

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27	28	29	30	Oct 1
NO School	Breakfast - Bagel or Cereal with Graham Crackers, Cream Cheese, Jelly, Fruit, Orange Juice & Milk  Lunch - Beef Ravioli, Garlic Breadstick, Spinach Salad, Broccoli, Fruit, Cowboy Cookie, & Milk- Alternative entree choice at JEMS & PHS will be Cheese Quesadilla	Breakfast - Pancakes & Syrup or Cereal with Graham Crackers, Fruit, Orange Juice, & Milk  Lunch - Nachos w/Ground Beef, Lettuce, Tomatoes, Corn, Fruit, & Milk- Alternative entree choice at JEMS & PHS will be Deli Flatbread	Breakfast - Blueberry Muffin, Yogurt or Cereal with Graham Crackers, Yogurt, Fruit, Orange Juice, & Milk  Lunch - Chicken Nuggets, Mashed Potatoes & Brown Gravy, Seasoned Green Beans, Whole Wheat Roll, Fruit & Milk- Alternative entree choice at JEMS & PHS will be Mini Corn Dogs		Breakfast - Biscuit & Gravy or Cereal with Graham Crackers, Orange Juice, Fruit, & Milk  Lunch - Stromboli, California Blend, Baby Carrots, Ranch Dressing, Fruit, & Milk- Alternative entree choice at JEMS & PHS will be Chicken Sandwich	
2	3	4	5	6	7	8
Breakfast - Blueberry Breakfast Stick or Cereal with Graham Crackers, Fruit, Orange Juice, & Milk  Lunch - Meatball Sub, Sweet Potato Fries, Baked Beans, Fruit & Milk- Alternative entree choice at JEMS & PHS will be Hot Dog	Breakfast - Chicken Biscuit or Cereal with Graham Crackers, Fruit, Orange Juice, & Milk  Lunch - Chicken Alfredo, Garlic Breadstick, Tossed Salad, Carrot Sticks, Fruit & Milk- Alternative entree choice at JEMS & PHS will be Burrito W/Cheese	Breakfast - Breakfast Wrap or Cereal with Graham Crackers, Hashbrowns, Orange Juice, Fruit, & Milk  Lunch - Mini Corn Dog, French Fries, Seasoned Green Beans, Fruit & Milk- Alternative entree choice at JEMS & PHS will be Hamburger	Breakfast - French Toast Sticks or Cereal with Graham Crackers, Orange Juice, Fruit, & Milk  Lunch - Salisbury Steak, Mashed Potatoes & Brown Gravy, California Blend, Whole Wheat Roll, Fruit, & Milk- Alternative entree choice at JEMS & PHS will be Chicken Sandwich		Breakfast - Biscuit & Gravy or Cereal with Graham Crackers, Orange Juice, Fruit, & Milk  Lunch - Sausage Roll, String Cheese, Sun Chips, Cucumbers & Tomatoes, Ranch Dressing, Fruit, & Milk - Alternative entree choice at JEMS & PHS will be Cheeseburger - JEMS & PHS will be Cheeseburger	

9	10	11	12	13	14	15
Breakfast - Ham & Egg Biscuit or Cereal with Graham Crackers, Orange Juice, Fruit & Milk	Breakfast - Breakfast Bites or Cereal with Graham Crackers, Orange Juice, Fruit, & Milk	Breakfast - Scrambled Eggs or Cereal with Graham Crackers, Whole Wheat Toast, Fruit, Orange Juice, & Milk	Breakfast - Honey Bun or Cereal with Graham Crackers, Fruit, Orange Juice, & Milk	Breakfast - Biscuit & Gravy or Cereal with Graham Crackers, Orange Juice, Fruit, & Milk		
Lunch - Chicken Sandwich, Ranch Dressing, Seasoned Potato Wedge, Crunchy Carrot Sticks, Oranges, & Milk- Alternative entree choice at JEMS & PHS will be Cheeseburger - JEMS & PHS will be Cheeseburger	Lunch - Southwest Chicken Tacos, Salasa, Refried Beans w/Cheese, Corn, Fruit, Whole Wheat Applesauce, Cake, & Milk - Alternative entree choice at JEMS & PHS will be Chicken Quesadilla	Lunch - Poppin' Shrimp Poppers, Mac & Cheese, Spinach Salad, Fruit & Milk - Alternative entree choice at JEMS & PHS will be Chicken Tender	Lunch - Chicken Fingers, Mashed Potatoes & Brown Gravy, Seasoned Green Beans, Whole Wheat Roll, Fruit & Milk- Alternative entree choice at JEMS & PHS will be Hot Dog	Lunch - Pepperoni Pizza, Baby Carrots, Ranch Dressing, Fruit, & Milk-- JEMS & PHS will have choice of Buffalo Chicken Sandwich		
16	17	18	19	20	21	22
Breakfast - Breakfast Pizza or Cereal with Graham Crackers, Orange Juice, Fruit, & Milk	Breakfast - Bagel or Cereal with Graham Crackers, Cream Cheese, Jelly, Fruit, Orange Juice & Milk	Breakfast - Pancakes & Syrup or Cereal with Graham Crackers, Fruit, Orange Juice, & Milk	Breakfast - Blueberry Muffin, Yogurt or Cereal with Graham Crackers, Yogurt, Fruit, Orange Juice, & Milk		No School	
Lunch - Burrito with Cheese, Refried Beans with Cheese, Corn, Fruit & Milk--JEMS & PHS will have choice of Hamburger	Lunch - Chili, Peanut Butter or Cheese Sandwich, Applesauce, Crunchy Carrot Sticks, & Milk-- JEMS & PHS will have choice of Chicken Quesadilla	Lunch - BBQ Rib, Mac & Cheese, Seasoned Green Beans, Strawberries, & Milk- Alternative entree choice at JEMS & PHS will be Chicken Sandwich - JEMS & PHS will be Chicken Sandwich	Lunch - Chicken Nuggets, Mashed Potatoes & Brown Gravy, Seasoned Green Beans, Whole Wheat Roll, Fruit & Milk- Alternative entree choice at JEMS & PHS will be Mini Corn Dogs			

