

Guidance and Counseling Services **DIGEST**

Vol. 10, No.1

Please forward this Digest to your colleagues.

August 10, 2012

The Guidance and Counseling Services Digest is used to transmit information pertaining to the four program components of the Missouri Comprehensive Guidance and Counseling Program: Curriculum; Individual Planning; Responsive Services; and System Support to professional school counselors, school administrators and staff at all levels and other interested personnel throughout the state.

The Guidance and Counseling Services Staff:

Bragg, Tom, John and Loree'

573-751-4383

Announcements

Welcome back for another great year!!

We hope your summer has been restful and are looking forward to working with all of you in the coming year.

Special notice!! One of the projects undertaken this summer was developing an electronic (Excel®) version of the Internal Improvement Review (IIR) for use. It was shared with our State Guidance Advisory Council in June and is now ready and posted for use by counselors on the guidance and counseling e-learning center at <http://www.missouricareereducation.org/project/guideiir>

Program Components

From time to time, resources that are brought to our attention through ASCA list-serves or other means that could be used as part of a comprehensive guidance and counseling program will be listed here. The readers are encouraged to investigate the resources and decide whether or not they are appropriate for their programs. Listing of these resources does not constitute endorsement by either the Guidance and Counseling Services Section or DESE.

CURRICULUM

The Guidance Planning Survey is designed to assist school counselors in selecting themes and priority areas within the guidance and counseling curriculum identified by students, parents and teachers as areas that should be addressed through the guidance and counseling program. Data from the survey allows them to focus time and energy on developing guidance and counseling curriculum activities that best meet those needs.

The Assessment Resource Center (ARC) has a machine scorable version of the Guidance Planning Survey and it may be purchased from them. A technical manual is available free of charge. The link to the technical manual is: <http://arc.missouri.edu/K12/MOGPS%20layout.pdf>. The website for ARC is: <http://arc.missouri.edu/>.

INDIVIDUAL PLANNING

Missouri Connections, the free online career and education planning website is alive and well!

Go to [Missouri Connections Training](#) for the fall regional training agenda, dates, and locations. Develop your understanding of this comprehensive program to more effectively integrate into your guidance and counseling program. For questions, training information or support, contact:

Jackie Coleman: State Trainer - jackie@colemanllc.com 573-634-0043

Tom Schlimpert: State Coordinator – tom.schlimpert@dese.mo.gov 573-751-6875

The Occupational Supply & Demand System

This website gives students information about expected job openings in each career field, plus tells how many students have graduated from college programs in each field. This gives young people some indication about their competition. Obviously if the data shows 1 or 2 job openings in any given career

field with 50 graduates seeking employment, odds of securing that job would be pretty slim. The BLS is also a great place to find employment data as well as state data-banks through state employment agencies. To see the website, go to <http://www.occsupplydemand.org/>

Site application deadline (Aug 15) approaching for FAFSA Frenzy 2013

Since May, the Missouri Department of Higher Education (MDHE) has been encouraging participation in its Free Application for Federal Student Aid (FAFSA) [2013 FAFSA Frenzy](#) program. The MDHE is now making a final call for participation. FAFSA Frenzy events make applying for financial aid easier by providing students and families with free help filling out the [FAFSA](#), which is required to apply for federal and most state financial aid.

The 2013 main event date is scheduled for Sunday, Feb. 17, with a back-up date of Sunday, Feb. 24 in the event that inclement weather occurs on Feb. 17. If you are interested in hosting a FAFSA Frenzy site, you may select either the standard date and time or you may choose an alternate date.

Normal site set-up time is about an hour, and wrap-up may take an additional hour. Therefore, the site **coordinator's total time commitment on the day of the event is about four hours.** If you select an alternate date, be sure to indicate the date and hours that your site will be open to the public and select an alternate inclement weather date.

As in past years, Missouri's high school counselor and financial aid communities will be of critical importance to the success of FAFSA Frenzy. The MDHE and [Missouri Association of Student Financial Aid Personnel](#) encourage high schools, postsecondary institutions and other organizations interested in hosting a FAFSA Frenzy event to complete the [FAFSA Frenzy Site application](#). If you are interested in offering your facilities as a location but would prefer that someone from an outside organization act as the site coordinator, please email [Lisa Wilson](#) (MDHE outreach services coordinator).

To date, the MDHE has received 17 [site applications for the 2013 event](#) and will continue to accept applications through Wednesday, Aug. 15 at 5 p.m. A training session for FAFSA Frenzy site coordinators will be held in Jefferson City on Tuesday, Nov. 13, 2012.

If you have any questions regarding FAFSA Frenzy/CGS in Missouri, you may contact [Julie Meyer](#), Dan Dick (MASFAP Early Awareness Committee co-chairs), or [Lisa Wilson](#). Additional information may be found on the MDHE's [FAFSA Frenzy Web page](#).

Students have an opportunity to learn about Harvard

The Harvard Club of St. Louis invites High School Sophomores, Juniors, and Seniors interested in applying to Harvard College to attend an Undergraduate Panel Discussion. The event will be held on Sunday, August 26th, from 7:00pm – 8:30pm at Clayton High School, 1 Mark Twain Circle, St Louis, MO 63105. Current Harvard College undergraduates from the Saint Louis area will offer a perspective on what it is like to be an undergraduate student at Harvard. Family and friends are welcome. RSVP not required. Contact Kristin Daly at 314-324-5660 with any questions or problems.

RESPONSIVE SERVICES

Bullying

During the last year, a large number of calls were received from parents concerning the way bullying incidents were dealt with in their districts. They were informed that bullying is an issue that is dealt with at the local level following the local policy adopted in response to legislative direction several years ago and encouraged to work with their districts to resolve the issue..

Please take the time to review your policy before school begins and locate resources to help in dealing with this issue. There are several websites offering resources to aid in this; among them are StopBullying.Gov at <http://www.stopbullying.gov/> and other online resources listed on a page on the DESE website at <http://dese.mo.gov/schoollaw/freqaskques/anti-bullying.html>

SYSTEM SUPPORT

A reminder about tools available for Program Evaluation on the Guidance e-Learning Center

Comprehensive Guidance and Counseling uses the formula Program + Personnel = Results to demonstrate accountability. Instruments to accomplish evaluation of all three of these areas are available on the guidance and counseling e-Learning Center. [Guidance and Counseling e-Learning Center](#)

Program evaluation focuses on the nature, structure, organization, and implementation of the school district's comprehensive guidance and counseling program. To access both the paper and **the new electronic (Excel®)** version of the current instrument (Internal Improvement Review) click on the following: [Internal Improvement Review \(IIR\)](#)

Personnel evaluation focuses on the school counselors and other personnel who are implementing the program. To use the **current** instrument, click on the following: [Guidelines for Performance Based Professional School Counselor Evaluation](#)

Results evaluation focuses on the impact the program is having on students, the schools where they learn, and the communities in which they live. **Note:** The PRoBE training modules geared toward this area are helpful to those second year protégés completing a project as part of their second year activities. To see the training modules on the Guidance and Counseling e-Learning site, go to [PRoBE Training](#)

Conferences and Workshops

Show Me You Care About Suicide Prevention Seventh Annual Conference

will be held on September 13-14, 2012 at the Capitol Plaza Hotel 415 W. McCarty St., Jefferson City, Missouri 65101 For information, click here: [Suicide Prevention Conference](#)

Supporting Children of the National Guard and Reserve Institute

This event sponsored by the Military Child Education Coalition (MCEC) will be held on September 20 and 21, 2012 at the Baymont Inn and Suites, 319 West Miller Road, Jefferson City, MO 65101--Registration and Breakfast: 8:00-8:30 am and Institute Training: from 8:30-4:00 pm including lunch. For more information about this training, please contact Myriam Virella at 254-953-1923 x 1119 or myriam.virella@MilitaryChild.org. Please visit www.MilitaryChild.org, click the **Training** tab to register.

Living in the New Normal Institute: Helping Children Thrive Through Good and Challenging Times.

This event sponsored by the Military Child Education Coalition (MCEC) will be held on October 3 and 4, 2012 at the Ramada Inn, 4016 Frederick Ave. Saint Joseph, MO 64506. Registration and Breakfast: 8:00 am—8:30 am-Institute Training: 8:30 am—4:00 pm including a working lunch.

This event outlines specific community resources, deployment information, and practical strategies for encouraging resilience in all children. For more information about this institute, please contact Myriam Virella at 254-953-1923 x 1119 or myriam.virella@MilitaryChild.org. Please visit www.MilitaryChild.org click the **Training** tab to register.

