

Guidance and Placement Services DIGEST

Vol. 8, No. 1

Please forward this Digest to your colleagues.

August 13, 2010

The Guidance and Placement Services Digest is used to transmit information pertaining to the four program components of the Missouri Comprehensive Guidance Program: Curriculum; Individual Planning; Responsive Services; and System Support to professional school counselors, placement personnel, career and technical school counselors and administrators at all levels throughout the state.

Announcements

From the Guidance and Counseling Section

On behalf of the entire Guidance and Counseling staff at the Department, we want to welcome everyone back for the 2010-11 school year. In doing so, our hearts go out to the students, families, staff, and community of the St. James School District as they work through the grief of losing a student through a tragic accident.

It is heartening to know, however, that a wealth of support was offered to the district to help them through this crisis. I was in touch with Kimberly Maskrey, the MSCA Past President for the South Central District the day after the accident, and she informed me she had been in contact with the school and that a response team was set up and ready to go if needed.

This tragic event only highlights how important you are to your school and to the communities around you. We just want to acknowledge and thank you for all that you do in responding to the immediate needs of our students as well as in supporting their academic, career, and personal/social development.

Best wishes for a successful school year.

Bragg, John, and Tom.
Guidance and Counseling Services
Office of College and Career Readiness
Division of Learning Services
Department of Elementary and Secondary Education

Program Components

From time to time, resources that are brought to our attention through ASCA list-serves or other means that could be used as part of a guidance program will be listed here. The readers are encouraged to investigate the resources and decide whether or not they are appropriate for their programs. Listing of these resources does not constitute endorsement by either our section or DESE.

CURRICULUM

A reminder as we start a new year:

Sample curriculum lessons for all ages that correspond to the Guidance and Counseling Standards and GLE's may be found on the Guidance E-Learning Center housed in the Missouri Center for Career Education at <http://missouricareereducation.org/curr/cmd/guidanceplacementG/elearning/>

Bullying Prevention material from Resources @ MCCE

G&P KIT 6

School House Bullies: Preventive Strategies for Professional Educators

Judy M. Brunner, Dennis K. Lewis, Thousand Oaks, Ca, Corwin Press, 2005.

KIT — School House Bullies-with DVD and facilitator's guide-provides school staff with the knowledge, resources, and tools necessary to develop a school wide, systematic, research-based approach to the problem of bullying. This kit will help all K-12 levels of school staff, including administrators, teachers, counselors, students, parents, and support personnel identify, reduce, and ultimately eliminate the types of bullying behaviors that are prevalent in schools today. Divided into three parts-elementary school, middle school, and high school-the DVD illustrates through vignettes the types of bullying problems that can occur at all levels. The facilitator's guide includes thought-provoking discussion questions, learning modules associated with DVD components, and sample workshop agendas for guiding an individual study program, small group learning sessions, or larger professional development events. DVD run time: 90 min.

To see more resources, go to <http://resources.mcce.org/>

INDIVIDUAL PLANNING

Missouri Connections: Did You Know?

We understand that, during the summer, you may have received an e-mail from Kuder, Inc., which may be causing some confusion and misunderstanding. We have already had a number of telephone calls, so we are writing to be sure you have the information from us.

DESE **will continue** to provide students and schools **free** education and career planning services through MissouriConnections.org. As we announced in May, a new vendor, **intoCareers**, an outreach center in the College of Education at the University of Oregon, was chosen after a competitive bidding process required by state law to host the system effective July 1. The new platform is powered by the **University of Oregon's Career Information System**. We are convinced that they will continue to provide the same high level of features, functionality and service you have come to expect. In fact, the service will be expanded to include students in grades 7-20, plus adults.

Tom Schlimpert, Supervisor, DESE Guidance and Counseling Services, has the assignment of overseeing the management of MissouriConnections.org and will be your primary contact for any questions, issues, or concerns. His contact information is tom.schlimpert@dese.mo.gov and his telephone number is 573-751-6875.

Thank you for your great work with students, and stand by for more information. In the meantime, please feel free to contact Tom if you have any questions.

Electronic Resource Available

The [Monthly Student Reminder](#), an electronic resource produced by the Missouri Department of Higher Education, is packed full of postsecondary tips directed towards Missouri's students and their parents. Information presented in the Monthly Student Reminder covers a wide range of audiences including recent college graduates and middle school students. The August edition of the Monthly Student Reminder is now available to view online. Subscribe to the Monthly Student Reminder at <http://www.dhe.mo.gov/reminders2.html>.

RESPONSIVE SERVICES

Free Suicide Prevention Training: Attention Teachers, Social Workers, Counselors, and School Nurses

Attend a **FREE TRAINING** and receive a **FREE SOS KIT** for your school or organization! Tuesday, September 28, 2010: Class 1 – 8:00am – 11:30am; Class 2 – 12:30pm – 4:00pm Training will be held at Mary Mother of the Church, 5901 Kerth Rd, St. Louis, MO 63128 Training is sponsored by the CHADS Coalition (<http://www.chadscoalition.org/>) and Screening for Mental Health, Inc. Sign up now, space is limited with a Max of 2 attendees per school/organization

To get more information, or to obtain registration forms, contact:
Neal Penberthy, 12 Wampler Dr., Arnold, MO 63010 at npenberthy@msn.com

A Summit for Health and Human Services Professionals: Meeting the Needs of Veterans and Military Families

This one-day summit is sponsored by the University of Missouri-School of Social Work and will be held on Friday, November 12, 2010 from 8:00am to 5:00pm in Columbia, MO at the Hilton Garden Inn

Participants will be more aware of behavioral health, health and family support needs of veterans and military families and will have a better understanding of services available to military families to improve the deployment cycle, transition, and reintegration of service members and their families.

Registration is \$100 and is now open (CEUs available). Please visit <http://www.muconf.missouri.edu/veteranssummit> to register. Contact Tim Morris at munconf1@missouri.edu or (573) 882-2301 for more information.

New home for Students Against Destructive Decisions (SADD)

Message from Karen Farris, SADD State Coordinator, Missouri Association of Community Task Forces (ACTMO): ACT Missouri is now the state coordinating agency for the SADD program. I recently came on board as the SADD state coordinator. I am currently working on locating and compiling a list of existing chapters throughout the state. I am also hoping to strengthen the program in Missouri and to form new chapters. If your school has an existing SADD chapter please let me know so I can make sure to include you in our database to keep you up date on activities both at the state and the national level. If your school is interested in forming a SADD chapter please do not hesitate to contact me and I will be glad to send you a start up kit or answer any questions that you may have.

Thank you! I hope you have a great year!

Karen Farris, e-mail: kfarris@actmissouri.org Phone: 573 635-6669

SYSTEM SUPPORT

Training Availability, Please share with appropriate school personnel

The Missouri Office of Homeland Security in conjunction with the Rural Domestic Preparedness Consortium (RDPC), The University of Findlay (an RDPC member) and the Mid-States Organized Crime Information Center has scheduled the *AWR 148 Crisis Management for School-Based Incidents: Partnering Rural Law Enforcement and Local School Systems* class for November 15, 2010 in Springfield, MO. Click on the link below for more information:

<http://training.dps.mo.gov/sematraining.nsf/CourseOfferingWeb?OpenForm&parentunid=D954CC90D4F6FB2862577400585896>

Individuals can register online at <http://training.dps.mo.gov>. Lodging and meal reimbursement will be provided for those who live more than 50 miles from the course location.

Upcoming Conferences/Workshops

Save the Date: MACS Fall Conference Dates Set

The Missouri Association for Career Services (MACS) will hold its fall conference **Sept 22-24, 2010** at the Courtyard by Marriott in Columbia, Mo. More information will be posted here as it becomes available.

Missouri School Counselor Association (MSCA) 2010 Leadership Development Conference

will be held on September 25-26, 2010 at Tan Tar A. More information will be sent out soon in a Special Transmission.

2010 Missouri School Counselor Association (MSCA) Fall Conference

will be held November 7-9, 2010 at Tan-Tar-A. For more information and/or to register, go to <http://schoolweb.missouri.edu/msca/A%20Conference.htm>

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. Inquiries related to Department programs may be directed to the Jefferson State Office Building, Title IX Coordinator, 5th Floor, 205 Jefferson Street, Jefferson City, Missouri 65102-0480; telephone number 573-751-4212.

Guidance and Placement Services DIGEST

Vol. 8, No. 2

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August 27, 2010

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Announcements

A reminder about Missouri Connections

As noted in previous messages, there are some changes in Missouri Connections this year. For assistance, contact the following:

State Trainer – Jackie Coleman, jcoleman@motrainer.com, or call (573) 634-0043

Program Management – Tom Schlimpert, Tom.schlimpert@dese.mo.gov, or call 573-751-6875

Program Components

From time to time, resources that are brought to our attention through ASCA list-serves or other means that could be used as part of a guidance program will be listed here. The readers are encouraged to investigate the resources and decide whether or not they are appropriate for their programs. Listing of these resources does not constitute endorsement by either our section or DESE.

