

Unit #1 Title: Successful Students!	Grade Level: 5
Number of Lessons in Unit: 2	
Time Required for each lesson: 30-40 minutes each	
Lesson Titles:	
Lesson # 1: Dear Sassy Successful Student	
Materials and Preparation Suggestions:	
Dear Sassy Letters (provided)	
Self-assessment (provided)	
Lesson # 2: My Time to Shine!	
Materials and Preparation Suggestions:	
Time Management Template (provided)	
My Busy Week Sheet (provided)	
Glass Cup (approximately 2 cup clear measuring glass)	
Enough garden rocks to fill up the measuring glass	
Dry corn or beans (1 cup)	
Sand (1 cup)	
Bottled water	
Missouri Comprehensive Guidance Standard:	
AD.4: Applying Skills Needed for Educational Achievement	
Grade Level Expectation(s):	
AD.4.A.05.a.i: Demonstrate study skills and test taking strategies to enhance academic achievement.	
AD.4.B.05.a.i: Demonstrate ability to complete assignments and/or tasks accurately within a specified time frame.	
American School Counselor Association National Standard (ASCA):	
Academic Development	
A: Students will acquire the attitudes, knowledge and skills contributing to effective learning in school and across the lifespan.	

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 1. Develop questions and ideas to refine research. 6. Discover and evaluate patterns and relationships in information, ideas and structure. 8. Organize data, information and ideas into useful forms.
X	Goal 2: Communicate effectively within and beyond the classroom 3. Exchange information, questions, and ideas while recognizing the perspectives of others.
X	Goal 3: Recognize and solve problems

	3. Develop and apply strategies based on ways others have prevented or solved problems. 7. Evaluate the extent to which a strategy addresses the problem.
X	Goal 4: Make decisions and act as responsible members of society 1. Explain reasoning and identify information used to support decisions. 5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals.

This lesson supports the development of skills in the following academic content areas.

	Academic Content Area(s)	Specific Skill(s)
X	Communication Arts	6. Participating in formal and informal presentations and discussions of issues and ideas.
	Mathematics	
X	Social Studies	7. The use of tools of social science inquiry.
	Science	
X	Health/Physical Education	2. Principles and practices of physical and mental health.
	Fine Arts	

Unit Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLE's. Assessment can be question answer, performance activity, etc.

Students will self-assess their current abilities in study and test taking strategies via a written self-assessment.
 Students will create a personal weekly time management schedule.

Brief Summary of Unit:

Students will create a personal weekly time management schedule. Students will self-assess their current abilities in study and test taking strategies and compare current year with previous year's assessment.

Unit Goals:

Evaluate study skills and test taking strategies and implement a weekly time management schedule to improve individual academic achievement.

What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Study skills and test taking strategies, time management and organizational techniques

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