



# Leadership for Change

by Dr. Cynthia Arendt, Director

*Leadership for Change: National Standards for Family and Consumer Sciences* was the title of the American Association of Family and Consumer Sciences' yearbook in 2000. The content of the book not only describes the process of developing the standards but also defines the intent and provides a rationale for each of the standards. The development of these standards began in May 1995 and they were introduced at a national meeting in Indianapolis, Indiana in May, 1998. They were revised in December, 2007 and may be found at <http://www.aafcs.org/FCSstandards/>

The development of standards for Family and Consumer Sciences Education was a bold leadership step. Once the decision to develop national standards for our profession was made, questions regarding what they would be began to take center stage. Should the standards focus on technical knowledge or on the processes called for in a practical science approach? Should the standards validate core family and consumer sciences content essential for all secondary students to master? Should they reflect the entire body of knowledge for each of the content areas? Should the focus be on the family life arena or on occupational programs? Should the standards be ones by which program completers could be measured or should they set parameters of expected achievement levels for each grade? Who should be involved? Everyone wanted to have a say.

The planning committee, which I was fortunate enough to be a member of, working with the National Association of State Supervisors of Family and Consumer Sciences, created content categories that would guide the development of the standards. Initially, after much debate (some of it very heated) two groups or categories were defined: consumer and family living and occupational.

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## 2008 Missouri ACTE / MoEFACS Summer In-service Conference Highlights

by Cheryl E. LeFon, Supervisor

Rigor, Relevance and Relationships—the 2008 Missouri Association for Career and Technical Education (Missouri ACTE) Summer conference took place in Springfield, Missouri on July 21–24. The Clarion Hotel was the place to be as conference attendees participated in a variety of sessions on career and technical education topics and issues related to family and consumer sciences. The Missouri Educators of Family and Consumer Sciences (MoEFACS) expanded the conference theme of “The Third R—Relationships” by designating their own theme as “Increasing Rigor and Relevance by Building Relationships.” More than 360 MoEFACS educators from across the state were in attendance.

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Click here to contact our staff:

[http://www.dese.mo.gov/divcareer/facs\\_staff.htm](http://www.dese.mo.gov/divcareer/facs_staff.htm)



The Missouri Department of Elementary and Secondary Education does not discriminate on the basis of race, color, national origin, age, sex, disability, or veteran status in its programs, services, or employment practices.

At the same time, conceptual deliberations as well as the passage of federal legislation (Perkins II) prompted a consideration of merging the “old” two categories into one system. Eventually, a model that integrated all 16 areas of study was adopted.

Fortunately, the decision to create a standards model that merges the two categories of consumer and family living and occupational is one that advocates the development of programs of study required by Perkins IV. Perkins legislation defines it as a set of progressive career courses. It must contain common characteristics such as:

- offering a connection between secondary and postsecondary learning in the field;
- including rigorous content that is aligned with academic and related CTE standards;
- offering a coordinated, non-duplicative and progressive sequence of courses that equips students with the knowledge and skills to excel in postsecondary education;
- addressing current occupational trends; and
- documenting student’s achievement outcomes after the program.

The Act strongly recommends that programs of study also:

- lead to a degree or credential that carries a high degree of market value; and
- offer opportunities for the students to take part in dual-enrollment programs.

The development of standards will serve us well in meeting the Perkins IV technical skills assessment requirement. The standards identify the content that program completers will be assessed on to meet the law. Completers are defined as students who have earned three (3) credits in a career education course (or courses). This includes students in family and consumer sciences programs. Students who take a sequence of courses and/or complete a program of study will be required to take a skills assessment.

The American Association of Family and Consumer Sciences (AAFCS) has taken the leadership in developing technical skills and knowledge assessments in our content. The assessments are based on the National Standards for Family and Consumer Sciences. Since the development of national tests is so expensive, states have contributed funds to this project. Following is the projected products and schedule for when these will be available. It is the objective of the project to target the development of assessments and credentials for those areas of family and consumer sciences where there are current voids. Nine general career areas have been targeted during the first round of development ending in June 2009. Subsequently, additional development of tests will be based on need and feasibility.

