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F ★ A ★ C ★ S

The NEWS in Missouri Family and Consumer Sciences Education



A newsletter for family and consumer sciences educators, published three times during the school year by the Missouri Department of Elementary and Secondary Education.

## Changes in Requirements for Approved Programs

From the Director:  
Cynthia K. Arendt, Ph.D.

“One of things we have to realize is that for the very first time in history, we’re preparing our kids for a future that we cannot describe.” This statement from David Warlick, Director, The Landmark Project, was a wake up call for me. *How does one go about even trying to prepare kids for a future we cannot describe?* Which one of us could have predicted that the worldwide web would have such an impact on our families and our work? Who could have predicted that we could send instant messages around the globe traveling faster than any airplane or that we would talk to someone in India for tech support for our home computer?

Our programs must help prepare students for the unknown but where do you begin? Dealing with the unknown is why teaching process skills is just as important if not more important in some cases than teaching specific technical skills. As you know, process skills are included in each of our curriculum guides. This is one effort we can make to assist students in preparing for the future.

Preparing students for the future is also one of the goals of the Carl D. Perkins Career and Technical Education Improvement Act of 2006. The requirements for meeting the Perkins goals have raised two very important issues for Family and Consumer Sciences Education. The first issue is that all career education should lead to “high skill, high wage, or high demand jobs (State Plan-Section 122 (c) (1) (H)). The second issue is the requirement that every funding recipient is to have at least one Program of Study (POS) in place (State Plan-Section 122 (c) (1) (A), (b), & (D)). Where do Family and Consumer Sciences programs fit into this scenario? What does this mean for Family and Consumer Sciences Programs?

But you say, my Family and Consumer Sciences (FCS) Program does not receive Perkins money. It may or it may not. Certainly, your district is eligible to receive Perkins money. Of course, the program must meet the requirements and your district must agree to spend some of its Perkins dollars on the program. The Division of Career Education is going to be requiring all approved career education programs to meet the same requirements outlined in Perkins. So whether the FCS program gets Perkins dollars or not, your approved FCS program will be required to have at least one Program of Study.

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What is a Program of Study? Perkins defines it as a set of progressive career courses. It must contain common characteristics such as:

- Offering a connection between secondary and postsecondary learning in the field,
- Including rigorous content that is aligned with academic and related CTE Standards,
- Offering a coordinated, non-duplicative and progressive sequence of courses that equips students with the knowledge and skills to excel in postsecondary education,
- Addressing current occupational trends, and
- Documenting students achievement outcomes after the program.



The Act strongly recommends that Programs of Study also:

- Lead to a degree or credential that carries a high degree of market value.
- Offer opportunities for the students to take part in dual-enrollment programs.

The first issue is one that our state staff is struggling with as well as staff in other states. Model Programs of Study that lead to high skills, high wage or high demand must be developed for each of the career clusters. In turn, districts must select the clusters and paths that best meet the needs of their community and students. Will there be a place for the role of the Family Focused content in this plan?

What is a Program of Study (POS)? What does it mean for your program at the local level? How does one go about developing a Program of Study? First, the POS requirement most likely can be built from the FCS program that is already in place in your district. However, it is much more than business as usual. A POS means the program focus needs to move from the traditionally narrow focus of vocational education to the broader concept of career education. In the words of Kim Green, executive director of the National Association of State Directors of Career Technical Education, “In essence, your students are no longer simply getting the skills they need to hold a job. They are getting skills they need to launch a career.” *Career and Technical Education Advisor*, Kim Green, Vo. 37, Issue 11, p. 5. A question that comes immediately to mind is where does the Family Focused Family and Consumer Sciences program fit into this concept?

The requirements for Perkins and approval for career education programs did not come as a surprise. The Perkins requirement for a program of study leading to a career is not a new concept. In 2001, the National Association of State Directors of Career Technical Education released 16 clusters with their core knowledge and skill statements <http://www.careerclusters.org>. As a member of the group that developed the Knowledge and Skills standards for the Human Services Cluster, I began to realize that this concept was not going to go away. The State Directors for Career Education have made a large investment in it and they continue to work to support the cluster and program of study model. Their support was a key factor in the wording of the new Perkins legislation.

For over 10 years, our staff have been urging districts to move in this direction. To assist with this program development, information about career clusters and pathways have been provided in several ways and will continue to be provided. Since 1996, model career paths have been on the webpage [http://dese.mo.gov/divcareered/facs\\_index.htm](http://dese.mo.gov/divcareered/facs_index.htm). More recently, models of plans of study have also been on the web page [http://dese.mo.gov/divcareered/career\\_plan.htm](http://dese.mo.gov/divcareered/career_plan.htm). For the past several years there have been presentations made at summer conference on developing programs leading to articulation or dual credit. These concepts have also been addressed in the *Missouri Implementation Handbook for Family and Consumer Sciences Programs*. [http://dese.mo.gov/divcareered/FACS/FACS\\_Implementation\\_Guide\\_Section\\_2\\_Design.pdf](http://dese.mo.gov/divcareered/FACS/FACS_Implementation_Guide_Section_2_Design.pdf)

Ann Benson, from Oklahoma, one of the key players in the continuing development and refining of the clusters was the opening speaker for our Section’s 2006 summer conference program. Ann also presented on this topic at one of our concurrent sessions. Some districts have been moving in this direction and those involved with TECH PREP may have a head start but the concept will need to be expanded and certifications for students considered.

