



Department of Elementary
and
Secondary Education

The NEWS in Missouri Family and Consumer Sciences Education

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WINTER NEWSLETTER

From the Director Celebrating 100 Years

Cynthia K. Arendt, Ph.D., Director

December 2009 will mark the 100th anniversary of Family and Consumer Sciences as an organized profession. Home Economics/Family and Consumer Sciences is both an area of study and a group of related occupations. As professions go, we are relative new kids on the block—let’s face it mathematics, science, and language arts have all been around a lot longer. Does that mean we are not a valid an area of study? No, in fact, research in our field will prove we are becoming not only more valid as time passes but more needed.

I will not site all of the research available to support our profession as a discipline in its own right. I will point to the need for Family and Consumer Sciences Education to be a part of the solution for addressing some of the issues and problems of our country. These include the financial crisis, home foreclosures, credit card debt, obesity that contributes to increases in heart disease and diabetes, the number of divorces and blended families and the rise in the number of children home alone. These are just a few of the societal issues the study of Family and Consumer Sciences Education addresses.

Continued on page 2...

Charlotte, North Carolina the Site of ACTE 2008

Cynthia K. Arendt, Ph.D., Director

Charlotte, North Carolina, as host to the 2008 annual meeting of the Association for Career and Technical Education, was good to the Charlottes from Missouri. Charlotte Gray presided over the NATFACS section and Charlotte Stiens was honored as the Region III Career and Technical Educator of the Year.

I am always amazed at the number of Missouri teachers in attendance. This year was not an exception; everywhere I turned I saw a familiar face. I tried to keep track of the teachers I saw from Missouri but soon gave up. Missouri was also well represented when it came to awards and holding leadership positions. I know I am at risk here in mentioning names since there are quite a few teachers serving on National Association of Teachers of Family and Consumer Sciences (NATFACS) committees, but I will proceed anyway.

Continued on page 3...

Inside this issue:

From the Director	1-3
ACTE 2008	1 & 3
MoEFACS	4-5
FCCLA	6-10
LifeSmarts	11-12
CDA	13
ProStart	14
FCS Contact	15

Click here to contact our staff:

http://www.dese.mo.gov/divcareered/facs_staff.htm



The Missouri Department of Elementary and Secondary Education does not discriminate on the basis of race, color, national origin, age, sex, disability, or veteran status in its programs, services, or employment practices.

A little review of our 100 year history will show that from the very beginning our profession has been based on using science, chemistry in particular, to address societal problems. Since it is the 100th year, please indulge me with a very brief history review. The operative word here—is BRIEF! For teachers who entered this profession through alternative certification and the PRAXIS, you should know that we have a rich history with record of the content being taught as far back as the late 17th century. Actually, the idea of the application of science to the common purposes of life is as least as old as Francis Bacon, (1561-1626), the father of inductive reasoning.

We also have had several names. The original name, Oekology, is from the Greek word meaning home management. This was followed by Domestic Science and in 1899 the name Home Economics was officially adopted. In 1994 delegates representing members of the American Home Economics Association (AHEA) voted to change the name to Family and Consumer Sciences. I was fortunate enough to be a delegate at that San Diego meeting where I witnessed the voting for the name change. The name was a compromise among the many that had been suggested. At one time there were over 100 different names being used by colleges and universities to identify home economics. The new name was an attempt to recognize our scientific roots and to bring everyone under the same nomenclature –unfortunately, many different names still exist.

One of the founders of the American Association for Home Economics, Ellen Swallow Richards, stated that Home Economics is the application of science to the improvement of home or the quality of life. “Science has to apply its knowledge to improve the home, for upon the home depends the welfare of the commonwealth”. *Home Economics: Past, Present and Future*, p. 10. Long before Ellen Richards, the great Aristotle recognized the value a quality family life had for society. Book I of his *Politics* is titled “The Theory of the Household.” It is clear that he saw good households as basic to good societies, and saw both as needed to achieve the good life. By the good life he meant the life which produced good people. It is also clear that he considered the household manager as a man, the husband and father and owner of slaves,” *Home Economics: Past, Present and Future*, p. 10.



