

# The NEWS in Family and Consumer Sciences

VOLUME 29, ISSUE III

SPRING, 2011  
NEWSLETTER

## Christine Hollingsworth, State FCCLA Advisor Goes to National FCCLA!

Christine Hollingsworth has left her position as State Advisor for FCCLA to become the Competitive Events Manager for the National FCCLA Organization. Her last day on staff was May 2, 2011.

Christine joined the Department of Elementary and Secondary Education staff as a supervisor on July 1, 1992. On September 1, 1994 she transferred to the State Advisor for FCCLA's position. Before coming to the Department, she taught Family Consumer Sciences in Lone Jack, Missouri.

Under Christine's leadership many new state STAR Events have been created providing more students with opportunities for participation. She developed new leadership programs for students such as the very popular Legislative Shadowing Project and the Fall Leadership Conference. In early 2004 she introduced the LifeSmarts program to Missouri students. Under the leadership of Merilee Thoenen, participation in this program has increased each year.

Christine has been responsible for providing up to date professional development opportunities for teachers including a technology boot camp and Web 2.0 workshops. She connected FCCLA in Missouri to a variety of audiences through popular social medias including a blog, Facebook and Twitter.

Christine is the third DESE staff member to be recently chosen for a position with national Career and Technical Student Organization (CTSO) staff. Steve Brown joined the National FFA Organization, Chris Young was hired by the National DECA Organization and now Christine Hollingsworth joins the FCCLA staff. This is a tribute not only to the leadership ability of these three individuals but the support that Missouri as a state has provided to CTSOs.

Fortunately, for us, Christine and family are not relocating to the Washington DC area. They will remain in Missouri with plans to move to Lexington, Missouri. We wish you and your family the best and much success in your new position. The National FCCLA organization has chosen a winner to be the Manager of Competitive Events.



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A newsletter for family consumer and human services educators, published three times during the school year by the Missouri Department of Elementary and Secondary Education.

## Is Your Program Data Driven?

*Cynthia Arendt, Ph.D.*

*Director, Family Consumer Sciences and Human Services*

A recent request on the list serve asking for suggestions for collecting data for Family and Consumer Sciences classes brought home once again that accountability is here to stay. The teacher's district is using data to drive instruction. The data must show that students can demonstrate that they know the concept and can apply it. The request mirrors what is happening or will happen in many districts. Only two responses to this request were offered.

One response was to use a pre-test and a post-test. The development of a pre-test and post-test must take into consideration what kind of data the district wants. Most pre and post test only indicate what they know but does not necessarily show if the student can apply it in different situations.

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The other response to her request was the use of technical skill assessments. “At this time, I believe our data will be the scores on the TSA’s. We are spending the greatest amount of time working out the correct program of study for the TSA, then revising curriculum to match the TSA. At this time we anticipate giving three TSA’s in our department, all through AAFCS.”

I think districts are going to continue to move in the direction of data driven instruction. They will be using this information to improve student learning and to make program decisions. These are difficult financial times—schools are evaluating programs and classes to see which ones will best serve the students. Having data to show results can be valuable. The technical skill assessments are given only to students who have completed 3 credits in a career approved program. Therefore not all students will be taking a technical skill assessment but it does give you some data; it does not answer the application or performance question. Performance events, such as the FCCLA STAR Events, could easily be a part of the application evaluation.

To assist teachers with this challenge, we have planned several sessions for summer conference on using data to drive program improvement. A pre-conference, “Data Driven Curriculum-The Proof Used to be in the Pudding, Now It’s in the Data”, will be presented Monday, July 25, 2011 from 10:00 a.m. to 4:00 p.m. Join the Missouri teacher educators for Family and Consumer Sciences as they work with FCS teachers to strengthen and promote their programs.