We have also tried to keep teachers updated on the cluster movement by including articles in the Family and Consumer Sciences Section Newsletter about career clusters and its role in changing career education. If your district has moved or is moving toward organizing programs around career clusters or career pathways as a foundation for career education programs, you need to be at the table. The concept is to build a Program of Study modeled after an upside-down triangle. “The Program of Study is not a straight line but starts with a broader base and then you get more occupational specificity as you go through the sequence of instruction.” *Career and Technical Education Advisor*, Kim Green, Vo. 37, Issue 11, p.5.

For example, a student interested in becoming a dietitian would enroll in the same introductory Nutrition and Wellness class as a student who wants to take the class in order to improve their quality of life and/or that of their families now and in the future. This class would be at the base of the program of triangle. The next class might be a food preparation course and then Food Science. Moving up the triangle, the student enrolls in a pre-dietetic program at a community college or 4 year institution. If the goal were to be a Registered Dietitian, the student would continue by enrolling in a master RD program and conclude with the required RD exam. This Program of Study would also include the required upper level math and science courses.

Another requirement of the Program of Study is the program should lead students to complete a degree or certificate that carries value in the industry, alignment of the academic and occupational curriculum needed to achieve that end while streamlining the process and bringing rigor and relevance.

Another student may have as a career goal working in the food and hospitality industry. That student would enroll in the same introductory nutrition course, take a food preparation course, and then move up the triangle to enroll in two years of ProStart or a culinary program. If the student participates in ProStart, they need to take the ProStart exam and gain the certificate. This certificate can lead to a job upon high school graduation or with the new statewide articulation agreement in food and hospitality the student is eligible for 3 hours of college credit in a food and hospitality program offered at a Missouri community college.

These scenarios should meet the required Program of Study characteristics defined in Perkins. They offer a connection between secondary and postsecondary, include rigorous content if the course offerings are aligned with the postsecondary requirements, provide a clear path for moving the student toward their career goal and leads to a degree or credential that carries a high degree of market value.

Where does the family focused Family and Consumer Sciences program fit into the Program of Study and Cluster concept? I will share a few of my thoughts on this.

I recall when the cluster concept was introduced by the US Department of Education in 1996, the state directors for Family and Consumer Sciences programs were very upset that there was not a cluster named Family and Consumer Sciences. Agriculture had a cluster, why not a Family and Consumer Sciences cluster? While we made a good case for a separate cluster, the US Department of Education would not entertain a separate FCS cluster. They said Family and Consumer Sciences is found in almost every cluster and it is true, our content does support many of the clusters but by that very fact, the content seems to be lost. As teachers and Family and Consumer Sciences professionals we must take the responsibility to keep our content in the forefront. Family and Consumer Sciences is a content area, the only one that focuses on the family.

The Nutrition and Wellness course I used in the above Programs of Study scenarios serve as a path. The Nutrition and Wellness course can also be an area of support for a student interested in early childhood education or nursing. Both of these careers require students to have one or more courses in Nutrition and Wellness. When I was on the faculty at Truman State, I taught a basic nutrition class that was required for the students in nursing and medical school. In order to serve as a support area for these careers, the course must be more than food preparation. It must meet the standards for Nutrition and Wellness and be able to articulate or earn dual credit for students in order to move into the career of choice. This same content should work well for the student interested in taking the course for the goal of improving the quality of life for them and their family. This means teachers must be sure their Nutrition and Wellness course will meet the postsecondary requirements of these content areas so students may also take the course as a basis for leading to complete a degree or certificate that carries value in the industry.

Family and Consumer Sciences content can also be a support for other career paths. One of the components of an exemplary program is the program is clearly a vital component of multiple career pathways at the secondary and postsecondary level. I will borrow an example developed by the Southeast Missouri Regional Tech Prep Consortium several years ago. The four year high school plan for a student in the Health Services path to be a Dental Assistant included: freshman year, Career and Family Leadership and Family/Individual Health, sophomore year, Nutrition and Wellness and Child Growth and Development, and junior year Consumer Resource Management. Senior year would include Health Services Assistants (3 units). Upon graduation the student would continue in the community college Dental Assisting Program and then immediate employment.

Our staff has promised a revised *Implementation for Handbook for Family and Consumer Sciences Programs*. We had hoped to deliver that to you at last summer conference, but with the new Perkins requirements for a Program of Study, we will not be able to produce a new document until some of the questions about program approval by the department



have been more clearly defined. One thing we do know is that an approved program will be required to have at least one Program of Study.

The Program of Study mandate also plays a key role in the data-driven spirit of the law. As you know from summer conference, beginning this year you will be required to make a follow-up report on students graduating with 3 credits in Family and Consumer Sciences. Perkins also requires local districts to report the number of students completing a degree or certificate that carries value in the industry. Currently, this means districts with a ProStart program will be required to report the number of students taking the ProStart exam and districts offering early childcare programs will be reporting the number of students taking the CDA exam. As we continue to develop the state plan, other certificates of completion will be explored.

I find this an exciting and challenging time. As you can see, there is a lot happening here at DESE and there will be new guidelines for program approval. Whether your district uses Perkins dollars for an approved FCS program or not, all approved programs will be required to follow the same guidelines.

The planning for summer conference is revolving around career pathways and Programs of Study. Hopefully, by that time, we will have more direction to give to districts to assist them with this change. Another step being taken by our section is sponsorship of a second Teacher Leader Cadre that will help develop selected Family and Consumer Sciences teachers who will be able to provide peer training and professional development regarding program development. If you are interested in being a teacher leader, please contact me at once.



