

New Dawn School #49

Lunch Menu

K-8

February, 2016

1-Monday/Menu E Chicken & Dumplings Spinach Corn Cornbread Spiced peaches Margarine Milk	2-Tuesday Rodeo macaroni Carrots Pineapple tidbits Milk	3-Wednesday Parkview ham & bean soup Deli turkey sandwich Stewed Tomatoes Fruit cocktail Mayonnaise Milk	4-Thursday Pork stir fry Herbed cauliflower Brown rice Applesauce Milk	5-Friday Tuna cheese rotini casserole Gateway tossed salad Oatmeal muffin square Frozen(unsweetened)strawberries Fat free ranch dressing Milk
8-Monday/Menu C Mac& cheese/with chicken & broccoli New dawn Carrots Apple juice Mandarin oranges Milk	9-Tuesday Sloppy Joe on bun Gateway tossed salad Green peas Applesauce Fat free ranch dressing Milk	10-Wednesday Chicken Tamale pie Black beans (seasoned) Brown rice Applesauce cup Milk	11-Thursday Meatballs Yellow squash Rotini noodles Fruit cocktail Brown gravy Milk	12-Friday NO SCHOOL LINCOLN'S BIRTHDAY HOLIDAY
15-Monday/Menu F No School GEORGE WASHINGTON'S BIRTHDAY HOLIDAY	16-Tuesday Tuna salad sandwich Gateway tossed salad Baked potato chips Spiced peaches Italian fat free dressing Milk	17.Wednesday Mexican chicken Refried beans Mexicali corn Pears Sour cream Milk	18-Thursday Beef vegetable soup Deli turkey & cheese sandwich Broccoli salad Lettuce/tomato Pineapple tidbits Mayonnaise Milk	19-Friday Chicken pasta primavera Herbed cauliflower Green beans Garlic toast Mandarin oranges Milk

22-Monday/Menu D Beef shepherd's pie Broccoli Whole grain bread Frozen(sweetened)strawberries Margarine Jelly Milk	23-Tuesday Chicken ala king New dawn carrots Rotini noodles Spiced apples Milk	24-Wednesday Beef tamale pie Brown rice Black beans(seasoned) Pears Milk	25- Thursday Pepperoni pizza Gateway tossed salad Pineapple tidbits Peach cup Creamy dressing Milk	26- Friday Meatloaf Scalloped potatoes Yellow squash Cornbread Applesauce Brown gravy Margarine Milk
29-Monday Menu C Honey lemon chicken Copper P. carrots Broccoli/Brown rice Mandarin oranges Milk				