CURRICULUM

More materials from Resources @ MCCE

G&P KIT 5--Taking a Stand: The Bullying Prevention Series

Meridian Education Corporation--LAWRENCEVILLE, NJ, MERIDIAN EDUCATION CORPORATION, 2006.--KIT — This three-part series helps students and teachers identify bullying activity, confront the instigators of it, and assist the victims with the ultimate goal of preventing bullying in all its forms. Behavior and tactics specific to boy bullies, girl bullies, and cyberbullies are discussed at length in each of the respective videos, addressing the complexity of the issues with dramatized scenarios and peer discussions. Includes A Teacher's Guide to Bullying Prevention, that will help educators implement the overall program. Recommended for grades 7-12. 3-part series, 18-20 minutes each.

G&P 13.1399 O477--Keep It Simple, Make It Real: Character Development in Grades 6-12

Jan Olsson--THOUSAND OAKS, CA, CORWIN, 2009.

BOOK — This resource provides school leaders with a comprehensive yet practical framework for creating and sustaining a school-wide character development program. Real-world scenarios tackle tough issues such as vandalism, truancy, chronic tardiness, and bullying, and demonstrate how to bring about positive change. The book addresses factors that may keep students from developing positive attitudes and helps educators: Evaluate student behavior, staff morale, and school climate; Target real problems with commonsense strategies that can dramatically turn around student behavior; Assess a character development program's effectiveness.

INDIVIDUAL PLANNING

Missouri Connections: How training will be provided to schools.

Due to the increase in demand for training coupled with reduced budgets, training must be coordinated. Half-day or full-day live training sessions will be provided on a regional basis with priority to primary providers and large groups. A series of recorded and additional training resources will be available online for educators and career advisors at MissouriConnections.org. A calendar of training events is available online at www.missouriconnections.org. To schedule a training session or to learn more, contact Jackie Coleman at 573-634-0043 or e-mail jcoleman@motrainer.com.

More college-educated jump tracks to become skilled manual laborers-

An interesting Article on apprenticeships from this summer. To see the article, click on the link. <http://www.washingtonpost.com/wp-dyn/content/article/2010/06/14/AR2010061402838.html?hpid=topnews>

FAFSA Frenzy information from MDHE

The Missouri Department of Higher Education and the [Missouri Association of Student Financial Aid Personnel](#) are partnering closely to again bring the [College Goal Sunday program](#), also known as [FAFSA Frenzy](#), to Missouri for 2011. The 2011 Missouri FAFSA Frenzy event is scheduled for Sunday, Feb. 13. A back-up date (Sunday, Feb. 20) has been established to assist site coordinators who may have to cancel their FAFSA Frenzy event due to inclement weather conditions.

If you have any questions regarding FAFSA Frenzy/CGS in Missouri, you may contact [Julie Meyer](#), [Jessie McCoy](#) (MASFAP Early Awareness Committee co-chairs), or [B.J. White](#). Additional information may be found at MDHE's [FAFSA Frenzy Web page](#).

MDHE Fall Workshops scheduled

Online registration is now available for the Missouri Department of Higher Education's 2010 Fall Workshops. Coming soon to a location near you, the MDHE's free, one-day workshops promise to deliver the latest information to help best serve college-bound high school students and current postsecondary students. High school counselors and financial aid officers are invited to attend. To see the schedule and/or to register, go to <http://www.dhe.mo.gov/trainingservices.html>

RESPONSIVE SERVICES

Webinars Scheduled

Renowned suicidology field leaders will be presenters in a Fall 2010 series of free national webinars sponsored by the State of WY Dept. of Health, with federal funding under GLSMA. These webinars are detailed in a press release online by [CLICKING HERE](#). Also you can [REGISTER HERE](#) for one or all the webinars.

>> Sep. 29th: SCHOOLS AND SUICIDE: Latest and Best School-Based Strategies, with Madelyn S. Gould, Ph.D., M.P.H. at Columbia University

>> Oct. 12th: THOSE LEFT BEHIND: Helping Students Who Have Lost a Peer to Suicide, with David A. Brent, M.D., at Western Psychiatric Institute & Clinic and University of Pittsburgh School of Medicine

>> Nov. 3rd: CRISIS RESPONSE: When a Student Dies by Suicide, with Scott Poland, Psy.D., with the Office of Suicide and Violence Prevention at Nova Southeastern University

Body text, body text, text

Suicide Prevention Week

Suicide Prevention Week is September 5-11, 2010. Download and print out copies of the new [Missouri poster](#) to hang up at your school, church or workplace. (This PDF will print best on legal size paper, 8.5 x 14 inches). Visit the [American Association of Suicidology website](#) for additional information about National Suicide Prevention Week.

SYSTEM SUPPORT

Please pass to Science and Social Studies Teachers

"The Conservation Federation of Missouri is seeking nominations of 11th-12th graders with leadership potential in the general field of wildlife conservation and habitat management. Successful nominees will get three years full membership status with CFM and be directly involved in the resolution process by identifying conservation issues they would like to see resolved.

Go to www.confedmo.org for more information, or contact Jim Lubbers at the address below. Please consider nominating one or more of your students for the Conservation Leadership Corps. The deadline for nominations is the end of October. Share the CFM web site with your students to help identify those who are interested. Being nominated does not guarantee approval for membership. We are advertising statewide **but are limited to about 70 students.**"

Contact Information: James D. Lubbers, Ed.D. Environmental Education Specialist
DNR Solid Waste Management Program--PO Box 176 Jefferson City, MO 65102
800-361-4827, 573-526-3926 office; 573-526-3902 fax
jim.lubbers@dnr.mo.gov

Missouri Operation: Military Kids (OMK) to hold Community Trainings

The trainings will be held in Trenton and Springfield this fall. Trenton is September 30 and Springfield is November 9. They are in the process of scheduling another one in St. Louis area this fall. This is an invitation to all school administrators, counselors, and teachers to gain resources and learn ways to support students in your schools who have military loved ones deploying in service to our country. If you are interested in Springfield or St. Louis, please send a request to Joan Zeller, at zellerj@missouri.edu.

Conferences and Workshops

MACS Fall Conference Set

The Missouri Association for Career Services (MACS) will hold its fall conference Sept 22-24, 2010 at the Courtyard by Marriott in Columbia, Mo. Information has been sent out to current members. If you desire more information or registration materials, contact Tawni Boman, MBA, Missouri Association of Career Services President at (816) 986-1125 or tawni.boman@leesummit.k12.mo.us

Missouri School Counselor Association (MSCA) 2010 Leadership Development Conference

will be held on September 25-26, 2010 at Tan Tar A. For more information and/or to register, go to <http://schoolweb.missouri.edu/msca/A%20Conference.htm>

Missouri Service-Learning Fall Conference – will be held on October 4-5, 2010, at Capital Plaza Hotel, Jefferson City, Missouri. More information and registration is available at www.mosln.org

2010 Missouri School Counselor Association (MSCA) Fall Conference

will be held November 7-9, 2010 at Tan-Tar-A. For more information and/or to register, go to <http://schoolweb.missouri.edu/msca/A%20Conference.htm>

SAVE THE DATE: Building Bridges 2010 will be held November 14-16, 2010 at the Capitol Plaza hotel in Jefferson City. The theme for the conference is **"Improving Student Achievement and Graduation Rates"**. More information will be disseminated as it becomes available.

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. Inquiries related to Department programs may be directed to the Jefferson State Office Building, Title IX Coordinator, 5th Floor, 205 Jefferson Street, Jefferson City, Missouri 65102-0480; telephone number 573-751-4212.

Guidance and Placement Services DIGEST

Vol. 8, No. 3

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September 10, 2010

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Announcements

Please help us by completing our survey

On Tuesday, September 7, a link to a survey to be completed by **all** counselors was sent to each district's guidance contact. The contacts were asked to forward the message and link to all counselors in their district.

The Guidance and Counseling Section is attempting to gather data that will help determine progress in the last five years and help us in our future planning. So far, we have had responses from over 600 but would like to have as many as possible of the approximately 2400 counselors statewide complete the survey.

If you have not yet received the link or completed the survey, we ask that you obtain the link from your district guidance contact and complete the survey by **Friday, September 17, 2010 at 4:00 pm.**

Program Components

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CURRICULUM

A reminder:

Sample curriculum lessons for all ages that correspond to the standards and GLE's may be found on the Guidance E-Learning Center housed in the Missouri Center for Career Education at <http://missouricareereducation.org/curr/cmd/guidanceplacementG/elearning/>

INDIVIDUAL PLANNING

Interested in increasing participation in Advanced Placement Program® classes?

College Board has developed an online tool (AP Potential™) that enables the identification of students who have taken the PSAT® that are likely to succeed in AP®. To learn more about this tool and its uses, go to <http://professionals.collegeboard.com/k-12/prepare/appotential>

As the College Board states on its website, "Although AP Potential™ is an important evaluative tool, it should never be used as the sole criterion for placement in AP courses. Though a strong indicator, it only accounts for a fraction of the factors that ultimately determine a student's AP Exam score. Other important factors include: individual student motivation and preparation, parental support, and teacher efficacy."