# Promoting Your Program

Cynthia K. Arendt, Director

If you want to promote your program and the value of Family and Consumer Sciences (FCS) Education within your district, you would be wise to create a strong relationship with your school counselors. Your partnership with these individuals can have a dramatic and positive effect on your program's enrollment. Why, because students turn to their parents and to counselors for advice in planning their career and the courses that will help them reach their goal.

If counselors understand the value of your program, they are more willing to recommend that students take FCS courses to help them meet their career goals. If a counselor does not have a good understanding of the role your program plays in developing well-rounded students, recommendations for students to take your courses will simply be a hit and miss thing.

Elsewhere in the News, I talked about career pathways and Programs of Study. Counselors, students and parents must be made aware of and understand better how career pathways and academic planning relates to their career goals and to answer the age-old question "Why am I taking this class?"

Some suggestions for building counseling relationships are:

Be persistent in providing information. Make sure your course descriptions are up to date and reflect the content of the class. The program description and/or brochure should offer information about the program requirements, including academic requirements, as well as outline programs of study, credential opportunities, postsecondary options and employment opportunities.

Make an appointment with the counselor to review the course descriptions with them and to explain Family and Consumer Sciences pathways explain how FCS content can support other pathways in addition to assisting students with learning skills that will help them to become better citizens and family members. Show them where in your curriculum you teach job seeking and keeping skills as well as other content. Be sure to do this early winter since in many schools, class registration is complete by April.

Ask counselors to visit your classroom. This means more than inviting the counselor to a meal prepared by your students. It means showing them how your Family and Consumer Sciences courses support careers families as well as focusing on improving the quality of individual family life by giving students skills and the ability to solve recurring practical problems. Invite them to visit a Personal Finance class or Family Relationships class.

Meet with the counselor to explain how Family and Consumer Sciences courses support the Missouri Comprehensive Guidance Program Content Standards. Standards with the grade level expectations can be found at the following web site: <http://missouricareeducation.org/curr/cmd/guidanceplacementG/index.html> The content strands of the Comprehensive Guidance Program are: academic development, personal/social development, career development. From the student perspective this means: Who am I? Where am I going? What will I need to learn to get there? Family and Consumer Sciences can help support these content strands. For example, Comprehensive Guidance Content Standard 7 Applying Career Exploration and Planning Skills in the Achievement of Life Career Goals is certainly one addressed in several of our courses. The Discovering Family and Consumer Sciences course offered at the 7<sup>th</sup> or 8<sup>th</sup> grade level should meet this standard as well as the Grade Level Expectations (GLE) at grade 8 "Develop an education and career plan based on current interests, strength, and limitations." The GLE for the same standard at grade 11 is "utilize a variety of resources to aid in career exploration and planning." By showing the counselor(s) how you can assist with the Comprehensive Guidance Content Standards they may be more open to showing support for your programs. You also need to be able to show the counselor (s) how students are applying academic skills to technical problems and the ways in which these students excel as a result of the workforce training.

If a counselor is not a part of your advisory committee, you need to get them to be a member. This provides them with a firsthand view of how your program helps young people to progress from young adult and student to an employee. Other suggestions include having the counselor evaluate STAR Events. Share with them newsletters your students may produce to showcase student learning and workplace readiness.

Promoting your program can have big pay offs and benefits. It is worth the time and effort.

# Dr. Cynthia Arendt Receives 2006 MRA Distinguished Service Award

Dr. Cynthia Arendt, Director of Family and Consumer Sciences for the Missouri Department of Elementary and Secondary Education, has been honored as the Missouri Restaurant Association's Distinguished Service Award recipient for 2006. The award is presented annually by the MRA to honor individuals or businesses for their contributions to the restaurant industry. Dr. Arendt was recognized for her work in implementing the ProStart School-to-Career Program in Missouri. Dr. Arendt was honored at the MRA Inaugural Gala held Sunday, January 28, at the Reynolds Alumni Center on the University of Missouri-Columbia campus. Congratulations, Dr. Arendt!



Congratulations Cynthia!

# Curriculum Corner

By Debbie Pohl, Supervisor

## Update on 2006-07 Curriculum Development Projects and Resources

This year, competencies for the Food Science and Family/Consumer Sciences semester courses are being cross-referenced to the academic area Grade Level Expectations (GLE's). When completed next spring, these cross-references will be available on the Missouri Center for Career Education (MCCE) website. A notice will be posted to the MO-FACS listserv when these are available. (If you are not a member of the MO-FACS listserv, an e-mail discussion forum for Missouri Family and Consumer Sciences teachers, visit our webpage at [http://dese.mo.gov/divcareered/facs\\_discussion\\_list.htm](http://dese.mo.gov/divcareered/facs_discussion_list.htm) for instructions on subscribing.)

Work is still ongoing on the Facilities and Safety Supplement which upon completion will be included in the Implementation Handbook for Family and Consumer Sciences. In addition, the Family and Consumer Sciences Education Association has a new publication available called, "*Safety Resources for the Family and Consumer Sciences Teacher*". A copy of this document will be available on free loan from the lending library at the University of Central Missouri, Resources@MCCE. Check out their list of other newly acquired materials and items at the following link: <http://missouricareereducation.org/res/new.html>

## Family and Consumer Sciences Curriculum and Resources Q's and A's

1. Q: I heard at summer conference that the Implementation Handbook for Family and Consumer Sciences is currently being revised. Has this revision been completed, and if so, where can I find this document?

