

# School Food Services NEWS

SPRING 2009

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## DESE School Food Services Summer Workshops

Summer workshops have been scheduled for the following dates:

July 8 – Jefferson City

July 14 – Cape Girardeau

July 15 – St Louis

July 21 – Joplin

July 22 – Springfield

August 4 and 5 – Kansas City

Possible topics include:

- Fresh Fruits and Vegetables ... Yes, Schools Can!
- HealthierUS School Challenge: Recognizing Nutrition Excellence in Schools
- Records
- Expanding Breakfast
- Using the Food Buying Guide
- Farm to School
- Healthy Cuisine for Kids



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## Lee's Summit R-VII Receives District of Excellence Distinction in School Nutrition

Congratulations to Lee's Summit R-VII School District and Jane Hentzler, Director of Nutrition Services, on achieving the School Nutrition Association's (SNA) District of Excellence Distinction in School Nutrition.

The District of Excellence program recognizes exemplary school nutrition programs that demonstrate best practices and are models for their peers. A district receiving the District of Excellence distinction has completed a thorough self-assessment in the following areas: nutrition and nutrition education, communications and marketing, administration, and operations. The school nutrition director then submits a comprehensive application documenting knowledge and application of national best practices in the areas listed above. District of Excellence recipients are also eligible for the prestigious \$25,000 District of the Year Award.

A great thank you to SNA for all they do to make these awards available to Local Education Agencies (LEAs).

Click here to contact our staff:

<http://www.dese.mo.gov/divadm/food/staff.html>



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The *School Food Services News* is published three times per year (fall, winter and spring) and is available on the School Food Services Web page.

# Summer School Child Nutrition Programs

LEAs that operate summer school programs may extend the services of their school lunch/breakfast/snack programs to attending students.

If sites restrict meals services to summer school students only, these sites must operate under the National School Lunch Program/School Breakfast Program (NSLP/SBP) regulations.

The Seamless Summer Option is run under NSLP/SBP guidelines and is administered by DESE. These summer sites must be located in needy areas where 50 percent or more of the children qualify for free and reduced price meals. The sites may also



be located in non-needy areas provided that at least 50 percent of the children enrolled at these sites qualify for free and reduced price schools.

The Missouri Department of Health and Senior Services (MDHSS) administers the Summer Food Service Program (SFSP). Site eligibility for SFSP is determined the same way as for the Seamless Summer Option, except that determinations are made by MDHSS.

Meals may also be served in non-needy areas provided that at least 50 percent of the children enrolled in the site's food program qualify for free or reduced price meals.

## Summer Food Service Program vs. Seamless Summer Option

Missouri Department of Health and Senior Services (MDHSS)  
Bureau of Community Food and Nutrition Assistance

Missouri Department of Elementary and Secondary Education (DESE)  
School Food Services

Topic	Summer Food Service Program MDHSS	Seamless Summer Option DESE	
<b>Contract or Application Agreement</b>	Requires contract with MDHSS	Must submit a Seamless Summer Option application	
<b>Application and Budget Requirements</b>	User-friendly, online application Budget and site information sheets	Approval required for each site	
<b>Record-Keeping</b>	Maintain program documentation as described in SFSP handbooks <b>Simplified cost accounting</b>	Continue to collect and retain records as in NSLP	
<b>Eligible Meal Types</b>	<ul style="list-style-type: none"> <li>• Breakfast</li> <li>• Lunch/Supper</li> <li>• Snack</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast</li> <li>• Lunch/Supper</li> <li>• Snack</li> </ul>	
<b>Maximum Number of Meals Per Child, Per Day</b>	Two	Two	
<b>Reimbursement Rates</b>	Breakfast: \$1.8150 Lunch: \$3.1825 Snack: \$0.7525	Breakfast: \$1.40 Lunch: \$2.57 Snack: \$0.71	Seamless Summer rates are current through June 30, 2009.
<b>Severe Need</b>	Same as above	Breakfast: \$1.68 Lunch: \$2.59	
<b>Commodities</b>	1.5-cent commodity entitlement per meal (schools may use NSLP and SFSP commodities interchangeably)	May use regular school-year NSLP commodities	

