

Unit #1 Title: My Personal Plan of Study	
Lesson Title: Career Resources	Lesson 4 of 6
Grade Level: 10	
Length of Lesson: 50-60 minutes	
Missouri Comprehensive Guidance Standard: AD.6: Developing and Monitoring Personal Educational Plans	
Grade Level Expectation (GLE): AD.6.A.10.a.i: Explore options and resources available to further develop personal education plans for life-long learning.	
American School Counselor Association National Standard (ASCA): Academic Development B: Students will make decisions, set goals, and take necessary action to achieve goals.	

Materials (include activity sheets and/ or supporting resources)

Speaker or representative from a vocational/technical institute. Career Center sample applications for training programs and other “non-college” post-secondary options.
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Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 1. Develop questions and ideas to initiate and refine research 4. Use technological tools and other resources to locate, select and organize information
X	Goal 2: Communicate effectively within and beyond the classroom 3. Exchange information, questions and ideas while recognizing the perspectives of others
	Goal 3: Recognize and solve problems
X	Goal 4: Make decisions and act as responsible members of society 4. Recognize and practice honesty and integrity in academic work and in the workplace 5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X Communication Arts	1. Speaking and writing standard English (including grammar, usage, punctuation, spelling, capitalization) 6. Participating in formal and informal presentations and discussion of issues and ideas
Mathematics	
Social Studies	
Science	
Health/Physical Education	
Fine Arts	

Enduring Life Skill(s)

X	Perseverance		Integrity	X	Problem Solving
	Courage		Compassion		Tolerance
	Respect	X	Goal Setting		

Lesson Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLE's.
Assessment can be question answer, performance activity, etc.
 Students planning to attend a career center will apply by the announced deadline.

Lesson Preparation

Essential Questions:
 How do I get technical/career skills? What if I don't want to attend a four-year college?
 What is vocational/technical education?

Engagement (Hook): Is vocational/technical education for me? If so, what would that future experience look like for you? If not, how might it look for someone else.

Procedures

Counselor Procedures:	Student Involvement:
1. Counselor will introduce speaker/ representative from a vocational or technical institute.	1. Students will welcome the speaker.
2. Speaker or representative from a vocational/technical institute shares information about the institute.	2. Students listen to the presentation about vocational/technical institutes and ask questions.
3. The counselor shares Career Center sample applications for training programs and other "non-college" post-secondary options.	3. Students will review information to make decisions in regards to making post-secondary choices or researching their

	options.
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Teacher Follow-Up Activities

Teachers are encouraged to announce application deadlines for vocational technical institutes. Teachers are encouraged to recommend students who may need a vocational assessment.

Counselor reflection notes (completed after the lesson)

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