A: Work is still continuing on the update and revision of the *Implementation Handbook for Family and Consumer Sciences*. With the passage of the new Perkins legislation and development of the State Plan to address the new legislation, additional revisions will need to be made before the new guide can be finalized. The current version can be found on our website at [http://dese.mo.gov/divcareered/facs\\_curriculum.htm](http://dese.mo.gov/divcareered/facs_curriculum.htm). When the revision process is completed the guide will be posted for download at the link above and notification of its posting will be made on the MO-FACS listserv.

2. Q: I understand there are Missouri developed resource guides available for courses in the Missouri curriculum. Where do I find these guides?

A: Missouri developed resource guides in print form only are available for the following high school semester courses: Family and Individual Health; Child Development, Care and Guidance, Advanced; Career and Family Leadership; Family/Consumer Resource Management; Career Development and Entrepreneurship; and Food Science. These guides include instructional strategies and assessments based on problem-solving and critical thinking. All of these guides can be purchased from the Instructional Materials Laboratory at the University of Missouri-Columbia. <http://www.iml.coe.missouri.edu/> or call toll-free in Missouri: 1-800-669-2465. Limited copies of all of these guides are also available to borrow on free loan from the lending library at the Missouri Center for Career Education: <http://resources.mcce.org/> or call toll-free in Missouri: 1-800-392-7217.



A Missouri-developed resource guide for the Nutrition and Wellness high school semester course is available online for free download at on the Missouri Center for career education website: <http://missouricareereducation.org/curr/cmd/facsG/index.html>. Also included at this link is a resource listing and GLE crosswalk for the Housing Environments and Design high school semester course.

3. Q: I teach ProStart as part of my comprehensive high school program. I need competency profile cards/sheets to track mastery of student progress on the ProStart objectives/competencies. Are these available, and what about profiles for the other courses I teach in my program?

A: Yes, competency profiles are available for all courses in the Missouri Family and Consumer Sciences curriculum, to include the Year 1 and Year 2 ProStart objectives/competencies. All can be downloaded free from the Missouri Center for Career Education website at the following link: <http://missouricareereducation.org/curr/facs1.html> These profiles represent the most up-to-date versions of the competency lists for each course in the Missouri Family and Consumer Sciences curriculum.

4. Q: I am planning to implement the Career and Family Leadership high school semester course into my program and need to develop a local curriculum. What resources are available to help me?

A: In addition to the resource guide mentioned in Question 2 above, specific lesson plans addressing the majority of the identified course competencies have been developed. These can be found on the Missouri Family and Consumer Sciences curriculum page at: [http://dese.mo.gov/divcareered/facs\\_curriculum\\_lesson\\_plans.htm](http://dese.mo.gov/divcareered/facs_curriculum_lesson_plans.htm)

5. Q: I teach the Family/Consumer Resource Management course in my program. Can this course be used to meet the Personal Finance course requirement in my district?

A: Competencies for the Personal Finance course and the Family/Consumer Resource Management course share a number of competencies, but the Personal Finance competency list is more extensive with regard to personal finance concepts. If your district wants to use the Family/Consumer Resource Management course to meet the Personal Finance graduation requirement, you must insure you are including within your Family/Consumer Resource Management course, all of the Personal Finance competencies.

Another district decision is whether or not they are going to offer Personal Finance for embedded credit or as a stand alone Personal Finance course. If the district wants to offer the course as a stand alone, then when reporting the course to meet the Personal Finance requirement in core data, no matter what the course title is for the course in your district, be sure to use the following core data course number: 996400. If the district decides to offer Personal Finance as embedded content within the Family/Resource Management course, then core data codes for two different classes need to be reported. The district reports both Personal Finance using code 996400 and Family/Consumer Resource Management using code 096814. In the delivery system column the district would put C1, indicating the content has been delivered as a combined class. For more information regarding embedded credit, see the “*Embedded Credit Handbook*” at <http://missouricareereducation.org/curr/cmd/adminG/EmbeddedCredit/index.html>. If the district decides to use the embedded credit option, the students must take and pass the on-line Personal Finance web assessment that will be available next school year. A benefit for offering embedded credit is the student earns .5 credit for Personal Finance and .5 credit for Family/Resource Management for a total of 1 credit.

If the course is Family/Consumer Resource Management and it is NOT being used to meet the Personal Finance requirement, it is reported in core data as Family/Consumer Resource Management, with the following course number: 096814.

You will find both competency lists at the following link on the Missouri Center for Career Education website: <http://missouricareereducation.org/curr/facs1.html> A document cross-walking the Personal Finance competencies with state and national standards, to include the Show-Me Goals and Standards, the Missouri GLE’s, the Missouri course competencies for Family/Consumer Resource Management, and the Family and Consumer Sciences National Standards can be found at the following link: [http://missouricareereducation.org/crosswalk/CPCrosswalk/Personal\\_Finance\\_Cross.pdf](http://missouricareereducation.org/crosswalk/CPCrosswalk/Personal_Finance_Cross.pdf)

6. Q: I would like to offer a Food Science course as a part of my Family and Consumer Sciences program. Can my district count that course for science credit, and what type of certification do I need to be able to do this?

A: Food Science as taught as a part of the Family and Consumer Sciences program and counted only for practical arts/career education credit does not require additional certification beyond that of the regular requirements for teaching the family and consumer sciences program. However, to be counted for science credit, the Family and Consumer Sciences teacher must hold certification in science and the district needs to approve that they will transcript it as a science credit.