On Wednesday, Lori Myers, PhD, CFCS, Director, Pre-Professional Assessment and Certification for the American Association of Family and Consumer Sciences (AAFCS) will be presenting sessions on understanding and using assessment data for program improvement. Her first presentation “Assessment 101: Tools to Sustain Your FCS Program” will be for the joint division meeting Wednesday morning, 8:00 a.m. -9:15 a.m. This will be followed by two concurrent sessions “Charting the Course for Success: How to Understand and Use TSA Assessment Data”. Dr. Myers is responsible for the development and direction of the AAFCS technical skills assessments that many of you have used to meet the Perkins requirement for technical skills assessments. Not only is she is very knowledgeable about assessment but she is familiar with the needs of different areas for the addressing content.

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## Grant Wiggins Recommends Child Development and Family Relationships as Part of High School Curriculum

*From the Director  
Cynthia K. Arendt, Ph.D.*

In the March 2011 edition of *Educational Leadership*, the journal published by the Association for Supervision and Curriculum Development (ASCD), there is an article by Grant Wiggins entitled “A Diploma Worth Having” p. 28-33. Dr. Wiggins states “there is only one valid measure of the high school curriculum and that is how well does it prepare students for their adult lives?”

His question brought to my mind the Adult Roles and Responsibilities course name used by Family and Consumer Sciences programs in some of the states. In all states, Family and Consumer Sciences content focuses on preparing students for their adult lives.

Hopefully, you are familiar with the name Grant Wiggins. His *Understanding by Design* (UbD), the award-winning and highly successful program and set of materials on curriculum design, is used all over the world. There are school districts in Missouri using the *Understanding by Design* method to develop curriculum. The book, *Understanding by Design*, was written by Grant Wiggins and co-author, Jay McTighe and he is also a co-author on more than a dozen textbook programs in which UbD is infused. His work has been supported by the Pew Charitable Trusts, the Geraldine R. Dodge Foundation, and the National Science Foundation. Grant Wiggins earned his Ed.D. from Harvard University and his B. A. from St. John's College in Annapolis. Over the past twenty five years, Dr. Wiggins has worked on some of the most influential reform initiatives in the world, including Ted Sizer's Coalition of Essential Schools, the International Baccalaureate Program, the Advanced Placement Program; state reform initiatives in New Jersey, New York, and Delaware; and national reforms in China, the Philippines, and Thailand. In other words, he is a well known, highly respected researcher in the field of education.



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Why is it important to establish Dr. Wiggins credentials? It is important because his credentials give him credibility with the academics. In the *Educational Leadership* article “A Diploma Worth Having” Wiggins gives a brief historical perspective on how the current high school curriculum developed and some insight as to why he sees that it may not prepare students for their adult lives.

Here is a VERY short summary to help you recall your history of education course. In 1892, the Committee of Ten recommended that a college-prep education, including multiple years of Latin and Greek should be taken by all students. This was at a time when less than 10 percent of high school students went to college. In 1928 a report by the Commission on the Reorganization of Secondary Education provided the Cardinal Principles of Secondary Education. Surprisingly, first on the list was health, then the command of fundamental processes such as reading, writing and arithmetic, third was worthy home membership, fourth vocation, fifth citizenship, six worthy use of leisure and seventh ethical character.

There is a strong relationship between the Commission’s recommendations of necessary knowledge needed by students and Family and Consumer Sciences content. Family and Consumer Sciences content, known by the name Domestic Sciences and later as Home Economics was established as a profession in 1909 and was already being taught in schools by the time the Commission published their recommendations. Home Economics was not created in response to the Commission’s recommendation.

Wiggins refers to an earlier essay by Herbert Spencer. In his essay, “What Knowledge Is of Most Worth?” written in 1861, Spencer not only says health should be a part of education but is very critically of a system that does not make child-rearing a core subject. Wiggins continues by stating that our current situation is no better than the Committee of Ten’s recommendation. He states that we are “on the verge of requiring every student in the United States to learn two years of algebra that they will likely never use, but no one is required to learn wellness or parenting.” He talks about the great harm done to students and entire fields of study by the narrow focus of proposed graduation requirements. This narrow focus is leading to the loss of the arts, the technical arts and trades, and the social sciences in the curriculum.