Ellen Swallow Richards

Ellen Swallow Richards (1842-1911) lived long enough to see her passion to apply science to solve everyday problems become a recognized profession. She was instrumental in founding the American Association of Home Economics in December 1909. She was born and raised on a farm in Massachusetts. Her parents were well educated for their day. They had both taught school and set the bar high for their only child. While her family was fairly poor, they wanted Ellen to have a good education. When she was sixteen, they moved so she could attend Westford Academy. In the fall of 1868 she entered Vassar, the newly established institution for the education of women. There she fell in love with astronomy and mathematics. She received a Bachelor of Science degree in chemistry and a master’s degree in mineralogy in 1875. She then applied for and was admitted to the Massachusetts Institute of Technology (MIT) earning recognition as the first female MIT graduate. While at MIT she did complete doctoral work, but the institution was not willing to recognize her for it since they were an all male school and they had admitted her as a “special student”.

She studied chemistry and science because it was her passion to apply scientific principles to improving the quality of the home. In particular, she was concerned with the impact science could make on the physical environment such as sanitation, the preparation of food to maintain its beneficial qualities for improved health, and the quality of water. The study of science is a part of our heritage.

I cannot close without mentioning that men were significant in the founding of the American Home Economics Association. John Dewey, of the Dewey decimal system, was a major player. In 1899 Dewey’s laboratory school at the University of Chicago had nine departments, one of which was Domestic Sciences and Industry and included boys in the enrollment. The first AHEA officers were President, Ellen Swallow Richards, Vice Presidents, C.F. Langworthy, Benjamin Andrews, Ronald Powers, Secretaries, Benjamin Andrews and Thomas Books, and Treasurers, Benjamin Andrews, Howard Knight, C.F. Langworthy, William Morse Cole, Gale Turpin and Richard Morse. These men helped shape the organization and define its role in the early years.

This has been a very brief background regarding the formalization of our profession with the establishment of the American Association for Home Economics now the American Association of Family and Consumer Sciences (AAFCS). There are many more people who played a significant role in this process. I chose to devote this article to providing a little information about Ellen Swallow Richards since she is recognized as the founder of the organization.

I feel it is important to celebrate our heritage and to look forward to another 100 years and beyond. It is fun to think about what the future could be if **ALL** students took our classes and **IF** they put into practice what they learn about applying that knowledge to solving the everyday practical problems of a family. For example, problems such as what to do about food selection and preparation, what to do about using their resources of time and money, how to develop a healthy life style, what to do about relationships and what to do about meeting the needs of the community in which they live.

For more information about Ellen Swallow Richards I hope you will visit the following sites:

http://chemheritage.org/women_chemistry/health/richards.html (This web site lists chemical achievers and has lesson plans to go with them which you might find to use in food science.

http://vcencyclopedia.vassar.edu/index.php/Ellen_Swallow_Richards

<http://www.answers.com/topic/ellen-swallow-richards>

ACTE 2008 continued...

NATFACS was led this year by Charlotte Gray, Wentzville. She is the 6th president from Missouri in the group's 48 years of existence. She was preceded in 1956 by Ferrell Mallory, 1961, Ester Grover McCall, 1987 Jo Hampton, 1997 Betty White, and 2000 Linda Rice. We also have had our share of teachers recognized for their contributions to education and NATFACS over the years. These include, Marcia Ritter 1995, Linda Gers 1997 and Betty White 2003, Special Award of Merit; PRIDE Award went to Tracey Newman in 2006; the Distinguished Service Award to Linda Rice 2003 and Betty White 2007.

Missouri was also well represented on the NATFACS committees: Awards Committee, Teresa Durbala, Wentzville School District, Program Committee, Suzi Beck, Chair, Trenton and Jayla Smith, Tri County, History Committee, Betty White, retired, Legislative Committee, Ronna Ford, Chair, Lebanon, Louise Lunkenheimer, Nevada, Marcia Ritter, retired, Lee's Summit, Nominations, Sarrah Dobson, Lexington, Public Information, Karlene Harrison, Mound City and Scholarship, Tracey Newman, Ste. Genevieve.



Missouri NATFACS Presidents left to right: Charlotte Gray, Wentzville School District, 2008 and Betty White, retired Hallsville School District, 1997.



ACTE Attendees back row left to right: Suzi Beck, Trenton School District, Betty White, retired, Marcia Ritter, retired. Front row left to right: Charlotte Stiens, Northwest Missouri State University, Charlotte Gray, Wentzville School District, and Cynthia Arendt, Director, Family and Consumer Sciences Education.