2012 Missouri Association of Career Services (MACS) Fall Conference will be held on **September 20-21, 2012** at the Courtyard by Marriott, Columbia, Mo. To learn more, contact Stacie Wild, MACS Treasurer at swild@sfccmo.edu

2012 Missouri School Counselor Association (MSCA) Fall Conference will be held **November 4-6, 2012** at Tan-Tar-A. There will also be a Saturday Institute on November 3, 2012. To access information, go to [MSCA](#)

It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator-Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email civilrights@dese.mo.gov.

Guidance and Counseling Services **DIGEST**

Vol. 10, No.2

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August 24, 2012

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Announcements

Addressing the Needs of Military Children and Families (Also sent out in Electronic Mailbag)

The U.S. Department of Education sent a letter last spring which deals with the issue of military families moving into school districts. In order to facilitate their transition into schools, the Missouri Legislature passed a law outlining procedures that districts should follow to facilitate the "timely enrollment of children."

As new students enroll this year, you may encounter some children who are facing these issues. This would be pertinent information for those in your buildings who handle enrollment procedures. The state contact for questions regarding this issue is [Dr. Judene Blackburn](#), Superintendent, Waynesville R-VI School District. **She serves as Missouri' representative for the Military Interstate Children's Compact Commission and can be reached at (573) 774-6497.**

To learn more about this issue, click on the following: [What Schools and Administrators should know.](#)

Program Components

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CURRICULUM

Resource Available

The lending library at Resources @ MCCE provides helpful materials for teachers and counselors during the school year. An example:

G&C KIT 5 Taking a Stand: The Bullying Prevention Series-Meridian Education Corporation LAWRENCEVILLE, NJ, 2006. KIT — This three-part series helps students and teachers identify bullying activity, confront the instigators of it, and assist the victims-with the ultimate goal of preventing bullying in all its forms. Behavior and tactics specific to boy bullies, girl bullies, and cyberbullies are discussed at length in each of the respective DVDs, addressing the complexity of the issues with dramatized scenarios **and peer discussions. Includes A Teacher's Guide to Bullying Prevention, that will help educators** implement the overall program. This 3-part series, that is 18-20 minutes long for each part is recommended for grades 7-12. More information about these resources, and many other choices, is available at <http://resources.mcce.org>

INDIVIDUAL PLANNING

Missouri Connections: Did You Know?

Trainings for Missouri connections are now being scheduled.

Go to [Missouri Connections Training](#) for the training agenda, dates, and locations. Develop your understanding of this comprehensive program to more effectively integrate into your guidance and counseling program. For questions, training information or support, contact:
Jackie Coleman: State Trainer - jackie@colemanllc.com 573-634-0043
Tom Schlimpert: State Coordinator – tom.schlimpert@dese.mo.gov 573-751-6875

Scholarship Opportunities:

A. The Horatio Alger Missouri Scholarship Program provides financial assistance to seniors in Missouri who have exhibited integrity and perseverance in overcoming personal adversity and who aspire to pursue an education. The 2013 scholarship application is open until October 25, 2012. To see the requirements and/or apply, go to www.horatioalger.org.

B. Eight \$1,000 Missouri Community Service Commission (MCSC) scholarships are available to 9-12 grade student-volunteers through the 2012-2013 High School Student-Volunteer Community Service Scholarship Awards initiative. Please go to [MCSC Scholarship](#) for complete information. All materials are due on or before **February 8, 2013**. The MCSC program contact person is Commissioner John Albright at homeport1@charter.net (Ph: 573-207-0044).

College Counseling Institute for High School Counselors

The Missouri Association for College Admission Counseling (MOACAC) will hold this event on Friday, October 12, 2012 from 8:30am-1:00pm at Webster Groves High School in St. Louis. This event is free for high school counselors. For more information and to register visit <http://schools.webster.k12.mo.us/cc2012>.

Graduation Handbook

As the school year begins, it is suggested that you review the Graduation Handbook, available at [Graduation Handbook](#) to make sure that students are on the right track for graduation.

RESPONSIVE SERVICES

Resources to assist children when they are going through difficult times

As children start back to school, it is hard to predict if or when disaster or other traumatic incidents may affect their lives. This collection of resources from both the child trauma and disaster behavioral health fields includes an [annotated bibliography](#) and a section with [helpful links](#) to organizations, agencies, and other resources that address disaster preparedness and response issues surrounding children and youth. All of these resources are available through the Substance Abuse and Mental Health Services Disaster Technical Assistance Center site at [Children/Youth Resource Collection](#)

Relationship between suicide and bullying examined

At this year's Federal Partners in Bullying Prevention Summit, a panel of researchers and anti-bullying advocates discussed the positive and negative effects of increased media coverage of bullying incidents culminating in suicide. Researchers emphasized that adolescent suicidal behavior is affected by a complex interaction of risk factors. A brief has been developed by the Suicide Prevention Resource Center (SPRC) that examines the relationship between suicide and bullying among children and adolescents. To see this brief, go to [Suicide-Bullying Brief](#)

Red Ribbon Art Contest

The Missouri Youth/Adult Alliance (MYAA)'s Annual Red Ribbon art contest has officially kicked off. Art students of all kinds (painting, drawing, photography, music, etc.) are encouraged to enter this statewide competition. Prizes, including an iPad, will be awarded to the winners from each grade. Get more information at www.actmissouri.org

SYSTEM SUPPORT

Request for Proposals

Show-Me-Careers is a new statewide initiative designed to increase inclusive employment opportunities for youth and young adults with intellectual/developmental disabilities who are

transitioning to employment from secondary or post-secondary educational settings.

The Show-Me-Careers Leadership Consortium is seeking proposals from community partnerships interested in increasing access to early work experiences and inclusive employment for youth and young adults (ages 16-30) with intellectual/developmental disabilities.

Selected pilot communities will receive up to \$65,000 over the 3.5 years of the project, as well as coaching and technical assistance.

Show –Me-Careers will host 9 Pre-Application Meetings at locations across Missouri. Although not mandatory, the sessions will provide helpful information in filling out the RFP. More information about these meetings can be found [here](#) along with an opportunity to RSVP.

To apply please visit: www.showmecareers.org. The complete Request for Proposals and application instructions can be found on the Show-Me-Careers website.

Applications are due by 4:30 pm on November 16, 2012.

Click [here](#) to sign up for project updates.

Please submit all questions electronically to: Oliver Burnette, Show-Me-Careers Project Director, burnetteo@umkc.edu University of Missouri Kansas City - Institute for Human Development

Conferences and Workshops

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(Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email civilrights@dese.mo.gov.

Guidance and Counseling Services **DIGEST**

Vol. 10, No.3

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September 7, 2012

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Announcements

Guidance System of Support (GSOS) Meetings

Engage in your profession and enhance your skills by attending these free professional development opportunities provided for all Missouri K-12 school counselors held at area career centers. The topic this fall is **"It's More Than Just a Calendar - Using Your Guidance Calendar and Calendar Developing Process to Enhance Your Level of Program Implementation and Success."** To learn more and register for a fall meeting in your area, go to [GSOS Registration](#).

Program Components

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CURRICULUM

From the Missouri Center for Career Education:

G&C 13.1399 J115.1 What Are My Rights? Third Edition Judge Tom Jacobs MINNEAPOLIS, MN, FREE SPIRIT PUBLISHING, 2011. BOOK. **Teens often have questions about the law, but they don't** always know where to turn for answers about youth rights. This book provides those answers, exploring more than 100 questions specifically discussing the legal rights of teens. This revised and expanded third edition of the book features: fresh facts and updated statistics about recent crime rates, notable juvenile court cases, state-by-state laws, and more; timely new questions and answers about topics including family, school, jobs, growing up, the legal system, and the consequences of breaking the law; a new chapter about youth rights online, from Facebook to file sharing; **"Think About It, Talk About It"** sections to spur conversation about teens and the law; a glossary of legal terms; charts detailing state-by-state laws on school attendance, cyberbullying, and other teen legal concerns. More information about other choices is available at <http://resources.mcce.org> or call at 800.392.7217.

INDIVIDUAL PLANNING

Missouri Connections: Did You Know?

Fall training is underway! Click on the [Fall Training Schedule](#) for dates, locations, and the training agenda. Contact User Support Services at jcoleman@motrainer.com or 573-634-0043.

