

New Dawn School #49

Lunch Menu

K-8

February, 2016

<p>1-Monday/Menu E Chicken & Dumplings Spinach Corn Cornbread Spiced peaches Margarine Milk</p>	<p>2-Tuesday Rodeo macaroni Carrots Pineapple tidbits Milk</p>	<p>3-Wednesday Parkview ham & bean soup Deli turkey sandwich Stewed Tomatoes Fruit cocktail Mayonnaise Milk</p>	<p>4-Thursday Pork stir fry Herbed cauliflower Brown rice Applesauce Milk</p>	<p>5-Friday Tuna cheese rotini casserole Gateway tossed salad Oatmeal muffin square Frozen(unsweetened)strawberries Fat free ranch dressing Milk</p>
<p>8-Monday/Menu C Mac& cheese/with chicken & broccoli New dawn Carrots Apple juice Mandarin oranges Milk</p>	<p>9-Tuesday Sloppy Joe on bun Gateway tossed salad Green peas Applesauce Fat free ranch dressing Milk</p>	<p>10-Wednesday Chicken Tamale pie Black beans (seasoned) Brown rice Applesauce cup Milk</p>	<p>11-Thursday Meatballs Yellow squash Rotini noodles Fruit cocktail Brown gravy Milk</p>	<p>12-Friday NO SCHOOL LINCOLN'S BIRTHDAY HOLIDAY</p>
<p>15-Monday/Menu F No School GEORGE WASHINGTON'S BIRTHDAY HOLIDAY</p>	<p>16-Tuesday Tuna salad sandwich Gateway tossed salad Baked potato chips Spiced peaches Italian fat free dressing Milk</p>	<p>17-Wednesday Mexican chicken Refried beans Mexicali corn Pears Sour cream Milk</p>	<p>18-Thursday Beef vegetable soup Deli turkey & cheese sandwich Broccoli salad Lettuce/tomato Pineapple tidbits Mayonnaise Milk</p>	<p>19-Friday Chicken pasta primavera Herbed cauliflower Green beans Garlic toast Mandarin oranges Milk</p>

<p>22-Monday/Menu D Beef shepherd's pie Broccoli Whole grain bread Frozen(sweetened)strawberries Margarine Jelly Milk</p>	<p>23-Tuesday Chicken ala king New dawn carrots Rotini noodles Spiced apples Milk</p>	<p>24-Wednesday Beef tamale pie Brown rice Black beans(seasoned) Pears Milk</p>	<p>25- Thursday Pepperoni pizza Gateway tossed salad Pineapple tidbits Peach cup Creamy dressing Milk</p>	<p>26- Friday Meatloaf Scalloped potatoes Yellow squash Cornbread Applesauce Brown gravy Margarine Milk</p>
<p>29-Monday Menu C Honey lemon chicken Copper P. carrots Broccoli/Brown rice Mandarin oranges Milk</p>				

New Dawn School #49

Lunch Menu

9 - 12

February 2016

<p>1. Monday/Menu E Chicken & Dumplings Spinach Corn Cornbread Spiced peaches Margarine Milk</p>	<p>2. Tuesday Rodeo macaroni Carrots Pineapple tidbits Garlic toast Milk</p>	<p>3. Wednesday Parkview ham & bean soup Deli turkey sandwich Stewed Tomatoes Fruit cocktail Baked potato chips Mayonnaise Milk</p>	<p>4. Thursday Pork stir fry Herbed cauliflower Brown rice Applesauce Milk</p>	<p>5.-Friday Tuna cheese rotini casserole Gateway tossed salad Oatmeal muffin square Frozen(unsweetened)strawberries Peach cup Fat free ranch dressing Milk</p>
<p>8. Monday/Menu C Mac& cheese/with chicken & broccoli New dawn Carrots Apple juice Mandarin oranges Whole grain bread Margarine Milk</p>	<p>9. Tuesday Sloppy Joe on bun Green peas Gateway tossed salad Peach cup Applesauce Fat free ranch dressing Milk</p>	<p>10. Wednesday Chicken Tamale pie Black beans(seasoned) Brown rice Applesauce cup Milk</p>	<p>11. Thursday Meatballs Yellow squash Rotini Noodles Fruit cocktail Chocolate pudding Brown gravy Milk</p>	<p>12. Friday No School LINCOLN'S BIRTHDAY HOLIDAY</p>
<p>15. Monday/Menu F No School GEORGE WASHINGTON'S BIRTHDAY HOLIDAY</p>	<p>16. Tuesday Tuna salad sandwich Gateway tossed salad Baked potato chips Spiced peaches Italian fat free dressing Milk</p>	<p>17. Wednesday Mexican chicken Refried beans Mexicali corn Brown rice Pears Sour cream Milk</p>	<p>18. Thursday Beef vegetable soup Deli turkey & cheese sandwich Broccoli salad Lettuce/tomato Baked potato chips Pineapple tidbits Mayonnaise</p>	<p>19. Friday Chicken pasta primavera Herbed cauliflower Green beans Garlic toast Mandarin oranges Chocolate pudding cup Milk</p>

<p>22. Monday/Menu D Beef shepherd's pie Broccoli Whole grain bread Frozen(sweetened)strawberries Margarine Jelly Milk</p>	<p>23. Tuesday Chicken ala king New dawn carrots Rotini noodles Spiced apples Milk</p>	<p>24. Wednesday Beef tamale pie Brown rice Black beans(seasoned) Pears Milk</p>	<p>25. Thursday Pepperoni pizza Gateway tossed salad Pineapple tidbits Peach cup Creamy dressing Milk</p>	<p>26. Friday Meatloaf Scalloped potatoes Yellow squash Cornbread Applesauce Brown gravy Margarine Milk</p>
<p>29. Monday Menu C Honey lemon chicken Copper P. carrots Broccoli /brown rice pilaf Mandarin oranges Milk</p>				