MDHE Fall Workshops scheduled

Online registration is now available for the Missouri Department of Higher Education's 2010 Fall Workshops. **Coming soon to a location near you, the MDHE's free, one-day workshops** promise to deliver the latest information to help best serve college-bound high school students and current postsecondary students. High school counselors and financial aid officers are invited to attend. To see the schedule and/or to register, go to <http://www.dhe.mo.gov/trainingservices.html>

FREE workshops offered specifically for college financial aid

High School Counselors are invited to attend a FREE college financial aid workshop hosted by MASFAP (Missouri Association of Student Financial Aid Personnel).

The event will cover many college financial aid topics, including:

Financial Aid Program Summary	Professional Judgments
FAFSA Objectives and FAFSA Simplification	Individual Case Studies
IRS Data Retrieval	Searching for Scholarships
Estimated Family Contribution (EFC)	State Aid
Calculations	

There will be 4 free workshops across the state. Each workshop will last from 9AM - Noon.

- St. Louis Workshop will be held at the Missouri Baptist University on Tuesday, November 16th.
- Columbia Workshop will be held at the University of Missouri- Columbia on Wednesday, November 17th.
- Kansas City Workshop will be held at the Metropolitan Community College- Penn Valley Campus on Thursday, November 18th.
- Rolla Workshop will be held at Missouri University of Science and Technology on Friday, December 10th.

We will let you know as soon as registration is live at www.masfap.org. Please e-mail earlyawareness@masfap.org if you have any questions.

RESPONSIVE SERVICES

September 10th is World Suicide Prevention Day

The [Missouri Suicide Prevention Project](#) has joined with the [National Council for Suicide Prevention](#) and nearly 100 other public and private organizations to help spread the word about World Suicide Prevention Day on and the [Take 5 to Save Lives](#) campaign. Take time to check this out.

Webinar Scheduled: SCHOOLS AND SUICIDE: Latest and Best School-Based Strategies

Evidence strongly points to the value of school-based suicide prevention programs. Research indicates that several evaluations of school-based programs show increased likelihood that program participants will tell an adult about a suicidal peer as compared to controls, or have reduced suicidal thoughts. In response, the Institute of Medicine of the National Academies of Science concluded in its review of **programs for suicide prevention that "School-based intervention programs at the universal, selective and indicated levels can help to limit suicide among youths and should be pursued."** **Learn about programs** that have been designated by government-sponsored review panels as evidence-based, with research data supporting their objectives of increasing identification and referral or at risk youth. This webinar will clarify what constitutes a comprehensive plan for suicide prevention in schools—health promotion, prevention, intervention and postvention. It will also differentiate between the four types of school-based programs, that is, awareness/education curricula, screening, gatekeeper training and student skills training. The webinar is scheduled for **Wednesday, Sept. 29th, 2010 from 3:30-4:30 p.m. Eastern**. To learn more about or to register for this or other upcoming webinars, go to <http://www.wellawaresp.org/webinars.php>

SYSTEM SUPPORT

National Career Development Association Poetry and Poster Contest!

The mission of the National Career Development Association (NCDA) is to promote the career development of all people over the life span. NCDA promotes career development through its annual celebration of Career Development Month each November.

In particular, NCDCA sponsors an annual Poetry and Poster contest. The contest is for students in K-12 through college. This year's theme is "Celebrating My Career Dreams" and the deadline to submit entries is November 17, 2010. For details on the contest, attached is the link for the brochure:
http://associationdatabase.com/aws/NCDCA/asset_manager/get_file/18397/2010-2011_ncdamonth

For more information on how to participate and register for the state contest, please contact:
Patricia Hurley, Director of Career Services, Missouri Southern State University, 3950 E. Newman Road
Joplin, MO 64801 Phone -417-625-9343, FAX- 417-625-9338, E-mail: hurley-p@mssu.edu

Free Training Offered Again for East and Central part Of The State

The Missouri Police Chiefs Association (MPCA) has announced that it will again host the Drug Impairment Training for Educational Professional (DITEP). This "FREE" two (2) day, sixteen (16 hour) (2 Legal, 2 Interpersonal, 6 Skills and 6 Technical hours) POST certified training program is directed towards the school administrators, school nurses, school staff, the school based law enforcement officer (SRO or DARE) or the school based unit supervisor. This is not a Drug Recognition Expert (DRE) certification training program. This program was designed to aid the school officials / staff or school based officers with identifying students or visitors who may appear to be under the influence of illegal substances or prescription medications. It is recommended that the schools send representatives that work with their students at school related activities or functions, such as sports activities, daily health provider, graduation activities and school trips.

This program is "FREE". Lodging and meals will be the responsibility of each agency, school district or attendee. It is recommended that the school district send as many staff members as possible, along with their assigned law enforcement/school based officer. To see dates, locations and information about registration, go to <http://www.mopca.com/mpca/regional-upcoming.html> There will be future training for the west side of the state starting in March 2011

Conferences and Workshops

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Guidance and Placement Services DIGEST

Vol. 8, No. 4

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September 22, 2010

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Announcements

Thank you for your input

The Guidance and Counseling staff wants to thank all of those who completed the recent survey concerning our progress in the last five years. We had responses from counselors in over 350 school districts across the state. The information received will help us to determine future directions for our efforts in assisting counselors across the state as they strive to fully implement the Comprehensive Guidance Program in their districts. We are currently working on analyzing the results and plan on sharing them with you in future issues of the Digest.

DESE Rearranging Offices, Consolidating Space on Friday

On Friday, Sept. 24, movers will be in the Jefferson State Office Building to rearrange office space. During the move, public access to floors 2-8 will be limited. As a result, staff access to telephone and e-mail may be limited. Any messages will be returned as soon as possible beginning Monday, Sept. 27. The relocation will allow the Department to vacate one floor and consolidate staff into new working units. The relocation does not impact other DESE offices in Jefferson City or elsewhere. Thank you for your patience.

A new look for the Comprehensive Guidance and Counseling e-Learning Center

We invite you to visit the Guidance e-Learning Center and see its new look. It continues to offer materials and information to support counselors as they work toward full implementation of the Comprehensive Guidance in their district. To see it, go to

<http://missouricareereducation.org/curr/cmd/guidanceplacementG/elearning/>

Program Components

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CURRICULUM

Free loan material from Resources @ MCCE

G&P DVD ROM 63

Stopping the Pain: Teenage Self-Injury

Human Relations Media, MOUNT KISCO, NY, HUMAN RELATIONS MEDIA, 2009. DVD ROM
— In this program, several teens describe what led them to self-injury, how they got help, and how they found healthy ways to deal with their problems. Identifies some of the reasons why young people self-injure: to punish themselves for not being “perfect”, to relieve emotional stress, to feel less numb, and to feel in control when everything else in their lives seems out-of-control. Emphasizes that it is possible for self-injurers to address their problems in more healthy ways and to learn coping skills. Advises viewers on how they can help friends or classmates who self-injure. 20 minutes.

G&P DVD ROM 64

Do You Have An Eating Disorder?

Human Relations Media MOUNT KISCO, NY, HUMAN RELATIONS MEDIA, 2009.DVD ROM

— In this program, teens and young adults describe their eating disorders, including anorexia, bulimia, binge eating, purging and compulsive exercising. The director of the National Eating Disorders Association stresses that an eating disorder is an illness and should not be stigmatized. A young country singer describes her battle with anorexia. A teenage boy dispels the myth that eating disorders affect only girls and describes his own struggle to recover. A teen and her counselor talk about the interaction of culture, family and community in her recovery. The program stresses that there are warning signs to different eating disorders; that eating disorders have serious, even deadly, health consequences; and there are positive steps that can be taken. Grades: 7 - College. 19 minutes.

To order these or to view other materials for loan, go to <http://resources.mcce.org/>

INDIVIDUAL PLANNING

Scholarships available

The Department of Aquaculture and Fisheries at the University of Arkansas at Pine Bluff (UAPB) <http://www.uaex.edu/aqfi/> in cooperation with the United States Geological Survey – Biological Resources Division (USGS-BRD) are offering competitive 4-year full undergraduate scholarships to qualified high school seniors. Qualified junior college students are eligible for 2-year scholarships. Selected students will be part of the UAPB-USGS National Cooperative Fisheries Scholarship (NCFS) program, the goal of which is to train culturally diverse students for careers in fisheries biology and natural resources management and conservation.

For further information or to apply contact:

Ms. Denise Haynes, Department of Aquaculture and Fisheries, University of Arkansas at Pine Bluff
Mail Slot 4912, Pine Bluff, AR 71601, Phone: (870) 575-8107 Haynes),or 8968 (Main departmental number), Fax: (870) 575-4637, E-Mail: dhaynes@uaex.edu

Missouri Connections, Did You Know?

