

<b>Unit #1 Title:</b> Educational Plans Are Important	
<b>Lesson Title:</b> Goal-Makers Win the Game!	<b>Lesson:</b> 2 of 2
<b>Grade Level:</b> 5	
<b>Length of Lesson:</b> 30 minutes	
<b>Missouri Comprehensive Guidance Standard:</b> AD.6: Developing and monitoring personal educational plans	
<b>Grade Level Expectation (GLE):</b> AD.6.A.05.a.i: Recognize the importance of an educational plan.	
<b>American School Counselor Association National Standard (ASCA):</b> Academic Development A: Students will acquire the attitudes, knowledge and skills contributing to effective learning in school and across the lifespan.	

**Materials (include activity sheets and/ or supporting resources)**

“GOALS” activity sheet an indoors over-door plastic basketball goal a basket ball or similar ball writing materials.
---

**Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)**

X	Goal 1: Gather, analyze and apply information and ideas 8. Organize data, information, and ideas into useful forms for analysis or presentation 10. Apply acquired information, ideas and skills to different contexts as students, workers, citizens, and consumers
X	Goal 2: Communicate effectively within and beyond the classroom 3. Exchange information, questions and ideas while recognizing the perspective of others
	Goal 3: Recognize and solve problems
	Goal 4: Make decisions and act as responsible members of society

**This lesson supports the development of skills in the following academic content areas.**

Academic Content Area(s)	Specific Skill(s)
X	Communication Arts 1. Speaking and writing standard English 4. Writing formally and informally 6. Participating in formal and informal presentations and discussions of issues and ideas
	Mathematics
	Social Studies
	Science
	Health/Physical Education

	Fine Arts	
--	-----------	--

**Enduring Life Skill(s)**

X	Perseverance		Integrity		Problem Solving
	Courage		Compassion		Tolerance
	Respect	X	Goal Setting		

**Lesson Assessment (acceptable evidence):**

Students will explain and select goals, both long and short-range, and will share orally.  
 Student completion of the attached “GOALS” activity sheet.

**Lesson Preparation**

**Essential Questions:** How can educational goals help me make wise decisions and guide my future?  
**Engagement (Hook):** Ask students to think of a game they would like to win. If a student chooses basketball, call this student to the front of the class and give this student three chances to make a goal. Call one or two more basketball fans to do the same. Introduce the terms “educational goals” and “opportunities.”

**Procedures**

<p><b>Instructor Procedures:</b></p> <ol style="list-style-type: none"> <li>1. Counselor introduces/reviews the word GOAL.</li> <li>2. Give examples of educational or academic goals.                  (Short term):                 <ul style="list-style-type: none"> <li>• Finish all assignments on time.</li> <li>• Do my homework.</li> <li>• Prepare for a test.</li> <li>• Have all my supplies.</li> </ul>                 (Long term):                 <ul style="list-style-type: none"> <li>• Make the honor roll the next nine weeks.</li> <li>• Be promoted to the next grade.</li> <li>• Go to college or technical school.</li> <li>• Become a _____                      (Favorite career).</li> </ul> </li> <li>3. Pass out the “Goals” worksheet. Give directions and have students complete the activity. (Collect the completed activity</li> </ol>	<p><b>Student Involvement:</b></p> <ol style="list-style-type: none"> <li>1. Students give examples of goals.</li> <li>2. Students listen.</li> <li>3. Students complete the worksheet.</li> </ol>
---	--



## GOALS



This is a GOAL... a basketball goal.



This is also a goal... the finish line.

There are other GOALS! Goals can be worthwhile things you want to accomplish!!

1. Write a goal you want to reach in school this week. \_\_\_\_\_

What is the first step to make it happen? \_\_\_\_\_

What roadblocks can get in the way? \_\_\_\_\_

2. Write a goal that you want to accomplish by the end of the school year. \_\_\_\_\_

What is the first step to make it happen? \_\_\_\_\_

What roadblocks can get in the way? \_\_\_\_\_

3. Write a goal you want to reach when you become a teenager. \_\_\_\_\_

What roadblocks can get in the way? \_\_\_\_\_

*I pledge to be loyal to my goals:*

\_\_\_\_\_ My Signature

\_\_\_\_\_ Date

\_\_\_\_\_ Grade