



# Oakview School

200 Linden Monett, MO

417-235-3951

Missouri Schools for the Severely Disabled  
Department of Elementary and Secondary Education



## Fall 2015

### A Note from Dr. Bolek, Building Administrator

What a joy and blessing your children have been to me. I have thoroughly enjoyed watching and interacting with them. Although I have not met many of you, I want you to know how important you are, how crucial you are, to all we do. I appreciate all your efforts!

I am only at College View part time, as I also oversee another building; however, if you ever need to talk to me, please feel free to come in. I believe working together is the best practice to offer your child/our student the best possible experience. I look forward to meeting each and every one of you.



### Nurse's Notes by School Nurse, Denise Charlton

Please note our policy changes regarding student illnesses.

The new guidelines are being implemented to maintain a safe and healthy school environment for our students.

A letter listing the policy changes along with the form Notification-illness was sent home with each Oakview students.

The policy lists a number of symptoms that a student might display that may indicate an illness and the guidelines/requirements for the student to be able to return to school following the symptoms.

Please call the school nurse and request a copy if you need another copy to review.

### Ann Groskurth, Teacher, Tabatha and Stacy, Teacher Aides

Our class would like to welcome our new staff members. Dr. Carolyn Bolek is our new Building Administrator, Kamala is our new Classroom Teacher, Zack is our new P.E. Teacher, Kathleen is our new Teacher's Aide and Barbara is our new Substitute Teacher's Aide. Welcome everyone!

Our students are enjoying working on Individual IEP goals. October is Disability Awareness Month so we have many activities relating to diversity and challenges some of our students face.

We are looking forward to Halloween and have been decorating the hallways and classroom with our "spooky" artwork. Happy Fall Everyone.

#### Important Dates to Remember:

- ✓ **September 22-**  
**NO School,**  
Professional Development Day
- ✓ **October 15-16-**  
**No School**  
Professional Development Day
- ✓ **November 9-**  
**No School**  
Professional Development Day
- ✓ **November 25-27-** **No School**  
Thanksgiving Break
- ✓ **December 2**  
**No School**  
Professional Development Day



### Pam, Teacher, Cati, Carol & Barbara, Teacher Aides

It's great to get back into the swing of things! October is Disability Awareness Month and our class has come up with our own motto. "It's not a disability, it's a different ability". It's how you have to do things differently. The students are enjoying

the morning meeting. Every morning the students discuss current events, the lunch menu, the calendar, and upcoming school activities. We are working on IEP goals and looking forward to the upcoming holidays.



### PE Fun with Zach

What an awesome start to the school year!

Fall has brought cooler temperatures and pretty colors.

Students are already off to a great start and I look forward to what is up and coming in the months ahead. I have noticed a lot of excitement and energy in the students eyes which makes teaching and learning much more fun. Let's ALL work together to make this year as fun and meaningful to help our students maximize their learning experiences!

### Room 3-Mrs. Leaming, Teacher, Abby & Kathleen, classroom Aides

Room 3 is currently working on a classroom project for Jefferson City.

We have really enjoyed the wonderful weather this school year allowing us to spend quality time outside exploring new things.

We are getting excited about MAP-A testing. It is always a lot of fun for the students.

School pictures went off with great success. The students looked like movies stars with their hair nicely brushed, and their dress clothes on.

Room 3 is currently working on friendships, following directions and good listening skills.

### Tips for a Healthier Lifestyle

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|--|---|--|
| 1. Take 10-Do at least 10 minutes of activity 3 times a day.                         | exercise, cleaning house, washing the car and mowing the lawn.          | 9. Learn what is in the foods you are eating by reading the nutrition label and ingredients. |
| 2. Work out while watching TV or during commercial break.                            | 6. Drink plenty of water. Keep a bottle of water with you all the time. | 10. Consume fewer calories and eat less food by using a smaller plate.                       |
| 3. Always be prepared. Keep running/walking shoes and clothes in the car or at work. | 7. Make half of your plate just fruit and veggies                       |  |
| 4. Exercise with a partner or group.   | 8. Cut back on foods with added sugar and that are high in fat.         |  |
| 5. Doing chores also counts as   |   |  |

**Information found in 10 Tips Nutrition Education Series at [www.choosemyplate.gov](http://www.choosemyplate.gov)**