Computing Visit Day

The Computer Science Information Systems @ Northwest Missouri State University cordially invites students and their parents to join them for Computing Visit Day, an educational / recruiting event for high school students interested in studying Computer Science on October 6, 2012. Register Online by October 3 at www.nwmissouri.edu/mathcsis/visitday. For more information contact Dr. Michael Rogers (michael@nwmissouri.edu 660-562-1551) or Ms. Jeanne Crawford (jcrawfo@nwmissouri.edu 660-562-1600)

Register Now

Help prepare your students for college by learning about the latest program developments, tools and resources available. To register for the FREE annual counselor workshop in your area go to [College Board Workshops](#)

RESPONSIVE SERVICES

A New On-Line Free Training Program

Missouri Partners in Prevention at MU has developed a new on-line free training program, sponsored by DMH, called Missouri Ask Listen Refer that is designed to provide Missourians with helpful suicide prevention information. It can be used in schools, youth groups, churches, etc. Essentially, the program would teach students, parents, and faculty and staff in schools how to ASK if someone is thinking about suicide, genuinely LISTEN to their response, and REFER them to help. It includes the facts about suicide, sample conversations, and resource lists for the state. You can find the program at <http://moasklistenrefer.org>.

“Identifying Effective Strategies to Prevent Bullying”

This workshop will be held on **Thursday, October 18, 2012 from 8:30 AM until 2:30 PM** at Tan Tar A, in Osage Beach, Mo. This workshop is sponsored by the Missouri School Boards Association (MSBA) and the Center for Educational Safety (CES). The cost is \$49 and space is limited. The Opening Keynote “**Bullying, Victimization and School Safety**” about the linkage between bullying and suicide will be presented by Scott Poland, Ed.D. a nationally known school psychologist. Break Out Sessions from which to choose include:

1. Olweus 101 – A Proven Bullying Prevention Strategy	2. Character Plus – A Whole School, Whole Child Comprehensive Approach
3. Green Dot - A Comprehensive Approach to Violence Prevention which Capitalizes on the Power of Peer and Cultural Influence	4. Building Bridges Between Schools and Busses
5. Bullying – The Legal Issues for Missouri Schools	6. Safeguarding Students and Preventing Tragedies

The Luncheon Keynote entitled “**Virtue Based Restorative Discipline**” will be presented by Lynn Lang, Coordinator of School Climate, Archdiocese of St. Louis Catholic Schools, talking about her research and adaption of this innovative model of bullying prevention in the Catholic schools in Missouri. You can register online for the conference at: <http://t.co/TWvw3EN8> CES also produces a newsletter with information that may be of value and can be viewed at [CES Newsletter](#)

SYSTEM SUPPORT

Career Education Coordinators (CECs)

We are fortunate to still have regional Career Education Coordinators to support your efforts to provide quality career education and guidance information. Whether you are seeking help with career education, Guidance System of Support, Breaking Traditions, non-traditional, STEM or individual planning information and templates, your regional CEC can provide excellent support. [CEC Contact Information](#)

The Guidance e-Learning Center: New Counselor Mentoring Information

If you are a new counselor and do not yet have a mentor, the Guidance e-Learning Center has contact information to help get the process started. To see the contact information go to the following: [Mentor Chair Contacts](#)

Invitation to participate in Pilot Study from the Office of College and Career Readiness:

Information regarding a pilot study during the 2012-2013 school year on the currently developed model curriculum units is available on the Department’s website. See Administrative Memo CCR-12-012 at [Pilot Study](#)

Missouri Association of Secondary School Principals (MASSP) Reports Scores Are Improving on ACT

“Regardless of what the media and the politicians say, in Missouri we are getting better and the ACT data

shows improvement. At face value the composite score of 21.6, appears we are “unchanged” and not improving.” To see the whole article, go to <http://blog.moassp.org/2012/08/24/act.aspx>

Counselors need to be sure to study their school reports on their ACT data- Disaggregate it--look at where there have been improvements, look what still needs to be done and consider what the guidance and counseling program can do to continue to support improvement in ACT scores

Conferences and Workshops

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MSCA Leadership Development Conference will be held on **September 22-23, 2012** at Tan-Tar-A Resort, Osage Beach, MO. To see more, go to [Leadership Conference](#)

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The Missouri Association of School Psychologists Fall Conference will be held on **October 11-12, 2012** at Drury Plaza Hotel at the Arch – Downtown St. Louis, MO. To see more, go to www.maspweb.org

2012 Missouri PLTW State Conference will be held on **October 26, 2012** at the St. Louis Marriott West. To see more about this event, go to <http://pltw.mst.edu/stateconf/>

2012 Missouri School Counselor Association (MSCA) Fall Conference will be held **November 4-6, 2012** at Tan-Tar-A. There will also be a Saturday Institute on November 3, 2012. To access information, go to [MSCA](#)

2012 Building Bridges Conference will be held on **November 11-13, 2012** at Tan-Tar-A Resort, Osage Beach, MO. To see more about the conference, go to [Building Bridges](#)

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573-751-4383

Announcements

Changes In The A+ Designation Process And Accelerated Designation Timeline

* Please note that this is the final opportunity to seek A+ designation and provide your students the potential to become eligible for the A+ scholarship program.

Any high school seeking to become A+ designated must:

- Complete the A+ Designation Checklist (located on the DESE A+ web page under Public Schools Seeking Designation- <http://dese.mo.gov/divimprove/aplus/index.html>),
- Implement the program in your high school, and
- Send the final Notification of Assurances form to the Department by **Friday, March 29, 2013.**

This means that your 2013 graduating seniors will be able to achieve scholarship eligibility, if they have met all the requirements of the A+ program.

The A+ Designation Checklist, already stated above, must be completed and placed in a file located in the high school by the time the assurances form is signed and sent to the Department next spring.

If you have questions, please contact Ingrid Caldwell at phone: 573 751-1394 or email: Ingrid.Caldwell@dese.mo.gov

Program Components

From time to time, resources that are brought to our attention through ASCA list-serves or other means that could be used as part of a comprehensive guidance and counseling program will be listed here. The readers are encouraged to investigate the resources and decide whether or not they are appropriate for their programs. Listing of these resources does not constitute endorsement by either the Guidance and Counseling Services Section or DESE.

CURRICULUM

The Guidance e-Learning Center: The "Box" is finally online!

The current collection of selected lessons is an updated version of "The Box," a collection of guidance and counseling lessons released for Missouri professional school counselors in 1998. These lessons have been revised and updated to function as a supplement to existing sample units. To access these lessons, go to

["The Box"](#)

INDIVIDUAL PLANNING

Missouri Connections: Did You Know?

Fall training is underway! Click on the [Fall Training Schedule](#) for dates, locations, and the training agenda. Contact User Support Services at jcoleman@motrainer.com or 573-634-0043.

Check out [What's New](#) for a quick skim of new enhancements.

Missouri Pork Youth Ambassador Program Scholarship Available

Students have the opportunity to earn a \$1000 scholarship! Applicants for the Missouri Pork Ambassador program must be a senior in high school up to a sophomore in college, as of January 1st of the year they will begin the program. It is a one year commitment, where ambassadors will attend the Missouri Pork Institute, Missouri Pork Classic golf tournament, Governor's Conference in Agriculture, Missouri State Fair, Taste of Elegance, and Missouri Pork Expo with all expenses paid.

The deadline for the application is December 14, 2012, and applicants chosen to interview will be notified January 4, 2013. Learn more about qualifications and opportunities with the Pork Ambassador Program at: www.mopork.com under the "Youth" tab.

Award For Women Interested In Computing And Technology

The National Center for Women & Information Technology (NCWIT) seeks high-school-level young women to apply for the **NCWIT Award for Aspirations in Computing!** The NCWIT Award for Aspirations in Computing honors young women who are active and interested in computing and technology, and encourages them to pursue their passions. Winners get cool prizes, gadgets, and scholarships, and can join a community of like-minded young, technical women.

ELIGIBILITY

National award-winners are selected from across the country and Affiliate Award competitions are available in many areas nationwide. All girls at all computing levels are encouraged to apply: we recognize aspirations as well as accomplishments!

Competition for the 2013 NCWIT Award for Aspirations in Computing is open to any U.S. high-school-level female (grades 9-12). Applications will be accepted beginning September 15, 2012, and must be submitted online at www.aspirationsaward.org no later than 11:59 PM ET on October 31, 2012. Winners will be announced December 10, 2012.

RESPONSIVE SERVICES

Children and Suicide Prevention the Topic of Fall 2012 Webinars from Well Aware

Portals to prevention to reduce suicide among America's youth will be focus for series of national webinars **beginning Sept. 27th**

Reducing youth suicide in America by better understanding how to interact with children who have suicidal thoughts is the focus of a new series of interactive webinars from Well Aware TM Wyoming, a suicide prevention educational and public awareness initiative designed specifically for school administrators, education policymakers and other professionals working with youth populations.

The series of three webinars includes understanding the mindset of a youth with suicidal ideation as key to helping them; knowing what to say and what to do to help suicidal youth; and forecasting which children, including those as young as 8 years old, may in time become suicidal.