Grant Wiggins’ list for high school requirements and subjects for the 21<sup>st</sup> century includes psychology, with special emphasis on mental health, child development and family relations. I could not agree more with Dr. Wiggins with one MAJOR exception—the topics of child development and family relations are the content area of Family and Consumer Sciences teachers. As a call to action, read the article, “A Diploma Worth Having”, *Educational Leadership*, March 2011, p. 28-33, then write a letter to Dr. Wiggins regarding the qualifications of Family and Consumer Sciences teachers for teaching child development and family relationships. Share with him the course competencies in your curriculum addressing family relationships and child development. Dr. Wiggins is president of Authentic Education in Hopewill, New Jersey. His e-mail is [grant@authenticeducation.org](mailto:grant@authenticeducation.org) He has credibility and he has the potential to be a great advocate for Family and Consumer Sciences educators.

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## NEW AND RETURNING TEACHERS!



If you are a Family Consumer Sciences and Human Services educator who is new, new to the area or returning to the classroom after an absence of five or more years, you are eligible for the [Career Education Mentoring Program](#).

The “protégé” will be matched with a “mentor” who is an experienced Family Consumer Sciences educator, and if possible, from the same FCCLA (Family, Career and Community Leaders of America) region. This is a two year program designed to help the new or returning teacher as they begin their career. The program is designed to enhance the activities you will already be doing without adding to your workload.

If you fit the above description, or if you know of someone who does, please contact [Merilee Thoenen](#) (573-751-6878) for more information or complete and fax or mail the [Protégé Application](#) to enroll.

You could also benefit from the New and Returning pre-conference workshop to be held on July 25 at the MoEFACS summer conference in Springfield. More information about this preconference can be found on page 6 of this newsletter.

In addition, there will be a new and returning luncheon for MoACTE members at the summer conference on Tuesday, July 26 following the opening speaker. There is no fee for this event and there will be a number of door prizes given to attendees. Registration information for the summer conference can be found at: <https://www.mo-acte.org/jointoday/registration/>

Join MoEFACS members at the

# Special Function Luncheon

Wednesday July 27, 2011

12:15-1:45pm

Clarion Hotel Ballrooms

Advance reservations: Fill out Pre-Conference Registration Form at: <http://dese.mo.gov/divcareered/documents/fcs-2011-Pre-Conference-Registration-Form.pdf>

attach \$15.00 mail to address on form at any time prior to Friday, July 15, 2011

OR

Pay at MoACTE/MoEFACS Registration Tuesday, July 26, 2011.

**Dr. James E Painter, Chairman,**

School of Family and Consumer Sciences, Eastern Illinois University

## Speaker:

With his Ph.D. in Human Resource and Family Studies from the University of Illinois and his Master's Degree in Food and Nutrition from Oklahoma State University, Registered Dietitian Jim Painter has conducted numerous studies in the field of Food Psychology and Mindless Eating. He has been involved in the study of food science at the university level for almost 20 years and is presently the Chairman of the School of Family and Consumer Sciences at Eastern Illinois University and a member of several professional associations including The American Dietetic Association and The Society for Nutrition Education

## Topic:

**“Food Psychology: Why We Eat More Than We Think”**

This presentation shows that most people are not aware of their volume of food consumption. This lack of awareness may lead to over-consumption. Techniques will be presented that will help consumers be aware of their eating patterns and provide ways to reduce intake.

**Billy Luten, Executive Chef,**

Clarion Hotel, Springfield, MO

## Chef:

Chef Luten is a graduate of the LeCordon Bleu School in Scottsdale, Arizona. Originally from Montreal, Quebec, Chef Luten brings an international feel to his creations. He has been not only an Executive Chef but also an Executive Pastry Chef. His global cuisine has been sampled in Cannes, France; Pensacola, Florida; Seattle, Washington; and most recently in Springfield, Missouri. Chef Luten's passion for cooking is apparent in every bite you taste.