Charlotte Stiens Recognized as Outstanding Career and Technical Educator for Region III

Congratulations to Charlotte Stiens, Family and Consumer Sciences teacher educator at Northwest Missouri State University. She was selected as the ACTE Region III Outstanding Career and Technical Educator of the Year. Before going to Northwest as a full time instructor Charlotte retired with 31 years of teaching Family and Consumer Sciences at the secondary level. Charlotte was recognized with the other region Outstanding Career and Technical Educators of the Year at the second general session of ACTE in Charlotte. Larry Stephenson, Region V was selected as the ACTE Outstanding Career and Technical Educator of the Year. Region III states are Minnesota, Missouri, Wisconsin, Iowa, Illinois and Indiana. Karen Mason, Newton School District is currently serving as the Region III president.



Mentors and Protégés Meet in Columbia

Over 100 Family and Consumer Sciences Education mentors and protégés met in Columbia on January 14 for their second mentoring meeting. Both first and second year teams met together to complete first semester work and to plan for the second semester experiences.

Jane Wolff and Elaine Duncan serve as the Content Experts for the group. They explained the classroom visit expectations and answered questions from the group.

One of the features of the meeting was a “Round Table” event, similar to the MoACTE summer conference “Carousels”. Protégés submitted topic ideas and the top 14 were chosen for the meeting. Mentors volunteered to be the table leaders. Both mentors and protégés were invited to attend four of the twenty minute sessions.

The mentoring teams will complete their 2008-09 work in May. If you know of any new or returning teacher for the 2009-10 school year, please contact Merilee Thoenen (573-751-6878, Merilee.Thoenen@dese.mo.gov) so she can tell them about the mentoring program.

MoEFACS Update

Louise Lunkenheimer, Nevada Regional Technology Center

Missouri was well represented at the ACTE meeting in Charlotte, North Carolina by several MoEFACS members. Charlotte Gray, NATFACS President, and her team of FCS teachers from across the country provided a varied, professional and timely agenda for Family and Consumer Sciences teachers. Cheryl Landers, Jayla Smith, Ginny Stone, Marcia Ritter, Ronna Ford, Dr. Cynthia Arendt, and *many others* from Missouri, represented us on National ACTE and FCS committees. Our Region III Vice President, Karen Mason, was also there, working tirelessly on our behalf. Charlotte Stiens received national recognition as Region III Outstanding Career and Technical Educator. Suzie Dudenhoefter and Louise Lunkenheimer represented MoEFACS as delegates.

Daniel Pink, author of [A Whole New Mind](#); Neil Howe, expert on Millennials in the classroom and workplace; and Bill Daggett, education-reform expert who is recognized worldwide for his proven ability to move education systems toward more rigorous and relevant skills and knowledge for all students, were all featured speakers at the conference. Each one of these speakers left the audience thinking about how to improve career and technical education and prepare students (and themselves) for the changes that will be coming. MoEFACS representatives brought numerous ideas back for professional development at our meeting in July.

The MoEFACS Board of Directors will meet February 28, 2009 at Lake of the Ozarks. The July conference program will be finalized and a celebration is being planned for Family and Consumer Sciences Education which is 100 years old in 2009. For more information, please contact Louise Lunkenheimer at llunkenheimer@nevada.k12.mo.us.

MoEFACS Awards and Recognition

There are many individuals who are doing great things for Family and Consumer Sciences Education. Who do you know that could be nominated for one of the following awards or recognition?