All three webinars will run from 5:00-6:30 p.m. Eastern

To see more about the webinars or to register, go to <http://www.wellaware.org/webinars.php>

SYSTEM SUPPORT

Guidance System of Support (GSOS) Meetings

A Special Transmission was sent last week regarding the fall meeting topic of "It's More Than Just a Calendar - Using Your Guidance Calendar and Calendar Developing Process to Enhance Your Level of Program Implementation and Success." These professional development opportunities are designed for all K-12 school counselors! To learn more and register for fall meetings in your area, go to [GSOS Registration](#).

Program due to start next summer

Truman State University now has a State approved program for School Psychological Examiners. Classes are scheduled to begin during the Summer of 2013. For more information, contact

Christopher J. Maglio, Ph.D., Professor of Counseling, Truman State University
660-785-4403 phone / 660-785-4393 fax e-mail: cjmaglio@truman.edu

A Resource for Military Students in Your Schools

If you have military students attending your schools right now there is a website you can go to find information and assistance for those students? **Military OneSource** is a U.S. Department of Defense program that provides FREE resources and support to service members and their families anywhere in the world. The program is available 24 hours a

day, 7 days a week at no cost to users. Those resources are made available to those who work with military families. Please visit www.militaryonesource.com and view all the information available online. If you are interested in even more information, you can register for the website as a Service Provider and begin receiving FREE resources such as CD's, booklets and DVD's that can help you assist your military families. An example of the programs is Tutor.com, which is a FREE program that service member's children can access to get homework and study help from a professional tutor any time they need it. Expert tutors are online 24/7 and available to help in more than 16 subjects, including test prep, proofreading, Math, Science, English and Social Studies. For more information, please visit www.militaryonesource.com or call 1-800-342-9647 and connect yourself to FREE resources to assist the military kids in your area. To sign up for free monthly web tour, you can contact the Missouri Military OneSource representative, Amy Stephenson at 573-356-2153.

National High School Center Early Warning System Professional Development Training Series

Professional Development Training Series Available

The National High School Center's Early Warning System (EWS) team is pleased to announce a free, five-part Professional Development Training Series to coincide with the start of the 2012-13 school year. Each 30-minute training session will succinctly highlight different elements of the [Early Warning Intervention and Monitoring System \(EWIMS\) implementation process](#). Following each training, the EWS team will answer 20 to 30 minutes of questions through a free online chat within the [EWS Community of Practice](#) to continue the discussion and answer additional questions. The first session will be on Sept 28, 2012. To see more about the series, go to <http://www.betterhighschools.org/>

Conferences and Workshops

Living in the New Normal Institute: Helping Children Thrive Through Good and Challenging Times.

This event sponsored by the Military Child Education Coalition (MCEC) will be held on **October 3 and 4, 2012** at the Ramada Inn, 4016 Frederick Ave. Saint Joseph, MO 64506. Registration and Breakfast: 8:00 am—8:30 am-Institute Training: 8:30 am—4:00 pm including a working lunch.

For more information about this institute, please contact Myriam Virella at 254-953-1923 x 1119 or myriam.virella@MilitaryChild.org. Please visit www.MilitaryChild.org and click the **Training** tab to register.

The Missouri Association of School Psychologists Fall Conference will be held on **October 11-12, 2012** at Drury Plaza Hotel at the Arch – Downtown St. Louis, MO. To see more, go to www.maspweb.org

2012 Missouri PLTW State Conference will be held on **October 26, 2012** at the St. Louis Marriott West. To see more about this event, go to <http://pltw.mst.edu/stateconf/>

2012 Missouri School Counselor Association (MSCA) Fall Conference will be held **November 4-6, 2012** at Tan-Tar-A. There will also be a Saturday Institute on November 3, 2012. To access information, go to [MSCA](#)

2012 Building Bridges Conference will be held on **November 11-13, 2012** at Tan-Tar-A Resort, Osage Beach, MO. To see more about the conference, go to [Building Bridges](#)

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New-Missouri ACT State Organization Annual Conference will be held on **February 21, 2013** at Stoney Creek Inn, Columbia, MO To see more information, go to [ACT Conference](#)

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Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email civilrights@dese.mo.gov.

Guidance and Counseling Services **DIGEST**

Vol. 10, No. 5

Please forward this Digest to your colleagues.

October 5, 2012

The Guidance and Counseling Services Digest is used to transmit information pertaining to the four program components of the Missouri Comprehensive Guidance and Counseling Program: Curriculum; Individual Planning; Responsive Services; and System Support to professional school counselors, school administrators and staff at all levels and other interested personnel throughout the state.

The Guidance and Counseling Services Staff:

Bragg, Tom, John and Loree'

573-751-4383

Announcements

Bullying Workshop Coming Soon

The Missouri School Board Association (MSBA) and the Center For Education Safety (CES) are presenting *"Identifying Effective Strategies to Prevent Bullying Workshop"* to be held at Tan Tar A on October 18th. Scott Poland, a nationally recognized bullying prevention school psychologist is the opening keynote speaker. You can also learn about numerous effective strategies to prevent bullying in the school, on the bus, and in general in your communities. Costs are minimal. To learn more &/or register. Go to:

<http://tinyurl.com/CES-BullyingWorkshop2012> In addition, the October CES Newsletter is now up on their web site at the following address:

<http://www.moces.org/files/newsletter/CES%20Newsletter%20October%202012.pdf>

Program Components

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CURRICULUM

From Resources @ MCCE

G&C 13.0401 M552--Raise Them Up: the Real Deal On Reaching Unreachable Kids

Karrem Moody, Anitra Budd, MINNEAPOLIS, MN, SEARCH INSTITUTE, 2006. BOOK —
The author uses compelling and inspirational stories to show parents and caregivers how to positively redirect the lives of troubled adolescents. An ex-gang member and former unreachable teen, the author presents real accounts about failures and successes he has encountered as the program director of an inner-city youth program. More information about this resource is available at the website <http://resources.mcce.org> where the only cost to borrow resources is the return postage. If you have questions or comments, please contact them at resources@mcce.org or call them at 800.392.7217.

INDIVIDUAL PLANNING

Missouri Connections: Did You Know?

A number of enhancements have been made to provide some changes to the appearance and operation of familiar files and components, as well completely update information. To see **what's new for 2012-2013**, go to <http://www.missouriconnections.org/materials/whatsnew.htm>

Scholarship Opportunity

The Missouri Sheriffs Association is offering a scholarship to high school seniors who will be entering college in the 2012 Fall Semester. The scholarship, in the amount of \$1,000 dollars, will be presented to

sixteen college-bound Missouri high school seniors who will be attending a Missouri college or university and will be pursuing a career in Criminal Justice. Applicants must be in good standing with their school, have a good reference from their school counselor, demonstrate financial need, have a 2.0 GPA or greater, and be active in extra-curricular activities. Also required is a paragraph detailing the student's goals ten years after high school graduation.

Students interested in applying for the scholarship may go to <http://www.mosheriffs.com> to obtain the application; send an email to Karen Logan at karen@mosheriffs.com; or, contact the Missouri Sheriffs' Association and Training Academy, 6605 Business 50 West, Jefferson City, MO 65109, 573-635-5925, extension 100. Applications must be submitted by January 31, 2012.

U.S. Department of State Youth Exchange Scholarships for U.S. High School Students

The U.S. Department of State has announced scholarships for American high school students to study abroad including :

The National Security Language Initiative for Youth (NSLI-Y)-Applications for summer 2013 and academic year 2013-2014 programs are due November 1, 2012. Visit www.nsliforyouth.org for more information.

The Kennedy-Lugar Youth Exchange and Study (YES) Abroad Program-The application deadline is **January 10, 2013**. Visit the [YES Program's website](#) for more information.

The Congress-Bundestag Youth Exchange Program (CBYX) Scholarships are now available for academic year 2013-14; application deadlines vary by U.S. region and range from September 2012 to January 2013. For more information and application deadlines, visit the organization in charge of recruitment for your state at USAGermanyScholarship.org.

The American Youth Leadership Program offers opportunities for American high students and educators to travel abroad on a three- to four-week-long exchange program to gain first-hand knowledge of foreign cultures and to collaborate on solving global issues. Recruitment areas and application deadlines vary, so please check the [American Youth Leadership Program](#) website for more information.

A Free Upcoming Virtual College Fair For Latino Students And Families

In partnership with Univision, the country's largest Spanish-language television network, CollegeWeekLive will bring Hispanic families together with college admissions experts from over 100 colleges across the country to chat and ask questions about the college going process. Additionally, the event will offer live bilingual presentations from groups such as ACT, The College Board, U.S. Department of Education, Excelencia in Education to discuss financial aid, the college application process, scholarship opportunities for Latino students and more. This event will take place during Univision's Es El Momento Education Week on October 11, 2012 from 12 – 10 pm EDT.

