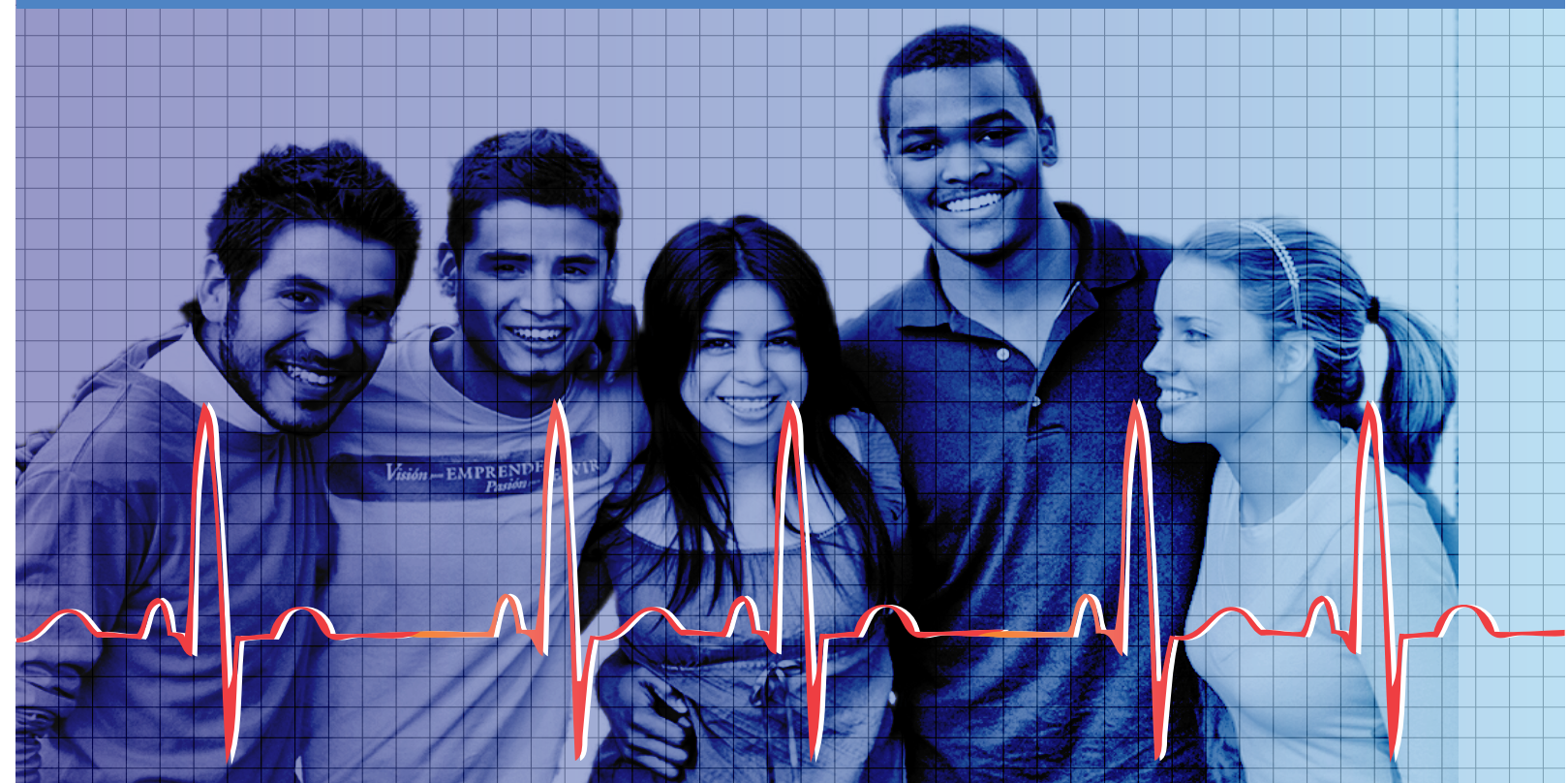


Finding the PULSE on HIV

HIV/AIDS/STDs and Human Sexuality Education Regional Conference



June 9-11, 2010

Kansas City Airport Hilton

Sponsored by:

