <p><b>NO SCHOOL WINTER BREAK</b></p>	<p>JANUARY 4</p> <p><b>SCHOOL RESUMES</b></p>