A flyer to share with others is available at [Univision Virtual College Fair](#)

RESPONSIVE SERVICES

October is Bullying Prevention Month

There are many activities taking place this month to highlight efforts to prevent bullying. In addition, resources for this area are located at various places on the Internet. Among them are:

- StopBullying.Gov at <http://www.stopbullying.gov/index.html>
- Missouri School Violence Hotline at <http://www.schoolviolencehotline.com/index.htm>
- PACER Center (Parent Advocacy Coalition for Educational Rights) at <http://www.pacer.org/bullying/nbpm/>

Resource for Teachers from Suicide Prevention Resource Center

The Suicide Prevention Resource Center (SPRC) has created fact sheets for specific settings and roles to help reduce the risk of suicide among those with whom persons come in contact. Each fact sheet is customized to a particular circumstance, and includes:

- Scenarios persons may encounter
- Guidance in recognizing and responding to individuals who may be at risk of suicide
- Suicide prevention resources specific to **the persons'** audience

These revised fact sheets include updated data and resources and clear steps school professionals can take to respond to students at risk for suicide. Key components of a comprehensive school-based program to encourage staff to become more involved in suicide prevention are also listed. The fact sheet for High School teachers can be found at: <http://www.sprc.org/sites/sprc.org/files/Teachers.pdf>

SYSTEM SUPPORT

Importance of Calendaring to be stressed at GSOS Meetings

As demands on time increase, it becomes harder and harder to manage a comprehensive guidance and counseling program. Calendaring can help you to manage your many time demands and is the focus of Guidance System of Support meetings this fall. To see more about this, go to [Fall 2012 GSOS Meetings](#)

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Guidance and Counseling Services **DIGEST**

Vol. 10, No. 6

Please forward this Digest to your colleagues.

October 19, 2012

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The Guidance and Counseling Services Staff:

Bragg, Tom, John and Loree'

573-751-4383

Announcements

Request for information concerning MSIP 5 PK standards from Bragg Stanley:

As Missouri moves toward adopting Pre-K standards statewide, we need to look at adding this level to the guidance and counseling K-12 program. If your district has Pre-K standards in any area including guidance and counseling I am requesting you send them to me at Bragg.stanley@dese.mo.gov. Please send them as soon as possible, but no later than November 16th. We very much appreciate your assistance in this matter.

Administrators' Guidebook Now Available at e-Learning Center!!

This guide was developed to inform administrators around the state about comprehensive guidance and counseling programs and improving administrator-counselor communication and collaboration. This will enable them to support the successful implementation of a comprehensive guidance and counseling program that addresses the academic, career, and personal/social development of all students and supports the ongoing mission and vision of the district.

While the school counselors in a district are responsible for planning, designing, implementing, **evaluating and enhancing a district's comprehensive** guidance and counseling program, the administrator as instructional leader has a key role in providing leadership and support to ensure the full implementation of the program. To read or download a copy of the guide, go to <http://www.missouricareereducation.org/project/guideadmin/> and click on # 4 under Guidance & Counseling Tools and Resources.

Program Components

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CURRICULUM

Free Career Education Program available

Use the free career education program, **Grow**, to help students explore their talents and become successful in the workplace.

The **Grow: Career Handbook** was developed by First the Seed Foundation, an organization established to conduct education and outreach on the value of crops and food produced from seeds. **Grow** was reviewed by an Advisory Board of school counselors to ensure the most valuable content for your students.

The seed industry is at the forefront of innovations in developing food, fuel, and fiber for the growing world's population. It offers career opportunities for students with a variety of skills and interests in Management and Business; Science and Engineering; Agriculture and Forestry Production; and Education, Communication, and Government Services. To see more about this program, go to <http://www.firsttheseedfoundation.org/>

INDIVIDUAL PLANNING

Resource from Missouri Department of Higher Education (MDHE)

The [*Monthly Student Reminder*](#), an electronic resource produced by the Missouri Department of Higher Education, is packed full of postsecondary tips directed towards Missouri's students and their parents. Information presented in the Monthly Student Reminder covers a wide range of audiences, including recent college graduates and middle school students. The [October edition](#) of the Monthly Student Reminder is now available to view online.

2013 FAFSA Frenzy sites announced

For 2013 FAFSA Frenzy, 54 sites were selected based on strategic criteria such as community reach for target audiences, even distribution across the state, 2012 performance (if a repeat site) and other factors. **2013 FAFSA Frenzy site coordinators are also required to attend the MDHE's annual site coordinator meeting on Tuesday, Nov. 13 in Jefferson City.**

For additional information regarding the physical location and time of these events, please visit the MDHE website at <http://www.dhe.mo.gov/ppc/ffsites.php>. Or, if you are interested in serving as a 2013 FAFSA Frenzy volunteer, be looking for the online volunteer application which should be available later this month. Other questions regarding Missouri's 2013 FAFSA Frenzy program may be directed to [Jaron Vail](#), MDHE outreach services program specialist, [Julie Meyer](#), MDHE director of marketing, or [Lisa Wilson](#), MDHE outreach services coordinator.

Apprenticeships:

Do you have students who want to:

- Begin earning a paycheck from day one.
- Learn a skill or trade through on-the-job training and have the potential to earn college credit.
- Succeed in a long-term career while earning a competitive salary.
- Increase their wages as their skill level increases.
- Receive nationally recognized certifications.
- Gain valuable skills needed to succeed in their career.

If you do, apprenticeships may be a career option for them to consider. To find out more about apprenticeships, go to <http://missouriapprenticeship.com/>

RESPONSIVE SERVICES

Article with good view on bullying prevention

The article: "Joining Hands Against BULLYING." can be found in Educational Leadership. Oct 2012, Vol. 70 Issue 2, p26-31. It contains interesting ideas on how students, acting together, along with adult support can reduce bullying behaviors in the school. If you or your administrator receives this periodical, you can use it to discuss ways to deal with this issue.

SYSTEM SUPPORT

The Guidance and Counseling e-Learning Center: Information for Administrators

The materials listed in the administrator section on the e-Learning Center provide insights into the structure and potential of the Missouri Comprehensive Guidance and Counseling Program. This knowledge and understanding is the foundation for providing the leadership and support necessary to fully implement this program to positively impact schools and students. To see the materials, go to [Administrator Information and Resources](#).

Student contest on career development

The Missouri Career Development Association, a division of the American Counseling Association of Missouri (ACAM) and a chartered State Chapter of the National Career Development Association (NCDA). NCDA promotes career development through its annual celebration of National Career Development Month. Every November, career development professionals are encouraged to celebrate with career-related activities. In particular, NCDA sponsors an annual Poetry and Poster Contest. Specific guidelines for each type of entry are on the NCDA website at www.ncda.org.

Typically, a school coordinator, who is an individual in language arts or arts department or a school guidance counselor, is appointed and is responsible for receiving and reviewing entries. The school coordinator assigns a first, second, and third place winner after judging entries usually in collaboration with a team of educators, including a member of the language arts and/or arts department, parents, and a representative from business/industry in the community. Selection of judges is left to the discretion of the contest coordinators.

To participate in the state-level contest, school coordinators must mail entries to the state chair by December 5, 2012. First, second, and third place state-level winners will be sent to the National Contest and winners will be announced by April 17, 2013. For further questions, please contact the MoCDA State Coordinator: Marcie Schumert, Missouri Career Development Association, Webster University Career Services, 470. E. Lockwood Ave., St. Louis, MO, Zip: 63119, Phone: 314-246-7961 Email: marciaschumert39@webster.edu

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Guidance and Counseling Services

DIGEST



Vol. 10, No.7

Please forward this Digest to your colleagues.

NOV 2, 2012

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The Guidance and Counseling Services Staff:

Bragg, Tom, John and Loree'

573-751-4383

Announcements

Information Concerning MSIP 5

The MSIP 5 Resource and Process Standards and Indicators are in the November 1, edition of the Missouri Register. The November 1st edition of the *Missouri Register* is available for viewing on the Secretary of State's website. It may be viewed at the following link and the rule begins on page 1571.

<http://www.sos.mo.gov/adrules/moreg/current/v37n21/v37n21a.pdf>

The standards are open for a 30-day public comment period that began on November 1, 2012.

Comments can be submitted to the Department of Elementary and Secondary Education, Attention: Margie Vandeven, Assistant Commissioner, Office of Quality Schools, PO Box 480, Jefferson City, MO 65102-0480 or by email at: msip@dese.mo.gov. To be considered, comments must be received within thirty (30) days after publication of this notice in the Missouri Register. No public hearing is scheduled.