The changeover in vendors for the hosting of Missouri Connections has meant that many counselors feel that they need training to utilize all of the features of the new system. In an effort to organize this training and meet the demand, dates and locations are being set up for training all across the state. To see if trainings are being offered near you, we encourage you to consult the online calendar of trainings at <http://www.missouriconnections.org/ViewHtmlStandalone.aspx?File=materials/trainingmaterials.htm>

OOH (Occupational Outlook Handbook) now available in Spanish

The Bureau of Labor Statistics now has the 2010-2011 Occupational Outlook Handbook in Spanish. To see more about this, go to <http://www.bls.gov/es/ooh/>

Reminder-March2Success a free no obligation tool to help students with test-taking skills

The U.S. Army Recruiting Command is helping prospective recruits and other students improve their test-taking strategies and math, science and English skills through March2Success, a free Web-based program. With a curriculum designed by Kaplan and Educational Options, Inc., the program is proving successful according to teachers and students using it. Participants may select part of all of the sections offered through March2Success, and are free to repeat lessons. March2Success is available at www.march2success.com.

RESPONSIVE SERVICES

Resource for schools

The National Child Traumatic Stress Network (NCTSN) mission is to raise the standard of care and improve access to services for traumatized children, their families and communities throughout the United States.

To do this it lists many resources that schools can access to help when traumatic events occur. To see what NCTSN offers, go to http://www.nctsn.org/nccts/nav.do?pid=hom_main

SYSTEM SUPPORT

Request for Information

Jenna Nelson, who works with Lutheran Family and Children's Services, has just received a grant from the St. Louis County Mental Health Tax Grant and needs a way to deliver a curriculum that has outcome measures

She has asked us to encourage anyone who has developed outcome measures (pre/post tests) for any of the Missouri Guidance Curriculum to contact her about them.

She can be reached by e-mail at jennamsw@gmail.com or by phone at 314-307-3407.

Still time for counselors to complete survey

As a message sent out last Thursday announced, a new survey was created, at the request of the Career Education Coordinators, to focus on the career development component of the Missouri Comprehensive Guidance Program.

The intent is to use the data to better understand, at the school practitioner's level, where we are as a state with career development implementation and to identify areas of need. Your candid responses are appreciated.

To access this survey, Missouri Guidance Career Needs Assessment, click on this Link:

<http://www.surveymonkey.com/s/6KNJKQW>

The survey is currently open and will remain open for completion until 4:00 p.m. CDT on Sept 30, 2010

Conferences and Workshops

Missouri Service-Learning Fall Conference – will be held on October 4-5, 2010, at Capital Plaza Hotel, Jefferson City, Missouri. More information and registration is available at www.mosln.org

2010 Missouri School Counselor Association (MSCA) Fall Conference

will be held November 7-9, 2010 at Tan-Tar-A. For more information and/or to register, go to

<http://schoolweb.missouri.edu/msca/A%20Conference.htm>

Building Bridges 2010 will be held November 14-16, 2010 at the Capitol Plaza hotel in Jefferson City. The theme for the conference is "Improving Student Achievement and Graduation Rates". The registration form is now available at <http://missouricareereducation.org/pd/conference10.html>

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Guidance and Placement Services DIGEST

Vol. 8, No. 5

Please forward this Digest to your colleagues.

October 6, 2010

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Announcements

We continue to get questions regarding Missouri Connections. Please contact the following for Missouri Connections Support:

State Trainer – Jackie Coleman, jcoleman@motrainer.com, or call (573) 634-0043

Technical Support – cishelp@uoregon.edu or call 800-553-2252.

Program Management – Tom Schlimpert, Tom.schlimpert@dese.mo.gov, or call 573-751-6875

Program Components

From time to time, resources that are brought to our attention through ASCA list-serves or other means that could be used as part of a guidance program will be listed here. The readers are encouraged to investigate the resources and decide whether or not they are appropriate for their programs. Listing of these resources does not constitute endorsement by either our section or DESE.

CURRICULUM

Guidance Resources @ MCCE-2010

G&P DVD ROM 90

Study Skills

Discovery Education, HAMILTON, NJ, CAMBRIDGE EDUCATIONAL, 2001.DVD ROM

— This program follows the day-to-day activities of Jim, a teenager trying to improve his study skills. With **amusing dramatizations, the program transports viewers inside Jim's mind to show how different parts of the brain influence the way he stores and processes information.** Students will learn how to maximize and balance the strengths of the left and right sides of the brain, and will gain insight into the importance of motivation, study schedules, stress relief, note-taking, and more. 24 minutes.

INDIVIDUAL PLANNING

Missouri Connections, Did You Know?

In Missouri Connections, students have the opportunity to utilize assessment tools that can help them in their Career explorations. They can determine their interests, preferences, skills, identify work values and in addition can use one tool to see how much they will need to earn to pay for the lifestyle they hope to have. To see all of these and more, go to <http://www.missouriconnections.org/>

Apprenticeships For Students

Do you have students who want to earn a paycheck and receive employer benefits while learning and earning college credits at the same time? If so, you might want to talk to them about Registered Apprenticeship programs.

These apprenticeship programs allow persons to both work and earn a paycheck while learning skills and earning certifications.

They offer access to such programs as carpenter, chef, dental assistant, electrician, and many others.

To find out more about these programs, visit www.doleta.gov/oa or contact, Neil Perry, State Director by phone at 314-539-2522 or by e-mail at perry.neil@dol.gov

View the October Student Reminder Online

The [*Monthly Student Reminder*](#), an electronic resource produced by the Missouri Department of Higher Education, is packed full of postsecondary tips directed towards Missouri's students and their parents. Information presented in the *Monthly Student Reminder* covers a wide range of audiences, including recent college graduates and middle school students. The October edition of the *Monthly Student Reminder* is now available to view online.

New Health Careers Website Helps Students Diagnose Their Future

A new resource is available online for careers in health care. Using salary, job outlook and educational information from the Missouri Economic Research and Information Center (MERIC), the Missouri Hospital Association has developed an interactive career website at www.missourihealthcareers.com to encourage young people to consider careers in health care.

The site features blogs and videos, and a youth-minded career quiz called "Diagnose Your Future" that can help gear students toward careers fitting their personality and goals. You and your students can also become fans of Missouri Health Careers on Facebook and receive updates on health careers and their growth.

The website describes nearly 100 health-related jobs, offering at-a-glance info-graphics that succinctly show salary, job outlook, education required, level of patient interaction and the "Blood-O-Meter" that shows how much blood might be part of a particular job.

In mid-September school principals in Missouri received three promotional "Missouri Health Career" posters and 50 bookmarks, and new career guides will be distributed in November. If you would like additional materials or need more information, please contact Maura Browning at mbrowning@mail.mhanet.com.

You can also order the free materials online by clicking the "For Educators" icon at www.missourihealthcareers.com.

The Missouri Association of Student Financial Aid Personnel (MASFAP) Association offering free high school counselor workshops

The Missouri Association of Student Financial Aid Personnel (MASFAP) Association offers free high school counselor workshops for training on college financial aid every year. The workshops last from 9-noon and the workshop dates are:

November 16th in St. Louis at Missouri Baptist University

November 17th in Columbia at University of Missouri

November 18th in Kansas City at Penn Valley Community College

December 10th in Rolla at Missouri University of Science and Technology

The event will cover many college financial aid topics, including:

Financial Aid Program Summary

Professional Judgments

FAFSA Objectives and FAFSA Simplification

Individual Case Studies

IRS Data Retrieval

Searching for Scholarships

Estimated Family Contribution (EFC)

State Aid

Calculations

Attendees are eligible to receive Continuing Education Units for attending.

Don't forget to register today! Click here to register:

<http://www.fsaregistration.ed.gov/profile/web/index.cfm?PKwebID=0x91866af23&varPage=hotel>

RESPONSIVE SERVICES

Free Webinar Scheduled

A webinar conference through the Missouri Institute for Mental Health (MIMH) Continuing Education program titled, **Suicide among African American Teens and Young Adults: A Discussion for People in a Position to Help**, will be presented on Tuesday, October 19 @ 1:30 to 2:30 p.m., at www.MIMHTraining.com.

The presenter will be R. Bryan Evans, MSW, Associate Program Director, Mental Health America of Eastern Missouri

The focus is raising awareness and understanding about suicidal behavior among African American adolescents (ages 15 to 24 years), a look at cultural stigmatization of suicide, and appropriate intervention tools. It is a discussion for parents, educators, clergy and anyone who works with African American adolescents. The webinar training is free to access. For more information, go to the MIMH website, www.MIMHTraining.com.

The Missouri Institute of Mental Health will award 1 clock hour or 1.2 contact hours (.1 CEU) for this activity. MIMH credit will fulfill Clinical Social Work and Psychologist licensure requirements in the State of Missouri. Contact MIMH to obtain training credit at 314.877.6419.

