9-12

Trails West School Lunch Menu
~ September 2015 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Chicken & Vegetables Pasta Green Beans Orange Pineapple tidbits Chocolate Pudding	**2** Tuna Salad Sandwich Potato Chips Bell Peppers Ranch Dressing Fruit Cocktail Pears Vanilla Ice Cream	**3** Chicken Fajitas Peas Spinach Brown Rice Mandarin Oranges Raisins Light Sour Cream	**4** Spaghetti w/meat sauce Black Beans Pears Mandarin Oranges Garlic Toast	**5** Tuna Salad Sandwich Potato Chips Bell Peppers Ranch Dressing Fruit Cocktail Pears Vanilla Ice Cream
6	**7** **NO SCHOOL** Labor Day	**8** Beef Taco Pie Brown Rice Refried Beans Tomatoes Frozen Strawberries Banana	**9** Salisbury Steak Mashed Potatoes Brown Gravy Broccoli Wholegrain Bread w/margarine Spiced Apples	**10** Mock Lasagna Carrots Garlic Toast Mandarin Oranges	**11** Broccoli Cheese Soup Green Beans Cornbread w/margarine Fruit Cocktail Yogurt	**12**
13	**14** Honey Lemon Chicken Candied Yams Broccoli Normandy Brown Rice Pilaf Apricots	**15** Sloppy Joe on Bun Gateway Tossed Salad Fat Free Ranch Dressing Peas Pears Raisins	**16** Chicken Taco Plate Refried Beans Brown Rice Spiced Apples	**17** Mexican Beef & Macaroni Peas & Carrots Cornbread w/margarine Orange Applesauce	**18** Chicken Salad Sandwich Herbed Cauliflower Tomatoes Pineapple Tidbits Chocolate Pudding	**19**
20	**21** Macaroni Chicken Broccoli Carrots Apricots Wholegrain bread w/margarine Apple Juice	**22** **No School** Teacher's Meetings	**23** Beef a Roni Black Beans Garlic Toast Fruit Cocktail	**24** Chicken Divan Gateway Tossed Salad Fat Free Ranch Dressing Corn Wholegrain bread w/margarine Pears & Raisins	**25** Tuna & Noodles Peas & Carrots Wholegrain Bread w/margarine Mandarin Oranges	**26**
27	**28** Shepherd's Pie Broccoli Wholegrain Bread w/margarine & Jelly Strawberries	**29** Baked Ham Copper Penny Carrots Cornbread w/margarine Applesauce	**30** Chicken Tomato Bake Broccoli Banana Fruit Cocktail Vanilla Ice Cream	**Notes: Full Lunch Price: daily $2.55 / month $51.00** **Reduced Price Lunch: daily .40¢ / month $8.00** **Extra Milk: 30¢ Milk is served with lunch every day.** **Adult Lunch $3.00 per day**		

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