23	24	25	26	27	28 29
Breakfast - Blueberry Breakfast Stick or Cereal with Graham Crackers, Fruit, Orange Juice, & Milk	Breakfast - Chicken Biscuit or Cereal with Graham Crackers, Fruit, Orange Juice, & Milk	Breakfast - Breakfast Wrap or Cereal with Graham Crackers, Hashbrowns, Orange Juice, Fruit, & Milk	Breakfast - French Toast Sticks or Cereal with Graham Crackers, Orange Juice, Fruit, & Milk	Breakfast - Biscuit & Gravy or Cereal with Graham Crackers, Orange Juice, Fruit, & Milk	
Lunch - Hot Dog, Seasoned Potato Wedge, Cucumbers & Tomatoes, Fruit, & Milk-- JEMS & PHS will have choice of BBQ Rib	Lunch - Lasagna, Garlic Breadstick, Tossed Salad with Ranch Dressing, Seasoned Carrots, Fruit, & Milk--JEMS & PHS will have choice of Hamburger	Lunch - Hamburger, Sweet Potato Fries, Baked Beans, Fruit, & Milk--HS and MS will have choice of Mini Corn Dogs	Lunch - Chicken Tender, Mashed Potatoes, Brown Gravy, Seasoned Green Beans, Whole Wheat Bread, Fruit, & Milk- Alternative entree choice at JEMS & PHS will be Hot Dog	Lunch - Pizza Sticks, Marinara Sauce, Broccoli & Carrots, Fruit, Chocolate Cake, & Milk- Alternative entree choice at JEMS & PHS will be Pizza	

30	31	Nov 1	2	3	4 5
Breakfast - Ham & Egg Biscuit or Cereal with Graham Crackers, Orange Juice, Fruit & Milk	Breakfast - Breakfast Bites or Cereal with Graham Crackers, Orange Juice, Fruit, & Milk	Breakfast - Scrambled Eggs or Cereal with Graham Crackers, Whole Wheat Toast, Fruit, Orange Juice, & Milk	Breakfast - Honey Bun or Cereal with Graham Crackers, Fruit, Orange Juice, & Milk	Breakfast - Biscuit & Gravy or Cereal with Graham Crackers, Orange Juice, Fruit, & Milk	
Lunch - Pulled Pork Sliders, French Fries, Cole Slaw, Fruit & Milk- Alternative entree choice at JEMS & PHS will be Cheeseburger	Lunch - Beef Ravioli, Garlic Breadstick, Spinach Salad, Broccoli, Fruit, Cowboy Cookie, & Milk- Alternative entree choice at JEMS & PHS will be Cheese Quesadilla	Lunch - Nachos w/Ground Beef, Lettuce, Tomatoes, Corn, Fruit, & Milk- Alternative entree choice at JEMS & PHS will be Deli Flatbread	Lunch - Chicken Nuggets, Mashed Potatoes & Brown Gravy, Seasoned Green Beans, Whole Wheat Roll, Fruit & Milk- Alternative entree choice at JEMS & PHS will be Mini Corn Dogs	Lunch - Stromboli, California Blend, Baby Carrots, Ranch Dressing, Fruit, & Milk- Alternative entree choice at JEMS & PHS will be Chicken Sandwich	