The following is the schedule for the Development Panels to create tests:

- Fall, 2007 – Spring 2008    Develop/pilot first assessment/credential**
  - 1—Financial Literacy and Security
- Spring, 2008 – Fall 2008    Develop/pilot assessments/credentials 2 & 3**
  - 2—Early Childhood Education
  - 3—Broad Field Family and Consumer Sciences
- Summer 2008 – Winter 2009    Develop/pilot assessments/credentials 4, 5, & 6**
  - 4—Education Careers
  - 5—Nutrition
  - 6—Interior Design
- Fall 2008 – Spring 2009    Develop/pilot assessments/credentials 7, 8, & 9**
  - 7—Fashion, Textiles and Apparel
  - 8—Culinary Arts
  - 9—Family Services

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What does this all mean for Missouri teachers of Family and Consumer Sciences? If you teach in an approved career education program, students in your program who are identified as completers will most likely be taking an assessment. That assessment will be based on the National Standards for Family and Consumer Sciences in most cases. Therefore, curriculum needs to be designed around the standards and this should drive what is taught in your classroom. Programs of study will be developed based on standards and cluster knowledge and skills statements and expectations.

It means aligning your program with standards and with postsecondary programs. It means some of the things you have been teaching might need to be deleted and new items included. The level of rigor and the integration of academics might need to be evaluated and adjustments made to insure these are being addressed. It means you will need to provide the leadership for change in your program to help meet the challenges not only of today but the future.

## Leaders for Change

*By Dr. Cynthia Arendt, Director*

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I am always proud of Missouri teachers and brag on them every opportunity I can. I am especially proud that we have teachers in Missouri who are not only willing to be a part of change but to help direct it. For the past two years, twenty-five (25) Family and Consumer Sciences teachers have been participating in intensive professional development sponsored by the Department of Elementary and Secondary Education (DESE). These individuals, known as Teacher Leaders, are the second group of teachers who have been willing to participate in providing leadership for change. In 1996, the first group of Teacher Leaders began a three year long process of exploring in-depth the concept of creating curriculum based on critical thinking and practical problem solving.

Teacher Leaders Cadre II has been focusing on developing an understanding of programs of study and developing a process for implementation of those programs. During summer conference there were several presentations addressing the Perkins requirement for programs of study. The Teacher Leaders presented two of these sessions. They also prepared regional workshops to present additional information regarding programs of study.

As I stated at summer conference, we do not have all of the answers or a book with a step by step list that you can check off to create programs of study. However, as a group we did work through ways to approach developing programs of study. The Teacher Leaders in your area of the state are a resource to help you in thinking about how your program can be developed to meet the rigor and relevance required to meet the needs of students today. For a list of Teacher Leaders and their contact information, see:

[http://dese.mo.gov/divcareered/facs\\_teacher\\_leader.htm](http://dese.mo.gov/divcareered/facs_teacher_leader.htm)

For more information about the workshops and registration forms see :

[http://dese.mo.gov/divcareered/facs\\_professional\\_development.htm](http://dese.mo.gov/divcareered/facs_professional_development.htm)

## Message from the 2009 MoEFACS President

*By Louise Lunkenheimer, Nevada Regional Technical Center*

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**Rigor, Relevance & Relationships....**as family and consumer sciences teachers, we are so fortunate that building relationships with our students is built right into our curriculum. As you proceed into this school year, take time to remember every day why it is you do what you do. Students, their character, sometimes even their lives, depend on what lessons and examples we provide them in our family and consumer sciences classrooms. Be fearless in your efforts as you reach out and make a difference for your students. I am grateful to be a part of such a wonderful, inspiring group of teachers. Please let me know if there is anything MoEFACS and I can do to make your year the best it can be. I am looking forward to serving as your MoEFACS President. Best wishes to you all for a successful school year.

A one-day workshop, for new family and consumer sciences teachers and those returning to the field of teaching, was jam packed with excitement. Bellyn Kaplan, MoEFACS Past President, coordinated this activity-packed day with the help of other family and consumer sciences teachers. A two day preconference course entitled "Take Charge of your Finances: Family Economics and Financial Education (FEFE) Curriculum Training" was offered for graduate credit through Missouri State University (MSU), Springfield. The National Restaurant Association provided certification training in the area of Serv-Safe (Sanitation and Safety) for culinary arts and ProStart Instructors. Besides being offered for FCS educators, other area career and technical educators were welcomed into these two exceptional training opportunities.



Charlotte Stiens, ACTE Award Winner with Ginny Stone, MoEFACS President

The conference officially opened featuring the Missouri ACTE Opening General Session. Ray McNulty, Executive Vice President, International Center for Educational Leadership, spoke of the relationships needed between the schools and the communities that are served. As the opening general session closed, it was an honor and privilege to be present as Missouri ACTE acknowledged two family and consumer science leaders. Charlotte Stiens, Northwest Missouri State University, was recognized as ACTE Region III, Outstanding Career and Technical Educator and Renee Meents, Greenfield High School, was recognized as Missouri ACTE Outstanding Teacher in Community Service.