Colorado Department of Education

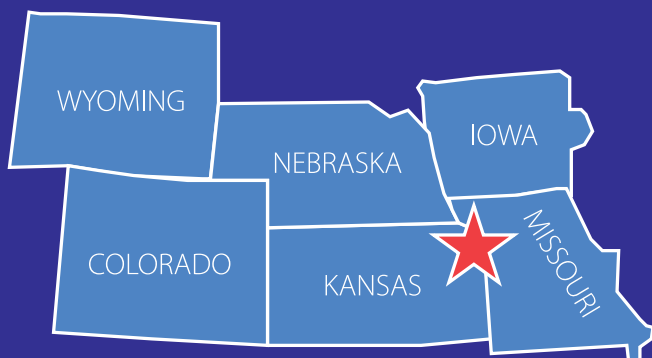
Iowa Department of Education

Kansas State Department of Education

Missouri Department of Elementary & Secondary Education

Nebraska Department of Education

Wyoming Department of Education



Kansas Department of Health & Environment

Missouri Department of Health & Senior Services

Region VII U.S. Department of Health & Human Services

Office of Public Health & Science, Office on Woman's Health

Conference Overview

Target Audience

This conference is designed for teachers, school nurses, prevention and care providers, administrators, health professionals, community health planners, physicians, counselors, persons from community-based organizations, members of the faith community, social workers, parents and public health individuals.

Accreditation

- CEU's will be available for nurses. For nurses: Please bring your nursing license.
- CHES credits will be available.
- Two hours of graduate credit through Baker University will be available on site, **June 9, 2010** at an additional cost of \$50 an hour.

Registration Information

- In order to receive an e-mail confirmation, registrations must be received by **June 1, 2010**.
- Registrants requiring special accommodations to more fully participate in the conference may contact Dr. Darrel Lang at (785) 296-6716. We will do everything to accommodate you.
- Casual dress is appropriate. To accommodate the temperature variations at the conference, please dress in layers or bring a sweater or jacket.
- No refunds for cancellations.
- Below is the link for the conference. All registrations **MUST** be completed online, as no faxed or mailed registrations will be accepted.

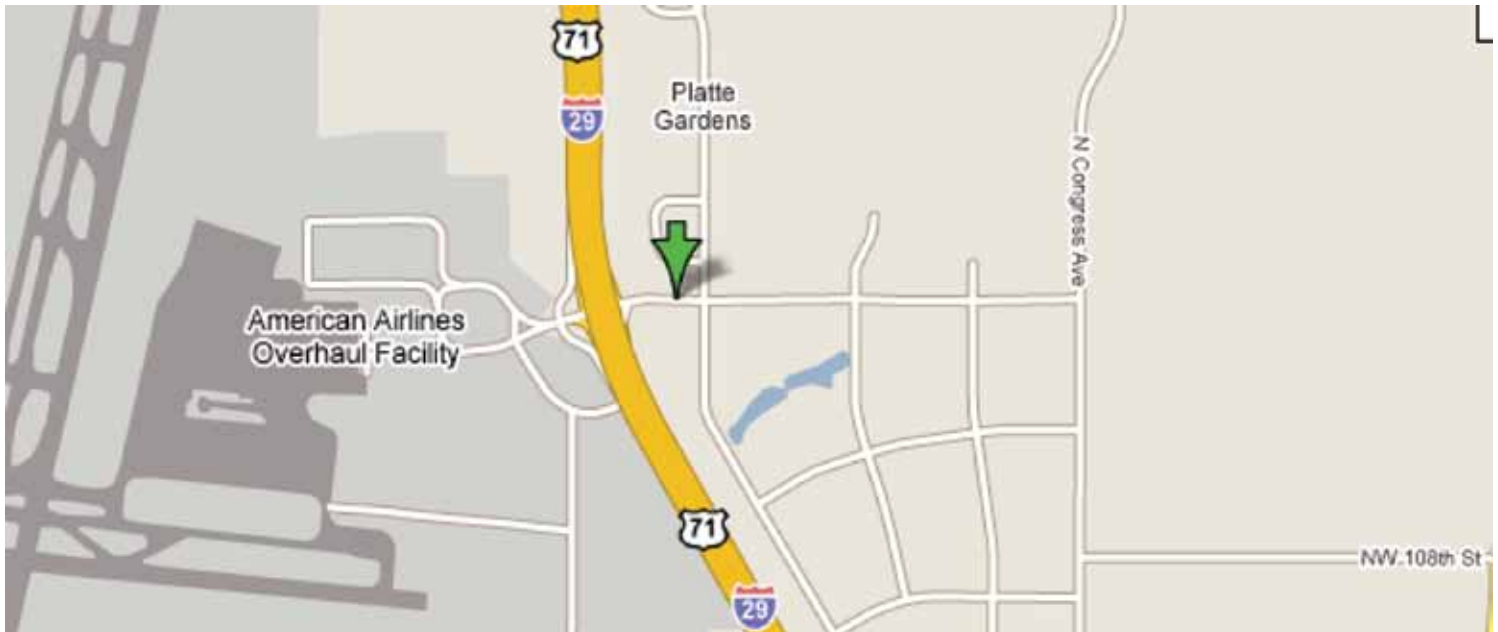
<http://conferences.ksde.org/hiv>

Fees

Registration fees cover all materials, including conference CD; continental breakfasts, refreshment breaks and lunches.