Bon Appétit!!

## Menu:

Clarion Salad - Assorted dressings  
 Tabouli Salad  
 Greek Pasta Salad  
 Spa Chicken Breast  
 Snap Pea Rice Pilaf  
 Individual Fruit and Yogurt Parfait  
 Rolls and Butter  
 Coffee and Iced Tea

## Missouri ACTE/MoEFACS Summer In-service Conference – July 25-28, 2011

MoEFACS Conference Theme – “3 Cs—Commitment, Consistency, Courage”

Mark your calendar and make plans to attend the **Family Consumer Sciences and Human Services Education Summer In-Service Conference**, July 25 - 28! The conference will be held at the Clarion Hotel, 3333 South Glenstone, in Springfield. The conference is designed to provide in-service for all career education instructors and is sponsored by the Missouri Association for Career and Technical Education (MoACTE), the Missouri Educators of Family and Consumer Sciences (MoEFACS), and the Missouri Department of Elementary and Secondary Education.

The annual meeting provides high quality professional development and networking opportunities for Family Consumer Sciences and Human Services educators at all levels. Program support also is enhanced through opportunities to join colleagues in professional organizations such as MoEFACS, Missouri ACTE, the Association for Career and Technical Education, and respective national affiliates.

See you in Springfield!

### REGISTRATION

This year, as in the past, there will be no separate MoEFACS registration form. MoEFACS members will only need to complete the Missouri ACTE registration form to pay conference registration and dues (<http://www.mo-acte.org/jointoday/>). **MISSOURI ACTE REGISTRATION MUST BE COMPLETED AND YOU MUST HAVE A MISSOURI ACTE NAMETAG TO ATTEND ALL MoEFACS ACTIVITIES AND SESSIONS.**

Missouri ACTE on-site registration will be from 1:00 to 6:00 p.m. on Monday, July 25; and from 8:00 a.m. to 5:00 p.m. on Tuesday, July 26. Registration will be at the Springfield Exposition Center, 635 East St. Louis Street. The Exposition Center is located directly across the street from the University Plaza Hotel and Convention Center. Packets for those who pre-registered will be available during these times. Late registration will be open on Wednesday, July 27, 8:00 to 11:00 a.m. in the lobby of the University Plaza Hotel.

Registration information for MoEFACS Pre-Conference workshops can be accessed from the Missouri Family Consumer Sciences and Human Services website at: [http://dese.mo.gov/divcareered/facs\\_professional\\_development.htm#MoACTE](http://dese.mo.gov/divcareered/facs_professional_development.htm#MoACTE).

### LODGING

Rooms at the Clarion Hotel, headquarters hotel for the MoEFACS division, are \$65.00 plus tax, which includes a full, hot breakfast buffet. Ask about the special second floor rate. One to four occupants per room will be housed at this rate. **Hotel reservations must be made through the Springfield Convention and Visitor's Bureau.** An official [housing form](#) for the conference was mailed to all current Missouri ACTE members in early February. Those forms can be submitted by mail to the Housing Bureau, 815 East St. Louis, Suite 100, Springfield, MO 65806 or by fax to 417-881-7201. Conference housing can also be secured through the [Springfield CVB/Missouri ACTE Housing Bureau](#). **All room reservations must be guaranteed by credit card or purchase order number.** If you wish to stay at the Clarion, make your reservation early! Housing is on a first come, first served basis with a deadline of June 24, 2011.

