



STATE OF MISSOURI
 DEPARTMENT OF ELEMENTARY AND SECONDARY EDUCATION
 SCHOOL FOOD SERVICES SECTION
 P.O. BOX 480, JEFFERSON CITY, MISSOURI 65102
MENU PLANNING OPTION SELECTION

DIRECTIONS:

This form is to be completed when an LEA begins participation in the National School Lunch or School Breakfast Programs or the Menu Planning Option that will be used for the current school year is different from the previous school year.

Questions regarding this form contact (573) 751-3526

Mail or fax the completed form to: School Food Services Section, Department of Elementary and Secondary Education, PO Box 480, Jefferson City, MO 65102-0480 Fax to: (573) 526-3897

_____ Local Education Agency

_____ Agreement Number

_____ Authorized Representative

_____ Date

If more than one menu planning method is selected, indicate which schools are using each method.

1. _____ Nutrient Standard Menu Planning (NSMP)
 Name of computer software that is being used _____

2. _____ Assisted Nutrient Standard Menu Planning (ANSMP)
 Source of ANSMP menu cycle _____

3. _____ Enhanced Food Based Menu Planning (EFBMP)

4. _____ Traditional Food Based Menu Planning (TFBMP)

1. Full implementation of NSMP only occurs when the LEA (Local Education Agency) has all ingredients, recipes, menu items, and menus entered into the approved computer software, and the nutrient analysis of the menus is conducted before they are served. If not fully implemented, a Food Based Menu Planning method must be selected and followed.
2. At the inception of any used of ANSMP, the State Agency must approve the initial menu cycle, recipes, and other specifications. If the menu cycle has not been approved by the State Agency, a Food Based Menu Planning method must be selected and followed.
3. LEAs selecting a Food Based Menu Planning method must still demonstrate to State Agency reviewers during on-site reviews that they are meeting the required nutrition standards: proper calories and nutrient levels (no more than 30% calories from fat-less than 10% calories from saturated fat-minimum level requirements for selected nutrients).

This form is to be completed and returned to the State Agency office when:

- a. a school changes from one menu planning option to another
- b. New LEA begins participation in the National School Lunch Program or School Breakfast Program