

# CLARKTON

## CLARKTON OCTOBER LUNCH MENU

Sep 15, 2016

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Monday	Tuesday	Wednesday	Thursday	Friday
3 GRILLED CHEESE SANDWIC GREEN BEANS APPLESAUCE PICKLES MILK	4 CHICKEN QUESADILLA REFRIED BEANS CARROT STICKS PEARS MILK	5 CHICKEN ALFREDO GARLIC TOAST GARLIC SALAD BROCCOLI W/CHEESE SAUC APPLES MILK	6 CHILI CRACKERS CHEESE STICK BROCCOLI PEACHES MILK	7 SLOPPY JOE PEAS & CARROTS MIXED FRUIT MILK
10 NO SCHOOL TODAY	11 BEEF TACO PIE REFRIED BEANS GREEN BEANS APPLESAUCE MILK	12 COUNTRY FRIED STEAK MASHED POTATOES GREEN PEAS ROLL PEARS MILK	13 BEEF STROGANOFF BROCCOLI SWEET POTATOES MIXED FRUIT MILK	14 HAMBURGER ON A BUN POTATO WEDGES CARROTS PICKLES BLUEBERRIES MILK
17 BURRITO SALSA CORN PEARS MILK	18 BEEF VEGETABLE SOUP CHEESE STICK CELERY STICKS CRACKERS STRAWBERRIES MILK	19 TUNA SALAD SANDWICH CARROTS BLUEBERRIES PICKLES MILK	20 SPAGHETTI BROCCOLI APPLES GARLIC TOAST MILK	21 PORK BBQ NACHOS BAKED BEANS GREEN BEANS PEACHES MILK
24 GROUND BEEF & MACARON GREEN PEAS ROLL BLUEBERRIES MILK	25 CHICKEN NUGGETS FRENCH FRIES CARROTS PEARS MILK	26 SALISBURY STEAK MASHED POTATOES GREEN BEANS PEACHES ROLL MILK	27 CHICKEN TAMALE PIE BROCCOLI W/CHEESE SAUC PINTO BEANS APPLESAUCE MILK	28 NO SCHOOL TODAY
31 CHICKEN AND NOODLES CARROTS GREEN PEAS CHERRIES MILK				

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.