A good option to consider for offering a Food Science course for science credit when the family and consumer sciences teacher does not hold certification in science, is to do a team-teaching arrangement with a science teacher. This can be very beneficial by providing additional course and career path options for students. As mentioned in the responses to Questions #2 and #3, student competencies have been identified for a Food Science semester course and a Missouri-developed resource guide to address competencies in the course is available for purchase from IML.

# LifeSmarts

the Ultimate Consumer Challenge

LifeSmarts is an online competition for high school students covering the topics of Personal Finance; Environment; Technology; Consumer Rights and Responsibilities; and Health and Safety. The Missouri LifeSmarts program is having another successful year. The deadline for state competition was midnight on January 26, 2007. The nine top scoring teams will come to Jefferson City, Missouri on February 28 to compete for the title of Missouri LifeSmarts Champions. That team will then travel to Orlando, Florida to compete in the national competition from April 20-22, 2007.

Although it is too late to enter a team in the competition for 2007, students can still benefit from the LifeSmarts experience. All of the resources including practice tests will still be available online. The practice tests have immediate feedback with correct answers. Go to [www.lifesmarts.org](http://www.lifesmarts.org) to access the resources and practice tests.

Middle school students can also compete nationally online. No in-person competition is involved. Students in grades 6-8 can compete until February 23. Middle school teams from across the nation will be competing against one another in online competition. The highest scoring teams will be recognized by national LifeSmarts at the end of the year and trophies and t-shirts will be awarded. Go to [www.lifesmarts.org](http://www.lifesmarts.org) then click on "What's New" to find the instructions on how to sign up a middle school team.

Thank you to Missouri Family, Career and Community Leaders of America and to American Century Investments for sponsoring Missouri LifeSmarts.



## FCS Grants Are Available

Do not miss the opportunity to apply for funding for program improvement! The Equipment Grant is available only to the Family Focused Programs. The Program Improvement Grant is available for both the Family Focused and the Career Focused programs. The program improvement grant will again focus on providing money for professional development including the development of Programs of Study. You may find the applications at <http://dese.mo.gov/divcareerred/grants.htm#facs>



## Do Your Students Know About Cell Phone Contracts?

By Travis Ford, Consumer Education Coordinator, Attorney General's Office



All students seem to have a cell phone but have you included a discussion of cell phone contracts in your personal finance classes? Information about cell phone contracts is available in Missouri Attorney General's "Student Consumer Guide". The Missouri Attorney General's Office makes specific recommendations to consumers when dealing with wireless carriers. These include read your contract and know exactly what you're signing; understand the length and the termination fees for early cancellation; test out your phone when you get it, most contracts allow you a full refund in the first few weeks; document all conversations with the retail store or the phone service provider; if you upgrade or make changes to your plan or phone, often times your contract will be automatically extended; and look into monthly or pre-paid plans, which may be more expensive, but you avoid the headache of a long-term contract.

Attorney General Jay Nixon is very interested in contributing consumer education information to your Family/Consumer Resource or Personal Finance course. The Attorney General's office can provide reliable information regarding cell phone contracts, identity theft, buying cars, housing, part-time and summer jobs for students, making consumer complaints to name only a few topics of concern for students.

To request free publications or a speaker on a consumer topic, contact Travis Ford, the Attorney General's Consumer Education Coordinator, at 573-751-5272 or [travis.ford@ago.mo.gov](mailto:travis.ford@ago.mo.gov).

## NATIONAL FINANCIAL LITERACY MONTH-APRIL 2007

Start planning now to participate in the National Financial Literacy Month this April! The event has been sponsored for 10 years by the Jump\$tart Coalition® which is a Washington, DC-based not-for-profit organization that seeks to improve the personal financial literacy of students in kindergarten through college. The coalition is mentioned prominently each year in Congressional resolutions proclaiming April "Financial Literacy for Youth" Month. It has grown to include more than 170 national partners and 44 affiliated state coalitions. One of its premier services is the Jump\$tart Personal Finance Clearinghouse, which lists more than 580 titles of financial literacy materials available for all and can be found at [www.jumpstartclearinghouse.org](http://www.jumpstartclearinghouse.org). More information about Jump\$tart and its biennial survey can be found at [www.jumpstart.org](http://www.jumpstart.org), including a media press kit in the "News" section. Other links of interest for educators include <http://www.jumpstart.org/links.cfm> for a list of sites that could be helpful and <http://www.jumpstart.org/mdb/jsresults.cfm?urlsearch=yes> for information about free publications available.



