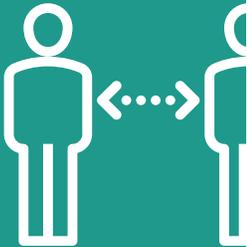


Back to School During COVID-19: TIPS FOR TEACHERS

As the school year begins amid the COVID-19 pandemic, it is understandable that teachers and support staff in schools are concerned. This novel virus is responsible for substantial illness, lost lives and disruption to everyday life throughout the state, nation and world. However, many simple steps can reduce the risk of exposure among general community populations.



- Maintain social distance whenever possible.
- If you cannot socially distance, avoid close contact (within six feet) for periods longer than 15 minutes.
- Wash your hands frequently with soap and warm water for at least 20 seconds.



- Use hand sanitizer to supplement hand-washing.
- Clean and disinfect frequently touched surfaces.
- Avoid touching your face and mouth.
- Wear a cloth face covering, especially when indoors and when social distancing is difficult to achieve or maintain.



- If available, wear a Level 1 procedure mask designed for low risk of fluid exposure.
- Properly place and remove any face covering to risk contamination. *See diagram on reverse.*
- Stay home when you don't feel well.

**These simple steps will reduce your risk of exposure,
as well as your family's, as you return to the classroom.**

Thank you for your commitment to educate the children of Missouri.



References

Centers for Disease Control and Prevention. (2020). Facemasks do's and don'ts for healthcare personnel. Retrieved August 17, 2020, from <https://www.cdc.gov/coronavirus/2019-ncov/downloads/hcp/fs-facemask-dos-donts.pdf>

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Facemask Do's and Don'ts

For Healthcare Personnel

When putting on a facemask

Clean your hands and put on your facemask so it fully covers your mouth and nose.



DO secure the elastic bands around your ears.



DO secure the ties at the middle of your head and the base of your head.

When wearing a facemask, don't do the following:



DON'T wear your facemask under your nose or mouth.



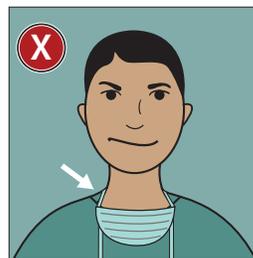
DON'T allow a strap to hang down. DON'T cross the straps.



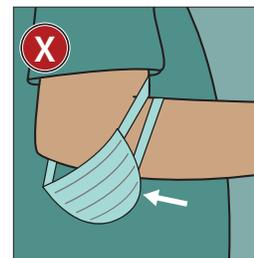
DON'T touch or adjust your facemask without cleaning your hands before and after.



DON'T wear your facemask on your head.



DON'T wear your facemask around your neck.



DON'T wear your facemask around your arm.

When removing a facemask

Clean your hands and remove your facemask touching only the straps or ties.



DO leave the patient care area, then clean your hands with alcohol-based hand sanitizer or soap and water.



DO remove your facemask touching ONLY the straps or ties, throw it away*, and clean your hands again.

*If implementing limited-reuse: Facemasks should be carefully folded so that the outer surface is held inward and against itself to reduce contact with the outer surface during storage. Folded facemasks can be stored between uses in a clean, sealable paper bag or breathable container.

Additional information is available about how to safely put on and remove personal protective equipment, including facemasks:

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html>.

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