- By June 1, 2010: \$250
- After June 1, 2010: \$300

Directions



Lodging



8801 NW 112 Street - Kansas City, MO 64153

Finding The Pulse on HIV/AIDS/STDs and Human Sexuality Education Regional Conference will be held at the Kansas City Airport Hilton, 8801 NW 112 Street, Kansas City, MO 64153. It is located approximately 5 minutes from the Kansas City International Airport. A free shuttle is available to the Hilton for those arriving by air. A block of rooms has been reserved for conference participants: \$107 plus applicable taxes per room per night. Cutoff date for the room block is **May 25, 2010**. To make your reservations, please call the hotel at (816) 891-8900.

<http://www.hilton.com/en/hi/groups/personalized/MCIAPHF-KSD-20100607/index.jhtml>

Group Name: KSDE Human Sexuality Education Conference
Group Code: KSD
Check-in: 07-JUN-2010
Check-out: 12-JUN-2010
Hotel Name: Hilton Kansas City Airport

An Equal Employment/ Educational Opportunity Agency

Wednesday - June 9, 2010

Time	Shawnee Ballroom A	Shawnee Ballroom B	Kansa A	Kansa B	Kansa CD
7:00 - 8:00 a.m.	Registration/Continental Breakfast				
8:00 - 8:15 a.m.	Introductions/Orientation				
8:15 - 9:30 a.m.	Keynote: To Find the Pulse, Become the Drummer!				
9:30 - 9:45 a.m.	Break				
9:45 - Noon Breakout Session 1	A. Iron Chef Teachers - Using Materials You Have to Engage the Learner	B. Wired Kids, Wild World: The Technical World of Teen Sexuality		D. Cooking Up Fun with Evaluations Tools	C. Cultural Competency in Human Sexuality Education
Noon - 1:00 p.m.	Lunch				
1:00 - 3:15 p.m. Breakout Session 2	E. America's Next Top Health Educators		F. Smear the Queer: Unlearning Lessons from the Playground	H. Cooperative Learning in HIV/AIDS/STDs and Human Sexuality Education	G. Sexual Education with Style: Differentiation for Diverse Learning Styles

Thursday - June 10, 2010

Time	Shawnee Ballroom A	Shawnee Ballroom B	Kansa B	Kansa CD
7:00 - 8:00 a.m.	Registration/Continental Breakfast			
8:00 - 8:15 a.m.	Announcements			
8:15 - 9:30 a.m.	Keynote: Illegal, Immoral or Uncomfortable - What Do We Mean When We Say "Wrong"			
9:30 - 9:45 a.m.	Break			
9:45 - Noon Breakout Session 3	I. Novel Lessons: Using Contemporary Young Adult Literature to Teach About Sexuality	L. Advocating for Comprehensive Sexuality Education Programs Through Community-Based Participatory Action	J. All About Contraception and Thinking About A New Way to Discuss Adolescent Sexuality	K. Hey, We Talk About Sex Too! Including Students with Disabilities in Human Sexuality Education
Noon - 1:00 p.m.	Lunch			
1:00 - 3:15 p.m. Breakout Session 4	M. Abstinence and Beyond: Teacher-tested Teaching Techniques for Comprehensive Sexuality Education	N. Straight from the Horse's Mouth: Youth-Approved Tools, Techniques, and Planning for STD/HIV Prevention from Youth Themselves	O. Survive Outside: HIV Prevention for Incarcerated Youth	P. The Chemistry of Good Programs: Making Informed Decisions About Adaptations of Evidence-Based Programs

Friday - June 11, 2010

Time	Shawnee Ballroom A	Shawnee Ballroom B	Kansa B	Kansa CD
7:00 - 8:00 a.m.	Registration/Continental Breakfast			
8:00 - 8:15 a.m.	Announcements			
8:15 - 9:30 a.m.	Keynote: Making Sense of Abstinence			
9:30 - 9:45 a.m.	Break			
9:45 - Noon Breakout Session 5	Q. Human Sexuality Education Activities that will Energize and Empower Students in the 21st Century	S. Don't Tell My Parents	R. Using Skills-Based Instruction for Health Education	T. Current Trends in Adolescent Sexual Behavior
Noon - 1:00 p.m.	Adjourn/Box Lunch			



8:00 a.m. - 8:15 a.m. Announcements

8:15 a.m. - 9:30 a.m. Keynote Speaker



To Find the Pulse, Become the Drummer!