The afternoon proved challenging as Programs of Study (POS) presentations took place within individual division areas. Missouri Educators of Family and Consumer Sciences (MoEFACS) accepted the challenge of presenting in the cluster areas of Human Services (Child Care) and Hospitality and Tourism (Culinary Arts). Both sessions were well attended and served a wide range of participants from a variety of career education areas. This collaboration proved beneficial as educators focused on the impact that programs of study will have in their areas of expertise.



Renee Meents, ACTE Award Winner, with Ginny Stone, MoEFACS President

The day concluded with the MoEFACS Awards and Recognition Reception honoring MoEFACS award winners, retiring teachers, and scholarship winners. Those recognized included:

- Kimberly Easter, MoEFACS Teacher of the Year
- Alice Bell, MoEFACS Pride award winner
- Jerry Vincent, Champion of Family and Consumer Sciences
- Allison Miller, high school scholarship recipient
- Shannon Helm, college scholarship recipient
- Retiring teachers family and consumer sciences teachers
- Career Education Mentoring program participants

On Wednesday, an update from the state family and consumer sciences education staff, the MoEFACS division meetings, annual business meeting and a number of concurrent sessions and other informative presentations were held. Topics included:

- Financial literacy and personal finance
- Missouri foster care
- Curriculum and assessment
- Lifespan learning
- Digital storytelling
- Culinary teaching techniques
- Relationship Smarts curriculum

Resource rooms were provided to allow teachers to view textbooks and materials available through Glencoe/McGraw Hill Publishing, Goodheart-Willcox Publishing, and Resources@MCCE (the career and technical education resource center at the University of Central Missouri).

The last day of the conference proved rewarding as Aric Bostick (Aric Bostick Success Training, Inc.) energized the group with his closing general keynote titled: "Unleash the Fire Within-Making a Difference in YOU for Your Students". Family and consumer science educators were motivated to build relationships with students and the importance of our content to those students. The morning concluded with a variety of carousels (informational sessions) being presented so that information could be disseminated to help teachers in their preparation for the upcoming school year. ProStart instructors were challenged in develop and integrate Workplace Mentorships to enhance their programs. Professional relationships were once again solidified as the conference came to a close.

As the school year begins, let's focus on the needs of the student and the impact this RELATIONSHIP will have. Mark your calendars for the 2009 Missouri ACTE conference in Springfield, July 21-23. See you there to renew "The Third R – Relationships"!

# MoEFACS Members Honored at 2008 Awards and Recognition Reception

By Tracey Newman, Ste. Genevieve High School

MoEFACS recognized outstanding family and consumer sciences educators and programs, legislators, and others during the Awards and Recognition Reception, Tuesday, July 22 at the 2008 Missouri ACTE/MoEFACS Summer In-service.

## MoEFACS Teacher of the Year

The recipient of the 2008 MoEFACS Teacher of the Year Award was Kimberly Easter from the Carl Junction school district.

Her contributions to the field include:



- sharing techniques for increasing FCCLA chapter membership with *The Adviser*, FCCLA's publication for chapter advisers;
- a deep commitment to STAR events, which involves extensive community service projects;
- creating culminating events for units taught across the curriculum at the middle school level;
- round table presentations at FCCLA cluster meetings in Nashville, St. Louis, and Kansas City; and
- developing curriculum for a leadership course that is offered to officers of all vocational organizations.

Her principal writes: "I have been impressed with her level of dedication to her students. She knows each of her students on a personal level; she knows their hearts and she develops activities that help each of her students succeed on an individual basis. She ensures that all of her students have a perfect place to develop their talents. She has several students that developed their leadership potential in Carl Junction High School's FCCLA. Mrs. Easter is one of the top educators that I have ever known."

It is truly a pleasure to award this honor to Kimberly Easter, the 2008 MoEFACS Teacher of the Year!

## MoEFACS PRIDE Award (Public Relations in Developing Excellence)

The MoEFACS PRIDE award is presented annually to an individual and/or program that has done an outstanding job of publicizing family and consumer sciences programs. The project should be one specific activity conducted expressly to promote a local program, or which results in promoting a program, school or family and consumer sciences in general. The project must have been conducted during the immediate past school year.



This year's recipient is Alice Bell of Normandy High School for her work with the Viking Tykes program. In the award application, Alice describes a campaign launched to showcase the family and consumer sciences program at her school that improves student achievement by providing hands on experience in working with preschool children. By creating a partnership with Emerson, grant funding was secured to produce and publish a high quality brochure to communicate the goals and accomplishments of the Viking Tykes program of Normandy High School to the students, teachers, counselors, and community.

