

<p>Unit # 1 Title: Planning for Life</p> <p>Lesson Title: My Four to Six Year Plan (My Personal Plan of Study) Lesson: 3 of 3</p> <p>Grade Level: 8</p> <p>Length of Lesson: 30 min.</p> <p>Missouri Comprehensive Guidance Standard: AD.6: Developing and Monitoring Personal Educational Plans</p> <p>Grade Level Expectation (GLE): AD.6.A.08.a.i: Design a four to six year educational plan.</p> <p>American School Counselor Association National Standard (ASCA): Academic Development B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary options including college.</p>
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Materials (include activity sheets and/ or supporting resources)

<p>High School Mentors Student's Completed Career Folder District 4-Year Plan (Personal Plan of Study) District Graduation Requirements District Course Descriptions District A+ Planner Career Pathway Sheet Teacher Recommendations High School Vocabulary List</p>

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	<p>Goal 1: gather, analyze and apply information and ideas</p> <p>8. organize data, information and ideas into useful forms (including charts, graphs and outlines) for analysis or presentation.</p>
X	<p>Goal 2: Acquire the knowledge and skills to communicate effectively within and beyond the classroom.</p> <p>1. plan and make written, oral and visual presentations for a variety of purposes and audiences</p> <p>6. apply communication techniques to the job search and to the workplace</p>
X	<p>Goal 3: recognize and solve problems</p> <p>8. assess costs, benefits and other consequences of proposed solutions</p>
X	<p>Goal 4: make decisions and act as responsible members of society</p> <p>5. develop, monitor and revise plans of action to meet deadlines and accomplish goals.</p> <p>8. explore, prepare for and seek educational and job opportunities</p>

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X Communication Arts	1. speaking and writing standard English 4. writing formally and informally 6. participating in formal and informal presentations and discussions of issues and idea
Mathematics	
Social Studies	
Science	
Health/Physical Education	
Fine Arts	

Enduring Life Skill(s)

X	Perseverance		Integrity	X	Problem Solving
	Courage		Compassion		Tolerance
	Respect	X	Goal Setting		

Lesson Assessment (acceptable evidence):

**Assessment should relate to the performance outcome for goals, objectives and GLE's.
 Assessment can be question answer, performance activity, etc.**

Evaluation by the high school counselor and parent review of the completed 4 to 6 year plan will assess student comprehension.

Lesson Preparation

Essential Questions:

- What plans do I need to make to reach my career goals?
- What classes will I need to take in high school to follow my chosen career pathway?

Engagement (Hook):

High school mentors start off the class by sharing their experiences with developing their 4 to 6 year plans. (5-10 min)

Procedures

Counselor/Instructor Procedures:	Student Involvement:
<ol style="list-style-type: none"> 1. Counselor will introduce high school mentors. Mentors will spend approximately 5-10 minutes sharing their experiences about developing and revising their 4 to 6 year plan as well as the concerns, worries and joys they experienced during this stage of their education. 2. Counselor facilitates students review of their career portfolios/folders, including interest inventories, self-evaluations, graphs, and teacher recommendations (for math, special education classes, at-risk 	<ol style="list-style-type: none"> 1. Students become acquainted with mentors and have an opportunity to see high school through their eyes. 2. Students review their career portfolios and use the information to assist them in developing their 4 to 6 year plans. They work one-on-one with student mentors who will assist them.

classes, etc.)	
3. Counselor goes over the 4 to 6 year plan step by step while student mentors assist. The counselor remains available to answer any questions with which the mentors need assistance.	3. Students work toward completion of their plan.
4. Counselor instructs students to write a journal entry for their career folder re: "My hopes for my future."	4. Students write a journal entry for their career folder re: "My hopes for my future."

Teacher Follow-Up Activities

All student work should be filed in student's career folder for future use. The counselor may choose to invite the high school mentors back another day if students are unable to finish in the time allowed. This will allow for follow-up questions.

The high school counselor(s) will review the 4 to 6 year plans and middle school and high school counselors may work together to set up a parent night to share the student's completed plans and address transition into the high school.

Counselor reflection notes (completed after the lesson)

HS Vocabulary

Credits/hours

Graduation requirements

A+ Program

Prerequisite

Core elective

Core requirement

Elective

College prep class

Career path

Practical art

Fine art

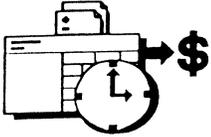
GPA

Vocational classes

Four year Plan

Career Paths

Working Together in Our Community



Business, Management, & Technology

Occupations in this path are related to the business environment. These include entrepreneurship, sales, marketing, computer/information systems, finance, accounting, personnel, economics, and management.



Arts & Communications

Occupations in this path are related to humanities and performing, visual, literary, and media arts. These include architecture, writing, film, fine arts, journalism, languages, media, advertising, public relations, and graphic, interior, and fashion design.



Natural Resources/Agriculture

Occupations in this path are related to agriculture, the environment, and natural resources. These include agricultural sciences, earth sciences, environmental sciences, fisheries, forestry, horticulture, and wildlife.



Industrial & Engineering Technology

Occupations in this path are related to technologies necessary to design, develop, install, and maintain physical systems. These include engineering, manufacturing, construction, service, and related technologies.



Human Services

Occupations in this path are related to economic, political, and social systems. These include education, government, law and law enforcement, leisure and recreation, military, religion, childcare, social services, and personal services.



Health Services

Occupations in this path are related to the promotion of health and treatment of disease. These include research, prevention, treatment, and related health technologies.