SYSTEM SUPPORT

Teacher of the Year Award Nominations

Applications for The Missouri Son's of the American Revolution Teacher of the Year Award are now being accepted. The award is given to teachers K-12 who excel in teaching American History and the especially early American History and the contribution of the Founders of the Country. The application can be located on the organizations website,

http://www.rootsweb.ancestry.com/~mossar/mossar_teacher.html

Applications are due January 15, 2010

Dropout Prevention program evaluated by What Works Clearinghouse

The National Guard Youth Challenge Program is a residential education and training program designed for youth ages 16 to 18 who have dropped out of or been expelled from high school. During the 22-week residential period, participants are offered GED preparation classes and other program services intended to promote positive youth development.

Read about what the WWC found in terms of the effectiveness of the National Guard Youth Challenge on completing school for at-risk youth at:

<http://ies.ed.gov/ncee/wwc/reports/dropout/ngyc/>

Conferences and Workshops

2010 Missouri School Counselor Association (MSCA) Fall Conference

will be held November 7-9, 2010 at Tan-Tar-A. For more information and/or to register, go to

<http://schoolweb.missouri.edu/msca/A%20Conference.htm>

Building Bridges 2010 will be held November 14-16, 2010 at the Capitol Plaza hotel in Jefferson City. The theme for the conference is **"Improving Student Achievement and Graduation Rates"**. The registration form is now available at

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Project Lead the Way (PLTW) Pathway To Engineering & Biomedical Sciences 2011 Guidance Counselor and Administrator Conference

will be held on three dates in January: UMKC: Jan 21 ~ MoS&T: Jan 25 at the Havener Center ~ St. Louis: Jan 27 at StLCC Florissant Valley

For Registration Forms and more Information: Go to

http://pltw.mst.edu/counselorsadministrators/counselor_training.html

or contact: Ben Yates, PLTW Assoc. Affiliate Director, Phone: (660) 864-6813, Email: yatesbk@mst.edu

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Guidance and Placement Services DIGEST

Vol. 8, No. 6

Please forward this Digest to your colleagues.

October 22, 2010

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Announcements

Missouri Connections UPDATE

On Friday, October 29, 2010 all Missouri Connections **student portfolios** that are **hidden** will be **deleted** from the system!

Many of the portfolios transferred from last year's system did not contain enough information to use. The administrative features allow portfolios to be hidden but not deleted in mass. As such, Career Information System (CIS), our new provider, will delete all hidden portfolios so that your site records will be accurate. Contact Tom Schlimpert at 573-751-6875 if you have questions.

Training webinar scheduled

A PROBE training webinar has been scheduled for Dec. 7 and Dec 9, 2010 from 3:30 to 5:00 pm on both days.

If you are interested in participating, e-mail Lore'e Curtman at Lore'e.Curtman@dese.mo.gov by November 19. Further information including the link to the webinar will be sent approximately one week ahead of the webinar with another reminder sent closer to the event.

Congratulations to Counselor Educators

Julieta Monteiro-Leitner and Jan Ward from Southeast Missouri State University have been recognized by the North Central Association for Counselor Education and Supervision for their outstanding work Julieta was recognized for her work with Diversity and Jan for her work with Mentoring.

Program Components

From time to time, resources that are brought to our attention through ASCA list-serves or other means that could be used as part of a guidance program will be listed here. The readers are encouraged to investigate the resources and decide whether or not they are appropriate for their programs. Listing of these resources does not constitute endorsement by either our section or DESE.

CURRICULUM

Free loan material from Resources @ MCCE

G&P DVD ROM 6.1

C.A.G.E. the Rage

Cambridge Educational, LAWRENCEVILLE, NJ, CAMBRIDGE EDUCATIONAL, 2007.DVD ROM Students who view this program will (1) see how to identify anger in themselves and those around them; (2) understand why mismanaged anger is so destructive; (3) discover how anger gets repressed, and the bodily and mental illnesses that may result from it; and (4) learn to release anger and express emotions in an acceptable and positive way using the C.A.G.E. method (Calm down. Assess the situation. Gauge alternatives, and Empower yourself). Students model first unhealthy and then healthy behaviors in this program. Candid interviews with experts and teens are also included.

G&P DVD ROM 54 CyberSafety

Cambridge Educational, LAWRENCEVILLE, NJ, CAMBRIDGE EDUCATIONAL, 2008. DVD ROM

This program warns students about how vulnerable they are whenever they venture into the cyber realm—even when they think they're among “friends.” Explaining how to take precautions in chat rooms, on social networking sites, and anywhere that predators lurk, the program strongly advises against physically meeting any online acquaintance and emphasizes that parents or guardians must be involved in such meetings. Commentary from experts and questions from peers reinforce the notion of an irreversible virtual footprint—a trail that all Internet users leave which can be used against them. 19 minutes.

INDIVIDUAL PLANNING

Missouri Connections, Did You Know?

A Reminder: *Missouri Connections* provides an administrative database management system to assist you with connecting directly with students and making informed, real-time program decisions.

With Missouri Connections you can:

- Improve student career counseling and preparation
- Communicate with students and parents
- Manage curriculum to meet educational standards
- Gather and review individual and aggregate data

To visit Missouri Connections, go to <http://www.missouriconnections.org/>

RESPONSIVE SERVICES

FREE “Choose the Right Path” online webinar about youth and problem gambling scheduled

The webinar will be held on Tuesday, November 9, 2010 from 2:00 p.m. to 4:00 p.m.

The CT State Departments of Education and Mental Health and Addiction Services have partnered with the CT RESC Alliance to create this FREE and informative program on youth and problem gambling.

If you have any questions, call or email Rosemary Nichols at 860-524-4040 or ronichols@crec.org.

To register, go to www.crec.org/tabs, then Events/Register.

SYSTEM SUPPORT

MSCA Newsletter Available on web

The Counseling Connection, the newsletter of the Missouri School Counselor Association is now available on line. To access it, go to

<http://www.schoolweb.missouri.edu/MSCA/Aug%2010%20Counseling%20Connection.pdf>

Follow up help for tracking college success

The National Student Clearinghouse offers services including a program designed to help high school districts more accurately gauge the college success of their graduates. To learn more about this service or other services provided by this non-profit organization, go to

<http://www.studentclearinghouse.org/highschools/default.htm>

Student-to-School-Counselor Ratios Released

The National Center for Education Statistics has released preliminary ratio data for the 2008-2009 school year. Although ASCA recommends a 250-to-1 ratio of students to school counselors, the national average is actually 457-to-1. This is a slight improvement from last year, when the ratio was 467-to-1. To see a list state by state, go to <http://www.schoolcounselor.org/files/Ratios%202008-09.pdf>

Webinar from ASCA

A webinar titled “**Legal and Ethical Complications in Working with Minors in Schools**”, will be presented on Nov. 21, 2010, 2 p.m. Eastern. The speaker will be Carolyn Stone, Ed.D.

There is a cost if you are not an ASCA member. For more information, go to

<http://www.schoolcounselor.org/content.asp?contentid=611>

Share with Teachers and Administrators: Webinar on an Integrated Curriculum for the Transportation, Distribution and Logistics Career Cluster

The webinar will be on November 4, 2010 from 2:00-3:00 pm CST/3:00-4:00 pm EST which will showcase new integrated curriculum for the TDL cluster. The session will feature Clark Martin, Federal Highway Administration Division of the United States Department of Transportation (USDOT) who will provide insight on the current status and future demand for workers in the Transportation industry and how USDOT is partnering with state departments of education and the Career Clusters Initiative to address the shortage through education channels. Register at <http://bit.ly/bgfDCg> to reserve a spot!

A free resource guide from *Edutopia* to share with colleagues
[Home-to-School Connections Guide: Tips, Tech Tools, and Strategies for Improving Family-to-School Communication](#), is filled with resources and ideas for building and strengthening the bonds between schools, families, and communities. For educators and parents alike, this guide provides tools for seizing the digital moment or bringing the conversation home through 10 top tips for nurturing collaboration and partnerships. The guide is full of strategies to help you improve student engagement and learning. Ctrl-Click on the title to go to the site offering the guide.

Conferences and Workshops

2010 Missouri School Counselor Association (MSCA) Fall Conference

will be held November 7-9, 2010 at Tan-Tar-A. For more information and/or to register, go to <http://schoolweb.missouri.edu/msca/A%20Conference.htm>

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Guidance and Placement Services

DIGEST

Vol. 8, No. 7

Please forward this Digest to your colleagues.

November 4, 2010

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Announcements

DESE rearrangement-Part two

From Tuesday Nov 8 until Tuesday Nov 16, the area on the fifth floor of the Jefferson Building in which the Guidance and Counseling Section is located will be undergoing a re-design involving the dismantling and relocation of cubicles. Because of this, it may take a little longer for us to respond to your phone calls and e-mails but we will strive to respond as quickly as possible.

We appreciate your patience with us as we complete the re-design process and thank you for your continuing support as we work together on making sure that students are able to achieve positive academic, personal/social and career development.

Program Components

From time to time, resources that are brought to our attention through ASCA list-serves or other means that could be used as part of a guidance program will be listed here. The readers are encouraged to investigate the resources and decide whether or not they are appropriate for their programs. Listing of these resources does not constitute endorsement by either our section or DESE.