Individuals who wrote recommendations for Alice Bell as the recipient of the PRIDE award had this to say:

- "Mrs. Bell has transformed a successful Viking Tykes program into a student centered educational palace. The transformation wasn't just new paint on the walls, reconfigured learning labs, or an upgraded playground. But the transformation that Mrs. Bell put in place was that the focus of the program should center on what is best for students. Furthermore, Mrs. Bell allowed the focus to begin with herself."
- "Her commitment to the field of family and consumer sciences is demonstrated through her conviction to educate as many individuals, families, and community members as possible about the strengths of family and consumer sciences. I am impressed at her strong, impassioned skills and advocacy. And while Mrs. Bell crafts articulate letters that argue for increased funding for career and technical education programs, her most influential efforts at promoting the field come through her ability to leverage support for the Viking Tykes program from the broader community."

Congratulations to Alice and her students!

## Retiring FCS Teachers

In addition to the various awards presented, five retiring teachers were recognized for their years of service to Family & Consumer Sciences Education:

- Carol O'Riley, Nodaway Holt R-VIII
- Sharon Robbins, Fredericktown High School
- Mary Ann Gregory, Aurora High School
- Rebecca Daume, Jackson Junior and Senior High Schools
- Jacki Linn, Bronaugh High School



FCS Retirees --- Rebecca Daume - Jackson Jr./Sr High, Jacki Linn - Bronaugh & Mary Ann Gregory - Aurora High

## Champion for Family and Consumer Sciences

This year's Champion is Jerry Vincent, former Missouri ProStart coordinator. Jerry was nominated by fourteen Missouri educators. Some of the comments they shared in their recommendations included:



Ginny Stone presenting Champion of FCS Award to Jerry Vincent, Retired Director of ProStart

- "He is a true professional and advocate for all of us in family and consumer sciences who have fought the battle to get a better image of our food programs and make it more professional."
- "I see first hand the fruits of his labors: the students that have developed a passion for the culinary field. Since he has come on board, the professionalism and integrity of the competition has skyrocketed."
- "Under Jerry's leadership, Missouri's ProStart programs have grown to nearly eighty schools. His hard work and efforts now equates scholarships and college credit for our family and consumer sciences students."
- "Many of my students have their own businesses now. Jerry showed me by example and inspired me to always give the best of myself in my teachings, and to pass on the vision that you don't ever need to settle for less when you can give a little more of yourself to another to help them achieve their dreams."

Thank you, Jerry, for all of your hard work and dedication to the field!

## College and High School Scholarship

The 2008 MoEFACS High School Scholarship recipient is Allison Miller, a graduate of Maysville High School pursuing a Family & Consumer Sciences Education degree from Missouri State University in Springfield. During her Family, Career and Community Leaders of America (FCCLA) career, Allison served as a state vice president, local chapter president, and received a national STAR Events gold rating. She served as the team captain of her school's LifeSmarts team, three times advancing to the national competition, placing fifth at the national competition in 2008.

In the applications, we asked "Why do you want to be a family and consumer sciences teacher?" Allison wrote:

*"Since becoming a state officer, I have been able to see the "inner workings" of FCCLA and how meetings and conferences are planned. When I see the proud faces of advisers at FCCLA state leadership conference and hear them tell how thankful they are that they have chosen the family and consumer sciences field, I know that one day I want to be one of them. I want to advise my students and let them learn to be leaders in their families, careers, and communities. I find myself not wanting to permanently leave the organization that has given so much to me. Most of all, I could serve as an inspiration to students and members like my family and consumer sciences teacher and adviser has for me. Mrs. Kagay was ultimately the one who motivated me to choose family and consumer sciences. She is an incredible person, and I hope that my career will be as successful and rewarding as hers has been."*

The 2008 MoEFACS College Scholarship recipient is Shannon Helm, a student at Southeast Missouri State University. She will complete her student teaching this fall—the first half in her home high school, the second half in Australia. Of her high school experiences with family and consumer sciences classes, our applicant writes:

*"I found peace and direction when I attended my family and consumer sciences classes. Things changed when I learned about parenting and family relationships in the school setting. I realized that I was not the only student who felt broken and lost. There were others experiencing this as well. When I went to class I felt at home because I had a relationship with my teachers. I became open with them and they began to help me feel the confidence in who I wanted to be. More specifically, the teachers who influenced me the most were those from the courses I enjoyed the most, family and consumer sciences. Many college students are still uncertain on their major with only one or two semesters left. I am confident that family and consumer sciences is what I am called to teach."*

## 2009 State Leadership Conference Preview

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The 2009 State FCCLA Leadership Conference will be held March 29-31, 2009 at the Holiday Inn Select Executive Center in Columbia. The State Executive Council has chosen the theme “Level Up Your Leadership” and spent their time during their summer executive council meeting making many exciting plans for conference delegates.



