

MSV SEPTEMBER 2016 MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1) Ground Beef Stroganoff Noodles Carrots Pears Milk	2) Quiche Peas Pancakes Spiced Apples Milk
5) LABOR DAY	6) Tuna Salad Sandwich Baked Chips Mixed Vegetables Fruit Cocktail Milk	7) Chicken Spaghetti Peas Bread/ marg. Pears Ice cream Milk	8) Meat balls/ Tom Sauce Sweet Potatoes Corn Brown Rice Pineapple Milk	9) Hamburger on whole grain bun Carrots Cauliflower Apple Sauce Oatmeal Cookie Milk
12) Fish Patty/ tartar French Fries Spinach Bread/ margarine Mandarin Oranges Milk	13) Baked Chicken Baked Potato Sour cream Carrots WG Roll Strawberries	14) Turkey & Gravy Mashed Potatoes Peas Cornbread/marg. Peaches Milk	15) Spaghetti Tossed Salad Garlic Toast Apple Sauce Milk	16) Sloppy Joe Sweet Potato Fries Broccoli Pineapple Milk
19) Cheeseburger French Fries Lettuce & Tomato Water Melon Milk	20) SCHOOL IS OUT FOR PROFESSIONAL DEVELOPMENT DAY	21) Cheese Pizza Tossed Salad Corn Mixed Fruit Milk	22) Tuna Noodle Casserole Peas n Carrots Bread/ marg/ jelly Apple Sauce Milk	23) Chicken & Vegetables Noodles Broccoli/Cauliflower Fresh Orange Milk
26) Chicken Wrap Corn Broccoli Baked Chips Banana Milk	27) Scalloped Potatoes and Ham Carrots Cucumber Salad Cornbread Milk	28) Salisbury Steak Mashed Potatoes and gravy Green Beans Bread/ marg. Fruit Cocktail Milk	29) Beef Taco Plate Black Beans Tortilla Chips Salsa Sour Cream Peaches Milk	30) Beef Vegetable Soup Cheese Sand. Spinach Pears Milk

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