Topic	Summer Food Service Program MDHSS	Seamless Summer Option DESE
<b>Monitoring</b>	<ul style="list-style-type: none"> <li>• School District must perform on-site review for each site in the first and fourth weeks of SFSP operations.</li> <li>• MDHSS will review school districts during the first year of SFSP operations and at least once every three years thereafter.</li> </ul>	<ul style="list-style-type: none"> <li>• School districts must perform on-site review for each site within first three weeks of Seamless Summer operations.</li> <li>• If a CRE review is conducted during the 2008-09 school year, DESE will review the Seamless Summer program in summer of 2009.</li> </ul>
<b>Site Eligibility</b>	<ul style="list-style-type: none"> <li>• By area (where at least 50 percent of children at the school qualify for free or reduced price meals) <b>OR</b></li> <li>• By enrollment (where at least 50 percent of children enrolled in Summer Program qualify for free or reduced price meals, as supported by Income Eligibility Forms (IEFs))</li> </ul>	Same as SFSP
<b>Eligible Participants</b>	Children ages 18 or younger in low-income areas, as well as disabled adults over age 18 who are enrolled in school during the regular school year	Same as SFSP
<b>Public Notification</b>	MDHSS sends required public media notice for school districts. Districts are encouraged to conduct local outreach.	School districts are responsible for public notification.
<b>Training</b>	<ul style="list-style-type: none"> <li>• School district required to train program staff annually.</li> <li>• Attendance at MDHSS training required for new sponsors. (Attendance is encouraged thereafter, but not required.)</li> </ul>	School districts are encouraged (but not required) to conduct NSLP/SBP training of local staff.
<b>Site Change Reporting</b>	Site changes are reported online. These include meal service time change, changes in operating dates, field trips, etc.	<ul style="list-style-type: none"> <li>• Additional approval is required for all site additions.</li> <li>• School districts must report meal-service time changes and site closures.</li> </ul>
<b>Meal Pattern</b>	<ul style="list-style-type: none"> <li>• Meal pattern must meet standards found in SFSP regulations; see 7 CFR 225.16(d) <b>OR</b></li> <li>• School districts may use NSLP/SBP menu-planning system from the regular school year.</li> <li>• School districts may use Offer vs. Serve if they do so during the regular school year.</li> </ul>	Use the NSLP/SBP meal-patterns and menu planning-system used during the regular school year.
<b>Claims for Reimbursement</b>	School districts will be reimbursed based on the number of meals served multiplied by the meal rates shown on page 2, which include both an administrative and an operational component. <b>The “lesser of” cost comparison for SFSP reimbursement has been eliminated.</b>	School districts will be reimbursed based on the number of meals served multiplied by the single-meal rates shown on page 2.

Application packets have been distributed via e-mail to all authorized representatives. For more information, visit the School Food Services Web site at <http://www.dese.mo.gov/divadm/food>.

## New Grants to Help Schools Boost Breakfast Program Participation

Increasing the number of children eating breakfast at school is the goal of a new grant program from Action for Healthy Kids.

With generous support from Kellogg's Corporate Citizenship Fund, the program is offering grants to schools that currently participate in the School Breakfast Program (SBP) with greater than 50 percent eligibility for free and reduced price meals. The goal is to increase average daily student participation by 25 percent.

Schools buildings in every state meeting minimum grant requirements are eligible. However, priority will be given to schools in states with the lowest average daily student participation in school breakfast as a percentage of school lunch participation, as reported in the Food Research and Action Center (FRAC) 2007-2008 School Breakfast Scorecard.

School breakfast plays a critical role in addressing the epidemic of overweight and undernourished children. Research shows both educational and nutritional benefits to children who have school breakfast.

"We believe that schools are an incredible equalizer in ensuring that all kids have daily access to healthy foods," said Rob Bisceglie, executive director of Action for Healthy Kids. "These grants will help schools expand participation through creative programs and marketing practices so students are fit, healthy and ready to learn."