Activities for conference attendees will begin on Sunday, March 29, with STAR Events registration, consultant’s orientation and the Opening General Session that evening. On Monday, March 30, attendees will participate in STAR Events, workshops, Meet the Candidates and general sessions. On Tuesday, March 31, regional executive councils will have the opportunity to meet, chapter leadership workshops will be held, and general sessions will take place, with the Closing General Session ending by noon. It will be an exciting event for all FCCLA members! Conference materials will be posted on the Missouri FCCLA web site and mailed to chapters in early January.

## “Access FCCLA” Conference

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Unique to Missouri is our “Access FCCLA” conference program. The “Access FCCLA” conference will be held October 26-27, 2008 at the Tan-Tar-A Resort in Osage Beach. Students and advisors will choose one of three FCCLA conferences to attend. The three conference options are 1) Take AIM (Active & Involved Members); 2) Leadership Unlimited; and 3) Chapters In Action. Nearly 1400 members, advisors and chaperones will be in attendance.



## 2008 National Cluster Meetings

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Interested in attending one of the four national cluster meetings this fall? Meetings are being held in Jacksonville, Florida; Providence, Rhode Island; Dallas, Texas; or Cincinnati, Ohio. Registration materials were mailed to all affiliated chapters in August. The materials are also available on the national FCCLA website—[www.fcclainc.org](http://www.fcclainc.org).



Please visit the Missouri FCCLA Blog and the National FCCLA Blog at:

<http://mofccla.blogspot.com/>

<http://fcclaadvisers.blogspot.com/>

## FCCLA STAR Events Update

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FCCLA is adding two new STAR Events this year, which means more opportunities for your students! The two new national events are **Teach and Train**; and **Promote and Publicize FCCLA!** The *Missouri Guide to State and National STAR Events* has been posted online at [www.mofccla.org](http://www.mofccla.org) and includes two new state events – **Food Science** and **Healthy AgriMissouri Meals**.

New this year on the regional level are the number of entries chapters may submit. All Missouri only events may have 3 entries per chapter, per category. All display events may have 1 entry per chapter, per category, due to space limitations at regional and state locations. All manual or portfolio events may have 2 entries per chapter, per category.



### We are pleased to announce a partnership with AgriMissouri to sponsor the “Healthy AgriMissouri Meals” Missouri STAR Event!

This new STAR Event reinforces the health and nutritional concepts taught in nutrition, wellness, and culinary courses; and also promotes the economic and ecological benefits of using Missouri food products. The event is designed to be integrated into a nutrition, wellness, or culinary course by allowing students to apply nutritional principles to real-life family scenarios. Teachers may consider assigning this as a course project, and then selecting the top three projects as their chapter’s entries into the STAR Events competition. As an additional incentive, AgriMissouri is providing cash awards to both student participants and chapters. The chapter awards can be used by the family and consumer sciences teacher at their discretion to enhance either the classroom or the work of the FCCLA chapter. For more information on the “Healthy AgriMissouri Meals”

event, download [The Missouri Guide to State and National STAR Events](#) and for more information on Missouri food products, visit [www.agrimissouri.com](http://www.agrimissouri.com).

There are now thirty (30) state and national STAR Events available for FCCLA chapter members. Whether students are comprehensive or occupational members—there is a STAR Event for them! The events for 2008-09 are:

- Applied Technology
- Career Investigation
- Chapter Service Project (Display and Manual)
- Chapter Showcase (Display and Manual)
- Chapter Website (*state only event*)
- Culinary Arts
- Digital Stories for Change (*state only event*)
- Early Childhood
- Entrepreneurship
- Fashion Construction
- FCCLA Knowledge (*state only event*)
- Focus on Children
- Food Science (*state-only event*)
- Healthy AgriMissouri Meals (*state only event*)
- Hospitality
- Illustrated Talk
- Impromptu Speaking (*state only event*)
- Interior Design
- Interpersonal Communications
- Job Interview
- Life Event Planning
- National Programs in Action
- Parliamentary Procedure
- Promote and Publicize FCCLA!
- Public Service Announcement (*state only event*)
- Recycle and Redesign
- Teach and Train
- Toward New Horizons (*state only event*)

## FCCLA on You Tube and TeacherTube

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FCCLA is now posting videos such as the Be Part of It membership video on YouTube and TeacherTube. Missouri FCCLA is working on developing some introductory videos on topics such as STAR Events, Power Of One, and the FCCLA Planning Process that will also be posted to these sites. Be sure to check us out!

