

## Lakeview Woods Menu April 2016 K-8,

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 <b>Macaroni w/Chicken &amp; Broccoli</b> <b>Carrots</b> <b>Applesauce</b> <b>Orange Juice</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	5 <b>Sloppy Joe on Bun</b> <b>Gateway Tossed Salad</b> <b>Corn</b> <b>Pears</b> <b>Fat Free Ranch</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	6 <b>Chicken Tamale Pie</b> <b>Refried Beans</b> <b>Brown Rice</b> <b>Mixed Fruit</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	7 <b>Chicken Salad Sandwich</b> <b>Herbed Cauliflower</b> <b>Raw Tomatoes</b> <b>Pineapple</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	8 <b>Tuna Noodle Casserole</b> <b>Peas and Carrots</b> <b>Hamburger Bun</b> <b>Apricots</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>
11 <b>Turkey Dressing &amp; Gravy</b> <b>Carrots</b> <b>Lima Beans</b> <b>Whole Grain Bread</b> <b>Grapes</b> <b>Margarine</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	12 <b>Gateway Chicken Salad</b> <b>Gateway Tossed Salad</b> <b>Fat Free Ranch</b> <b>Garlic Toast</b> <b>Oatmeal Muffin Cake</b> <b>Pineapple</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	13 <b>Mexican Chicken</b> <b>Black Beans</b> <b>Mexicali Corn</b> <b>Pears</b> <b>Sour Cream</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	14 <b>Ham Salad</b> <b>Spinach</b> <b>Carrots</b> <b>Cornbread w/Margarine</b> <b>Pineapple</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	15 <b>Minestrone Soup</b> <b>Ham &amp; Cheese Sandwich</b> <b>Green Beans</b> <b>Creamy Coleslaw</b> <b>Mandarin Oranges</b> <b>Mayonnaise</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>
18 <b>Beef Shepard Pie</b> <b>Broccoli</b> <b>Hamburger Bun</b> <b>Strawberries</b> <b>Margarine &amp; Jelly</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	19 <b>NO SCHOOL</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	20 <b>Turkey Hotdog on Bun</b> <b>Creamy Coleslaw</b> <b>Baked Beans</b> <b>Applesauce</b> <b>Ketchup</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	21 <b>Breaded Fish Portion</b> <b>Stewed Tomatoes</b> <b>Broccoli</b> <b>Brown Rice Pilaf</b> <b>Raisins</b> <b>Orange Juice</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	22 <b>Meatloaf with Gravy</b> <b>Quick Baked Potato</b> <b>Green Beans</b> <b>Cornbread</b> <b>Peaches</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>
25 <b>Oven Fried Chicken</b> <b>Potato Round</b> <b>Broccoli</b> <b>Hamburger Bun w/Margarine</b> <b>Apricots</b> <b>Gravy</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	26 <b>Tomato Soup</b> <b>Toasted Cheese Sandwich</b> <b>California Normandy</b> <b>Peaches</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	27 <b>Beef Taco Pie</b> <b>Brown Rice</b> <b>Refried Beans</b> <b>Raw Tomatoes</b> <b>Grapes</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	28 <b>Chili</b> <b>Raw Veggies</b> <b>Cornbread</b> <b>Mandarin Oranges</b> <b>Fat Free Ranch</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>	29 <b>Hamburger on Bun</b> <b>Sweet Potato Wedges</b> <b>Lettuce and Tomato</b> <b>Fruit Cocktail</b> <b>Ketchup</b>  <b>Milk 1% White Fat Free Choc. Milk</b> <b>Fat Free Strawberry Milk</b>

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (PDF), found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov). Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer. As stated above, all protected bases do not apply to all programs, "the first six protected bases of race, color, national origin, age, disability and sex are the six protected bases for applicants and recipients of the Child Nutrition Programs."

## Lakeview Woods Menu April 2016 9-12,

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>4</b> Macaroni w/Chicken & Broccoli Carrots Hamburger Bun w/Margarine Applesauce Orange Juice  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>5</b> Sloppy Joe on Bun Gateway Tossed Salad Corn Pears Raisins Fat Free Ranch  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>6</b> Chicken Tamale Pie Refried Beans Brown Rice Mixed Fruit Applesauce  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>7</b> Chicken Salad Sandwich Herbed Cauliflower Raw Tomatoes Pineapple Chocolate Pudding  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>8</b> Tuna Noodle Casserole Peas and Carrots Hamburger Bun Apricots Applesauce  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
<b>11</b> Turkey Dressing & Gravy Carrots Lima Beans Whole Grain Bread Grapes Margarine  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>12</b> Gateway Chicken Salad Gateway Tossed Salad Garlic Toast Oatmeal Muffin Cake Pineapple  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>13</b> Mexican Chicken Black Beans Mexicali Corn Brown Rice Pears Sour Cream  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>14</b> Ham Salad Spinach Carrots Cornbread w/Margarine Pineapple  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>15</b> Minestrone Soup Ham & Cheese Sandwich Green Beans Creamy Coleslaw Mandarin Oranges Applesauce Mayonnaise  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
<b>18</b> Beef Shepard Pie Broccoli Hamburger Bun Strawberries Margarine & Jelly  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>19</b> NO SCHOOL  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>20</b> Turkey Hotdog on Bun Creamy Coleslaw Baked Beans Macaroni Salad Apricots Applesauce Ketchup Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>21</b> Breaded Fish Portion Stewed Tomatoes Broccoli w/Cheese Sauce Brown Rice Pilaf Raisins Orange Juice  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>22</b> Meatloaf with Gravy Quick Baked Potato Green Beans Cornbread Peaches Margarine  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk
<b>25</b> Oven Fried Chicken Potato Round Broccoli Hamburger Bun w/Margarine Apricots Gravy Ketchup  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>26</b> Tomato Soup Toasted Cheese Sandwich California Normandy Peaches Apricots  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>27</b> Beef Taco Pie Brown Rice Refried Beans Raw Tomatoes Grapes Raisins  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>28</b> Chili Raw Veggies Cornbread w/Margarine Mandarin Oranges Fat Free Ranch  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk	<b>29</b> Cheeseburger on Bun Sweet Potato Wedges Lettuce and Tomato Fruit Cocktail Ketchup  Milk 1% White Fat Free Choc. Milk Fat Free Strawberry Milk

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (PDF), found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov). Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer. As stated above, all protected bases do not apply to all programs, *"the first six protected bases of race, color, national origin, age, disability and sex are the six protected bases for applicants and recipients of the Child Nutrition Programs."*