

Unit #1 Title: Transitioning To Middle School	Grade Level: 5
Number of Lessons in Unit: 2	
Time Required for each lesson: Approximately 45 minutes for each lesson	
Best time of year to implement this Unit: Last quarter of 5 th grade	
Lesson Titles:	
Lesson # 1: Middle School Here I Come! (Part 1)	
Materials/Special Preparations Required:	
Combination Locks of some kind (lockers, tool chests, locks etc.)	
Directions on how to open a combination lock	
Activity Sheet - <i>Expectations and Skills Needed to be Successful in Middle School</i>	
Lesson # 2: Middle School Here I Come! (Part 2)	
Materials/Special Preparations Required:	
Activity Sheet. - <i>Transition to Middle School</i>	
<i>Transition to Middle School</i> Instruction Sheet	
Provide written information about middle school or invite the Middle School Counselor/Teacher to talk with students about expectations.	
Activity Sheet - <i>Future Plan of Action</i>	
Missouri Comprehensive Guidance Standard:	
AD.5: Applying the Skills of Transitioning Between Educational Levels	
Grade Level Expectation(s):	
AD.5.A.05.a.i: Develop an understanding of educational tasks and skills necessary to make a smooth transition to the middle school structure.	
American School Counselor Association National Standard (ASCA):	
Academic Development	
A: Students will acquire the attitudes, knowledge and skills contributing to effective learning in school and across the lifespan	

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 8. Organize data, information, and ideas into useful forms for analysis or presentation. 10. Apply acquired information, ideas and skills to different contexts as students, workers, citizens, and consumers.
	Goal 2: Communicate effectively within and beyond the classroom
X	Goal 3: Recognize and solve problems 2. Develop and apply strategies based on ways others have prevented or solved problems. 3. Develop and apply strategies based on one's own experience in preventing or solving

	problems.
X	Goal 4: Make decisions and act as responsible members of society 3. Analyze the duties and responsibilities of individuals in societies. 5. Develop, monitor, and revise plans of action to meet deadlines and accomplish goals.

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X Communication Arts	6. Participating in formal and informal presentations and discussions of issues and ideas.
Mathematics	
X Social Studies	6. Relationships of the individual and groups to institutions and cultural traditions. 7. The use of tools of social science inquiry.
Science	
Health/Physical Education	
Fine Arts	

Unit Assessment (acceptable evidence):

<p>Assessment should relate to the performance outcome for goals, objectives and GLE's. Assessment can be question answer, performance activity, etc. Students will be able to open a combination lock. Students will identify the skills needed to make a smooth transition to middle school.</p>

Brief Summary of Unit:

Students will review the information about transition and determine if they are ready to transition to middle school. Expectations and skills will be identified to help students be successful in middle school.

Unit Goals:

- Student will identify the skills need to be successful in middle school.
- Students will determine if they have the skills to be successful in middle school.
- Students will write a plan of action for developing/strengthening transition skills.

What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Knowledge of skills needed to be successful in school.