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CURRICULUM

The Guidance and Counseling e-Learning Center:

The Comprehensive Guidance Program curriculum framework is organized around three strands, Personal and Social Development, Academic Development and Career Development. Sample guidance units and lessons representing a complete set of units for each element of the guidance standards, K-12 are available at the Guidance and Counseling e-Learning Center are available at [Curriculum](#)

INDIVIDUAL PLANNING

Career Ready Practices

“The Career Ready Practices component of the Common Career Technical Core provides a framework for the developmental experiences necessary to becoming career ready-- experiences that can be “practiced” using many different approaches in a variety of settings. A student refines these practices throughout their full continuum of learning: through their journey in school, college, the workforce and when they return to advance their education. Each Career Ready Practice includes an overarching statement along with a more detailed description. Below are the 12 overarching statements: **These are knowledge and skills that develop over a lifetime and our elementary guidance and counseling programs help lay the foundations for the continued development of these knowledge and skills in middle school and high school and beyond. All of these skills align with the standards of the guidance and counseling curriculum, and “Plan Education and Career Paths aligned to**

personal goals” is the focus of the Individual Planning Component of our Guidance and Counseling Programs.

- Act as a responsible and contributing citizen and employee.
- Apply appropriate academic and technical skills.
- Attend to personal health and financial well-being.
- Communicate clearly and effectively and with reason.
- Consider the environmental, social and economic impacts of decisions.
- Demonstrate creativity and innovation.
- Employ valid and reliable research strategies.
- Utilize critical thinking to make sense of problems and persevere in solving them.
- Model integrity, ethical leadership and effective management.
- **Plan education and career paths aligned to personal goals.**
- Use technology to enhance productivity.
- Work productively in teams while using cultural global competence.

Additional Information can be found at: <http://www.careertech.org/career-technical-education/cctc/info.html>

Videos about Apprenticeships available:

The 21st Century Registered Apprenticeship Community of Practice members and partners share one goal – developing and maintaining a strong training model for all industries in need of skilled workers and for all workers and job seekers needing a leg up to a better life and long-term career.

The following website has videos to help you and your students learn more about apprenticeships:

<https://21stcenturyapprenticeship.workforce3one.org/page/home>

In addition, here is contact information for apprenticeship offices in Missouri:

Neil T. Perry Missouri State Director US Dept of Labor/Office of Apprenticeship 1222 Spruce St. Room 9.102E St. Louis, MO. 63103 Tel: 314 539-2522 FAX:314 539-3035 perry.neil@dol.gov	Roy Konkey Two Pershing Square 2300 Main St. Suite 1060 Kansas City MO, 64108 Tel: (816) 502-9093 Email: konkey.roy@dol.gov
Mike Smith Apprenticeship Training Consultant U.S. Department of Labor Office of Apprenticeship 901 St. Louis Street, Suite 200-12 Springfield, MO 65806 Tel: (417) 831-1693 Fax: (417) 868-8078 Email: smith.michael.d@dol.gov	

Students interested in energy related careers?

The Association of Energy Services Professionals Foundation recently launched myenergygateway.org to guide students toward an education and meaningful career path in energy.

Developed through a contract with the U.S. Department of Energy, the site provides a comprehensive list of colleges and technical institutions that offer degrees and certifications in alternative energy, energy efficiency, sustainability, green building design and more. Scholarships, internships, job options and an extensive industry resource list are also included. **Help your students find a rewarding and stable career – encourage them to check out myenergygateway.org.**

Educate Students About Workplace Discrimination:

The U.S. Equal Employment Opportunity Commission has released a video and accompanying classroom guide to educate working-age students about employment discrimination. The website is designed to teach students about some of their rights and responsibilities as an employee. Encourage them to use the

menu on the left on the website to learn about different types of discrimination affecting young workers and what they can do to help prevent discrimination in the workplace. To visit the website, go to <http://www.eeoc.gov/youth/>

RESPONSIVE SERVICES

ACT Missouri's Training and Resource Center

If you're in the need of drug & alcohol prevention materials (brochures, presentations, factsheets) be sure to visit ACT Missouri's free library of resources. This statewide training and resource center features materials from SAMHSA and The Partnership at Drugfree.org, as well as presentations on the latest drug trends, underage drinking, and mental health awareness. Contact ACT Missouri at [ACTMO](http://www.actmo.org) or 877.6669.2280

Free Suicide Prevention Toolkit:

The U.S. Substance Abuse and Mental Health Services Administration has developed a free downloadable toolkit, "Preventing Suicide: A Toolkit for High Schools." The toolkit "Assists high schools and school districts in designing and implementing strategies to prevent suicide and promote behavioral health. It includes tools to implement a multi-faceted suicide prevention program that responds to the needs and cultures of students." To see more about this or to download the kit, go to [Suicide Prevention Toolkit](#)

SYSTEM SUPPORT

A Professional Organization To Consider

The Missouri Career Development Association, (MoCDA) is a professional association that serves to connect career development professionals who live in Missouri and the metro St. Louis area of Illinois and metro Kansas City area of Kansas. MoCDA is a Division of the American Counseling Association of Missouri (ACAM) and a chartered State Chapter of the National Career Development Association (NCDA). It is comprised of school counselors, college counselors, individual practitioners, students and career consultants in organizations and companies. If you are interested in learning more about MoCDA, please check out their website at: <http://www.mo-cda.org/membership-application.html> or contact Marcie Schumert at marciaschumert39@webster.edu.

Conferences and Workshops

2012 Building Bridges Conference will be held on **November 11-13, 2012** at Tan-Tar-A Resort, Osage Beach, MO. To see more about the conference, go to [Building Bridges](#)

Missouri Coordinated School Health Conference will be held **November 29 - December 1, 2012** at Lodge of Four Seasons Resort, Lake Ozark, Mo. Information: [School Health Conference](#)

The Missouri Substance Abuse Prevention Network and ACT Missouri 2012 Prevention Conference

The conference will be held from **December 4-5, 2012** (with a special preconference on December 3), at the Lodge of Four Seasons in Lake Ozark, MO. Get more information here: [Conference](#)

Missouri ACT State Organization Annual Conference will be held on **February 21, 2013** at Stoney Creek Inn, Columbia, MO To see more information, go to [ACT Conference](#)

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Guidance and Counseling Services

DIGEST



Vol. 10, No.8

Please forward this Digest to your colleagues.

NOV 16, 2012

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The Guidance and Counseling Services Staff:

Bragg, Tom, John and Loree'

573-751-4383

Announcements

Universal Encouragement Program (UEP)

Over 35 schools from across the state have joined the UEP pilot program! December 4 is the sign up deadline for this free, online, student assessment, data collection system. Please refer to the November 13 Special Transmission for details. Contact Tom Schlimpert at tom.schlimpert@dese.mo.gov or 573-751-6875 for more information or to join the pilot project.

Information Concerning MSIP 5

The MSIP 5 Resource and Process Standards and Indicators are in the November 1, edition of the Missouri Register. The November 1st edition of the Missouri Register is available for viewing on the **Secretary of State's website**. It may be viewed at the following link and the rule begins on page 1571.

<http://www.sos.mo.gov/adrules/moreg/current/v37n21/v37n21a.pdf>

The standards are open for a 30-day public comment period that began on November 1, 2012.

Comments can be submitted to the Department of Elementary and Secondary Education, Attention: Margie Vandeven, Assistant Commissioner, Office of Quality Schools, PO Box 480, Jefferson City, MO 65102-0480 or by email at: msip@dese.mo.gov. To be considered, comments must be received within thirty (30) days after publication of this notice in the Missouri Register. No public hearing is scheduled.

Notice About Graduation Handbook:

The Graduation Handbook is currently being updated and has been pulled off the department's website. Graduation requirements have not changed and are still in effect.

Program Components

From time to time, resources that are brought to our attention through ASCA list-serves or other means that could be used as part of a comprehensive guidance and counseling program will be listed here. The readers are encouraged to investigate the resources and decide whether or not they are appropriate for their programs. Listing of these resources does not constitute endorsement by either the Guidance and Counseling Services Section or DESE.

CURRICULUM

Missouri Connections-Did You Know?

With your support, the use of Missouri Connections continues to grow! We appreciate all those who attended the fall trainings and continue to learn more about this dynamic program.

Log-in and check out the [Tools for Counselors and Teachers](#) for more information regarding:

- Tutorials
- Career focused lesson plans for a wide range of subject areas

- Information on administrating the CIS assessments
- Curriculum Plan Implementation Framework

Contact: User Support Services at jcoleman@motrainer.com or 573-634-0043
Tom Schlimpert at Tom.schlimpert@dese.mo.gov or 573-751-6875

INDIVIDUAL PLANNING

From ACT: ACT Test Security Requirements Update

ACT recognizes and appreciates the important role you play in preparing students for the ACT. You may be aware ACT has been implementing new test security requirements, including the provision of a photo with the student's test registration. Photos will be used for identification purposes on test day and on the student's high school score report.