▶ Dan Egger-Belandria – MA – Texas

Shawnee Ballroom A B

Become the Drummer ~ tap into rhythm. Its been used for centuries as a way to communicate, to bring people together, to celebrate, to galvanize, to inspire. All the skills and tools that promote unity, alignment, depth and winning energy in people are

the tools that cutting edge organizations utilize and deploy. Drumming and rhythm build these skills. Experience the power of everyone (yes, everyone) playing a drum and connecting to the power of the pulse.

9:30 a.m. - 9:45 a.m. Break

9:45 a.m. - Noon Breakout Session #1

A. Iron Chef Teachers – Using Materials You Have to Engage the Learner

- ▶ Su Nottingham, MA – Michigan
- ▶ Al Craven, M.Sc.Ed – Michigan

Shawnee Ballroom A

Creating a learning environment with materials readily available from around the house, in the classroom or inexpensively from those 99 cent stores is the focus of this workshop. Making connections and developing skills in sexual health will be the focus, with manipulatives, inexpensive materials and creativity the key ingredients. Participants will even have a chance to be Iron-Chef Health Teachers!

B. Wired Kids, Wild World: The Technological World of Teen Sexuality

- ▶ Dan Rice, B.A. – New Jersey

Shawnee Ballroom B

Facebook, YouTube, and Twitter, OH MY!!! Ever feel like you're just not up to date anymore when it comes to the fast changing world of technology? Today's adults often find themselves struggling to catch up and understand the significance of the technology young people are using. In this dynamic session we will explore the basics of the online world young people inhabit including instant messaging, texting and social networking. Participants will leave with a broader appreciation for the role of technology and the effects it can have on young people's development as well as resources and safety tips to add to your professional toolbox.

C. Cultural Competency in Human Sexuality Education

- ▶ Sharon Goolsby, BSN – Kansas
- ▶ Jose Reyes, Ed. D., LPC – Colorado

Kansa CD

This session will explore strategies which will increase awareness regarding the impact of cultural influences and provide strategies to embrace cultural differences in the development and implementation of human sexuality instruction.

D. Cooking Up Fun with Evaluations Tools

- ▶ Kelly Wilson, PhD, CHES – Texas

Kansa B

This presentation will focus on using experiential learning experiences to help young people learn about sexuality issues and how to make healthy decisions regarding sexuality education. The knowledge, attitudes and skills that are gained from experiential learning may be transferable to other health behaviors. Evaluation tools that are designed to assess sexuality curricula and youth development outcomes will be discussed in a fun and interactive way.

Noon – 1:00 p.m. Lunch

1:00 p.m. – 3:15 p.m. Breakout Session #2

E. America's Next Top Health Educators

- ▶ Sharon Miller, MS, CHES – Iowa
- ▶ Doug Goodwin, AA – Iowa

Shawnee Ballroom A

Do you think you have what it takes to be the Next Top Health Educator? Show us what you have! Your education skills will be put to the test by a panel of judges to find

"America's Next Top Health Educator!" This is an interactive session.

F. Smear the Queer: Unlearning Lessons from the Playground

- ▶ George Turner, LCSW/LCSW – Missouri

Kansa A

Participants will explore their own values, comfort and beliefs regarding LGBTQ students in order to successfully facilitate change for this marginalized population. This interactive workshop will challenge participants to unpack a lifetime of myths and erroneous messages. Additionally, teachers, counselors and other school personnel will learn practical tips and techniques on how to begin a healthy dialogue in our classrooms and school board meetings concerning queer youth.

G. Sexual Education With Style: Differentiation Instruction for Diverse Learning Styles

- ▶ Betty Rothbart, MSW, MEd – New York

Kansa CD

People learn in different ways. In fact, according to Howard Gardner's theory of "multiple intelligences", there are eight: bodily-kinesthetic, interpersonal, intrapersonal, logical-mathematical, musical, naturalistic, verbal-linguistic, and visual-spatial. Come explore how to apply the strategies that connect with each learning style – make your Health Education classroom truly octagonal!

