LUNCH NOVEMBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KEY: 🏠 = All Items Prepared Fresh Daily in the Opaa! Kitchen = All grains offered are Whole Grain-Rich 🍎 = Farm Fresh Product 🥜 = May contain peanuts 🐖 = Pork	**1** • **Chicken Soft Tacos** Fresh Garden Salad, Cowboy Beans, Fresh Fruit 🍎, Orange Pineapple Mix • **Taco Salad**, Cowboy Beans, Fresh Fruit 🍎, Orange Pineapple Mix, Cornbread	**2** • **Chicken Patty** Mashed Potatoes w/ Gravy, Corn, Fresh Fruit 🍎, Pears, Hot Roll • **Strawberry Chicken Salad**, Corn, Pears, Fresh Fruit 🍎, Hot Roll	**3** • **Cheeseburger** French Fries, Fresh Garden Salad, Strawberry Banana Mix, Fresh Fruit 🍎 • **Cobb Salad**, Strawberry Banana Mix, Fresh Fruit 🍎, Fruit Streusel Muffin	**4** • **Pepperoni Pizza** Fresh Garden Salad, Baby Carrots w/ Dip, Applesauce, Fresh Fruit 🍎 • **Popcorn Chicken Salad**, Baby Carrots w/ Dip, Applesauce, Fresh Fruit 🍎, Fruit Streusel Muffin
7 No School	**8** • **Hot Dog** French Fries, Fresh Garden Salad, Mandarin Oranges, Fresh Fruit 🍎 • **Cobb Salad**, Mandarin Oranges, Fresh Fruit 🍎	**9** • **Chicken Patty** Mashed Potatoes w/ Gravy, Green Beans, Cinnamon Apple Slices, Fresh Fruit 🍎, Hot Roll • **Strawberry Chicken Salad**, Mashed Potatoes w/ Gravy, Cinnamon Apple Slices, Fresh Fruit 🍎, Hot Roll	**10** • **Super Nachos** Fresh Garden Salad, Refried Beans, Pears, Fresh Fruit 🍎 • **Taco Salad**, Refried Beans, Pears, Fresh Fruit 🍎, Cornbread	**11** • **Tony's Pizza** 🐖 Fresh Garden Salad, Roasted Vegetables, Tropical Fruit, Fresh Fruit 🍎 • **Popcorn Chicken Salad**, Roasted Vegetables, Tropical Fruit, Fresh Fruit 🍎, Fruit Streusel Muffin
14 • **Chicken Nuggets w/ Italian Bread** Fresh Garden Salad, Corn, Peaches, Fresh Fruit 🍎 • **Mandarin Orange Chicken Salad**, Corn, Peaches, Fresh Fruit 🍎, Italian Bread	**15** • **Chicken Nachos w/ White Queso** Fresh Garden Salad, Texas Pintos, Pineapple, Fresh Fruit 🍎 • **Taco Salad**, Texas Pintos, Pineapple, Fresh Fruit 🍎, Cornbread	**16** Thanksgiving Feast • **Chicken Patty** • **Roast Turkey** Mashed Potatoes w/ Gravy, Glazed Carrots, Hot Roll, Applesauce, Fresh Fruit 🍎, Pumpkin Spiced Krispie Treat	**17** • **Cheeseburger** Tater Tots, Fresh Garden Salad, Banana Orange Mix, Fresh Fruit 🍎 • **Cobb Salad**, Banana Orange Mix, Fresh Fruit 🍎, Fruit Streusel Muffin	**18** • **Cheese Pizza** Fresh Garden Salad, Fresh Broccoli w/ Dip, Mandarin Oranges, Fresh Fruit 🍎 • **Popcorn Chicken Salad**, Fresh Broccoli w/ Dip, Mandarin Oranges, Fresh Fruit 🍎, Fruit Streusel Muffin
21 Sweet Treat Day • **Chicken & Dumplings** Fresh Garden Salad, Cheesy Cauliflower Popcorn, Peaches, Fresh Fruit 🍎, Hot Fudge Pudding Cake • **Italian Chef Salad**, Cheesy Cauliflower Popcorn, Peaches, Fresh Fruit 🍎, Italian Bread	**22** • **Cheeseburger** French Fries, Fresh Garden Salad, Orange Pineapple Mix, Fresh Fruit 🍎 • **Cobb Salad**, Orange Pineapple Mix, Fresh Fruit 🍎, Fruit Streusel Muffin	**23** Thanksgiving Break	**24** Thanksgiving Break	**25** Thanksgiving Break
28 • **Popcorn Chicken w/ Italian Bread** Fresh Garden Salad, Steamed Broccoli, Fresh Fruit 🍎, Cinnamon Apple Slices • **Italian Chef Salad**, Steamed Broccoli, Fresh Fruit 🍎, Cinnamon Apple Slices, Italian Bread	**29** • **Super Nachos** Refried Beans, Fresh Garden Salad, Mandarin Oranges, Fresh Fruit 🍎 • **Taco Salad**, Refried Beans, Mandarin Oranges, Fresh Fruit 🍎, Cornbread	**30** • **Chicken Patty** Mashed Potatoes w/ Gravy, Green Beans, Pineapple, Fresh Fruit 🍎, Hot Roll • **Chicken Caesar Salad**, Mashed Potatoes w/ Gravy, Pineapple, Fresh Fruit 🍎, Hot Roll	Healthier School Challenge *Opaa! designs elementary menus to meet the nutrition targets for* **HealthierUS School Challenge!**	**Choice of fat-free (unflavored or flavored) and unflavored low-fat milk offered DAILY!**

FEED YOUR BRAIN!

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