- **MoEFACS Teacher of the Year** To recognize a member (must have been a member of ACTE and NATFACS for a minimum of 5+ years) who has made significant contribution to Family and Consumer Sciences and who is considered to be an outstanding leader in the field.
- **MoEFACS Outstanding New Career and Technical Teacher of the Year** To recognize a member (must have been a member of ACTE and NATFACS for at least the past three consecutive years) who has taught for a minimum of three but no more than five years (applicant may be in the sixth year at the time of application) teaching Family and Consumer Sciences for significant contributions in the classroom, through curriculum development and/or providing multiple FCCLA opportunities for students.
- **Public Relations in Developing Excellence (PRIDE) Award** The purpose of the PRIDE Award is to promote Family & Consumer Sciences Education by encouraging MoEFACS member to “share” their projects and promotional ideas with others.
- **MoEFACS Legislative Recognition Award** This award is given to recognize legislators for their meritorious contributions to the improvement, promotion, development and progress of Family and Consumer Sciences Education.
- **MoEFACS Champion for Family & Consumer Sciences** This award is given to those outside the field of FACS education in recognition of the highest meritorious contribution to the improvement, promotion, development and progress of Missouri Family and Consumer Sciences Education. This award may be given to an individual, business, or organization.
- **MoEFACS Family & Consumer Sciences Retiree** Retiree must be a member of Missouri ACTE and MoEFACS to receive recognition at summer conference.
- **MoEFACS College Scholarship** This scholarship will be awarded only to college students with at least 60 credit hours or who will have completed 60 credit hours (college sophomore or junior) at the completion of the current semester; who plan to obtain an education degree in Family and Consumer Sciences at a Missouri college or university with a grade point average of at least 3.0 based on a 4.0 scale.
- **MoEFACS High School Scholarship** This scholarship will be awarded only to high school seniors who plan to obtain an education degree in Family and Consumer Sciences at a Missouri college or university with a grade point average of at least 3.0 based on a 4.0 scale.

This link will take you to the forms. http://www.dese.mo.gov/divcareered/facs_moefacs.htm

A Special thanks to Julie Carr, Adrian High School, for all of her dedicated work in bringing these forms up to date!



Missouri FCCLA Update



Missouri Association

Missouri Association

AFFILIATION UPDATE

Chapters may still affiliate for the first time or add additional members throughout the school year. Many chapters add additional members as new students enter the family and consumer sciences classroom for the second semester. All chapters wishing to attend the annual state leadership conference will need to affiliate by March 1. Additional membership [affiliation forms](#) are available online at the Missouri FCCLA web site or may be obtained by simply calling or sending the state office a request.

As a recap – here are a few helpful hints for affiliation.

Use the Missouri FCCLA [affiliation form](#) (available on the state web site)

- Send ONE check for regional, state and national dues to the state office
- Do not send a purchase order or a future payment voucher
- Submit the affiliation form, membership roster and payment in one envelope
- Double check calculations for payment.

If an affiliation comes to the office without a form, payment or membership roster, we are unable to process the paperwork to finalize affiliation.

SCHOOL ADMINISTRATOR RECOGNITION PROGRAM

Without the support of school administrators, students could not take advantage of the many opportunities offered through Family, Career and Community Leaders of America. If your administrator shows outstanding support of FCCLA in your school, you might want to consider nominating him or her for the School Administrator Award. Two administrators will be recognized at the state level and their names will be forwarded to the national office for consideration of their award. Any FCCLA member, advisor or parent may nominate a school administrator. This is an excellent way to show your administrator you appreciate their efforts!

The [nomination form](#) may be accessed from the state FCCLA web site or by calling the state office. The deadline for submitting nominations to the state office is March 1.

STATE LEADERSHIP CONFERENCE

“Level Up Your Leadership” is the theme chosen by the 2008-09 State Executive Council for the 2009 State Leadership Conference. Just as a player moves up levels to advance in a video game, FCCLA members move up leadership levels as they move through FCCLA programs and activities. General Sessions, meetings and workshops will be taking place at the Holiday Inn Select and Expo Center. STAR Events competitions will take place at the Holiday Inn Select and Expo Center, LaQuinta Inn, Drury Inn, Stoney Creek Inn, MSBA building, and on the campus of the University of Missouri-Columbia. Transportation between conference hotels and these sites is the responsibility of the local chapter. All conference registration materials and lodging information may be obtained at www.mofccla.org.



Dates: March 29-31, 2009

Location: Holiday Inn Select Executive Center, Columbia, MO

Conference Registration - \$70 per person

STAR Events Entry Fee - \$20 per person

All registrations received after March 1 will be subject to a \$10 per person additional charge

NATIONAL LEADERSHIP CONFERENCE – JULY 12-16, 2009

“Beyond the Label”

The 2009 National Leadership Conference will be held July 12-16, 2009 in Nashville, Tennessee. The 2008-09 National Executive Council selected “Beyond the Label” as the theme for the conference. FCCLA is about to change the way the world looks at students and the way the world perceives youth. The conference will focus on students and FCCLA moving beyond the label that society has placed on them.



