

Unit #1 Title: Tick-Tock Goes The Clock	Grade Level: 4
Number of Lessons in Unit: 3	
Time Required for each lesson: 30-40 min each	
Lesson Titles:	
Lesson # 1: Time Is On My Side!	
Materials and Preparation Suggestions:	
Weekly time management template (provided)	
Betty’s Busy Week Activity Sheet (provided)	
Lesson # 2: Time Is On My Side! AGAIN!	
Materials and Preparation Suggestions:	
Weekly self management template (provided)	
Case study Frantic Fred (provided)	
Lesson # 3: It’s Time for Test Skills Rock!	
Materials and Preparation Suggestions:	
“Testing Skills Rock” song (provided)	
Tips/Pointers sheet (provided)	
Self-assessment (provided)	
Missouri Comprehensive Guidance Standard:	
AD.4: Applying Skills Needed for Educational Achievement	
Grade Level Expectation(s):	
AD.4.A.04.a.i: Apply study skills and test taking strategies to improve academic achievement.	
AD.4.B.04.a.i: Apply basic time management and organizational techniques necessary for assignments and/or task completion.	
American School Counselor Association National Standard (ASCA):	
Academic Development	
A: Students will acquire the attitudes, knowledge and skills contributing to effective learning in school and across the lifespan.	

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 1. Develop questions and ideas to refine research. 6. Discover and evaluate patterns and relationships in information, ideas and structure. 8. Organize data, information and ideas into useful forms.
X	Goal 2: Communicate effectively within and beyond the classroom 3. Exchange information, questions, and ideas while recognizing the perspectives of others.
X	Goal 3: Recognize and solve problems

	2. Develop and apply strategies based on ways others have prevented or solved problems. 7. Evaluate the extent to which a strategy addresses the problem.
X	Goal 4: Make decisions and act as responsible members of society 1. Explain reasoning and identify information used to support decisions. 5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals.

This lesson supports the development of skills in the following academic content areas.

	Academic Content Area(s)	Specific Skill(s)
X	Communication Arts	6. Participating in formal and informal presentations and discussions of issues and ideas.
	Mathematics	
X	Social Studies	7. The use of tools of social science inquiry.
	Science	
X	Health/Physical Education	2. Principles and practices of physical and mental health.
	Fine Arts	

Unit Assessment (acceptable evidence):

**Assessment should relate to the performance outcome for goals, objectives and GLE's.
 Assessment can be question answer, performance activity, etc.**

Students will work in small groups to develop a weekly self-management schedule based on a case study.
 Students will be able to identify positive test taking skills.

Brief Summary of Unit:

Students will utilize case study to develop and evaluate a weekly self-management schedule.
 They will use the self-management skills to help them learn positive test taking skills.

Unit Goals:

Utilize skills to develop weekly self-management schedules.
 Identify positive test taking skills.

What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Self management and organizational skills
 Telling Time.
 Vocabulary: Venn Diagrams (Definition and Use)

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