### MISSOURI ACTE EXHIBITS AND GENERAL SESSIONS

The Missouri ACTE Conference will open Tuesday, July 26, with Mark Perna as the Program Opening speaker for all divisions from 8:45 a.m. to 10:15 p.m. at the Springfield Exposition Center. Missouri ACTE Awards/President-Election Speeches will take place from 10:30am-11:00am followed by the morning program “Wisconsin Johnson and the Kingdom of Educated Souls” presented by Darryl Johnson. Divisions will adjourn to their individual locations following the morning program. Individuals participating in the New Professional/New Teacher Institute will move to Hall 1 at the Springfield EXPO center for a special luncheon.

Exhibits will be at the Springfield Exposition Center and will be open from 1:00 p.m. to 6:00 p.m. on Monday, July 25, and from 8:00 a.m. to 2:00 p.m. on Tuesday, July 26. All MoEFACS members are encouraged to attend to view the exhibits and express their appreciation to the vendors for their participation and support.

### PRE-CONFERENCE COURSE AND WORKSHOPS

Pre-conference courses and workshops will be offered on Sunday July 24 and Monday July 25 in advance of the conference. More information and registration forms for these sessions can be found on the Missouri Family Consumer Sciences and Human Services website at: [http://dese.mo.gov/divcareered/facs\\_professional\\_development.htm#MoACTE](http://dese.mo.gov/divcareered/facs_professional_development.htm#MoACTE).

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## SPECIAL FUNCTIONS

- MoEFACS Opening Session begins at 2:00pm at the Clarion Hotel featuring “THREE LESSONS That Every Person Should Learn” by Tom Krause, fifteen time contributing author to the Chicken Soup for the Soul book series,
- MoEFACS will host the MoEFACS Awards and Recognition for 2011 “3 C’s—Commitment, Consistency, Courage Celebration for all MoEFACS conference attendees on Tuesday, July 26, from 4:45pm to 6:00 p.m. at the Clarion Hotel. Presentations will begin at 5:00 p.m.
- Missouri ACTE Night at the Springfield Cardinals Ballgame begins at 5:30pm on Tuesday.
- MoEFACS Joint Division Session, Wednesday, July 27, 8-9:15am – Assessments 101: Tools to Sustain Your FCS Program by Lori Myers, Director, Pre-Professional Assessment and Certification AAFACS. This presentation and concurrent session include discussions of TSAs.
- MoEFACS will host the Special Function Luncheon with a special menu prepared by Chef Billy Luten, Executive Chef, Clarion Hotel and special speaker Dr. James Painter, Chairman of the School of Family and Consumer Sciences at Eastern Illinois University. Dr. Painter will present “Food Psychology: Why We Eat More Than We Think”. <http://dese.mo.gov/divcareered/documents/fcs-2011-Special-Luncheon-Flyer.pdf>
- MoACTE All Division Social will be held on Wednesday evening, July 27, beginning at 8:30pm at The Ramada Oasis Convention Center (formerly The Oasis), 2550 North Glenstone. The social is free of charge to all Missouri ACTE members.
- MoEFACS Closing Keynote—Thursday July 28 8:30-9:45am Thomas Dismukes presenting “Riding the Devil”.
- MoEFACS Carousels and Special Resource Area

## Get Motivated for this Years Summer MoACTE/MoEFACS Conference

A message from Charlotte Stiens, MoEFACS President

This is my rah-rah letter to get you motivated for this year’s summer in-service conference and there is much to be cheering for. If I was to choose one word to describe this year’s conference it is “REFRESH.” The MoEFACS Board of Directors has planned this year’s conference with a vision to refresh the conference. While your favorite conference sessions are still there, many will have a refreshed feel to them. Sessions have been planned based on your input on last year’s conference evaluations along with the network of contacts from your Board members.

The MoEFACS Board of Directors has worked closely with the Clarion Hotel to remedy the myriad of issues we experienced last summer. By the time you read this we will have made three visits to the Clarion to be assured that the issues have been addressed and resolved. I especially thank those dedicated MOEFACS board members who have given generously of their time and own expense to make the extra visits. The hotel has reduced our room rate from last year and is offering an even lower 2<sup>nd</sup> floor rate (option available at check-in), will add a meat to the complimentary hot breakfast buffet, and sponsor the Awards and Recognition reception in addition to the facility and staffing upgrades. We thank the hotel for their “refresh” efforts.