CURRICULUM

Free loan material from Resources @ MCCE

E&D DVD ROM 14

SciGirls Volume 1

National Institute for Women in Trades, Technology & Science, ALAMEDA, CA, DVD ROM
DVD features hip, racially diverse girls from around the country having fun with science and getting down and dirty explaining science concepts. 2-hour volume features 14 segments and includes an activity guide. Volume 1 topics include: acoustics; behavioral science; biology; chemistry; ecology; engineering; marine biology; meteorology; neurology; physics; zoology. Includes activity guide to recreate the science experiments in the classroom. Each activity features an icebreaker — a quick hands-on experiment to engage and entertain, and a full investigation activity.

C&E DVD ROM 14.1

Real Math. Science. Careers. Module #1

The Futures Channel, BURBANK, CA, 2009. DVD ROM

This program includes a collection of The Futures Channel's most popular real-world videos without having to connect to the Internet. Demonstrates math and science in the real world to students in a field trip atmosphere. Includes segments on: Black footed Ferret; Building Custom Guitars; Creating Cars; Designing Stronger Skateboards; Moorpark Zoo- Managing Exotic Animals; Predicting the Weather Recycling Computers; Rhythm Track; Roller Coasters; Wind Business.

To order these or to view other materials for loan, go to <http://resources.mcce.org/>

INDIVIDUAL PLANNING

Missouri Connections, Did You Know?

If you have students who have expressed interest in the possibility of military service, Missouri Connections offers a link that you or they can access to help find out more about the opportunities and benefits that can result from a decision to join. To access the link through Missouri Connections, go to <http://www.missouriconnections.org/> and click on paying for college.

Scholarships Available from Different Sources:

A. The Missouri Gaming Association, the statewide professional association of the Missouri casino industry, will award two \$1,500 scholarships and four \$1,000 scholarships through the 15th annual Project 21 Scholarship competition.

The goal of Project 21 is to promote awareness among our youth that it is not permissible in Missouri for persons under the age of 21 to gamble in a casino and to also educate them about the dangers and consequences associated with underage gambling. The competition is open to all Missouri high school seniors planning to attend an institution of higher education in the United States within four years of graduation.

Students are asked to create an essay, poster or video aimed at educating their peers about the illegality and dangers of underage gambling. The entries must be **published or viewed in the students' high schools** in January or February of the contest year to help educate other students. A copy of the contest application and guidelines is available at <http://www.missouricasinos.org/>

B. Eight scholarships, totaling \$7,000, are available to 9-12 grade student-volunteers through the 2010-2011 High School Student-Volunteer Community Service Awards initiative. This initiative is co-sponsored by the Missouri Community Service Commission and the East and West Missouri Optimist Districts. Please go to www.movolunteers.org home page to find the student-volunteer nomination package file, a file with answers to expected questions, and a contact information file for local Optimist Area Coordinators. Program contact person is Commissioner John Albright (homeport1@charter.net; 573-207-0044).

Free Resource for students and families

Mapping Your Future is a free resource for career, college, financial aid, and money management information. Their goal is to help individuals achieve life-long success by empowering students, families, and schools with free, web-based information and services.

To visit their website, go to <http://mappingyourfuture.org/>

View the November Student Reminder Online

The Monthly Student Reminder, an electronic resource produced by the Missouri Department of Higher Education, is **packed full of postsecondary tips directed towards Missouri's students and their parents.** Information presented in the *Monthly Student Reminder* covers a wide range of audiences, including recent college graduates and middle school students. The November edition of the *Monthly Student Reminder* is now available to view online at http://dhe.mo.gov/documents/reminder_november.pdf

RESPONSIVE SERVICES

Bullying resource

We have received a number of calls over the last several months from parents who were concerned about bullying. A good resource to share with them is Stop Bullying Now, a website from the Department of Health and Human Services. To visit the website, which has information for both children and adults, go to <http://stopbullyingnow.hrsa.gov/kids/>

SYSTEM SUPPORT

Volunteers Needed to Staff 2011 FAFSA Frenzy Events

To assist students and parents with filling out the [Free Application for Federal Student Aid](#), the [Missouri Association of Student Financial Aid Personnel](#) and the [Missouri Department of Higher Education](#) are partnering closely to bring an expanded [FAFSA Frenzy program](#) to Missouri in 2011.

The 2011 FAFSA Frenzy sites have now been selected! There will be 40 sites held on the main event date of Sunday, Feb. 13, as well as an additional 16 sites on alternate dates. A complete list of these sites will be available soon, along with a Volunteer Application in a fillable PDF format. The MDHE will send an electronic communication to all [subscribers](#) as soon as the Volunteer Application is available. If you are not subscribed to receive our communications, you may do so [online](#).

As in past years, volunteers will drive the success of the 2011 FAFSA Frenzy program. Missouri's high school counselors will be of critical importance, and MASFAP and MDHE would like you to consider volunteering at a FAFSA Frenzy site in your area. **Please note:** New and seasoned high school counselors are welcome to participate and volunteers are needed statewide.

If you have any questions regarding FAFSA Frenzy in Missouri, you may contact [Julie Meyer](#), [Jessie McCoy](#) (MASFAP Early Awareness Committee co-chairs), or [B.J. White](#) (MDHE outreach services coordinator).

Conferences and Workshops

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or contact: Ben Yates, PLTW Assoc. Affiliate Director, Phone: (660) 864-6813, Email: yatesbk@mst.edu

24th Annual Pathways Conference will be held at new location!

The conference will be held on March 6-8, 2011 at the Holiday Inn Select Executive Center in Columbia, MO. For more information and/or to fill out a call for proposals, go to

<http://dese.mo.gov/divteachqual/leadership/>

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Guidance and Placement Services DIGEST

Vol. 8, No. 8

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November 19, 2010

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CURRICULUM

More free loan materials from Resources @ MCCE

H DVD ROM 49, Teen Depression: Signs, Symptoms and Getting Help Human Relations Media, MOUNT KISCO, NY, 2009. DVD ROM

— Real teens from diverse backgrounds talk about their struggles with depression and their strategies for recovery. Students learn the warning signs of depression; that resorting to alcohol and drugs only makes depression worse; that seeking help is an act of strength, not weakness. The program describes different kinds of depression and explains that depression can result from a variety of genetic, biological, and social causes. It stresses the difference between normal feelings of sadness and clinical depression. The program explains to students how to recognize the signs of depression in themselves, their friends or classmates, and what they can do to seek help. Includes teacher's resource book. Grades: 7 - College. 19 minutes.

R 13.0401 R153, Mean Girls: 101 1/2 Creative Strategies and Activities for Working with Relational Aggression, Second Edition, Kaye Randall and Allyson A. Bowen CHAPIN, SC, YOUTHLIGHT, INC., 2008. BOOK

— This book provides insight and strategies for working with girls who are Relationally Aggressive (RA) and the young people who have been victimized by this type of bullying. The strategies are designed to increase awareness of Relational Aggression (RA), encourage empathy and tolerance, and improve self-control and coping skills. It explores the underlying causes of RA, particularly in girls. Other forms of RA are explored including cyber-bullying and other types of electronic bullying. Grades 3 - 12.

To order these or to view other materials for loan, go to <http://resources.mcce.org/>

INDIVIDUAL PLANNING

Missouri Connections, Did You Know?

2010 MSCA Missouri Middle/Junior High School Counselor of the Year uses Missouri Connections with her Students.

Brenda Etzold, a counselor at Jackson Junior High has designed and implemented a career exploration program using the Missouri Connections website for students to create and update career portfolios and personal plans of study. To see the complete article about her accomplishments, go to <http://www.semissourian.com/story/1681978.html>

Missouri Connections is the rapidly expanding free online program that supports user self-awareness and career exploration. Go to the home page at <http://www.missouriconnections.org/> to review the available information (left hand side gray box) , register as a new site user (Educator tab in center section, then Site Information Sheet), or to find the state-wide training calendar or the Getting Started power point ("Training" tab at bottom of the gray box).

You must register to receive access codes to use the heart of the program that includes seven assessments, career development curriculum and post high school opportunities. The second round of training which will focus on the administrative features is currently being scheduled. Check the training calendar to locate sites near you.

PLEASE review the Getting Started power point and the tutorials for help using the program. Many of the support calls received can be answered by reviewing these very helpful features. For support, contact: State Trainer – Jackie Coleman, jcoleman@motrainer.com, or call (573) 634-0043
Technical Support – cishelp@uoregon.edu or call 800-553-2252.

Program Management – Tom Schlimpert, Tom.schlimpert@dese.mo.gov, or call 573-751-6875

Free: Over 1000 copies of the 2009/2010 version of The Missouri Career Guide are available for the taking. This is last year's model, but the information is still current. Contact Tom Schlimpert at Tom.schlimpert@dese.mo.gov or 573-751-6875 if you are interested and can pick up these copies from DESE in Jefferson City.

A new website designed to highlight careers in Math, Science, Technology and Engineering is now available.

