

<p>Unit #1 Title: Educational Goal-Setting and Self-Assessment Skills</p> <p>Grade Level: 3</p> <p>Number of Lessons in Unit: 2</p> <p>Time Required for each lesson: 30 minutes</p> <p>Lesson Titles: Lesson 1: Goal Setting and Self-Assessment Materials/Special preparations Required: 5 consecutive spelling test grades for each student _____ Test Score Goal Sheet _____ Test Scores Bar Graph Sheet Pencil and crayons for each child Scale and materials to put on it (rocks & cotton balls)</p> <p>Lesson 2: Reflection on Educational Goal Setting and Self-Assessment Materials/Special preparations Required: Spelling or other content area score from their last test Test Score Analysis Sheet Each student’s Test Score Goal Sheet and Test Score Bar Graph Sheet from Lesson I Writing Materials</p> <p>Missouri Comprehensive Guidance Standard: AD.6: Apply information to revise and implement a personal educational plan for life-long learning.</p> <p>Grade Level Expectation(s): AD.6.A.03.a.i: Identify education goal-setting and self-assessment skills.</p> <p>American School Counselor Association National Standard (ASCA): Academic Development A: Students will acquire the attitudes, knowledge and skills contributing to effective learning in school and across the lifespan.</p>

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 6. Discover and evaluate patterns and relationships in information, ideas, and structures 8. Organize data, information, and ideas into useful forms (including charts, graphs, outlines) for analysis or presentation
X	Goal 2: Communicate effectively within and beyond the classroom 3. Exchange information, questions, and ideas while recognizing the perspectives of others

X	Goal 3: Recognize and solve problems 2. Develop and apply strategies based on ways others have prevented or solved problems 3. Develop and apply strategies based on one’s own experience in preventing or solving problems
X	Goal 4: Make decisions and act as responsible members of society 5. Develop, monitor, and revise plans of action to meet deadlines and accomplish goals

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X	Communication Arts 1. Speaking and writing standard English (including grammar, usage, punctuation, spelling, capitalization) 4. Writing formally (such as reports, narratives, essays) and informally (such as outlines, notes) 6. Participating in formal and informal presentations and discussions of issues and ideas
X	Mathematics 3. Data analysis, probability, and statistics
	Social Studies
	Science
	Health/Physical Education
	Fine Arts

Unit Assessment (acceptable evidence):

Lesson 1: _____ Test Score Goal Sheet and _____ Test Scores Bar Graph Sheet
Lesson 2: Test Score Analysis Sheet

Brief Summary of Unit:

Students will graph scores for their last 5 spelling test grades, reflect on their scores, brainstorm how to improve their scores and set a goal to achieve a higher score on the next spelling test; students will then reflect on their next spelling or other content score to see if they met their goal, what steps they took to improve and how they can improve their next score.

Unit Goals: Learn to set goals and assess how they are currently performing; assess how to improve their spelling goals.

What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Students should know how to interpret and make a bar graph; brainstorm ideas; follow directions, and write.