

K – 8 Lunch Menu for October 2016

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pork/Dressing/Gravy Sweet Potatoes Broccoli Bread Milk	4 Sloppy Joe on Bun Tossed Salad/Dressing Corn Mixed Fruit Milk	5 Chicken Taco Refried Beans Rice Oranges Milk	6 Spaghetti & Meatballs Green Beans Fruit Cocktail Milk	7 Tuna Noodle Casserole Peas & Carrots Apricots Bread Milk
10 Chicken Parmesan Spaghetti Peas Fruit Cocktail Milk	11 Baked Ham Carrots Dressing/Gravy Apricots Milk	12 Beef Tamale Pie Brown Rice Dried Beans Peaches Milk	13 Breaded Fish Rice Pilaf Broccoli in Cheese Sauce Tomatoes Apple Juice Milk	14 Meatloaf with gravy Scalloped Potatoes Green Beans Cornbread Pears Milk
17 Country Fried Steak Mashed Potatoes/Gravy Broccoli Spiced Apples Milk	18 Cheese Pizza Tossed Salad/Dressing Macaroni Salad Raisins Orange Juice/Milk	19 Beef Taco Pie Black Beans/Rice Carrots Grapes Milk	20  Staff Development NO SCHOOL	21  Staff Development NO SCHOOL
24 Chicken Nuggets Mashed Potatoes/Gravy Broccoli Sugar Cookies Peaches Milk	25 Tuna Fish Sandwich Potato Chips Tossed Salad Fruit Cocktail Ice Cream Milk	26 Beef Burrito Refried Beans Salsa Mixed Fruit Milk	27 Salisbury Steak Mashed Potatoes/Gravy Green Beans Bun Fresh Fruit Milk	28 Macaroni & Cheese Carrots Stewed Tomatoes Cornbread –margarine Applesauce Milk
31 Mac Cheese/Broccoli/ Chicken Casserole Carrots/Apricots Orange Juice Milk		<h1 style="font-size: 2em; color: blue; text-shadow: 2px 2px 0px black;">Have a Safe & Happy Halloween</h1>		

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9 - 12 Lunch Menu for October 2015

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Pork/Dressing/Gravy Sweet Potatoes Broccoli Apricots/Bread Milk</p>	<p>4</p> <p>Sloppy Joe on Bun Tossed Salad/Dressing Corn Mixed Fruit/Banana Milk</p>	<p>5</p> <p>Chicken Taco Refried Beans Rice Oranges Milk</p>	<p>6</p> <p>Spaghetti & Meatballs Green Beans Fruit Cocktail Pudding Milk</p>	<p>7</p> <p>Tuna Noodle Casserole Peas & Carrots Apricots Bread Milk</p>
<p>10</p> <p>Chicken Parmesan Spaghetti Peas Fruit Cocktail Pudding Milk</p>	<p>11</p> <p>Baked Ham Carrots Dressing/Gravy Apricots Milk</p>	<p>12</p> <p>Beef Tamale Pie Brown Rice Dried Beans Peaches Milk</p>	<p>13</p> <p>Breaded Fish Rice Pilaf Broccoli in Cheese Sauce Tomatoes Raisins Apple Juice/Milk</p>	<p>14</p> <p>Meatloaf with gravy Scalloped Potatoes Green Beans Cornbread Pears Milk</p>
<p>17</p> <p>Country Fried Steak Mashed Potatoes/Gravy Broccoli Spiced Apples/Bread Milk</p>	<p>18</p> <p>Cheese Pizza Tossed Salad/Dressing Macaroni Salad Raisins Orange Juice/Milk</p>	<p>19</p> <p>Beef Taco Pie Black Beans/Rice Carrots Apricots/Grapes Milk</p>	<p>20</p> <p> Staff Development NO SCHOOL</p>	<p>21</p> <p> Staff Development NO SCHOOL</p>
<p>24</p> <p>Chicken Nuggets Mashed Potatoes/Gravy Broccoli Sugar Cookies Peaches/Raisins Milk</p>	<p>25</p> <p>Tuna Fish Sandwich Potato Chips Tossed Salad Fruit Cocktail/Pears Ice Cream Milk</p>	<p>26</p> <p>Beef Burrito Brown Rice Refried Beans Salsa Mixed Fruit Milk</p>	<p>27</p> <p>Salisbury Steak Mashed Potatoes/Gravy Green Beans Bun Fresh Fruit/Spiced Peaches Milk</p>	<p>28</p> <p>Macaroni & Cheese Carrots Stewed Tomatoes Cornbread - margarine Applesauce Milk/Orange Juice</p>
<p>31</p> <p>Mac Cheese/Broccoli/ Chicken Casserole Carrots/Apricots Orange Juice Milk</p>		<p>Have a Safe & Happy Halloween</p>		

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