



School Information: Variety of fresh and canned fruit plus a variety of fat free milk offered daily!



Fitness Tip: Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Monday



Tuesday

Wednesday

Thursday

Friday

Hot Dog **4**
Golden Corn
Snickerdoodle Cookie

Salisbury Steak **5**
Whipped Potatoes
Steamed Carrots
Breadstick

Chicken Fried Rice **6**
Veggie Egg Roll

Nachos Supreme **7**
Salsa
Spicy Pinto Beans

Bosco Sticks **8**
Marinara Sauce
Caesar Salad

Chicken Nuggets **11**
Mac & Cheese
Steamed Broccoli

BBQ Rib **12**
Baked Beans
Celery Sticks

Ground Beef **13**
Stroganoff
Dinner Roll
Steamed Carrots

Chicken Chili **14**
Crispito
Cheese Sauce
Steamed Green Beans

Pepperoni **15**
Lil' Bites
Marinara Sauce
Golden Corn

No School **18**
Staff Development

Taco Burger **19**
Or
Sloppy Joe
Refried Beans
Mexicali Corn

Chic' Penne **20**
Garden Salad
Rice Chex Bars

Toasted Cheese **21**
Tomato Soup
Carrot & Celery Sticks
Ranch

Tony's Pizza **22**
Steamed Green Beans

Cheesy Chicken **25**
Burrito
Salsa
Spicy Pinto Beans

Meatball Sub **26**
Steamed Broccoli
Hartzels

Chicken Patty **27**
Whipped Potatoes
Steamed Green Beans
Dinner Roll

Beef Fingers **28**
Rotini with Tomato Sauce
California Blend Veggies

Chicken Quesadilla **29**
Garden Salad



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