If you have students who are testing in December, the photo upload deadline is 12 noon, central time, December 4. If students miss this deadline, their registration will be cancelled and they will not be allowed to test. This policy will be strictly enforced.

If your students have questions about providing a photo, you can refer to our [photo submission requirements](#) for more information. This page also includes photo deadline dates for all future 2012-13 national test dates.

If you have further questions about our test security policies, you can visit www.act.org/idenhancements.

Information on military

As counselors, part of the job is to provide information on many different career opportunities including military service. The following website provides information that can help educate both counselors and their students about considering military service as a viable career option. To see the information, go to <http://www.military.com/join-armed-forces>

Lessons from the Swiss apprenticeships

An article in Time magazine has information to consider about the possible value of apprenticeships for those wishing to follow that route. As the article mentions, "As young Americans contemplate the immense cost (and considerable indebtedness) involved in a college education, it may be worthwhile to consider the options available to the Swiss—and whether they are worth importing into the U.S. In Switzerland, even though university education is free, the vast majority of students opt for a vocational training instead." To read the article, go to: <http://world.time.com/2012/10/04/who-needs-college-the-swiss-opt-for-vocational-school/#ixzz2CELv8jTT>

Soft skills important for college too

For some time there has been an emphasis on the importance of "soft skills" for those seeking and then progressing in their employment. An current article in *Education Week* indicates those skills are also important to students attending college and the successful completion of their course of study. To see the article, go to [College and Soft Skills](#)

RESPONSIVE SERVICES

Participation in survey requested

The Missouri Behavioral Health Alliance (MO BHA) is a partnership between community behavioral health services, state government agencies and Army One Source, addressing the mental health needs of service members, Veterans and their families. MO BHA is looking for your help in identifying the services for military families across the state by taking a six question, confidential survey. Please use the following link: <https://survey.dmh.missouri.gov/MeetingTheNeedsOfMilitaryChildrenSurvey.aspx>. Thank you

Be a Part of National Drug Facts Week

To help teens shatter the myths about drugs, the National Institute on Drug Abuse developed National Drug Facts Week, Jan. 28-Feb. 3, 2013. Get involved and register for National Drug Facts Week to help raise awareness. To see more, go to <http://www.drugfactsweek.drugabuse.gov/>

SYSTEM SUPPORT

Guidance System of Support (GSOS)

Thank you for making the fall GSOS calendaring meetings a great success! The fall evaluation and all GSOS materials and can be found at [Guidance System of Support](#) Please complete the evaluation, including your suggestions for the spring agenda.

Contact your regional Career Education Coordinator at [CEC Contact Information](#) for more information about calendars and support with any GSOS topics.

Conferences and Workshops

Missouri Coordinated School Health Conference will be held **November 29 - December 1, 2012** at Lodge of Four Seasons Resort, Lake Ozark, Mo. Information: [School Health Conference](#)

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SAVE THE DATE FOR MILITARY CAREER PATHWAYS 101!

As of now, Military Career Pathways 101 (MCP 101) is scheduled for June 17-19 2013. Last year, due to a **reorganization of the US Army's structure** and procedures for approving sponsored activities, there were delays and then a change in dates resulting in few school personnel being able to take part. We should know in January or February of 2013 if MCP101 has been approved. If it is approved, we will let interested personnel know what they will need to do in order to participate. Thanks to all who expressed interest last year and we hope you will participate if this comes to fruition.

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Guidance and Counseling Services **DIGEST**

Vol. 10, No.9

Please forward this Digest to your colleagues.

NOV 30, 2012

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The Guidance and Counseling Services Staff:

Bragg, Tom, John and Loree'

573-751-4383

Announcements

Universal Encouragement Program (UEP)

We are thrilled that 55 schools from across the state have joined the UEP pilot program! December 4 is the sign up deadline for this free, online, student assessment, data collection system. Please refer to the November 13 Special Transmission for details. Contact Tom Schlimpert at

tom.schlimpert@dese.mo.gov or 573-751-6875 for more information or to join the pilot project.

Program Components

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CURRICULUM

The Stop Light Method:

Click on the link to see a quick and easy way to evaluate the immediate impact of a guidance lesson:

<https://www.teachingchannel.org/videos/daily-lesson-assessment?resume=0>

INDIVIDUAL PLANNING

Missouri Connections-Did You Know

Two valuable Missouri Connection resources are found in the Tools for Counselors and Teachers section inside the program:

[Career Plan Implementation Framework](#)  - This provides a suggested outline of career development activities for grades 8-12 that provides a framework which addresses the when and how to implement components of Missouri Connections.

[Missouri Connections Training Manual](#)  - This is a rich resource, "how to" manual for Missouri Connections that provides an abundance of both technical and instructional information beyond the tutorials. Contact: User Support Services at jcoleman@motrainer.com or 573-634-0043 or

Tom Schlimpert at Tom.schlimpert@dese.mo.gov or 573-751-6875

Volunteers Needed for 2013 FAFSA Frenzy Events

Help the Missouri Department of Higher Education in Building Missouri's future...by degrees by [volunteering](#) at a 2013 FAFSA Frenzy Site across the state. These important events will assist Missouri's students and families in submitting their 2013-2014 [FAFSA](#), helping them achieve their educational dreams. With events in 37 counties and spanning 15 dates, plenty of opportunities exist for you to volunteer at a location and time convenient for you.

A toll-free volunteer support line, courtesy of Missouri Higher Loan Authority ([MOHELA](#)), will be available to assist sites on the main event date of Sunday, Feb. 17, by helping to answer any of the more sticky questions that invariably arise.

To find the right opportunity for you, review the [complete list of sites](#), including the toll-free volunteer support line, or visit the MASFAP [Show-Me to College events database](#) to search by county, city, date, or other criteria. To complete the online volunteer registration form, visit [Volunteer Survey](#).

You do not need to be a FAFSA expert to volunteer. FAFSA Frenzy sites need volunteers to perform tasks such as staffing a registration table, directing parking or setting up refreshments. Site coordinators at each 2013 FAFSA Frenzy site will determine event logistics and establish needed jobs accordingly. So, please consider volunteering for this event.

If you are interested in volunteering at one of Missouri's 2013 FAFSA Frenzy sites and would like to receive line-by-line training on the [FAFSA](#), training opportunities will be announced closer to the end of this calendar year.

If you have any questions regarding FAFSA Frenzy, you may contact [Jaron Vail](#), MDHE outreach services program specialist, [Julie Meyer](#), MDHE director of marketing, or [Lisa Wilson](#), MDHE outreach services coordinator.

RESPONSIVE SERVICES

ED and U.S. Department of Justice Revise Parent's Guide to Drug Prevention

[Growing up Drug-Free: A Parent's Guide to Prevention \(2012\)](#) has been released! The U.S. Department of Justice partnered with the U.S. Department of Education to revise this publication that was originally published in 1998. The 55-page booklet is organized in 6 major sections: 1) How This Book Will Help You? 2) What Substances Do Kids Use? 3) Why Do Kids Use Drugs? 4) How Do I Teach My Child About Drugs? 5) What If I Think My Child is Using Drugs? 6) Resources. Parents and caregivers will find this publication a user-friendly and valuable guide for what to do and how to communicate about the harmful effects of illicit drugs and alcohol to children from elementary through high school.

This publication, and other related resources is online in the publications section of: www.getsmartaboutdrugs.com

Webinar: Moving from Awareness to Action in Bullying Prevention: Training Resources for the Field

The Federal Partners in Bullying Prevention Webinar Series presents: Moving from Awareness to Action in Bullying Prevention: Training Resources for the Field. The free webinar is scheduled for Wednesday, December 5, 2012 from 3-4 pm EST. Registration Link: <http://1.usa.gov/U5EcyG>
Participants will learn:

- Community strategies that can be used to prevent and respond to bullying, including tips to mobilize all stakeholders
- How to use three new federal resources to educate community leaders about bullying prevention best practices, misdirections and action planning
- How to organize a community event to address bullying and develop local solutions

There will also be an opportunity to have questions answered!

SYSTEM SUPPORT

Data Requests:

From time to time, we are requested to provide data i.e. e-mail addresses, etc., that we do not have and to which we do not have access. We ask that you use the form at:

<https://k12apps.dese.mo.gov/webapps/datarequestform/requestform.aspx> to request special reports from the Department.

You are encouraged to first explore the Missouri Comprehensive Data System portal, which can be accessed at <http://mcds.dese.mo.gov/Pages/default.aspx>, as a number of resources are available that could satisfy your request. Please note that staff time may be limited; please be patient, and allow at least three business days for notification regarding the status of your request.