Every MoEFACS Board of Directors committee has made an extra effort to think beyond the great conferences gone before us and come up with new twists and added value to “REFRESH” the summer in-service conference. I am wishing I could clone myself because there are so many sessions I want to attend.

Please visit the DESE FCS website and check out the Pre-conference offerings: [http://www.mo-acte.org/conferences/divisionprogramarchive/2011/moefacs/moefacs\\_agenda\\_11\\_pre-conference.pdf](http://www.mo-acte.org/conferences/divisionprogramarchive/2011/moefacs/moefacs_agenda_11_pre-conference.pdf). On Tuesday, following the MOACTE Opening General Session and lunch on your own, MoEFACS will have our own Opening Session speaker, Tom Krause. The Special Topics luncheon has been expanded to accommodate a larger group for our much requested speaker Dr. James Painter <http://dese.mo.gov/divcareered/documents/fcs-2011-Special-Luncheon-Flyer.pdf>. The ever popular concurrent sessions, carousels, and round tables are filled with something for everyone. Meet and greet Your University is a new addition and the Closing Keynote speaker Thomas Dismukes will get us ready for the new school year.

As I have visited with teachers across the state about the conference, it makes me especially proud that we have sessions planned that fill in the blank at the end of their sentence that starts with “I wish they would/had \_\_\_.” I am also especially proud of the quality and rigor in our sessions. You will not want to miss out. <http://www.mo-acte.org/conferences/divisionprogramarchive/2011/moefacs/>.



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There are always challenges in education and now is no different. We have been able to meet those challenges so far, but the battle is not over. We have to be vigilant about adding rigor to our family and consumer sciences courses. We cannot continue to do what we have always done. If we continue to talk the talk and be ever so proud and affirmed in the value of what we do in career and technical education, each and every family and consumer sciences teacher has to step up – it does not matter whether you are a rookie, a seasoned teacher, or about to retire. We cannot depend on someone else to carry the load. We have to walk the walk.

Plan to join us for the Missouri Educators of Family and Consumer Sciences (MoEFACS) Summer Conference held in conjunction with the Missouri Association of Career and Technical Education (MoACTE) conference. It is the perfect opportunity to renew friendships, network with our family and consumer sciences colleagues, and GET REFRESHED as we begin a new academic year.

## Missouri ProStart Competition Winners Advance to Nationals



*Left to Right: Bob Bonney, CEO/President Missouri Restaurant Association, William Jackson, Kelsie Boss, Hank Huitt, State ProStart Coordinator, Leslie Greenwood, Skylar Mittag, Collin Sizemore, ProStart Consultant, Linda Stinson not shown.*

The Missouri Restaurant Association Educational Foundation sent a culinary team from South Central Career Center, West Plains, and a management team from Mark Twain High School, Center, to compete in the 10<sup>th</sup> Annual National ProStart Invitational. The teams qualified for the national competition by placing first in the state competition hosted by East Central College in Union, MO on February 18, 2011. Twenty-six culinary teams and four management teams from all parts of Missouri competed for the opportunity to move on to the national competition. The management division was a new competition for Missouri in 2011.



*Left to Right: Leah Holmgren (alternate), Asia Crawford, Deanna Daffron, Taylor Smith, and Nicole Bean*

At the National Competition, the two Missouri teams competed against qualifying teams from across the US for a chance to win the national title April 29 – May 1, 2011 at the Overland Park Convention Center in Overland Park, KS. This event is hosted by the National Restaurant Association Educational Foundation. The Missouri Culinary team placed 9th and the Management team placed 36th. Congratulations to both teams!