Advanced Technological Education Television (ATETV) is an award winning on-line video series with up to the minute information connecting students with education and employment opportunities. Showcasing the best in Advanced Technological Education from community colleges and across the country, ATETV features a new episode every Monday and networking capabilities to connect ATE students and educators with prospective employers in technical fields.

ATETV.org will have a very specific segment posted on December 6th. It covers success on the job - the how to of going from an intern to a full time employee, and a segment on changing careers - and references what courses in high school might help for the future technical training they want. To see the latest videos, go to <http://www.atetv.org/>

RESPONSIVE SERVICES

For those with students whose family members are in the military:

On Tuesday, **December 7, 2010, 12:00 p.m. CST** There will be a lively and informative introduction to Sesame Workshop's groundbreaking initiative for military families, **Talk, Listen, Connect**.

Developed in conjunction with military and mental health experts, **Talk, Listen, Connect** is a bilingual, multimedia outreach program designed to help military families with young children coping with challenging transitions in their lives. Through video, music, and print materials, beloved Sesame Street characters—including Elmo and Rosita—address issues such as deployment, a parent's return home changed due to combat related injury, and the death of a parent.

During the Webinar, trauma experts, military experts, and members of the Sesame Workshop team will share clips from the **Talk, Listen, Connect** initiative, discuss key lessons learned during the development process, and review how clinicians and caregivers can use **Talk, Listen, Connect** to help military families and children.

To Join the Webinar:

Step 1: Create an account (free) at <http://learn.nctsn.org/login/signup.php>

Step 2: Check your email and confirm your account (click on link)

Step 3: Login at <http://learn.nctsn.org/> and enroll in the Military Family Learning Community Master Speaker Series course listing

Step 4: On December 7, 2010 at 12 pm CST, login to participate
For NCTSN Learning Center technical assistance email help@nctsn.org

SYSTEM SUPPORT

Have you considered applying for the Gysbers Award?

The Norman C. Gysbers Award is intended to recognize the school buildings or school districts who have demonstrated an exemplary level of implementation of the Missouri Comprehensive Guidance Program that, in turn, has resulted in a demonstrable, positive impact on its students. The Gysbers was developed by a committee that included professional school counselors, counselor administrators, counselor educators, and Missouri Department of Education personnel. If you are interested in applying, contact John Robbins at john.robbins@dese.mo.gov

Do you and your staff know about the School Violence Hotline?

On the MCSA Outreach website for a limited time there is a link to a professional development video for all school staff to learn about the SVH hotline. To access video, go to MSCA home page

www.mcsaoutreach.org or go to the direct link to start video:

<http://aasaonline.mediasite.com/mediasite/Viewer/?peid=1fbaba70292b4747b9a28c8a4ace2a0f1d>

Free informational Webinar on GEAR UP

GEAR UP is a federally funded program that can help increase student achievement, high school graduation, and college going rates of low income students. This webinar will be hosted by The College Board on Tuesday, December 7, 2010, from 3:00 p.m. – 4:00 p.m. Eastern Time.

Click on the link below for registration:

- o [College Board GEAR UP Webinar, December 7, 3:00 pm -4:00 pm Eastern Standard Time](#)

If you have any questions, please contact Cassandra Allen, Director, District Outreach, at callen@collegeboard.org.

Conferences and Workshops

Note: The conference session scheduled for Rolla has been cancelled. Dates have changed: Project Lead the Way (PLTW) Pathway To Engineering & Biomedical Sciences 2011 Guidance Counselor and Administrator Conference will be held on the following two dates in January: ~ St. Louis: Jan 26 at StLCC Florissant Valley ~ UMKC: Jan 27

For Registration Forms and more Information: Go to

http://pltw.mst.edu/counselorsadministrators/counselor_training.html

or contact: Ben Yates, PLTW Assoc. Affiliate Director, Phone: (660) 864-6813, Email: yatesbk@mst.edu

The Missouri School Counselor Association (MSCA) Spring

Conference, *The 7 Habits of Highly Effectively People Introductory Workshop with Dr. Paul Pitchford* will be held on March 4, 2011 at the Capital Plaza in Jefferson City, MO. To see more information, go to http://www.moschoolcounselor.org/conferences/spring_conference

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Guidance and Placement Services DIGEST

Vol. 8, No. 9

Please forward this Digest to your colleagues.

December 03, 2010

The Guidance and Placement Services Digest is used to transmit information pertaining to the four program components of the Missouri Comprehensive Guidance Program: Curriculum; Individual Planning; Responsive Services; and System Support to professional school counselors, placement personnel, career and technical school counselors and administrators at all levels throughout the state.

Announcements

There will be one more issue of The Digest before the holiday break; it is tentatively scheduled for December 17. The Guidance and Counseling Section hopes that everyone has an enjoyable holiday and we look forward to working with you next year.

Program Components

From time to time, resources that are brought to our attention through ASCA list-serves or other means that could be used as part of a guidance program will be listed here. The readers are encouraged to investigate the resources and decide whether or not they are appropriate for their programs. Listing of these resources does not constitute endorsement by either our section or DESE.

CURRICULUM

A reminder:

Sample curriculum lessons for all ages that correspond to the standards and GLE's may be found on the Guidance E-Learning Center housed in the Missouri Center for Career Education at <http://missouricareereducation.org/curr/cmd/guidanceplacementG/elearning/>

INDIVIDUAL PLANNING

Missouri Connections, Did You Know?

Don't be confused! We still have MissouriConnections.org! Some counselors have received information that made it sound like we no longer have Missouri Connections. We do! And it is **free** to all public schools! Career Information Systems (CIS) *intoCareers* is our new provider since July 1.

The use of Missouri Connections continues to expand as approximately 20 new schools request access each week! To request a new, school site access, complete and submit the form [Site Information Sheet](#) located on the front page of MissouriConnections.org under "Educators".

Note: The picture and design of the home page changes monthly to keep things current for our users.

Survey: There is a *very brief (2 minutes)* survey at the end of the "Undergraduate School Sort" to provide user perspective on this valuable tool. Please encourage your users to complete the survey after using this sort.

Check out the *rich resources* available through Missouri Connections!

Tools for Counselors and Teachers

<http://www.missouriconnections.org/ViewHtmlStandalone.aspx?File=materials/resources.htm>

includes tutorials, lesson plans in both the JR and SR versions and *new curriculum*

My Career Plan, located in the upper left hand corner, above the assessments on the inside front page is a powerful curriculum waiting for you to use.

See the Training Calendar (located under the “Training” tab on the front/portal page) to locate a training in your area or to contact our state trainer or your Career Education Coordinators (CEC’s).

<http://www.missouriconnections.org/ViewHtmlStandalone.aspx?File=materials/trainingmaterials.htm>

Review the “Getting Started” power point, located under the training calendar, to help you begin using the system. For assistance, contact:

State Trainer – Jackie Coleman, jcoleman@motrainer.com, or call (573) 634-0043

Technical Support – cishelp@uoregon.edu or call 800-553-2252

Program Management – Tom Schlimpert, Tom.schlimpert@dese.mo.gov, or call (573)751-6875

New Online Training Module Highlights MDHE Services and Programs

The Missouri Department of Higher Education (MDHE) has been helping Missouri students meet their planning and paying for college needs for decades. For those who would like to learn more about how the department reaches students in all corners of the state each year, the MDHE created a new online training module, [An MDHE Overview](#), to better help you identify ways to promote access to postsecondary education.

As you view *An MDHE Overview* via the MDHE website, you will gain an inside look into how the MDHE serves more than 408,000 students through 13 public four-year universities, 19 public two-year colleges, one public two-year technical college, 25 independent colleges and universities and 150 proprietary and private career schools.

Services provided by the MDHE seek to raise awareness about financial aid programs, grants, scholarships, career paths, and [financial literacy](#). Equipped with tools and resources provided by the MDHE, students looking to succeed in college and beyond are prepared to make informed decisions regarding educational opportunities as early as their freshman year of high school.

To learn more about how you can utilize services and resources provided by the MDHE to aid your students in planning and paying for college, view the latest addition to the [MDHE’s training modules](#) today.

If you have any questions regarding *An MDHE Overview*, or if you would like to recommend topics for upcoming training modules, please contact Lesley Hendrix, MDHE training services coordinator, at lesley.hendrix@dhe.mo.gov.

Scholarship Opportunities:

A. The Missouri Pork Association is now accepting applications for the 2011 Youth Pork Ambassador Program. The program allows students to actively interact with leaders in Missouri’s pork industry and receive a \$1,000 scholarship, payable to any technical school, community college, or a four year institution. The Ambassador will not only be awarded a scholarship; but will also have many opportunities to increase their knowledge of the pork industry.

