

January 2016 Lunch Menu K – 8

Monday	Tuesday	Wednesday	Thursday	Friday
4 Chicken Fajitas Rice Broccoli/Peas Mixed Fruit Milk	5 Tuna Fish Sandwich Tossed Salad Pineapple Vanilla Ice Cream Milk	6 Beef Taco Refried Beans Rice Peaches Milk	7 BBQ Chicken on Bun Slaw Green Beans Mixed Fruit Milk	8 Macaroni & Cheese Carrots Stewed Tomatoes Applesauce Cornbread Milk
11 Chicken Nuggets Fries Broccoli Wheat Sugar Cookies Peaches Milk	12 Chicken Rice Soup ½ Turkey Ham and Cheese Sandwich Tossed Salad/Dressing Fruit Cocktail/Ice Cream Milk	13  Staff Development NO SCHOOL	14 Salisbury Steak Mashed Potato/Gravy Green Beans Bun with Margarine/Jelly Grapes Milk	15 Quiche Macaroni Salad Peas & Carrots Stewed Tomatoes Spiced Peaches Bread Orange Juice/Milk
18  Martin Luther King Jr's. Birthday NO SCHOOL	19 Cheese Pizza Tossed Salad Strawberry Cup Apple Juice Milk	20 Ham & Beans Lettuce/Tomato/Cheese Salad Pears Bread Milk	21 Chili Cornbread Green Beans Fruit Cocktail Milk	22 Ground Beef Spanish Rice Carrots Cornbread Applesauce Milk
25 Country Fried Steak Mashed Potato/Gravy Broccoli Bread with margarine Peaches Milk	26 Ham Salad Sandwich Tossed Salad/Dressing Strawberries Orange Juice Milk	27 Beef Tamale Pie Refried Beans Rice Carrots Blueberries Milk	28 Chicken Stir Fry Rice Green Beans Fruit Cocktail Milk	29 Hamburger Lettuce & Tomato Sweet Potato Mandarin Orange Milk

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January 2016 Lunch Menu 9 – 12

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Chicken Fajitas Rice Broccoli/Peas Mixed Fruit Milk	Tuna Fish Sandwich Tossed Salad Pineapple Vanilla Ice Cream Milk	Beef Taco Refried Beans Rice Peaches Milk	BBQ Chicken on Bun Slaw Green Beans Mixed Fruit Milk	Macaroni & Cheese Carrots Stewed Tomatoes Applesauce Cornbread Milk
11	12	13	14	15
Chicken Nuggets Fries Broccoli Wheat Sugar Cookies Peaches Milk	Chicken Rice Soup ½ Turkey Ham and Cheese Sandwich Tossed Salad/Dressing Fruit Cocktail/Ice Cream Milk	 Staff Development Day NO SCHOOL	Salisbury Steak Mashed Potato/Gravy Green Beans Bun with Margarine/Jelly Grapes Milk	Quiche Macaroni Salad Peas & Carrots Stewed Tomatoes Spiced Peaches Bread Orange Juice/Milk
18	19	20	21	22
 Martin Luther King Jr.'s Birthday NO SCHOOL	Cheese Pizza Tossed Salad Macaroni Salad Strawberry Cup Apple Juice Milk	Ham & Beans Lettuce/Tomato/Cheese Salad Pears/Mixed Fruit Cup Bread Milk	Chili Cornbread Green Beans Fruit Cocktail Milk	Ground Beef Spanish Rice Carrots Cornbread Applesauce Milk
25	26	27	28	29
Country Fried Steak Mashed Potato/Gravy Broccoli Bread with margarine Peaches Milk	Ham Salad Sandwich Tossed Salad/Dressing Strawberries Orange Juice Milk	Beef Tamale Pie Refried Beans Rice Carrots Blueberries Milk	Chicken Stir Fry Rice Green Beans Fruit Cocktail Milk	Cheeseburger Lettuce & Tomato Sweet Potato Mandarin Orange Milk

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