

Gateway Hubert Wheeler

JANUARY LUNCH MENU 2016

<p>01/04 DM3</p> <p>K-8 Chicken Parmesan Corn Spaghetti w/Tomato Sauce Diced Fruit Cup Milk – Variety</p> <p>9-12 ADD: Vanilla Pudding</p>	<p>01/05 DT3</p> <p>K-8 Ground Beef Stroganoff Carrots Noodles Pears Milk – Variety</p> <p>9-12 SAME</p>	<p>01/06 DW3</p> <p>K-8 Bean Soup Deli Turkey Cheese Sandwich Green Beans Peaches Mayonnaise Milk – Variety</p> <p>9-12 ADD: Baked Potato Chips</p>	<p>01/07 DR3</p> <p>K-8 Chicken Tomato Bake Broccoli Raisins Vanilla Ice Cream Milk – Variety</p> <p>9-12 ADD: Diced Fruit Cup</p>	<p>01/08 DF3</p> <p>K-8 Beef Pepper Steak Herbed Cauliflower Brown Rice Apricots Milk – Variety</p> <p>9-12 SAME</p>
<p>01/11 EM2</p> <p>K-8 Stew Spinach Lima Beans w/ Margarine Brown Rice Applesauce Milk – Variety</p> <p>9-12 SAME</p>	<p>01/12 ET2</p> <p>K-8 Rodeo Macaroni Carrots Diced Fruit Cup Milk – Variety</p> <p>9-12 ADD: Garlic Toast</p>	<p>01/13</p> <p style="text-align: center;">STAFF DEVELOPMENT DAY</p> <p style="text-align: center;">NO STUDENT ATTENDANCE</p>	<p>01/14 ER1</p> <p>K-8 Pork Stir Fry Herbed Cauliflower Brown Rice Applesauce Milk – Variety</p> <p>9-12 SAME</p>	<p>01/15 EF4</p> <p>K-8 Chicken Rice Soup Tossed Salad Oatmeal Raisin Cookie Sweetened Strawberries Italian Fat Free Dressing Milk – Variety</p> <p>9-12 ADD: Pasta Salad</p>

<p>01/18</p> <p>HOLIDAY</p> <p>MARTIN LUTHER KING DAY</p>	<p>01/19</p> <p>BT4</p> <p>K-8</p> <p>Tomato Soup Toasted Cheese Sandwich Mixed Vegetables Strawberry Cup Milk – Variety</p> <p>9-12</p> <p>ADD: Raisins</p>	<p>01/20</p> <p>BW3</p> <p>K-8</p> <p>Ham & Beans Wholegrain Bread Lettuce Tomato Cheese Salad Peaches Yogurt, nonfat plain topping Margarine Jelly Fat Free Ranch Dressing Milk – Variety</p> <p>9-12</p> <p>SAME</p>	<p>01/21</p> <p>BR1</p> <p>K-8</p> <p>Sweet & Sour Pork Green Beans Noodles Diced Fruit Cup Milk – Variety</p> <p>9-12</p> <p>SAME</p>	<p>01/22</p> <p>BF1</p> <p>K-8</p> <p>Hamburger Whole Grain Bun Copper Penny Carrots Lettuce & Tomato Fruit Cocktail Ketchup Milk – Variety</p> <p>9-12</p> <p>ADD: Cheese to burger</p>
<p>01/25</p> <p>FM1</p> <p>K-8</p> <p>Roast Pork & Gravy Baked Sweet Potato Peas w/ Margarine Cornbread w/ Margarine Sweetened Blueberries Milk – Variety</p> <p>9-12</p> <p>ADD: Noodles</p>	<p>01/26</p> <p>FT2</p> <p>K-8</p> <p>Chicken Salad Carrots Garlic Toast Whole Wheat Sugar Cookie Spiced Peaches Light Italian Dressing Milk – Variety</p> <p>9-12</p> <p>SAME</p>	<p>01/27</p> <p>FW2</p> <p>K-8</p> <p>Mexican Chicken Black Beans Mexicali Corn Applesauce Sour Cream Milk – Variety</p> <p>9-12</p> <p>ADD: Brown Rice</p>	<p>01/28</p> <p>FR1</p> <p>K-8</p> <p>Chicken Broccoli Rice Dish Stewed Tomatoes Wholegrain Biscuit Apricots Margarine Milk – Variety</p> <p>9-12</p> <p>ADD: Jelly</p>	<p>01/29</p> <p>FF4</p> <p>K-8</p> <p>Turkey Macaroni Cauliflower Cheese Garlic Toast Mixed Fruit Milk – Variety</p> <p>9-12</p> <p>ADD: Chocolate Pudding</p>

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