Conferences, Workshops, and other events:

The Missouri Substance Abuse Prevention Network and ACT Missouri 2012 Prevention Conference

The conference will be held from **December 4-5, 2012** (with a special preconference on December 3), at the Lodge of Four Seasons in Lake Ozark, MO. Get more information here: [Conference](#)

Missouri ACT State Organization Annual Conference will be held on **February 21, 2013** at Stoney Creek Inn, Columbia, MO To see more information, go to [ACT Conference](#)

MSCA Spring Conference will be held **on March 1, 2013** at Capitol Plaza Hotel in Jefferson City. To see more information about the conference as it becomes available, go to <http://www.moschoolcounselor.org/>

New!!-Save the Date: Webinar—Introduction to the Advanced Placement (AP) Program on Wednesday, February 13th 3:30 to 4:30 PM

Join Christina Silvis from the College Board for an introduction to the AP Program. This will be of particular interest to schools that do not yet have an AP Program and would like to explore starting one.

Counselors, Principals, and Teachers are encouraged to attend. Topics to be covered:

- | | |
|---|--|
| 1. Why have AP and how does it support MSIP Standards | 2. Dispelling Myths around AP |
| 3. Costs of AP | 4. Identifying students for AP |
| 5. Methods of Delivery (in house/on-line) | 6. Preparing teachers to teach AP (PD opportunities) |
| 7. Resources for Implementing AP | 8. How to get started |

Additional information will be available after the new year, but we hope you will put this on your calendar and join this informative program.

Save The Date For Military Career Pathways 101!

As of now, Military Career Pathways 101 (MCP 101) is scheduled for **June 17-19 2013**. Last year, due to a **reorganization of the US Army's structure** and procedures for approving sponsored activities, there were delays and then a change in dates resulting in few school personnel being able to take part. We should know in January or February of 2013 if MCP101 has been approved. If it is approved, we will let interested personnel know what they will need to do in order to participate. Thanks to all who expressed interest last year and we hope you will participate if this comes to fruition.

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Guidance and Counseling Services

DIGEST



Vol. 10, No.10

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DEC 14, 2012

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The Guidance and Counseling Services Staff:

Bragg, Tom, John and Loree'

573-751-4383

Announcements

From Bragg Stanley, Director, Guidance and Counseling Services:

I have been reviewing comments and suggestions from our Fall GSOS meetings and I was energized by just reading them! The comments reinforce the GSOS concept as a way to deliver high quality professional development and that our Career Education Coordinators are doing an outstanding job of facilitating these meetings.

I encourage everyone to attend the Spring GSOS meetings and more detail will follow. For now, I just want to reinforce with you that the main purpose of the Guidance System of Support is to provide time for school counselors to learn and support one another in their efforts to improve their guidance and counseling programs. At times there may be a topic presented in which YOU have some ideas and good resources—we want you there to share with others—we want our expertise to come from the field and be “home-grown.” **The more we can build a strong, state-wide collaborative network** through working and sharing together—Here at the Department through GSOS, MSCA, and our Counselor Educators, the greater the opportunity we will have to move all of our guidance and counseling programs forward.

Happy Holidays

The Guidance and Counseling Staff want to wish each and every one of you a joyous and safe holiday season. We appreciate all that you do for the students of Missouri through your hard work to fully implement your comprehensive guidance and counseling programs.

We look forward to continuing to work with you in the New Year.

Best Wishes to All from Bragg, Tom, Loree' and John

Program Components

From time to time, resources that are brought to our attention through ASCA list-serves or other means that could be used as part of a comprehensive guidance and counseling program will be listed here. The readers are encouraged to investigate the resources and decide whether or not they are appropriate for their programs. Listing of these resources does not constitute endorsement by either the Guidance and Counseling Services Section or DESE.

CURRICULUM

Missouri Connections Curriculum

The Missouri Connections Curriculum contains 173 lesson plans and three curriculum units that support integration of Missouri Connections into multiple classroom settings. You can search these lessons by subject area, grade level, and more broad categories. Written for grades 8-12, many of these lessons are appropriate for use with younger students with minor modifications. Lessons include PowerPoint Presentation, fillable PDF worksheets, and fillable scoring rubrics.

This curriculum is designed as a set of stand-alone units that teachers can use separately or in combination to meet class objectives. You have a number of options for locating activities that fit your needs. Use the Missouri Connections career planning framework, the National Career Development Guidelines, or the American School Counselor Association national student standards to search for activities by organizationally defined goals.

Since career development is an on-going, lifelong process, our career development framework defines five steps that recur at various developmental stages throughout secondary education, especially when using these lessons. This framework is a part of your **school's comprehensive guidance and counseling** program and focuses upon self-awareness, exploration, analysis, goal-setting, and planning.

The lessons are coded and grouped into units of curriculum at three development levels: **Getting Started** (grades 8-9), **Looking Deeper** (grades 10-11) and **Next Steps** (grade12)

Teachers can use these units independently or in combination to meet overall class objectives. They may combine the units with other materials for a term-long class. Alternatively, since the lessons are developmentally organized, you could use the three units in order to create a term-long class. Teachers can collaborate with their school counselors and plan team teaching activities as well.

Missouri Connections also includes 611 lesson plans, grouped by subject area and CTE area, which help infuse career information and career development concepts into various secondary subject areas. Missouri Connections encourages the duplication of all of our printed activities for classroom and instructional purposes.

To access the Missouri Connections curriculum:

Go to <http://www.missouriconnections.org/>

1. **Log into the program at the upper left hand corner of the home page using your school site User Name and Password or the demonstration site login codes below:**
2. **Username: hssitedemo**
3. **Password: 4hstraining**
4. **Click on the "Tools for Counselors and Teachers" link on the right hand side.**
5. **Scroll down to "Classroom Activities."**
 - Note the 173 lesson plans in the **CIS Curriculum** and the 611 **Practical Learning Activities** immediately below.
 - The **JR version** provides an additional 300 classroom activities.

For more information, please contact: Tom Schlimpert Missouri Connections
DESE Guidance and Counseling Tom.schlimpert@dese.mo.gov 573-751-6875

INDIVIDUAL PLANNING

Information on Post-Secondary Options

This is a brief listing of websites for information on all post-secondary options. Missouri Connections, Missouri's web-based educational and career planning tool, can assist you and your students in exploring careers and finding the best educational route for achieving career goals.

- Registered Apprenticeships: <http://www.missouriapprenticeship.com/>
- U.S. Military: <http://www.usmilitary.com/>
- Community Colleges: <http://www.aacc.nche.edu/Pages/default.aspx>
- Technical Schools: <http://www2.ed.gov/students/prep/college/consumerinfo/index.html>
- 4-year Colleges: <http://www.dhe.mo.gov/>
- Missouri Connections: www.missouriconnections.org

RESPONSIVE SERVICES

December- Legislative Updates

Wondering how the upcoming legislative session will impact the field of substance abuse, schools, or Missouri youth? ACT Missouri distributes a weekly legislative update email where you'll get a summary of the bills pertinent to youth, their progress, or places that they've stalled. Sign up by contacting ACT Missouri at: info@actmissouri.org or 877.6669.2280

Resources for military connected children:

In Missouri, we have many children whose parents/guardians serve in the United States Armed Forces.

As a result of that service, often entailing frequent transitions and separations, these children are subjected to stresses that many of us in education may not realize nor know how to deal with when the children exhibit various behavioral signs indicating stress.

The Waynesville, Mo School District, because of its proximity to Fort Leonard Wood, deals with military connected children on a regular basis and has put in place a number of programs/initiatives to help those children. To learn more about what Waynesville is doing, contact John Smith Director of Special Services, Waynesville R-VI School District, 200 Fleetwood Drive, Waynesville, MO 65583--Phone: (573)-774-6407--E-Mail: JSmith@waynesville.k12.mo.us

SYSTEM SUPPORT

School-wide Positive Behavior Support (SW-PBS)

SW-PBS is a process for creating safer and more effective schools by structuring the learning environment to support the academic and social success of all students. The process supports the adoption and long-term implementation of efficient and effective discipline throughout the school environment. SW-PBS methods are research-based, proven to significantly reduce the occurrence of problem behaviors in schools and supported by a three-tiered model.

Missouri School-wide Positive Behavior Support (MO SW-PBS) assists schools and districts in establishing and maintaining school environments where the social culture and behavioral supports needed to be an effective learning environment is in place for all students.

A resource page for counselors, a vital part of SW-PBS, has been created and can be accessed at <http://pbissmissouri.org/educators/counselors-resources>

Conferences and Workshops

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