## CAREER EDUCATION MENTORING CLASS OF 2009

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Thirty-four new and returning Family and Consumer Sciences (FCS) teachers and their mentors attended the Career Education mentoring meeting on September 23 in Jefferson City. The 350 Career Education participants spent the day working with content experts, Department of Elementary and Secondary Education (DESE) staff and Missouri Center for Career Education (MCCE) staff.

The FCS group began the day by introducing themselves and reading a teacher tip from “111 Brass Tacks for Beginning K-12 Teachers” by William W. Purkey and Patrick E. Davis (<http://www.invitationaleducation.net/ie/PDFs/111%20Brass%20Tacks.pdf>). Tips included “Always dress for class like you are going somewhere important”, “Be over-prepared for this first class and all the following classes” and “You may not be happy when you enter class, but you can be cheerful”.

The morning session for mentors included learning mentoring techniques from content experts Elaine Duncan and Jane Wolff. The protégés received information about areas such as LifeSmarts, the list serve and qualities of an approved program from DESE staff that included Director Cynthia Arendt and supervisors Cheryl LeFon and Merilee Thoenen. Both groups came together prior to lunch for a session about Family, Career and Community Leaders of America (FCCLA) by state advisor, Christine Hollingsworth.

Following an all division luncheon with speaker, the mentoring teams worked together to set up their timeline and began working on their Individual Mentoring Plan. The mentoring program is an excellent way for master teachers to share their experiences and knowledge to enhance the teaching year of a new or returning teacher.



## Welcome Hank Huitt as our New Missouri ProStart Director



Missouri Family and Consumer Sciences would like to extend a welcome to Hank Huitt, the new Missouri ProStart Director. Hank comes to the role of director with much experience in the hospitality field. His titles of FMP (Foodservice Management Professional) and CHA (Certified Hotel Administrator) exemplify the work that he has accomplished. For 18 years he held the position of Director of the Hospitality and Restaurant Administration Program at Missouri State University. He has since retired with Emeritus status. Hank served for seven years on the Accreditation Commission for Programs in Hospitality Management; two years as president of the Springfield/Branson Chapter of the Missouri Restaurant Associations, and as a member of the Missouri Restaurant Association Board of Directors.

It will be a pleasure to work with Hank to move Missouri forward in ProStart and aligning our competitions with national rules. Again, we welcome Hank to Missouri ProStart.

Hank sends the following words of welcome to family and consumer sciences teachers:

*"I would like to welcome all ProStart teachers back to school and wish everyone a great year! I was fortunate to meet some of you during your Springfield meeting. I have also visited schools who have indicated an interest in adding ProStart to the curriculum. I became ProStart Director in June, 2008 and have been busy learning the many aspects of the program. I have discovered that each school is unique yet everyone is striving to give each student a great ProStart experience! Throughout the year I will visit as many schools as possible. I would appreciate knowing any time you are planning a special function to showcase your ProStart students, so that I can plan a visit at that time.*

*In order to keep the state competition in line with the national rules, I am forming a committee to revamp the state rules. If you have an interest in serving on this committee please contact me. I will let you know the dates for the competition once the location has been confirmed. I look forward to working with all of you and please let me know if there is anything I can do to help enhance your ProStart program."*

*Hank Huitt, Missouri ProStart Director*

*417-886-2147*

*hankhuitt@yahoo.com*

## Missouri ProStart Educator Louise Lunkenheimer Honored

Chicago, Ill) National Restaurant Association Solutions honored this year's top ProStart educators in 33 states for their innovation in teaching the ProStart program. These inspirational educators were honored at a luncheon held at the Chicago City Centre in Chicago on Saturday, May 17th, during the National Restaurant Association Restaurant, Hotel-Motel Show. Louise Lunkenheimer was one of the 33 educators receiving the ProStart 2008 Educator Excellence Award. This award is given to individuals who demonstrate excellence in education. Louise teaches Culinary Foods at the Nevada Regional Technical Center—North Campus

"The restaurant and foodservice industry is predicted to add an additional two million employees over the next decade, and these top ProStart educators are building the future leaders of the industry to help us solve that staffing challenge," said Bill Nolan, director of ProStart, National Restaurant Association Solutions. "We commend these outstanding teachers for their dedication and efforts to instill in their students the passion and skills necessary to succeed in the restaurant and foodservice industry."

