

LUNCH MENU - PARKVIEW SCHOOL#11
OCTOBER - 2016 (K - 8)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Fajitas/Sour Cream Peas Broccoli Brown Rice Mixed Fruit Milk	4 Chicken Rice Soup Ham and Cheese Sandwich Tossed Salad/Italian Dressing Pineapple Ice Cream Milk	5 Spaghetti & Meat Sauce Garbanzo Beans Peaches Milk	6 BBQ Chicken Green Beans Coleslaw WG Bread/Margarine Applesauce Milk	7 Macaroni & Cheese Cornbread/Margarine Carrots Stewed Tomatoes Pears Milk
10 Honey Lemon Chicken Baked Sweet Potato Broccoli Brown Rice Pilaf Mixed Fruit Milk	11 Sloppy Joe Tossed Salad/Ranch Dressing Corn Peaches Milk	12 Chicken Taco Salad Refried Beans Brown Rice Apricots Milk	13 BBQ Chicken Sandwich Coleslaw Three Bean Salad Mandarin Oranges Milk	14 Tuna Noodle Casserole Peas & Carrots WG Bun/Margarine Fresh Orange Milk
17 Chicken Parmesan Peas Garlic Toast Mandarin Oranges Milk	18 Chicken a la King Brown Rice Carrots Mixed Fruit Milk	19 Turkey Hot Dog Coleslaw Baked Beans Apricots Ketchup Milk	20 STAFF PROFESSIONAL DEVELOPMENT DAY	21 STAFF PROFESSIONAL DEVELOPMENT DAY
24 Chicken & Dumplings Broccoli Corn Cornbread Muffin/Margarine Fruit Cocktail Milk	25 Rodeo Macaroni Carrots Pineapple Milk	26 Western Eggs Baked Beans Cherry Tomatoes Cornbread/Margarine Mandarin Oranges Milk	27 Beef & Bean Tamale Pie Sour Cream Green Beans Brown Rice Applesauce Milk	28 Chicken Salad Sandwich Lettuce, Tomato, Cheese Salad Italian Dressing Three Bean Salad Banana Milk
31 Cheese Pizza Tossed Salad/Ranch Dressing Raisins Apple Juice Milk				

* ITEMS SUBJECT TO CHANGE DEPENDING ON AVAILABILITY

This institution is an equal opportunity provider.

LUNCH MENU - PARKVIEW SCHOOL#11
OCTOBER - 2016 (9 - 12)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Fajitas/Sour Cream Peas Broccoli Brown Rice Mixed Fruit Raisins Milk 3	Chicken Rice Soup Ham and Cheese Sandwich Tossed Salad/Italian Dressing Pineapple Ice Cream Milk 4	Spaghetti & Meat Sauce Garlic Toast Garbanzo Beans Peaches Applesauce Milk 5	BBQ Chicken Green Beans Coleslaw WG Bread/Margarine Applesauce Milk 6	Macaroni & Cheese Cornbread/Margarine Carrots Stewed Tomatoes Pears Orange Juice Milk 7
Honey Lemon Chicken Baked Sweet Potato Broccoli Brown Rice Pilaf Mixed Fruit Milk 10	Sloppy Joe Tossed Salad/Ranch Dressing Corn Peaches Banana Milk 11	Chicken Taco Salad Refried Beans Brown Rice Apricots Milk 12	BBQ Chicken Sandwich Coleslaw Three Bean Salad Mandarin Oranges Chocolate Pudding Cup Milk 13	Tuna Noodle Casserole Peas & Carrots WG Bun/Margarine Fresh Orange Milk 14
Chicken Parmesan Peas Garlic Toast Mandarin Oranges Vanilla Pudding Milk 17	Chicken a la King Brown Rice Carrots Mixed Fruit Milk 18	Turkey Hot Dog Coleslaw Baked Beans Macaroni Salad Apricots Ketchup Milk 19	20 STAFF PROFESSIONAL DEVELOPMENT DAY	21 STAFF PROFESSIONAL DEVELOPMENT DAY
Chicken & Dumplings Broccoli Corn Cornbread Muffin/Margarine Fruit Cocktail Milk 24	Rodeo Macaroni Garlic Toast Carrots Pineapple Milk 25	Western Eggs Baked Beans Cherry Tomatoes Cornbread/Margarine Mandarin Oranges Milk 26	Beef & Bean Tamale Pie Sour Cream Green Beans Brown Rice Applesauce Milk 27	Chicken Salad Sandwich Lettuce, Tomato, Cheese Salad Italian Dressing Three Bean Salad Banana Fruit Cup Milk 28
Cheese Pizza Macaroni Salad Tossed Salad/Ranch Dressing Raisins Apple Juice Milk 31				

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