H. Cooperative Learning in HIV/AIDS/STDs and Human Sexuality Education

- ▶ Deborah Noakes, MS – Kansas

Shawnee Ballroom B

Cooperative learning is a successful teaching strategy in which small teams use a variety of learning activities to improve their understanding of a subject. Each member of a team is responsible not only for learning what is taught but also for helping teammates learn, thus creating an atmosphere of achievement. Students work through the assignment until all group members successfully understand and complete it. Using these proven cooperative learning strategies, learn interactive activities that will inspire students to take a leading role in their own sexual health.

Thursday - June 10, 2010

8:00 a.m. - 8:15 a.m. Announcements

8:15 a.m. - 9:30 a.m. Keynote Speaker



Illegal, Immoral or Uncomfortable--What Do We Mean When We Say 'Wrong'?

▶ Don Flowers, D. Min. — South Carolina

Shawnee Ballroom AB

The question of right and wrong is one that is often ignored when discussing issues around sexuality--and when it is discussed it is often confused with our real feelings. We have a responsibility to help figure that out for ourselves before and in order to help our youth.

9:30 a.m. - 9:45 a.m. Break

9:45 a.m. - Noon Breakout Session #3

I. Novel Lessons: Using Contemporary Young Adult Literature to Teach About Sexuality

▶ Monica Rodriguez, MA — New York

Shawnee Ballroom A

In this workshop, participants will share and learn approaches for using contemporary young adult literature to teach about and discuss sexuality topics with young people. Opportunities for cross-curricular infusion will be addressed, as will alignment with the National Health Education Standards, 21st Century Skills, and English Language Standards put forth by the National Council of Teachers of English. An annotated bibliography of relevant young adult novels and graphic novels will be provided to workshop attendees.

J. All About Contraception and Thinking About A New Way to Discuss Adolescent Sexuality

▶ Daryl A. Lynch, MD — Missouri

Kansa B

This workshop will review two topics. First will be a discussion of the current and potential contraceptive methods. Following this discussion, a new model in discussing adolescent sexuality as presented by Dr. Amy Schalet from the University of Massachusetts will be presented. This model evolved from research comparing sexuality issues of Dutch youth and American youth

K. Hey, We Talk About Sex Too! Including Students With Disabilities in Human Sexuality Education

- ▶ Ann Branden, MSE, JD — Kansas
- ▶ Laurie Hart, LMSW — Kansas
- ▶ Stephanie Sanford, BGS — Kansas
- ▶ Jamie Simpson, MSE — Kansas

Kansa CD

This presentation is a humorous, interactive, practical session on including students with disabilities in human sexuality education. It addresses HIV/AIDS/STDs, plus puts forth the proposition that human sexuality is a social phenomenon that must also consider a person's social development, beliefs, attitudes, values, self-concept and self-esteem. This presentation will also cover sexual abuse and students with disabilities, since sexual abuse is directly related to sexuality and sexually transmitted infections.

L. Advocating for Comprehensive Sexuality Education Programs Through Community-Based Participatory Action

▶ Amy Cory, RN, PhD, CPNP — Indiana

Shawnee Ballroom B

This interactive session will provide participants with methods to advocate for comprehensive sexuality programs through community-based participatory action. Community-based participatory action provides a framework for grassroots advocacy efforts through partnership,

assessment, planning, action, and evaluation. Participants will design an effective advocacy program using community-based participatory action for their communities of interest (families, schools, communities, and/or states).

Noon – 1:00 – Lunch

1:00 p.m. - 3:15 p.m. Breakout Session #4

M. Abstinence and Beyond: Teacher-Tested Teaching Techniques for Comprehensive Sexuality Education

▶ Dom Splendorio, MS — New York

Shawnee Ballroom A

Although it is certainly true that abstaining from sex is the only 100% effective way to avoid unwanted pregnancy and sexually transmitted infections, it is also true that more than half of all high school students engage in a variety of sexual behaviors including sexual intercourse, which puts them at risk. This workshop will engage participants in a variety of classroom-tested activities that address abstinence, as well as several other components of a comprehensive sexuality education program.

