



August 2019



Rolling Meadow K-8


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 WELCOME BACK! Turkey Sub Chips Corn Pears 1% White or Fat Free Choc. Milk	20 Hot Dog on Bun Carrots Applesauce Pudding 1% White or Fat Free Choc Milk	21 Chicken Patty w/ Hot Roll Fresh Garden Salad Mashed Potatoes w/ Gravy Green Beans Fresh Fruit Strawberry Banana Mix 1% White or Fat Free Choc Milk	22 Scrambled Eggs w/ Pancakes Fresh Garden Salad Tater Tots w/ Ketchup Fresh Fruit Pears 1% White or Fat Free Choc Milk	23 Tony's Pizza Fresh Garden Salad Fresh Fruit Tropical Fruit 1% White or Fat Free Choc Milk
26 Chili w. Cinnamon Roll Fresh Garden Salad French Fries w/ Ketchup Fresh Fruit Mandarin Oranges 1% White or Fat Free Choc. Milk	27 Roast Beef Melt Fresh Garden Salad Texas Pintos Fresh Fruit Banana Orange Mix 1% White or Fat Free Choc. Milk	28 Chicken Patty w/ Hot Roll Fresh Garden Salad Mashed Potatoes w/ Gravy Glazed Carrots Fresh Fruit Peaches 1% White or Fat Free Choc. Milk	29 Chicken Tacos Fresh Garden Salad Corn Fresh Fruit Applesauce 1% White or Fat Free Choc. Milk	30 Tony's Pizza Fresh Garden Salad Broccoli w/ Ranch dressing Fresh Fruit Pineapple 1% White or Fat Free Choc. Milk
2 NO SCHOOL 				

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August 2019

Rolling Meadow 9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 WELCOME BACK! Turkey Sub Chips Corn Pears 1% White or Fat Free Choc. Milk	20 Hot Dog on Bun Carrots Applesauce Pudding 1% White or Fat Free Choc Milk	21 Chicken Patty w/ Hot Roll Fresh Garden Salad Mashed Potatoes w/ Gravy Green Beans Fresh Fruit Strawberry Banana Mix 1% White or Fat Free Choc Milk	22 Scrambled Eggs w/ Pancakes Fresh Garden Salad Tater Tots w/ Ketchup Fresh Fruit Pears 1% White or Fat Free Choc Milk	23 Tony's Pizza Fresh Garden Salad Fresh Fruit Tropical Fruit 1% White or Fat Free Choc Milk
26 Chili w. Cinnamon Roll Fresh Garden Salad French Fries w/ Ketchup Fresh Fruit Mandarin Oranges 1% White or Fat Free Choc. Milk	27 Roast Beef Melt Fresh Garden Salad Texas Pintos Fresh Fruit Banana Orange Mix 1% White or Fat Free Choc. Milk	28 Chicken Patty w/ Hot Roll Fresh Garden Salad Mashed Potatoes w/ Gravy Glazed Carrots Fresh Fruit Peaches 1% White or Fat Free Choc. Milk	29 Chicken Tacos Fresh Garden Salad Corn Fresh Fruit Applesauce 1% White or Fat Free Choc. Milk	30 Tony's Pizza Fresh Garden Salad Broccoli w/ Ranch dressing Fresh Fruit Pineapple 1% White or Fat Free Choc. Milk
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