*Left to Right: Taylor Smith, Asia Crawford, Nicole Bean, Deanna Daffron*

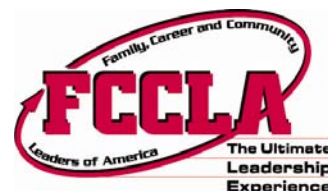
The culinary competition highlights the creative abilities of each team through the preparation of a three-course meal in 60 minutes using only two butane burners. Management teams develop a proposal for an original restaurant concept and apply critical thinking skills to challenges restaurant managers face in day-to-day operations. The performance of teams in both the culinary and management event is observed and rated by expert judges from industry and academia.

ProStart is a two-year educational program supported by the National Restaurant Association Educational Foundation in partnership with the Missouri Restaurant Association Educational Foundation and the Missouri Department of Elementary and Secondary Education, Family Consumer Science and Human Services. Over 4000 high school students are involved in ProStart education in Missouri.

## Three Missouri FCCLA Chapters Win Big!

Three Missouri FCCLA Chapters have been announced as national FCCLA program award winners! Each of them wins \$1000, a spot in the 2011 National Leadership Conference "Spotlight on Projects," Teen Times recognition, and recognition on stage in Anaheim, California. The winners are:

**Trenton Middle School - 2011 National Families First Middle School Winner - "Meeting the Challenge."**



**Missouri Association**

Working locally, Trenton Middle School (TMS) encouraged the community to help with a "Be the Match" donor drive for bone marrow transplants. Chapter members wanted their community and classmates to learn about the "Be the Match" foundation and how it helps people with various diseases. Since one of the TMS members lost her mother to Hodgkins and AML Leukemia this past summer, they decided to help families meet the challenge of finding healthy matches for bone marrow transplants.

In order to accomplish this donors have to sign up for the registry and have a DNA cheek swab on file with the registry. Their goal was have a donor drive and get 50 people on the registry and raise \$5000 to pay for these. They surpassed their goal and had over 100 people added to the registry and raised close to \$6000 with help from local partners. This project had a positive outcome and students educated others of the need for the registry and how it could help families meet the challenge when faced with a deadly disease.

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### **Walnut Grove High School - 2011 National Community Service High School Winner - "Share Your Christmas."**

Walnut Grove FCCLA organized the first annual Share Your Christmas Food Drive for students in preschool through grade 12. When members started planning, they never imagined how involved people would get. After 7 days of collecting foods, they ended up with more than 4200 items to put together food baskets for local families. While the food was being counted and sorted, students went door to door and picked up community donations of food items. This collection brought in another 600 items to the food drive. Once finished collecting, members sorted the canned and boxed food into baskets so that 31 families were helped by the Share Your Christmas program from the Walnut Grove community.

The second part of this project involved a Change Day. Students bring in unrolled change for teachers to roll and count. As long as the teachers have money to count, the students could watch movies or play games. This year Change Day raised \$2440. This money is used to purchase gifts for the 76 children involved in our Share Your Christmas project. Members helped roll change all day to help teachers on what seemed like a never-ending pile of change. The Masonic Lodge and Wal-Mart donated another \$5000 to be used for clothing, shoes, and coats for the children. Our chapter officers and 10 elementary teachers and students went shopping to buy gifts and clothing for the 76 children in our community. Groups were given names, sizes, and gift requests to shop for the children. The entire school and community got involved.

### **Fair Grove High School - National Financial Fitness High School Winner - "LifeSkills Fair"**

Fair Grove FCCLA created a "reality store" to teach students about the costs associated with living on their own. The event was titled "Life Skills Fair". Students in 9th and 10th grade were assigned a set amount of monthly income based on their career choice. They were also assigned a family size based on the information they provided. They were then instructed to spend their income at the different booths set-up to see how far they could stretch the money. Students were required to visit and purchase an item from each booth such as childcare and insurance. The booths included housing, transportation, insurance, grocery, childcare, banking, utilities, entertainment, medical/dental, crystal ball and Uncle Sam. Students tracked their expenses using a check register. Once the students had purchased an item from all of the booths, they were given a Payday candy bar if they were in the black and a Zero candy bar if they were in the red. Over 150 students went through the reality store. Students from the Personal Finance class, FCCLA members, FBLA members, Missouri State University FACS majors, and business community members from Fair Grove and surrounding areas all helped to make the Life Skills Fair a success.