As the state office receives more specifics about this conference, updates will be made to the web site. To learn more, visit www.fcclainc.org and click on “meetings.”

LEGISLATIVE SHADOWING PROGRAM

Missouri Family, Career and Community Leaders of America are again sponsoring the FCCLA Legislative Shadowing Program, February 24-25, 2009. By involving Missouri Family, Career and Community Leaders of America members in the legislative shadowing project, members will expand their capabilities in understanding, interpreting and setting public policy focused on family, work and social issues related to building strong communities. Participants will see how the skills learned in family and consumer sciences, as well as those learned and refined in Family, Career and Community Leaders of America, serve to assist individuals as they become an advocate for family, career and community issues. This FCCLA program reflects Goal 4 of the Missouri Show-Me Standards and integrates family and consumer sciences content with the Social Studies performance standards 1, 2 and 3.

LEGISLATIVE
SHADOWING



Missouri FCCLA



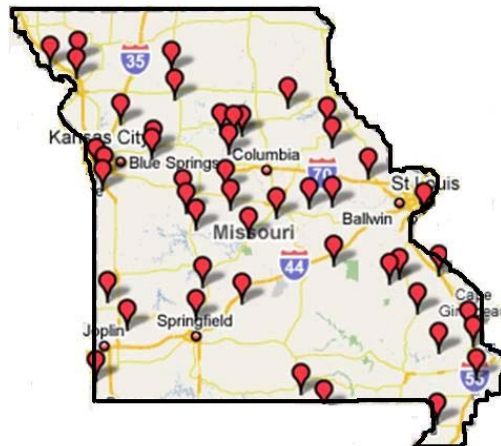
The objectives of this program are as follows:

1. Increase FCCLA member awareness of state government and the political process.
2. Interpret the duties of elected officials or policy makers.
3. Develop awareness of current issues, especially those relating to families.
4. Explore career options within public service.
5. Educate local chapters, school, and/or communities about the shadowing experience.

The following schools have students (juniors or seniors in high school) that were accepted in the 2009 program. Over 80 applications were received for 50 open positions.

Bronaugh High School
 Chamois High School
 Chillicothe High School
 Cole Camp R-I High School
 Crawford County R-II High School
 Eldon High School
 Fredericktown High School
 Glasgow High School
 Golden City High School
 Grandview C-4 High School
 Green Ridge High School
 Hardin-Central High School
 Hermann High School
 Herndon Career Center
 Holcomb High School
 Jackson High School
 Jefferson City High School
 Keytesville High School
 La Monte High School
 Lathrop High School
 Lebanon High School
 Lex La-Ray Technical Center
 Mark Twain High School
 Mound City High School

Normandy High School
 North Andrew High School
 North Kansas City High School
 North St. Francois High School
 Pilot Grove High School
 Pleasant Hope High School
 Salisbury High School
 Scott County Central High School
 Scott City High School
 Seneca High School
 Skyline High School
 South Nodaway High School/Virtual Chapter
 South Shelby High School
 Ste. Genevieve High School
 Thayer R-II High School
 Tipton High School
 Trenton High School
 Troy Buchanan High School
 Van-Far High School
 West County R-IV High School
 West Plains High School
 Westran High School



New STAR Event Opportunities

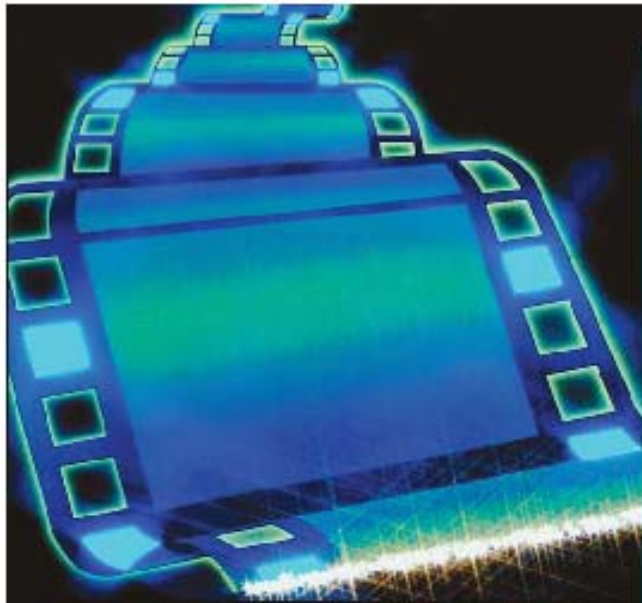


This year FCCLA members have more opportunities than ever before to participate in STAR (Students Taking Action With Recognition) Events. There are a total of twenty-two (22) national STAR Events, and eight (8) Missouri state-level events. The new events introduced in 2008-09 are:

