Afterschool Snack Program Production Record

Date _____

Week of _____

Portion Size Requirement

	Children 1 and 2 years	**Children 3 thru 5 years**	**Children 6 thru 18 years**
Milk, fluid	½ cup	½ cup	½ cup
Meat or meat alternate	½ ounce	½ ounce	½ ounce
Juice or fruit or vegetable	½ cup	½ cup	¾ cup
Bread and/or cereal			
Enriched or whole grain break or	½ slice	½ slice	½ slice
Cereal: cold dry or	¼ cup	1/3 cup	¾ cup
Hot cooked	¼ cup	¼ cup	½ cup

Must serve at least 2 of 4 components

Meal Pattern Guideline	Monday	Tuesday	Wednesday	Thursday	Friday
Milk*					
100% strength juice or fruit or vegetable					
Bread or cereal					
Meat or meat alternate					
*juice may not be used when milk is the only other food served					