## Mo-Facs List Serve Guidelines

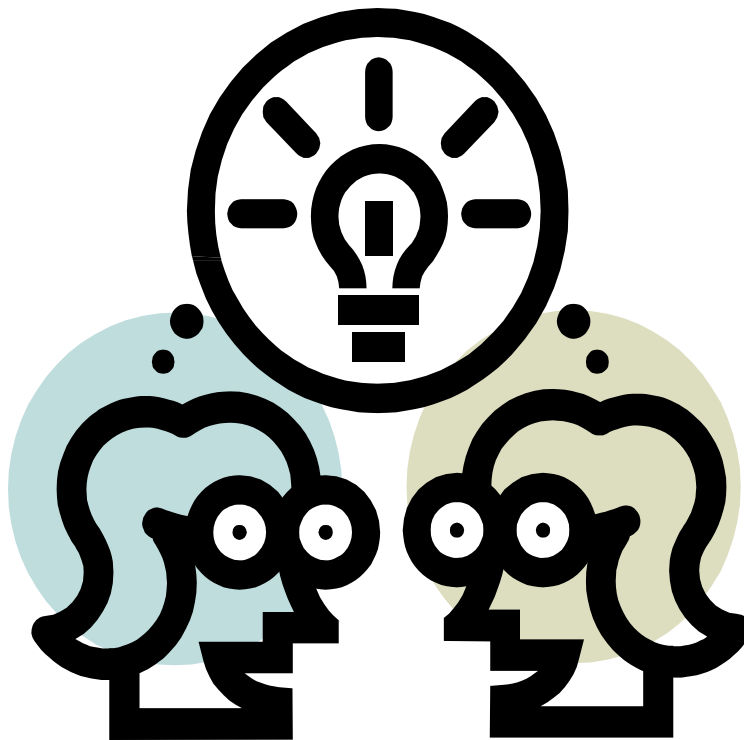


Here are just a few reminders and guidelines for using the list serve for new subscribers to the list serve and for those of us who have been long time members. The purpose of the list serve that started in June 1997 is to provide an electronic forum for family and consumer sciences educators to facilitate the communication and exchange of ideas directly related to instruction and program development to improve and expand upon education and related services for students in Missouri. Topics should stay pertinent to the list's mission. Contributors are asked to participate when their information and questions are relevant to family and consumer sciences topics and content. Active, courteous debate, which may enhance the discussion list for users, is encouraged. Remember, the content should directly relate to competencies defined within the program of study for family and consumer sciences education.

Topics of discussion might include:

- The exchange of ideas about programs, activities, and resources for family and consumer sciences programs,
- Legislation for career education, families and the interrelationship of work and family,
- Sharing ideas on curriculum and technology that are directly related to instruction and program development in family and consumer sciences education,
- The promotion of equity and opportunities for all youth, especially those with special needs, and Networking local, state, national and international resources for family and consumer sciences education.

Please remember to use the reply to the individual response and not to the entire list serve unless your response will benefit all members. For example, if an individual is seeking a roommate for a student attending an FCCLA function, respond only to the individual making the request.



## 2007 MISSOURI ACTE/MOEFACS SUMMER INSERVICE CONFERENCE

The Missouri Educators of Family and Consumer Sciences (MoEFACS) Board of Directors met in Jefferson City on October 20-21, 2006, to begin plans for the 2007 Summer In-service Conference. The conference is scheduled for July 23-26, 2007, in Springfield.

MoEFACS and Missouri ACTE registration, exhibits, and Missouri ACTE general sessions will be held at the Springfield Exposition Center. The Clarion Hotel, 3333 S. Glenstone, will again serve as headquarters for MoEFACS meetings and activities. Additional program and registration information will be included in a forthcoming online issue of the *Missouri ACTE Reporter* and the online spring issue of the *NEWS in Missouri Family and Consumer Sciences Education*.

The annual in-service conference is held for family and consumer sciences educators at the middle, junior high, senior high, postsecondary and adult levels, and career education teacher educators and administrators.

### WANTED: Your Application for a MoEFACS Award



The MoEFACS Awards and Recognition Committee would like to announce the following awards for the 2006-2007 school year. Nominations and applications are being accepted for the following MoEFACS Awards:

- **Teacher of the Year**
- **Outstanding New Career & Technical Teacher of the Year Award**
- **PRIDE Award (Public Relations in Developing Excellence)**
- **Champion for Family & Consumer Sciences**
- **Legislative Recognition Award**

Applications are available on the DESE Family and Consumer Sciences web site:

<http://dese.mo.gov/divcareered/forms.htm#MoEFACS>.

Awards will be presented at the Missouri ACTE/MoEFACS Summer Conference during the MoEFACS Awards and Recognition Reception. Send award applications to Charlotte Gray, Awards and Recognition Committee Chair, 66 Mar Pat Drive, Foristell, MO 63348. **All Award applications must be postmarked by March 1, 2007.**

### MoEFACS Retiring Teachers

Are you a MoEFACS member retiring this year? Or know of someone who is? If so, we would like to honor you and/or your peer at the MoEFACS Awards and Recognition Reception during the summer conference. Visit the DESE Web site:

<http://dese.mo.gov/divcareered/forms.htm#MoEFACS> to complete the appropriate form and return by **May 30, 2007** to Becky Head, 301 N. Belaire, Monett, MO 65708.



### MoEFACS Offering Scholarships



Encourage your high school senior or college sophomore or junior to apply for the Missouri Educators of Family and Consumer Sciences Scholarship. The scholarships will be given to one high school senior planning to major in Family and Consumer Sciences Education at a Missouri college or university **and** one scholarship to a college student seeking a degree in Family and Consumer Sciences education. Applications are available on the DESE Family and Consumer Sciences web site: <http://dese.mo.gov/divcareered/forms.htm#MoEFACS> .

**Applications must be postmarked by March 1, 2007.**

# Karen Mason, Candidate for ACTE Region III Vice President

We are pleased to announce that Karen Mason, Family and Consumer Sciences teacher at East Newton High School at Granby, has been selected as a candidate for ACTE Region III Vice President. Karen completes her term as Vice President for the ACTE Family and Consumer Sciences Division on June 30, 2007. She also currently serves as Policy Chair for Missouri ACTE and is the FCCLA representative on the National FCS Coalition. Karen is a past President and active member of the Missouri Educators of Family Consumer Sciences Board of Directors. Congratulations, Karen!



