

Additional "Smart Snacks" Q&A's

1. To clarify we can have 5 fund raisers each and they must be 1 day if held on campus?
 - In Missouri, each school is allowed to have a maximum of 5 exempt fundraisers, per building, per school year, with a duration of one day.

2. Beverage can be sold at any time but could be used as an exempt fund raiser?
 - There is no restriction on the sale of any allowable beverage that meets the nutrition standards at any specific grade level, during the school day, anywhere on the school campus. However, beverages that do not meet the nutrition standards could be used as one of the 5 exempt allowed fundraisers per school year.

3. Can sugar free gum be used as a fund raiser if it is included in one of the 5 exempt fundraisers?
 - Sugar free gum is exempt from standards and would not be included in the 5 exempt fundraisers allowed per building per school year.

4. Does an after school snack, if included in their fee, held to these same standards also? For example, a non public school provides an after school snack and it is included in the fee for meals. (This question is referring to an after school snack outside of the After School Snack Program.)
 - Yes, the snack is held to the same standards. Unless it is served outside of the 30 minute window after the end of the instructional day.

5. So is there a difference in the total allowable fat in snacks sold in school and total fat allowable sold in the NSLP? SBP? In the Webinar it was <35 . So it is not <30 grams?
 - The limit placed on total allowable fat is in relation to the percentage of fat, not the total grams. Entrée items have exemptions on the day they are served as part of a reimbursable meal, as well as the next day if sold a la carte. All other foods sold, which includes snacks and side dishes, are subject to meeting all standards. The standard for total fat requires that less than or equal to 35% of total calories come from fat.

6. Can beef sticks be sold during the day, since protein is the first item on the ingredients list?
 - It would depend on the nutrient content of the specific type of beef sticks you are selling. Yes, the first ingredient is a protein. So that means that it meets one of the general standards. However, the specific nutrient standards must be met. Beef sticks are generally high in total and saturated fats. The total fat limit is less than or equal to 35% of the total

calories, and saturated fat is less than or equal to 10% of the total calories. Additionally, most beef sticks are high in sodium, and side/snack items have a limit of 230mg of sodium. If there is ever a product you are unsure of, you can go to the DESE Food and Nutrition Services website and enter your product into the Smart Snack Calculator.

7. On the exempt fundraiser items during the day, there can be 6 of these a year per building?
 - The limit on exempt fundraisers is 5 fundraisers per building per year. Each of these fundraisers is limited to one day, and cannot be sold in competition with school meals.

8. If the fundraiser is outside the school day, is there a limit?
 - There is no limit on the number of fundraisers that can take place outside of the school day. Keep in mind that the school day is defined as being from the midnight before until 30 minutes after the end of the official school day.

9. In regards to the Smart Snacks regulation, is "on the bus" considered part of the school campus?
 - USDA considers the school bus as part of the "property under the jurisdiction of the school" as part of their deliberation and development of the Smart Snack Rule, especially in regards to defining the "school day." USDA has been informed that fundraisers were occurring on school buses and on the walkways into school and they did not want this practice to interfere with the School Breakfast Program. Therefore, based on guidance received from USDA, the school bus is included as part of the school campus, as defined in §210.11(a)(4) as property under the jurisdiction of the school, and any items sold and consumed by students are subject to the Smart Snack Rule standards.