All high school seniors, college freshmen and sophomores are eligible. **Application deadline is December 15, 2010.**

For more information visit http://mopork.com/Youth_YouthPorkAmbassador.asp and application visit <http://mopork.com/Docs/2011AmbassadorApp.pdf>

B. America’s Milk Processors have announced the 14th annual SAMMY Award program. This program recognizes outstanding scholar athletes in grade 12. Those chosen receive, in addition to other opportunities, a \$7500 college scholarship from the Milk Processor Education Program. Nominations close on March 4, 2011. To see complete rules and all of the opportunities, go to http://www.bodybymilk.com/sammy_scholarship.php

C. The Ellis Foundation provides scholarships to high school seniors from low to medium income families in rural America, with an emphasis on single parent families. The scholarship pays up to \$1,000 each semester directly to the student’s designated college. There are certain conditions applied to the scholarship award process. The foundation is now accepting on-line applications through high school counselors who will be provided with a password if they have qualifying students.

This year the foundation is looking at several specific degree categories. They include but are not limited to Culinary Arts, Chefs, and **Hotel and Restaurant Management**, Construction Engineering, and Computer Science and Information Technology. If you are interested in working with the foundation, more information is available at http://theellisfoundation.org/pdf/hs_counselor_1.pdf

RESPONSIVE SERVICES

Remember the Hotline

The School Violence Hotline is staffed Monday through Friday from 7:00 a.m. to 6:00 p.m. The program provides an ANONYMOUS means to report school violence. Information is gathered from reporters and then entered into a centralized database. The information is immediately relayed by phone and the report is faxed or e-mailed to the appropriate law enforcement agency and school. To see more about this resource, go to <http://schoolviolencehotline.com/index.htm>

SYSTEM SUPPORT

A Professional Development Opportunity focusing on Autism will be held on January 20, 2010 at 10:00 a.m. at the University of Central Missouri. This event is being sponsored by Central Missouri School Counselors Association. Dr. Brad Mears will be the featured speaker. Dr. Mears is an Associate Professor at the University of Central Missouri in the Department of Kinesiology. For the last 14 years he has focused his research on the developing child, specializing in developmental neurology, autism and neuroeducation. Dr. Mears is considered to be one of the top presenters in his field and works extensively with professional organizations, school districts and early childhood education programs across the country. He also serves as a board member for the Midwest Center for Autism. Prior to the completion of his Doctorate degree and his appointment with the University of Central Missouri, Dr. Mears was a teacher in a kindergarten and early childhood special education school. He is dedicated to developing a better understanding of childhood development and demonstrating the importance of quality early childhood education. If you are interested in attending this event please contact Stacy Pitts at 660-885-3353 or spitts@clinton.k12.mo.us

Conferences and Workshops

Note: The conference session scheduled for Rolla has been cancelled. Dates have changed: Project Lead the Way (PLTW) Pathway To Engineering & Biomedical Sciences 2011 Guidance Counselor and Administrator Conference will be held on the following two dates in January: ~ St. Louis: Jan 26 at StLCC Florissant Valley ~ UMKC: Jan 27

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24th Annual Pathways Conference will be held at new location!

The conference will be held on March 6-8, 2011 at the Holiday Inn Select Executive Center in Columbia, MO. For more information and/or to fill out a call for proposals, go to

<http://dese.mo.gov/divteachqual/leadership/>

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Guidance and Placement Services DIGEST

Vol. 8, No. 10

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December 15, 2010

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Announcements

Happy Holidays from Guidance and Counseling

John, Tom, Lore'e and I want to wish each and every one of our readers a joyous and safe holiday season. We appreciate all that you do for the students of Missouri through your hard work to fully implement your comprehensive guidance and counseling programs.

We look forward to working with you in the New Year and anticipate continued growth and improvement in our school counseling programs across the state.

Best Wishes to All.

**Bragg Stanley
Director, Guidance and Counseling Services
Office of College and Career Readiness
Department of Elementary and Secondary Education**

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CURRICULUM

A SOURCE OF CAREER INFORMATION

If you are looking for background material to use in your classroom presentations on careers, you might consider using the *Occupational Outlook Quarterly* which is available online. It gives a wide variety of information including what is called the grab bag which contains information for counselors and students. To see this resource, go to <http://www.bls.gov/opub/ooq/home.htm>

INDIVIDUAL PLANNING

Missouri Connections, Did You Know?

Your ideas for utilizing Missouri Connections in your district for Career Awareness and Exploration could be funded.

A grant program is available that annually provides grants to K-12 educators utilizing new teaching methods and techniques to improve learning. Educators submit grant applications describing projects they have initiated or would like to pursue. Each project is judged on its innovative method, creativity and

ability to positively influence students. Each year, 100 educators are selected to receive \$2,000 each to help fund their innovative class projects. Of these grantees, three are then selected to receive additional top awards of \$5,000, \$10,000 and \$25,000 each. All awards must be used to further the projects within the school or school system. Indirect costs or administrative fees should not be paid or withheld from the grant award. At least one award will be granted in each of the 50 United States, provided one or more qualified applications are received from each state. **April 30, 2011 is the application deadline.** <http://ing.us/about-ing/citizenship/childrens-education/ing-unsung-heroes>

Remember: Missouri Connections is a resource that is free to schools to utilize for career awareness, exploration and planning activities. You can visit Missouri Connections at <http://www.missouriconnections.org/>

Scholarship Opportunity

The National Federation of the Blind of Missouri's 2011 Scholarship Program is accepting applications until February 1, 2011. Do you know any seniors in high school or college students who are legally blind and will be attending a post-secondary education program for the fall of 2011? If so, will you take a moment to pass on information that may help them move toward their goals?

Scholarships through the National Federation of the Blind of Missouri and the national organization are based on merit. We very much want to recognize students who are engaged in fulfilling their dreams. Seeing a student receive such an honor must also be rewarding to those who have played an active role in preparing students for the next phase of their life.

This information and the 2011 application forms are available online at www.nfbmo.org. If there are any questions, please feel free to contact Shelia Wright, Chair, Scholarship Committee, National Federation of the Blind of Missouri at 816-741-6402 or by email at sbwright95@att.net.

Upcoming AP course/exam changes

The AP Program is committed to telling schools about changes in AP courses at least two years before those changes will be implemented. AP has a new microsite, Advances in AP <http://advancesinap.collegeboard.org/> which details changes to courses in the 2011-12 and 2012-13 academic years. There you will find:

- Curriculum frameworks, which describe the college-level knowledge and skills students need to succeed on the AP Exam
- Course audit information
- Exam information and sample questions for World History (French and German questions will be available in February 2011)
- Timelines, recommended action plans, information on professional development and other resources that will help schools plan for these changes.

RESPONSIVE SERVICES

Crisis Management Class Scheduled-Please forward to others who might be interested

The Missouri Office of Homeland Security in conjunction with the Rural Domestic Preparedness Consortium (RDPC) and The University of Findlay (an RDPC member) has scheduled the AWR 148 Crisis Management for School-Based Incidents: Partnering Rural Law Enforcement and Local School Systems class for February 17, 2011 in Kirksville, MO. Individuals can register online by going to <http://training.dps.mo.gov/sematraining.nsf/TrainingSchedule?OpenForm> and going to February 17 on the training schedule. Lodging and meal reimbursement will be provided for those who live more than 50 miles from the course location.

If you need assistance or special accommodations for this training, please contact Jack Raetz at (573) 526-9016, jack.raetz@dps.mo.gov or Debbie Cheshire at (573) 522-6776, Debbie.cheshire@dps.mo.gov prior to the training date.

UPDATED FREE ADDICTION PREVENTION PROGRAM AVAILABLE TO ALL MISSOURI SCHOOLS

"Beat Addiction: Choose the Right Path" is an award-winning youth addiction prevention program that is available to all Missouri schools with students in grades 6-12. The new program includes a 30-minute DVD with four testimonials from a diverse cast of youth in recovery from various addictions (Spanish and closed-caption versions are available on the disc), a facilitator's guide and poster. To order your free copy, contact Holly Koofer-Thompson at (573) 526-7467 or koofeh@molottery.com. You can also view the video online by visiting <http://888betsoff.org/resource/index.htm>.

SYSTEM SUPPORT

Presentation on the Principal-Counselor Relationship available

The College Board has developed a presentation involving leaders from the National Office of School Counselor Advocacy (NOSCA), National Association of Secondary School Principals (NASSP) and the American School Counselor Association (ASCA) and members of effective principal-counselor teams discussing this relationship. We suggest **counselors and principals** view this presentation by going to <http://www.collegeboard.com/html/counselors/principal-counselor/index.html>

Conferences and Workshops

The American Counseling Association of Missouri (ACAM) will host its first ever winter conference

at Evangel University on January 22, 2011 in Springfield, MO. Carl Dawson, LPC, MAC will present on, "Abuse of Prescription Drugs: Current Issues" at 9 am and Janice McGowan will discuss, "Using Neurolinguistic Programming in Counseling" in the afternoon. More details and registration are available at: www.counselingmissouri.org.

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<http://dese.mo.gov/divteachqual/leadership/>

Missouri Association for College Admission Counseling (MOACAC)

Spring Conference will be held on April 10-12, 2011 in St. Louis, MO at the Four Seasons Hotel. Check the MOACAC website at <http://www.moacac.org/> for the Registration Form, Call for Proposals, and details about the Host Hotel.

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