## Congratulations Karen!

## ACTE Family and Consumer Sciences Division Report

Karen Mason, East Newton High School, Granby  
ACTE Vice President for Family and Consumer Sciences

Thanks to all of the Missouri Family and Consumer Sciences teachers who joined ACTE this year! When you join through Missouri ACTE, this helps our membership numbers grow, making our representation stronger at the national level. The annual convention was recently held in Atlanta, Georgia. We had good representation from our state at the meetings. The opening speaker this year for the FCS Division was Frank Fort from New Mexico. Frank did a great job!

I want to say thank you to all the Missouri FCS teachers who serve on committees for ACTE and our division. We had a lot of presentations in our division at ACTE convention. The call for presentations will be opening soon so please submit presentations if you are going to the convention in Las Vegas next December.

We inducted Judy Hetherly from Texas in the Roll of Honor and recognized three outstanding educators for their contributions to the National Standards for Educators at our division luncheon. The three recognized were Dr. Wanda Fox, Dr. Pat Erickson and Dr. Daisy Stewart. We awarded three graduate fellowships this year, and a total of ten thousand dollars in scholarship monies. I have been appointed to serve as the FCCLA representative on the National FCS Coalition and look forward to assuming this role for FCCLA. We have two candidates for our division vice-president. They are Becky Cox from Utah and Tara Gotwalt from Oklahoma. They are both excellent candidates who would fulfill the duties wonderfully, so be sure to vote in February.

All voting for the ACTE elections is done online! You must be an ACTE member to vote and all ACTE members will receive ballots via email. If you have any problems voting, please let me, ACTE, and/or the company doing the elections know so we can correct the problem and you still can vote before the deadline. If you do not get a ballot, contact ACTE by phone immediately at 1-800-826-9972. We will be voting for our FCS Division Vice President and Region III Vice President.



National Policy Seminar is in Washington, D.C. March 5-7, 2007. Make plans to attend if possible. This is a great opportunity for educators to visit with legislators at the federal level. I have had a busy three years as your Vice President and count it an honor and privilege to have served in this capacity. Thank you for your continued support!



# Missouri ProStart Happenings

Debbie Pohl, Supervisor



Missouri ProStart, a culinary arts/hospitality curriculum implemented in a number of family and consumer sciences and culinary arts programs across the state, began its fourth year this fall with a total of 1,875 students enrolled. According to Jerry Vincent, Coordinator of the Missouri ProStart program for the Missouri Restaurant Association, a focus for the program for the 2006-07 school year is to increase employment opportunities with the Missouri Restaurant Association for ProStart students. Presently, 512 of the students enrolled in the program also work in the industry as a part of the program requirements.

This past fall, a seminar was held in Kansas City at the Hereford House Restaurant to link potential employers and Missouri ProStart instructors. During the seminar, four Kansas City area Missouri Restaurant Association members participated in a panel discussion and shared information with the instructors regarding qualifications they required from an applicant. Similar seminars are currently being planned for the St. Louis and Springfield areas.

To assist Missouri ProStart instructors in preparing students for culinary competitions, a Culinary Competition Training Seminar was held at the University Club of MU in Columbia on December 9, 2006. Chef Felix Sturmer, internationally known chef and instructor of culinary teams from Johnson County Community College, provided valuable information to the ProStart instructors on all aspects of preparing students for and participating in culinary competitions. Chef Dan Pliska of the University Club developed a special menu for the luncheon enjoyed by all those in attendance.

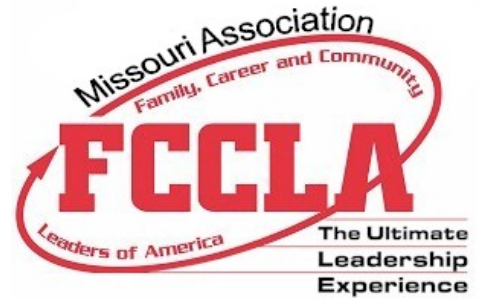
The 2007 Missouri ProStart Culinary Competition will be held March 9, 2007 at Ozarks Technical Community College in Springfield. The winning team from the Missouri competition is eligible to participate in the 2007 National ProStart Student Invitational in April 2007. The 2006 Missouri competition winning team from Herndon Career Center in Raytown participated in the 2006 National ProStart Student Invitational held in Charlotte, North Carolina. Congratulations to the Herndon team for their Missouri win and participation at the National competition!

For more information about the Missouri ProStart program, contact Jerry Vincent, Coordinator, at 913-557-9791 or by e-mail at [jvmra@hughes.net](mailto:jvmra@hughes.net)





## MISSOURI FCCLA UPDATE



### Affiliation

Chapters may still affiliate for the first time or add additional members throughout the school year. Many chapters add additional members as new students enter the family and consumer sciences classroom for the second semester. All chapters wishing to attend the annual state leadership conference will need to affiliate by March 1. Additional membership [affiliation forms](#) are available online at the Missouri FCCLA web site or may be obtained by simply calling or sending the state office a request. As a recap – here are a few helpful hints for affiliation.

- Use the Missouri FCCLA [affiliation form](#) (available on the state web site)
- Send ONE check for regional, state and national dues to the [state office](#)
- Do not send a purchase order or a future payment voucher
- Submit the affiliation form, membership roster and payment in one envelope
- Double check calculations for payment.