Food Science
Healthy AgriMissouri Meals
Promote and Publicize FCCLA!
Teach and Train

With so many opportunities for students, it is easy to see how STAR Events are quickly becoming one of the most popular FCCLA programs offered at the regional, state and national levels. Plans are to provide demonstrations of the new Missouri pilot events at the 2009 State Leadership Conference (depending on entries). Future STAR Events will be developed and added to address the needs of FCCLA chapters, family and consumer sciences education programs, and career planning through the career clusters system.

Advisors that want to learn more about STAR Events should contact Christine Hollingsworth, State Advisor, for more information and to volunteer to assist with State STAR Events. Assisting with the state events is one of the best ways to learn. Be sure to download two documents for successful STAR Events implementation – the national *STAR Events Manual* (www.fcclainc.org) and the *Missouri FCCLA Guide to STAR Events* (www.mofccla.org).



DIGITAL MEDIA CAMP

JUNE 1-5, 2009
UNIVERSITY OF MISSOURI-COLUMBIA

APPLICATION DEADLINE:
APRIL 1, 2009

Download your application today!
www.mofccla.org

The Digital Media Camp is sponsored by Missouri Family and Consumer Sciences and Missouri FCCLA. It is specifically for family and consumer sciences teachers and FCCLA advisors. Thirteen teachers, one from each of the Missouri FCCLA regions, will be selected to participate.

All costs will be paid for by the Department of Elementary and Secondary Education and Missouri FCCLA. Training will be provided by eMINTS.

DIGITAL MEDIA CAMP OBJECTIVES:

- Learn how to integrate multimedia instructional strategies (digital stories and presentations) into the family and consumer sciences classroom and FCCLA projects.
- Determine ways to use digital media to explain difficult course content and facilitate classroom discussion.
- Produce a digital story to be used as an example for peers and students.

Questions? Contact Christine Hollingsworth at christine.hollingsworth@dese.mo.gov

MISSOURI
F * A * C * S 





The online portion of the Missouri LifeSmarts contest ended on January 23 at 11:00 p.m. On the Varsity level (grades 9-12), 122 teams were formed by 88 coaches. Fifty-four of the teams completed all three levels of competition. The following 12 teams have been invited to the in-person state finals in Jefferson City on February 25, 2009. The state champion will represent Missouri at the national LifeSmarts competition in St. Louis from April 25-28.

TEAM	COACH	SCHOOL	CITY
Marksman	Douglas Osborne	Sherwood High School	Creighton
The Bus	Douglas Osborne	Sherwood High School	Creighton
Savvy Consumers	Kathy Kagay	Maysville High School	Maysville
Whippets	Krista Hampton	Southern Reynolds R-II	Ellington
Blank	Christy Lockard	Sheldon R-VIII	Sheldon
The Sheldomaniacs	Christy Lockard	Sheldon R-VIII	Sheldon
Benton Whiz Kidz I	Clara Liles	Benton High School	St. Joseph
Benton Whiz Kids II	Clara Liles	Benton High School	St. Joseph
Smarties	Teresa Holder	Couch R-I	Myrtle
Brains from BTown	Amy Lee	Bismarck R-V	Bismarck
FZS Bulldogs	Anne Klemme	Fort Zumwalt South	St. Peters
Crusaders	Cleta Sweeney	Ava Victory Academy	Ava

The Junior Varsity level (grades 6-8) included 43 coaches with 29 teams. A state champion will be determined in the in-person finals on February 24 in Jefferson City. The nine finalists include:

TEAM	COACH	SCHOOL	CITY
Country Tigers	Jan Alexander	Davies R-XII	Clinton
Pleasant Hill MS	Victoria Mosier	Pleasant Hill MS	Pleasant Hill
Savvy Bullpups	Suzi Beck	Trenton Middle School	Trenton
Junior High Panthers	Christy Lockard	Sheldon R-VIII	Sheldon
Linn WildCats	Sharon Baker	Osage County R-II	Linn
Laker Otopilots 8	Mary Beth Otto	Camdenton MS	Camdenton
Arrowheads	Dianne Hon	Sherwood MS	Creighton
Bullpup Smarties	Suzi Beck	Trenton Middle School	Trenton
NEVC Knights	Laurie Bybee	Northeast Vernon R-I	Walker

These teams had impressive team scores! The Jump\$Start survey of financial literacy among high school seniors and college students in 2008 had an average of 48.3% correct answers. Our LifeSmarts finalists team scores ranged from 95.4% (57.25) to 72.9% (43.75) at varsity level and 90.8% (54.5) to 59.5% (35.75) at the junior varsity level!

Thank you to the Family and Consumer Education department at the Department of Elementary and Secondary Education for providing Merilee Thoenen the opportunity to serve as Missouri LifeSmarts Coordinator; to the Missouri Family, Career and Community Leaders of America (FCCLA) for coordinating the program and a special thank you to American Century Investments for being the financial sponsor.



Scott Oberkrom Receives Citation Award

Congratulations to Scott Oberkrom of American Century Investments in Kansas City! Scott was awarded the Citation Award for the Family and Consumer Sciences Division of the Association of Career and Technical Education (ACTE) at the national meeting held in Charlotte, NC in early December. Citation award recipients are individuals or groups outside Family and Consumer Sciences Education who have made significant contributions to Family and Consumer Sciences Education beyond local levels.



Scott is the Director of Community Investments for American Century Investments (ACI) in Kansas City. He has been instrumental in the development and promotion of ACI's Tips for Kids® and Tips for Life®— curricula designed for use in middle- and high-school classrooms and available to educators at no charge. The “Yes, You Can” program of ACI is another free resource. Scott has exhibited these programs at the state conference for the Missouri Association for Career and Technical Education (MoACTE) for many years.

As a Certified Educator in Personal Finance, Scott has been a valuable resource for Family and Consumer Sciences educators. He has presented numerous carousel and concurrent sessions for the Missouri Educators of Family and Consumer Sciences (MoEFACS) state conference attendees.

Scott was a member of the Personal Finance Advisory Committee for the Missouri Department of Elementary and Secondary Education. This committee developed a list of recommended program competencies for the Personal Finance course that will be required for graduation beginning with the class of 2010.

LifeSmarts promotes education in the areas of personal finance, consumer rights and responsibilities, health and safety, ecology, and technology. Scott has been instrumental in securing financial backing from American Century Investments for the Missouri LifeSmarts program and the national Junior Varsity LifeSmarts program. He also serves on the national LifeSmarts Advisory Board. Scott has served as Question Master at the Missouri state in-person competitions and as a Judge and Question Master at the national LifeSmarts competition. In Missouri, LifeSmarts is coordinated by the Family, Career and Community Leaders of America.

Scott Oberkrom is a deserving recipient of the Citation Award. During the past decade, he has made significant contributions to financial education. Many Family and Consumer Sciences educators have benefited from his commitment to provide educators with materials and give students opportunities to learn more about personal finance and consumer rights and responsibilities.

Missouri Insurance Education Foundation Scholarship for High School Students

Cynthia K. Arendt, Ph.D, Director

I serve on the Education Committee, of the Missouri Insurance Education Foundation. It is in that capacity that I want to make you aware of the four (4) scholarships available each year to high school seniors interested in pursuing a career in insurance, risk management or actuarial science in a Missouri college or university. If you have a student in your personal finance classes or know of a student possibly interested in these careers, please make them aware of this opportunity for a scholarship.

You can locate the application and criteria at www.mief.org. If you have any questions please phone Amy Hamacher at the Missouri Insurance Education Foundation, 573-893-4234. Completed applications must be postmarked NO LATER THAN MARCH 31, 2009.

Improving the Quality of Child Care and Education Grant Award Program (CDA Grant)

The goal of the CDA grant is to expand and enhance the quality of child care and education preparation programs in Missouri by:

- Providing participants the opportunity to seek a nationally-recognized credential, the Child Development Associate (CDA).
- Offer individuals a variety of opportunities for entering a seamless career path in child care and education.