N. Straight from the Horse's Mouth: Youth-Approved Tools, Techniques, and Planning for STD/HIV Prevention from Youth Themselves

- ▶ Ashlee Folsom, MA — Missouri
- ▶ Joel D. Jackson, BA — Missouri
- ▶ Stephanie L. Washington, BS — Missouri

Shawnee Ballroom B

The Missouri Youth Health Initiative (MYHI) utilizes youth ages 13 to 24 in the STD/HIV prevention planning process. Youth throughout Missouri join Youth Advisory Committees (YAC), which are opportunities for youth to give advice to health educators about how to better serve youth and provide STD/HIV prevention education. During our workshop, MYHI educators will share youth-approved tools and techniques for STD/HIV prevention presentations and YAC members will discuss their experiences with the MYHI and answer audience questions.

O. Survive Outside: HIV Prevention for Incarcerated Youth

▶ Stephanie Witt, MPH — California

Kansa B

This workshop will address the need for providing HIV/STI prevention to youth in the juvenile justice system. Unique characteristics of the juvenile justice population which present common challenges to educators will be identified, and participants will uncover new approaches for overcoming these challenges. Specific strategies for tailoring evidence-based programs to meet the needs of juvenile justice youth will be shared, drawing from lessons learned by the Survive Outside project, a national HIV/STI prevention project for incarcerated youth.

P. The Chemistry of Good Programs: Making Informed Decisions About Adaptations of Evidence-Based Prevention Programs

▶ Mary Martha Wilson, MA — Maryland

Kansa CD

This interactive session will provide guidance on adapting evidence-based HIV/AIDS/STD prevention programs. Participants will learn about a program's core components and how to use the red-yellow-green light adaptation guide as an effective and efficient way to make adaptation decisions. This session will include small group work so that participants can practice making program adaptation decisions.

8:00 a.m. - 8:15 a.m. Announcements

8:15 a.m. - 9:30 a.m. Keynote Speaker



Making Sense of Abstinence

▶ Bill Taverner, MA – Pennsylvania

Shawnee Ballroom AB

This keynote address will challenge health professionals to expand and rethink traditional, limiting definitions and approaches in “abstinence-only” sex education. The address will introduce theoretical and pedagogical concepts from the innovative manual

Making Sense of Abstinence: Lessons for Comprehensive Sex Education. Participants will consider more comprehensive approaches beyond “just say no” mantras and fear-based tactics, to reclaim “abstinence” as a positive choice for young people.

9:30 a.m. - 9:45 a.m. Break

9:45 a.m. - Noon Breakout Session # 5

Q. Human Sexuality Education Activities that will Energize and Empower Students in the 21st Century.

▶ Deborah Tackmann, M.E.P.D. – Wisconsin

Shawnee Ballroom A

This fun, highly interactive and hands-on health session will empower professionals with the skills and knowledge necessary to enhance learning and academic success for learners in the 21st century. This presentation will demonstrate over a dozen kid tested and approved, easy to use human sexuality health lessons/activities that can energize any classroom. The participants will actively engage in a plethora of dynamic teaching methods using multiple modalities, while having fun at the same time! Each lesson/activity will address one or more of the National Health Standards as well as engage the learner by demonstrating effective pedagogy such as critical thinking, differentiated instruction, metaphorical thinking, cooperative learning and other effective teaching techniques in the 21st century.

R. Using Skills-Based Instruction for Health Education

▶ Geri Graham, MS - Minnesota

Kansa B

This workshop will focus on how teachers design classroom HIV/sexuality content that begins with how teachers assess students and works backward to designing the instruction and activities that will build the skills necessary to lead to successful assessment. Each participant will know how to design good assessment tasks/questions, and explore content and research-based activities that will engage students and prepare them for assessment. The workshop will provide participants with classroom activities sure to spark your health education program.

S. Don't Tell My Parents - Learning Through Youth Eyes

▶ John Beranek, BA – South Dakota

Shawnee Ballroom B

Too often parents have their heads buried in the sand as to the realities and pressures teen face in regards to sexuality. Who better to teach parents how to open the lines of communication with their children than teenagers? Find out how this media award winning youth led project has created *Tell It To Me Straight* education events you can replicate in your community. This interactive session will teach you how to become a media manipulator, increase parental participation in your prevention efforts, motivate teens to outsmart adult advisory groups and develop new strategies to increase community conversations. You don't want to miss this workshop.

T. Current Trends in Adolescent Sexual Behavior

▶ Bridget Price, RN, BSN - Missouri

Kansa CD

This is an information-packed session that explores past and present trends in adolescent sexual behavior, and gives educators valuable information to influence and educate youth in making future decisions regarding their sexual health.

Noon

Adjourn/Box Lunch

