

Unit #1 Title: My Personal Plan of Study	
Lesson Title: Review and Revision of My Personal Plan of Study	Lesson: 3 of 6
Grade Level: 10	Length of Lesson: 45-50 minutes
Missouri Comprehensive Guidance Standard: AD.6: Developing and monitoring personal educational plans.	
Grade Level Expectation (GLE): AD.6.A.10.a.i: Explore options and resources available to further develop personal education plans for life-long learning.	
American School Counselor Association National Standard (ASCA): Academic Development B: Students will make decisions, set goals, and take necessary action to achieve goals.	

Materials (include activity sheets and/ or supporting resources)

Portfolios, including 4 year plans. Course description books or enrollment guides
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Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 1. Develop questions and ideas to initiate and refine research 4. Use technological tools and other resources to locate, select and organize information
	Goal 2: Communicate effectively within and beyond the classroom
X	Goal 3: Recognize and solve problems 1. Identify problems and define their scope and elements 4. Reason inductively from a set of specific facts and deductively from general premises 5. Examine problems and proposed solutions from multiple perspectives
X	Goal 4: Make decisions and act as responsible members of society 1. Explain reasoning and identify information used to support decisions 5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X	Communication Arts
	6. Participating in formal and informal presentations and discussions of issues and ideas
	Mathematics
	Social Studies
	Science
	Health/Physical Education

	Fine Arts	
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Enduring Life Skill(s)

X	Perseverance		Integrity	X	Problem Solving
	Courage		Compassion		Tolerance
	Respect	X	Goal Setting		

Lesson Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLE's. Assessment can be question answer, performance activity, etc.

Revisions of students' individual educational plans, based on their use of their freshman year grades and course description booklets

Lesson Preparation

Essential Questions:
 How does your educational plan reflect your life/career/educational goals?

Engagement (Hook): Students will write a brief paragraph or discuss in small groups where they envision their Personal Plan of Study taking them in 5 years, 10 years....

Procedures

<p>Counselor Procedures:</p> <ol style="list-style-type: none"> 1. Hand out students' Personal Plan of Study and ask them review and rethink what they have written, based on their interests and first semester grades First semester grades may need to be provided. 2. Ask students to identify the career pathway that they are in and divide students into small groups by career paths. 3. Counselor should monitor/review the students' revisions with them. 4. Collect student plans and the course description books. (Note any revisions or problems with individual student's plans.) Copy plans...file one; return other to student. 	<p>Student Involvement:</p> <ol style="list-style-type: none"> 1. Students will review and rethink plans revise based on changing interests and 1st semester grades. 2. In their groups, have the students review the course selections of their career pathway for the next 3 years by using High School course description books or enrollment guides. 3. Students will revise information on their Personal Educational Plan, sign and date changes. 4. Students hand in 4-year plans and description course books.
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Teacher Follow-Up Activities

Have student write an essay/term paper on career choices or educational goals.

Counselor reflection notes (completed after the lesson)