## **Seven Years of LifeSmarts Success!**



**Missouri LifeSmarts team: Patrick Dudenhoeffer, Zettie Pollard, Kayla Heidbrink, Mikaelynn Frank**

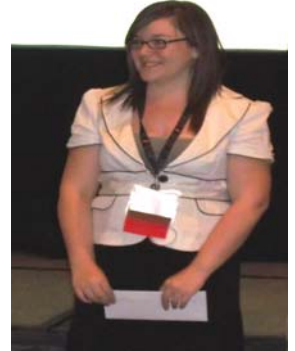
The Missouri LifeSmarts program has ended its seventh year. Each year the program adds more teacher resources and activities for the students. The Missouri program is coordinated by the Missouri Association of Family, Career and Community Leaders of America (FCCLA) with American Century Investments of Kansas City as the financial sponsor.

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The state finals were held in Jefferson City in February. Linn Middle School coach was the top Junior Varsity team and Linn High School was the Varsity champion with Sharon Baker as their coach of both teams. Bonnie Baker, long-time LifeSmarts coach, joined the team in Los Angeles as their co-coach at the national LifeSmarts competition in Los Angeles from April 29th-May 3rd.

The team placed 20<sup>th</sup> after four days of individual assessments, team activities and head-to-head competitions with 32 other teams. The team represented Missouri well with their professional appearance, team work and determination to succeed. Several state coordinators commented on the good manners and professional appearance of the Missouri team.

Team captain, Zettie Pollard, right, was selected as one of the twelve members of the newly created LifeSmarts Student Advisory Board. She will serve for one year, ending her term at the next national competition.



Linn's co-coach, Bonnie Baker, left, was named the 2011 LifeSmarts coach-of-the-year. Lisa Hertzberg, National LifeSmarts coordinator said, *"The application submitted on her behalf was really lovely. The students obviously care about her and are so glad she worked with them to prepare."*

There is still time to take advantage of LifeSmarts resources. The Spring Season non-competition practice quizzes will remain online until June 10, 2012.

The 2012 LifeSmarts season begins August 1, 2011. State finals will be in Jefferson City. Junior Varsity, Tuesday, February 14, 2012 and Varsity on Wednesday, February 15 2012. The National LifeSmarts competition will be held in Philadelphia, PA from April 20 to April 24, 2012.

## Family Consumer Sciences and Human Services Contact Information



**Family Consumer Sciences and Human Services**  
**Office of College and Career Readiness**  
**Missouri Department of Elementary and Secondary Education**

**Physical Address:**

**205 Jefferson Street**  
**Jefferson City, MO 65101**

**Mailing Address:**

**PO Box 480**  
**Jefferson City, MO 65102-0480**

**Fax: (573) 526-4261**

Dr. Cynthia Arendt, Ph.D., Director  
 (573) 751-7964

[Cynthia.Arendt@dese.mo.gov](mailto:Cynthia.Arendt@dese.mo.gov)

Merilee Thoenen, Supervisor  
 (573) 751-6878

[Merilee.Thoenen@dese.mo.gov](mailto:Merilee.Thoenen@dese.mo.gov)

Leone Herring, Supervisor  
 (573) 751-7965

[Leone.Herring@dese.mo.gov](mailto:Leone.Herring@dese.mo.gov)

Jamie Iler, Administrative Assistant II  
 (573) 751-7964

[Jamie.Iler@dese.mo.gov](mailto:Jamie.Iler@dese.mo.gov)



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