



CAREER PATH

Human Services

CAREER CLUSTER

Hospitality and Tourism

CAREER PATHWAY

Restaurants and Food/Beverage Services



CHEF OR HEAD COOK

Direct the preparation, seasoning, and cooking of salads, soups, fish, meats, vegetables, desserts, or other foods. May plan and price menu items, order supplies, and keep records and accounts. May participate in cooking.

Knowledge and Skills Needed

In addition to courses required for high school graduation, essential skills and knowledge needed for a career as a chef or head cook are reinforced by taking rigorous and relevant courses, as well as participating in work-based experiences and student organization activities.

(See the Sample Personal Plan of Study for suggested coursework, activities, and knowledge and skills to pursue in preparation of an occupation in this Career Cluster.)

Education Requirements

Occupation	Percent of Missouri employees aged 25 to 44 in the occupation whose highest level of educational attainment is:		
	High School or Less	Some College	Bachelor Degree or More
Chefs and head cooks	47.7%	38.8%	13.5%
Supervisors, food preparation and serving workers	49.5%	37.0%	13.5%
Food preparation and serving related	67.9%	23.9%	8.2%

Most Common Educational Level: Work experience in a related occupation.

Note: Be sure to learn whether your occupation has a specific requirement for education or licensing. Apprenticeships are available for more than 240 occupations. Visit www.oa.doleta.gov/bat.cfm

National and State Wage Information

Location	Pay Period	2007		
		Entry*	Median	Experienced**
United States	Hourly	\$13.47	\$17.87	\$23.94
	Yearly	\$28,000	\$37,200	\$49,800
Missouri	Hourly	\$11.33	\$16.27	\$21.78
	Yearly	\$23,600	\$33,800	\$45,300

Based on (*) lower 25% and (**) upper 25% percentile of wages

National and State Employment Trends

Chefs and Head Cooks	Employment		Percent Change	Job Openings*
	2006	2016		
United States	114,800	123,500	+ 8 %	2,330
Missouri	2,280	2,510	+ 10 %	90

*The estimate for Job Openings includes both turnover that results from people who leave the occupation (e.g. quit, retire, death) and new jobs that are created.

Educational Opportunities

Note: This list may not be all inclusive. For more information about Missouri schools and programs, visit www.dhe.mo.gov

Cape Girardeau Career /Tech Center

Cape Girardeau, MO
(573) 334-0826
www.capectc.org

East Central College

Union, MO
(636) 583-5193
www.eastcentral.edu

Gibson Technical Center

Reeds Spring, MO
(417) 272-3271
www.wolves.k12.mo.us/gtc

Jefferson College

Hillsboro, MO
(636) 797-3000
www.jeffco.edu

Lake Career and Technical Center

Camdenton, MO
(573) 346-9260
www.camdentonschools.org

Lecole Culinaire

Saint Louis, MO
(314) 587-2433
www.lecoleculinarie.com

Lebanon Technology and Career Center

Lebanon, MO
(417) 532-5494
www.tech_center.tripod.com

Macon Area Vocational Technical School

Macon, MO
(660) 385-2158
www.macon.k12.mo.us/Vocational

(more-over)

Mineral Area College
Park Hills, MO
(573) 431-4593
www.mineralarea.edu

Normandy High School
Normandy, MO
(314) 493-0600
www.normandy.k12.mo.us

Northland Career Center
Platte City, MO
(816) 858-5505
www.northlandcareercenter.com

Northwest Technical School
Maryville, MO
(660) 562-3022
www.maryville.k12.mo.us/external/home.html

Nevada Regional Technical Center
Nevada, MO
(417) 448-2090
www.nevada.k12.mo.us/NRTC/Index.htm

Ozarks Technical Community College
Springfield, MO
(417) 447-7500
www.otc.edu

Pemiscot County Career & Technical Center
Hayti, MO
(573) 359-2601

Saint Louis Community College - Forest Park
St. Louis, MO
(314) 644-9100
www.stlcc.cc.mo.us/fp

South Central Career Center
West Plains, MO
(417) 256-6152
wphs.k12.mo.us/education/school/school.php?sectionid=5

Special School District North Technical School
Florissant, MO
(314) 989-8100
www.ssd.k12.mo.us/Tech_ed/adult_education/index.html

Waynesville Technical Academy
Waynesville, MO
(573) 774-6106
waynesville.k12.mo.us/Schools/WTA



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www.missouricareersource.com



www.missourieconomy.org
