



School Information: Variety of fruit and flavored or unflavored milk offered daily!



Nutrition Tip: Make Fruit More Appealing: Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries

Monday

Hot Dog **1**
Golden Corn
Snickerdoodle Cookie

Tuesday

Salisbury Steak **2**
Whipped Potatoes
Steamed Carrots
Breadstick

Wednesday

Chicken Fried Rice **3**
Vegetable Egg Roll

Thursday

Nachos Supreme **4**
Salsa
Spicy Pinto Beans

Friday

Bosco Sticks **5**
Marinara Sauce
Caesar Salad

Chicken Nuggets **8**
Mac & Cheese
Steamed Broccoli

BBQ Rib on Bun **9**
Baked Beans
Celery Sticks

Ground Beef **10**
Stroganoff
Seasoned Carrots
Dinner Roll

Chicken Chili **11**
Crispito
Cheese Sauce
Steamed Green Beans

Pepperoni **12**
Lil' Bites
Marinara Sauce
Golden Corn

Ham & Cheese **15**
on
Pretzel Bun
Potato Wedges

Taco Burger **16**
Or
Sloppy Joe
Refried Beans
Mexicali Corn

Chic' Penne **17**
Garden Salad
Rice Chex Bars

Toasted Cheese **18**
Tomato Soup
Carrot & Celery Sticks
Ranch

Tony's Pizza **19**
Steamed Green Beans

Cheesy Chicken **22**
Burrito
Salsa
Spicy Pinto Beans

Meatball Sub **23**
Steamed Broccoli
Hartzels

Chicken Patty **24**
Whipped Potatoes
Steamed Green Beans
Dinner Roll

Beef Fingers **25**
Rotini with Tomato Sauce
California Blend Veggies

Chicken Quesadilla **26**
Garden Salad

Baked Potato Bar **29**
(Ham, Cheese & Broccoli)
Soft Pretzel Twist