The Educator Excellence Awards recognized exceptional high school educators who use the ProStart program. Each state restaurant association ProStart coordinator is asked to nominate the state's leading educator who has demonstrated a commitment to their students and to the ProStart program. The winning teachers have employed innovative techniques to motivate their students to learn and participate in mentored internships to prepare them for a career in the industry. As part of their award, the educators were flown to Chicago and hosted for two nights by NRA Solutions. Activities included an opening reception at Buca di Beppo, and a best practices networking session followed by the Educator Excellence Awards Luncheon at the Chicago City Centre. The educators were provided a complimentary ticket to the National Restaurant Association Restaurant, Hotel-Motel Show.

The ProStart program encompasses approximately 60,000 students and 1,600 educators in 47 states, territories and districts. The career-building program was developed by the National Restaurant Association Educational Foundation and is managed nationally by National Restaurant Association Solutions in conjunction with state restaurant associations. The ProStart program is a two-year curriculum designed to teach high school students the management skills needed for a career in the restaurant and food service industry. When students pass two national exams, complete a checklist of competencies, and participate in at least 400 hours of a mentored work experience, they are awarded the ProStart National Certificate of Achievement that signifies they are well qualified to enter the industry workforce. For more information on the ProStart program, please visit [www.weareprostart.org](http://www.weareprostart.org).



## Missouri's "Perkins IV" Plan Gets Federal OK

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The U.S. Department of Education has approved Missouri's five-year plan for career and technical education. Prepared by the Department of Elementary and Secondary Education, the plan calls for strengthening the academic skills of technical-education students and making it easier for them to move from high school into postsecondary programs. The state plan is required under the Carl D. Perkins Career and Technical Education Act of 2006, also known as "Perkins IV." Under the law, Missouri receives about \$26 million per year in federal funds to support career and technical education programs across the state.

Programs of study are a new requirement for recipients of funding under the Carl D. Perkins Career and Technical Education Improvement Act of 2006 (Perkins Act). Programs of study will help local education agencies (LEAs) better ensure students (1) receive instruction at the secondary level that includes rigorous and coherent content in both academic and career and technical education; (2) meet state standards, graduation requirements, and college entrance requirements; and (3) complete programs at the postsecondary level that lead to high skill, high wage, or high demand occupations.

Each local eligible recipient will be required to develop at least one program of study by a Career Cluster pathway during Perkins IV.

"Our staff and constituents worked hard to develop a forward-looking state plan that will help prepare Missouri students and adults for 21st-century careers. This is an important and exciting time for career education," said Tom Quinn, assistant commissioner of DESE's Division of Career Education.

Perkins IV maintains much of the previous law's emphasis on program improvement and student achievement, but it also requires states to focus on several new priorities: documenting the rigor of academic and technical courses; improving curriculum alignment among secondary and postsecondary schools; and streamlining the transition process for students moving from one level to another.

The law also calls for schools to focus more effort on programs that will prepare students for recognized employer credentials, postsecondary certificates, and associate or bachelor's degrees—which are likely to qualify more students for high-demand, high-wage careers.

The U.S. Department of Education praised DESE for submitting "such a comprehensive and thoughtful plan," Quinn said. The Perkins IV plan covers the period from July 1, 2008, to June 30, 2013.

## Core Data Reporting

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We have been getting a lot of phone calls regarding the reporting the follow-up of students. When reporting you will first need to determine which request for data you are completing. It is very confusing.

**MSIP reporting:** All secondary students who complete an approved career focused (07-04) program need to be followed up 180 days after graduation. [http://dese.mo.gov/divcareered/documents/MCE\\_PM2008-05.pdf](http://dese.mo.gov/divcareered/documents/MCE_PM2008-05.pdf)

**Perkins IV Secondary Placement Reporting:** Students who have earned three or more units of transcribed credit in a career education program. This includes students in either a family focused program (06-04), and/or a student in a career focused program (07-04). Students earning credits in more than one program area should be reported in his/her in primary field of study. [http://dese.mo.gov/divcareered/documents/MCE\\_PM2008-05.pdf](http://dese.mo.gov/divcareered/documents/MCE_PM2008-05.pdf). The list of approved courses for your district is available on core data screen 18. Courses must be reported according to the approved list.

**EIF Reporting:** Beginning with the 2006-2007 school year, Family and Consumer Sciences Family Focused (06-04) courses were included for the first time as a part of the Effectiveness Index Formula (EIF). The main goal of this formula is to reward approved career education programs for success in positive placement of program completers. A program completer is a student who earns three or more units of credit in approved CTE program within a sequence of courses and graduates. [http://dese.mo.gov/divcareered/documents/MCE\\_PM2008-05.pdf](http://dese.mo.gov/divcareered/documents/MCE_PM2008-05.pdf)

If you have any questions, please contact Connie O'Brien at 573-751-3524.