If an affiliation comes to the office without a form, payment or membership roster, we are unable to process the paperwork to finalize affiliation. As always, please direct any questions to the state office.

### School Administrator Recognition Program

Without the support of school administrators, students could not take advantage of the many opportunities offered through Family, Career and Community Leaders of America. If your administrator shows outstanding support of FCCLA in your school, you might want to consider nominating him or her for the School Administrator Award. Two administrators will be recognized at the state level and their names will be forwarded to the national office for consideration of their award. Any FCCLA member, advisor or parent may nominate a school administrator. This is an excellent way to show your administrator you appreciate their efforts!

The [nomination form](#) may be accessed from the state FCCLA web site or by calling the state office. The deadline for submitting nominations to the state office is March 1.

### State Leadership Conference

How does a business let you know about their products or services? They advertise! Missouri FCCLA knows that students and adults must know about FCCLA and “advertise to maximize” the leadership opportunities that are available. These skills and opportunities are helping students across Missouri become leaders in their families, schools, and communities. Your students can see what makes this organization its best by attending the 2007 State Leadership Conference.

Conference activities will be taking place at the Holiday Inn Select and the Expo Center. Some STAR Events will take place off-site. All conference registration materials and lodging information may be obtained on the [Missouri FCCLA web site](#).

**Dates:** March 25-27, 2007

**Location:** Holiday Inn Select Executive Center, Columbia, MO

**Conference Registration** - \$70 per person

**STAR Events Entry Fee** - \$20 per person

All registrations received after March 1 will be subject to a \$10 per person additional charge.



## National Leadership Meeting – July 8-12, 2007

### **”Leadership Revolution”**

The 2007 National Leadership Meeting will be held July 8-12, 2007 in Anaheim, California. Meetings will be held at the Anaheim Convention Center, Hilton Anaheim, Anaheim Marriott, and the Sheraton Park Hotel. The new Middle Level Comprehensive Guide on CD will be introduced as well as the newly developed STOP the Violence Tool Kit.

As the state office receives more specifics about this meeting, updates will be made to the web site. To learn more, visit [www.fcclainc.org](http://www.fcclainc.org) and click on “meetings.”



### Legislative Shadowing Program

Missouri Family, Career and Community Leaders of America is once again sponsoring the FCCLA Legislative Shadowing Program, February 27-28, 2007. By involving Missouri Family, Career and Community Leaders of America members in the legislative shadowing project, members will expand their capabilities in understanding, interpreting and setting public policy focused on family, work and social issues related to building strong communities. Participants will see how the skills learned in family and consumer sciences, as well as those learned and refined in Family, Career and Community Leaders of America, serve to assist individuals as they become an advocate for family, career and community issues. This FCCLA program reflects Goal 4 of the Missouri Show-Me Standards and integrates Family and Consumer Sciences content with the Social Studies performance standards 1, 2 and 3.

The objectives of this program are as follows:

1. Increase FCCLA member awareness of state government and the political process.
2. Interpret the duties of elected officials or policy makers.
3. Develop awareness of current issues, especially those relating to families.
4. Explore career options within public service.
5. Educate local chapters, school, and/or communities about the shadowing experience.



Only affiliated (paying regional, state and national dues) Missouri FCCLA members who are in their junior or senior year of high school were eligible to apply. Chapters were allowed to submit two applications for this program. The applications were excellent and very competitive this year—over 80 applications were received, but funding only allows for 50 participants. Congratulations to the following chapters that will be participating in this program:

Advance	Belton	Cassville R-IV	Chamois R-I
Dixon	East Newton	East Prairie	Eldon
Fredericktown	Galena	Golden City	Grandview C-4
Greenfield	Holcomb	Jackson	Jefferson City
Kelly	Keytesville R-III	La Monte	Lebanon Tech Career Center
Lee’s Summit West	Maysville R-I	Mound City R-II	Norborne
N. St. Francois County	Northwestern R-I	Owensville	Pilot Grove
Polo	Purdy	Raytown	Reeds Spring R-IV
Salisbury R-IV	Scott City R-I	South Nodaway	Ste. Genevieve
Tipton	Trenton	Troy Buchanan	Westran R-I
Zalma			

The project is funded by the Missouri FCCLA Association with assistance from the Missouri Educators of Family and Consumer Sciences and the Department of Elementary and Secondary Education. It is coordinated by Marcia Ritter, CFCS.

# Good-Bye and Best Wishes to Connie Koechner

February 7<sup>th</sup> is Connie Koechner's last day as a member of the Family and Consumer Sciences team. Connie is leaving the Department to become the receptionist/customer representative with CO MO Electric in Tipton. This will allow her to be only a few minutes from her home and family.

She has been a significant part of our section since January 1999. Connie has been the other half of the FCCLA team. For the past seven years she made herself indispensable as the creator of FCCLA data bases, organizing conference registrations and compiling member information not to mention all of the other things she does like getting track of the money, paying the bills, and serving as Cynthia's personal computer tech support person. Connie always has a can do attitude and loves a challenge and believe me, we have provided her with that.



Connie is family and she will be missed. When she joined us she was a single parent to one daughter, Malorie. During her time with us she got married, gained a stepdaughter, had three children and became a grandmother.

Not only will we miss Connie but the teachers will miss her as well. She is always ready to help them with FCCLA questions. We are having panic attacks trying to imagine State conference without Connie this year.

Connie it is from our heart that we say good bye and wish you and yours the very best.

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