The grants are intended to fund implementation of alternative breakfast programs, innovative marketing and promotions, and/or enhancement



### **National Food Service Management Institute**

Every year the National Food Service Management Institute (NFSMI) presents satellite seminars in April and October and live interactive teleconferences in January and August. Check the link on our home page under Additional Sites of Interest. The NFSMI Web address is <http://www.nfsmi.org>. Click on Educational Opportunities for satellite seminar information.

### **Missouri School Nutrition Association**

Check out the Missouri School Nutrition Association's newly renovated Web site at <http://mosna.org>.

of the school breakfast experience through educational enrichment activities. Awards will range between \$500 and \$2,000.

According to FRAC, 8.5 million children from low-income families participated in the SBP last school year. That is an increase of 4 percent over the previous year, but the program still misses more than half of America's eligible children.

Visit <http://www.actionforhealthykids.org> to download the grant application. Complete proposals are due by April 10, 2009. More information can be found at the Web site or by contacting Sarah Titzer, director of team programs, at (317) 884-0321 or [Sarah@ActionForHealthyKids.org](mailto:Sarah@ActionForHealthyKids.org).

## Upcoming Conferences

### **School Nutrition Association's Annual Conference**

The 2009 SNA conference is scheduled for June 29-July 2 at the Mandalay Bay Convention Center in Las Vegas. For more information, visit <http://www.schoolnutrition.org>.

### **Missouri School Nutrition Association Annual Conference**

This year's Missouri School Nutrition Association annual conference will be July 26-29 at the Holiday Inn Select Executive Center in Columbia. For more information, visit <http://www.mosna.org>.

# Orientation to School Nutrition Management Seminar

June 15–19, 2009 • The University of Mississippi – Oxford Campus

## What is orientation to school nutrition management?

The orientation seminar is a blended-learning approach that combines traditional, instructor-led presentations with Web-based learning activities and interactive videoconferences. This five-day seminar is designed for new and prospective school nutrition program directors. Participants will receive information essential to the operation of a cost-effective, customer-focused program that promotes healthy eating behaviors. Classes will meet 8 a.m. to 5 p.m. Monday through Friday at the National Food Service Management Institute (NFSMI).

**What will I learn?** The seminar provides a history and overview of child-nutrition programs, defines the role and responsibilities of a director, and reviews the relationship between local policies and state/federal regulations. Topics include financial management and record keeping, menu planning and food production, facility layout and design, safety and sanitation, purchasing, personnel management, nutrition education, and marketing. Expert child-nutrition program professionals, NFSMI staff and university faculty will present on the different topics.

**Who should attend?** Individuals interested in becoming school nutrition program directors, current directors who have less than five years of

experience and professionals interested in gaining a broad overview of child-nutrition program management will all benefit from this seminar. Enrollment is limited. Due to the limited space, participants should plan on attending the entire seminar.

**What is the cost?** The \$150 registration fee provides for seminar materials, NFSMI resources, laboratory supplies, refreshment breaks and some lunches. Participants are responsible for transportation, lodging and all other meals. For undergraduate college credit (FCS 469), the cost of admission to the university and tuition must be handled directly with the University of Mississippi. Visit <http://www.olemiss.edu/admissions/> for an admissions form and other details. Deadline for admission is May 15, 2009. Prospective students are responsible for all arrangements required to enroll in the university and register for credit.

## How do I get more information and register?

Download the registration form at <http://www.nfsmi.org> and mail it with the registration fee by May 22, 2009. Confirmation will be sent via e-mail. For additional information, contact Melba Hollingsworth, education and training specialist, by phone at (800) 321-3054 or by e-mail at [mholling@olemiss.edu](mailto:mholling@olemiss.edu).

## Ways to Assist Families During Economic Downturn

During difficult economic times, LEAs may assist families experiencing financial hardships in several ways:

- LEAs can remind families that changes in household income may be reported at any time during the school year.
- Families may apply for free or reduced price benefits at any time during the school year.
- Because families might be moving to new school districts, LEAs should be reminded that they can share/accept a child's existing eligibility determination. See Part 3, O. (Transferring eligibility between LEAs) of the Eligibility Guidance for School Meals Manual for additional information. Go to <http://dese.mo.gov/divadm/food/Handbooks.htm>.