## 2008-Record Year for Missouri LifeSmarts

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Sponsored by [American Century Investments](#) and coordinated by [the Missouri Family, Career & Community Leaders of America \(FCCLA\)](#)



The year 2008 was outstanding for the Missouri LifeSmarts program. The Varsity program (grades 9-12) had 102 teams participate. That includes over 1,200 students! Our Junior Varsity (grades 6-8) had 28 teams participating in the first year of the national Junior Varsity program.






Nationally, Missouri Varsity ranked:

- 1<sup>st</sup>      Number of qualified teams  
            Average score at the state competition
  
- 2<sup>nd</sup>      Number of registered coaches  
            Number of coaches with teams
  
- 3<sup>rd</sup>      Total number of teams  
            High team score  
            Number of students participating

One of the highlights of 2008 was the 5<sup>th</sup> place finish of the Savvy Consumers team of Maysville at the National LifeSmarts competition held in Minneapolis during April. Kathy Kagay, Family and Consumer Sciences teacher at Maysville, and her team did an excellent job of representing Missouri at the very cold and snowy event.

Now is a great time to sign up for the 2009 on-line competition! Teams can practice and compete until January 23. The Junior Varsity state finals are Tuesday, February 24 and the Varsity will be held the following day, Wednesday, February 25. Both in-person competitions are held in Jefferson City.

LifeSmarts is an educational resource for the topic areas of:

-  Personal Finance
-  Consumer Rights and Responsibilities
-  Health and Safety
-  Ecology
-  Technology

For more information about LifeSmarts, go to [www.lifesmarts.org](http://www.lifesmarts.org) or contact Merilee Thoenen at: [merilee.thoenen@dese.mo.gov](mailto:merilee.thoenen@dese.mo.gov) or 573-751-6878.

## Use of USDA Donated Foods

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All LEAs that receive USDA Donated Foods do so based on their previous year's Average Daily Participation (ADP) in the National School Lunch Program (NSLP). Therefore, LEAs should use donated foods, as far as practical, in the **LUNCHES** served to the students who participate in the NSLP as part of your LEAs school food service program. However, LEAs may also use USDA Donated Foods in other nonprofit school food service activities. Revenues received from such activities must accrue to the LEAs nonprofit school food service account. Some examples of such activities include:

1. School breakfasts or other meals served in child nutrition programs.
2. A la carte foods sold to students.
3. Meals served to adults directly involved in the operation and administration of the nonprofit school food service, and other school staff.
4. Training in nutrition, health, food service, or general family and consumer sciences instruction for students.

LEAs **should not** use USDA Donated Foods in food service activities that do not benefit students, such as banquets or catered events.

# New Federal Reserve Bank Resources Available



The Federal Reserve Bank in Kansas City has recently moved into their new facilities at One Memorial Drive in Kansas City. The new building offers additional resources for Family and Consumer Sciences teachers and their students.

The bank building houses the Money Museum. Some of the on-site opportunities include:

- One hour guided tours are available for 5<sup>th</sup> grade-level groups and above.
- For groups of 12-40, thirty-minute presentations can be added and are available on various age-appropriate topics related to personal finance concepts.
- Teachers may also request additional resources, including lesson plans, to be used in conjunction with the visit and an in-depth two-hour workshops.
- For reservations, go to: [www.KansasCityFed.org/MoneyMuseum](http://www.KansasCityFed.org/MoneyMuseum).



If you cannot make a trip to the Federal Reserve Bank in Kansas City, there are multiple resources available from the Federal Reserve banks for your classroom. Three examples are:

- The Money Circle are high school level lesson plans that focus on money fundamentals, money principles, money management, and money flow. Available online at [www.FederalReserveEducation.org/Resources/MoneyCircle](http://www.FederalReserveEducation.org/Resources/MoneyCircle)
- The Piggy Bank Primer is for students aged 6-9. Teacher's guide and student workbooks would be a great resource when your students work with grade school students. <http://www.stlouisfed.org/education/resourcetools/>
- Free Enterprise, The Economics of Cooperation can be found at <http://dallasfed.org/educate/free/index.html>.

For more resources, go to the catalog at [www.newyorkfed.org/publications/frame1.cfm](http://www.newyorkfed.org/publications/frame1.cfm) or contact Gigi Wolf with Economic and Financial Education in the Public Affairs Department at the Kansas City Federal Reserve Bank. [gigi.wolf@kc.frb.org](mailto:gigi.wolf@kc.frb.org).

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