Participants in the program include individuals in department approved career Family and Consumer Sciences Education child care and education programs at the secondary, postsecondary and adult levels. Coordinators report the following feedback from students:

- "...it is nice to have someone help make their dreams come true."
- "This setting has created an amazing support system..."
- "The CDA candidates are enthusiastic and ready to learn."
- "One student reported, 'I never realized how many areas of information a child care provided needed to know such as health, safety, lesson plans, and parent interactions.'"
- "The primary feedback is the professionalism. The classes have encouraged them to look at their jobs and the child's environment in a new light. 'Parents look at us as a teacher-not just a baby sitter.'"

Child care and education has been named as one of the areas of high demand for employment, and it is crucial that these individuals are properly prepared. The Department of Social Services has contracted with the Department of Elementary and Secondary Education to administer Child Care Development funds to offer students the opportunity for CDA certification.

In 2008-2009, eighteen applications were approved. The 2010 grant application will be posted in late January or early February, 2009 on the Family and Consumer Sciences Education website (http://dese.mo.gov/divcareered/FCS_forms.htm).

Reporting Students

We have been getting a lot of phone calls regarding how to report student follow-up data. It is very confusing. When reporting you will first need to determine which request for data you are completing. The three reports are listed below.

1. **MSIP reporting:** All secondary students who complete an approved career focused (07-04) program need to be followed up 180 days after graduation. http://dese.mo.gov/divcareered/documents/MCE_PM2008-05.pdf
2. **Perkins IV Secondary Placement Reporting:** Students who have earned three or more units of transcribed credit in a career education program. This includes students in either a family focused program (06-04), and/or a student in a career focused program (07-04). Students earning credits in more than one program area should be reported in his/her in primary field of study. http://dese.mo.gov/divcareered/documents/MCE_PM2008-05.pdf
3. **EIF Reporting:** Beginning with the 2006-2007 school year, Family and Consumer Sciences Family Focused (06-04) courses were included for the first time as a part of the Effectiveness Index Formula (EIF). The main goal of this formula is to reward approved career education programs for success in positive placement of program completers. A program completer is a student who earns three or more units of credit in an approved CTE program within a sequence of courses and who graduates. http://dese.mo.gov/divcareered/documents/MCE_PM2008-05.pdf

If you have any questions, please contact Connie O'Brien at 573-751-3524.

ProStart Teachers Train with Chef Ted Hirschi

Cheryl E. LeFon, Supervisor Family and Consumer Sciences

On January 14th and 15th, ten teachers graced the campus of East Central Community College (ECCC), Union, Missouri to train with Chef Ted Hirschi. The two days proved beneficial as teachers completed ServSafe certification and learned valuable information in the culinary field and had hands on training in a commercial kitchen. Time was spent in knife techniques, cooking techniques and alignment of skills with the National Restaurant Associations ProStart Program. In the words of Christy Johnson, Clearwater High School:

“Wednesday and Thursday of this week I attended a ProStart, ServSafe, and Culinary Arts training at East Central College in Union, MO put on by Chef Ted Hirschi (of ECCC), Laura Klaus (Tech Prep Coordinator) and Hank Huitt (ProStart Coordinator). These three individuals put on an amazing training opportunity that I will remember forever! If you ever have the opportunity to study under the expertise of Chef Ted--grab it--it is an experience you will never forget! Thank you to these individuals (and the listserve for notifying me of the opportunity) for an amazing professional development experience!”

The following teachers including Christy Johnson participated in the event:

JoAnne Chapman – Newburg High School, Karen Fixsal – Washington High School, Madge Flake – Wright City High School, Coleah Brune – St. Clair High School, Michelle Kenny – St. Francis Borgia Regional High School, Mary Niehoff – Pacific High School, Ruth Steinhoff – New Haven High School, Lisa Stubblefield – Cuba High School, and Lois Wicker, Riverview Gardens High School. Cheryl LeFon, Supervisor, Family & Consumer Sciences Education participated as well and renewed her ServSafe Certification.



Chef Ted gives a lesson



Ruth, Lisa and Lois



Christy, Coleah, and Mary



Mary and Cheryl



Michelle and Karen present their meal.

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